

Autumn Beverage Nutritional Information

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
<b>Cold Coffee</b>											
Iced White Mocha - oat drink	Tall 12oz	1485	355	17.5	13.1	41.8	36.7	3.9	5.6	0.43	33
Iced White Mocha - oat drink	Grande 16oz	1987	475	23.6	17.7	55.4	48.6	5	7.7	0.58	66
Iced White Mocha - oat drink	Venti 20oz	2279	545	25.7	19.3	66.6	58.9	5.7	9	0.67	66
Iced White Mocha - soya drink	Tall 12oz	1376	329	16.1	10.2	36	35.6	1.1	9.4	0.47	33
Iced White Mocha - soya drink	Grande 16oz	1851	442	21.9	14	48	47.2	1.4	12.5	0.62	66
Iced White Mocha - soya drink	Venti 20oz	2124	507	23.7	15.1	58.2	57.3	1.6	14.4	0.72	66
Iced White Mocha - almond drink	Tall 12oz	1245	297	15.2	9.8	35.1	34.5	0.7	4.7	0.33	33
Iced White Mocha - almond drink	Grande 16oz	1685	403	20.8	13.5	46.9	45.8	0.9	6.6	0.45	66
Iced White Mocha - almond drink	Venti 20oz	1936	462	22.4	14.6	56.9	55.8	1	7.7	0.53	66
Iced White Mocha - coconut drink	Tall 12oz	1386	332	17.5	13.8	36.5	36.1	2.8	5.6	0.56	33
Iced White Mocha - coconut drink	Grande 16oz	1863	446	23.6	18.6	48.7	47.9	3.7	7.7	0.74	66
Iced White Mocha - coconut drink	Venti 20oz	2138	511	25.7	20.3	59	58.1	4.1	9	0.86	66
Iced White Mocha - lactose free semi skimmed milk -	Tall 12oz	1432	342	16.2	11.6	38.9	38.5	0.1	10	0.4	33
Iced White Mocha - lactose free semi skimmed milk -	Grande 16oz	1920	458	22	15.8	51.7	50.9	0.2	13.2	0.54	66
Iced White Mocha - lactose free semi skimmed milk -	Venti 20oz	2203	526	23.8	17.2	62.4	61.5	0.2	15.2	0.63	66
Iced White Mocha - whole milk -	Tall 12oz	1540	368	19.3	13.5	38.7	38.3	0.1	9.8	0.4	33
Iced White Mocha - whole milk -	Grande 16oz	2057	492	25.9	18.1	51.5	50.6	0.2	13	0.54	66
Iced White Mocha - whole milk -	Venti 20oz	2359	563	28.3	19.8	62.1	61.3	0.2	15	0.63	66
Iced White Mocha - skimmed milk -	Tall 12oz	1393	332	14.6	10.5	39.1	38.7	0.1	11.1	0.4	33
Iced White Mocha - skimmed milk -	Grande 16oz	1871	446	20	14.4	51.9	51.1	0.2	14.6	0.54	66
Iced White Mocha - skimmed milk -	Venti 20oz	2148	512	21.5	15.6	62.7	61.8	0.2	16.8	0.63	66
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini 10oz	119	28	0.2	0	5.4	4.5	0.2	0.9	0.06	66.2
Iced Mocha - oat drink	Tall 12oz	828	199	13.7	10	14.3	9.1	3.9	2.8	0.26	33
Iced Mocha - oat drink	Grande 16oz	1112	268	18.6	13.5	18.7	11.8	5	3.9	0.35	66
Iced Mocha - oat drink	Venti 20oz	1185	285	19.3	14.1	20.7	13	5.7	4.3	0.38	66
Iced Mocha - soya drink	Tall 12oz	720	173	12.3	7.1	8.4	8	1.1	6.6	0.29	33
Iced Mocha - soya drink	Grande 16oz	975	235	16.8	9.9	11.3	10.4	1.4	8.7	0.39	66
Iced Mocha - soya drink	Venti 20oz	1030	248	17.4	10	12.3	11.4	1.6	9.7	0.43	66
Iced Mocha - almond drink	Tall 12oz	588	142	11.4	6.7	7.5	6.9	0.7	1.9	0.16	33
Iced Mocha - almond drink	Grande 16oz	809	195	15.7	9.4	10.2	9.1	0.9	2.8	0.22	66
Iced Mocha - almond drink	Venti 20oz	842	203	16.1	9.4	11	9.9	1	3	0.24	66
Iced Mocha - coconut drink	Tall 12oz	729	176	13.7	10.7	9	8.6	2.8	2.8	0.39	33
Iced Mocha - coconut drink	Grande 16oz	987	238	18.6	14.4	12	11.1	3.7	3.9	0.51	66
Iced Mocha - coconut drink	Venti 20oz	1044	252	19.3	15.1	13.1	12.2	4.1	4.3	0.57	66
Iced Mocha - lactose free semi skimmed milk -	Tall 12oz	775	186	12.4	8.5	11.4	11	0.1	7.2	0.23	33
Iced Mocha - lactose free semi skimmed milk -	Grande 16oz	1045	251	17	11.7	15	14.1	0.2	9.5	0.31	66
Iced Mocha - lactose free semi skimmed milk -	Venti 20oz	1109	266	17.5	12	16.5	15.6	0.2	10.5	0.34	66
Iced Mocha - whole milk -	Tall 12oz	884	212	15.5	10.4	11.2	10.8	0.1	7	0.23	33
Iced Mocha - whole milk -	Grande 16oz	1182	284	20.9	14	14.8	13.9	0.2	9.2	0.31	66
Iced Mocha - whole milk -	Venti 20oz	1264	304	22	14.6	16.2	15.4	0.2	10.3	0.34	66
Iced Mocha - skimmed milk -	Tall 12oz	736	176	10.8	7.4	11.6	11.1	0.1	8.3	0.23	33
Iced Mocha - skimmed milk -	Grande 16oz	996	239	14.9	10.3	15.2	14.4	0.2	10.8	0.31	66
Iced Mocha - skimmed milk -	Venti 20oz	1053	252	15.2	10.4	16.7	15.9	0.2	12.1	0.34	66
Nitro Cappuccino	Tall 12oz	342	81	2.2	0.5	7.2	7.2	1.7	7.3	0.6	62.6
Nitro Cappuccino	Grande 16oz	384	91	2.8	0.7	7.2	7.2	2.4	8.1	0.76	85.7
Iced Caramel Macchiato - oat drink	Tall 12oz	712	170	5.8	4.1	24.5	18.4	4.1	2.9	0.3	66
Iced Caramel Macchiato - oat drink	Grande 16oz	891	212	7	5	31.5	24.1	5	3.3	0.35	66
Iced Caramel Macchiato - oat drink	Venti 20oz	1053	251	7.9	5.7	38	29.3	5.8	4.1	0.42	99
Iced Caramel Macchiato - soya drink	Tall 12oz	604	144	4.4	1.2	18.7	17.3	1.2	6.7	0.33	66
Iced Caramel Macchiato - soya drink	Grande 16oz	754	179	5.3	1.4	24.2	22.7	1.4	8.1	0.4	66
Iced Caramel Macchiato - soya drink	Venti 20oz	898	213	5.9	1.5	29.6	27.7	1.7	9.6	0.47	99
Iced Caramel Macchiato - almond drink	Tall 12oz	472	112	3.5	0.9	17.8	16.3	0.8	2	0.2	66
Iced Caramel Macchiato - almond drink	Grande 16oz	589	140	4.1	0.9	23	21.4	0.9	2.2	0.23	66
Iced Caramel Macchiato - almond drink	Venti 20oz	710	169	4.6	1	28.3	26.1	1.1	2.9	0.27	99
Iced Caramel Macchiato - coconut drink	Tall 12oz	614	146	5.8	4.9	19.2	17.9	3	2.9	0.43	66
Iced Caramel Macchiato - coconut drink	Grande 16oz	767	183	7	6	24.9	23.4	3.7	3.3	0.52	66
Iced Caramel Macchiato - coconut drink	Venti 20oz	912	217	7.9	6.7	30.4	28.5	4.3	4.1	0.61	99
Iced Caramel Macchiato - lactose free semi skimmed milk -	Tall 12oz	659	156	4.5	2.7	21.6	20.3	0.2	7.2	0.27	66
Iced Caramel Macchiato - lactose free semi skimmed milk -	Grande 16oz	824	196	5.4	3.2	27.8	26.4	0.2	8.8	0.32	66
Iced Caramel Macchiato - lactose free semi skimmed milk -	Venti 20oz	977	232	6	3.6	33.8	31.9	0.3	10.4	0.38	99
Iced Caramel Macchiato - whole milk -	Tall 12oz	768	183	7.6	4.5	21.4	20.1	0.2	7	0.27	66
Iced Caramel Macchiato - whole milk -	Grande 16oz	961	229	9.3	5.5	27.6	26.2	0.2	8.6	0.32	66
Iced Caramel Macchiato - whole milk -	Venti 20oz	1133	270	10.5	6.2	33.6	31.6	0.3	10.1	0.38	99
Iced Caramel Macchiato - skimmed milk -	Tall 12oz	620	147	2.9	1.6	21.8	20.4	0.2	8.3	0.27	66
Iced Caramel Macchiato - skimmed milk -	Grande 16oz	775	183	3.3	1.8	28.1	26.7	0.2	10.2	0.32	66
Iced Caramel Macchiato - skimmed milk -	Venti 20oz	922	218	3.7	2	34.1	32.1	0.3	11.9	0.38	99
Cold Brew Latte - oat drink	Tall 12oz	445	107	4.7	3.3	11.7	6.4	4	2.5	0.32	39
Cold Brew Latte - oat drink	Grande 16oz	590	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	52
Cold Brew Latte - oat drink	Venti 20oz	718	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	77
Cold Brew Latte - soya drink	Tall 12oz	346	83	3.4	0.6	6.3	5.4	1.4	6	0.35	39
Cold Brew Latte - soya drink	Grande 16oz	459	109	4.5	0.8	8.4	7.2	1.8	7.9	0.46	52
Cold Brew Latte - soya drink	Venti 20oz	563	134	5.5	1	10.3	8.5	2.3	9.6	0.6	77
Cold Brew Latte - almond drink	Tall 12oz	225	54	2.6	0.3	5.5	4.4	1	1.7	0.22	39
Cold Brew Latte - almond drink	Grande 16oz	299	72	3.4	0.4	7.3	5.9	1.3	2.2	0.3	52
Cold Brew Latte - almond drink	Venti 20oz	374	90	4.2	0.5	9	7	1.8	2.9	0.4	77
Cold Brew Latte - coconut drink	Tall 12oz	355	85	4.7	3.9	6.8	5.9	3	2.5	0.44	39
Cold Brew Latte - coconut drink	Grande 16oz	471	113	6.2	5.2	9.1	7.9	4	3.3	0.58	52
Cold Brew Latte - coconut drink	Venti 20oz	577	138	7.5	6.2	11.1	9.3	4.9	4.2	0.74	77
Cold Brew Latte - lactose free semi skimmed milk -	Tall 12oz	397	94	3.5	1.9	9	8.1	0.5	6.5	0.29	39
Cold Brew Latte - lactose free semi skimmed milk -	Grande 16oz	526	125	4.6	2.6	11.9	10.7	0.7	8.6	0.39	52
Cold Brew Latte - lactose free semi skimmed milk -	Venti 20oz	642	153	5.7	3.1	14.5	12.7	1	10.4	0.51	77
Cold Brew Latte - whole milk -	Tall 12oz	496	119	6.3	3.6	8.8	7.9	0.5	6.3	0.29	39
Cold Brew Latte - whole milk -	Grande 16oz	657	157	8.4	4.8	11.7	10.5	0.7	8.4	0.39	52
Cold Brew Latte - whole milk -	Venti 20oz	797	191	10.1	5.7	14.2	12.4	1	10.2	0.51	77
Cold Brew Latte - skimmed milk -	Tall 12oz	361	86	2	0.9	9.2	8.3	0.5	7.5	0.29	39
Cold Brew Latte - skimmed milk -	Grande 16oz	478	113	2.7	1.2	12.2	11	0.7	9.9	0.39	52
Cold Brew Latte - skimmed milk -	Venti 20oz	586	139	3.3	1.5	14.7	13	1	12	0.51	77
Starbucks Doubleshot™ Iced Coffee	Mini 10oz	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Nitro Cold Brew	Tall 12oz	114	27	1.7	0.3	0	0	1.7	2.1	0.44	62.6
Nitro Cold Brew	Grande 16oz	156	38	2.4	0.5	0	0	2.4	2.9	0.6	85.7
Iced Cappuccino with Cold Foam	Tall 12oz	358	84	0.7	0.2	13.3	12.4	0.2	6.2	0.22	66.2
Iced Cappuccino with Cold Foam	Grande 16oz	401	94	0.7	0.2	15.8	14.9	0.2	6.2	0.22	66.2
Iced Cappuccino with Cold Foam	Venti 20oz	465	110	0.8	0.3	18.8	17.5	0.3	6.7	0.25	99.2

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Tall 12oz	67	16	1	0.2	0	0	1	1.2	0.26	36.9
Cold Brew	Grande 16oz	91	22	1.4	0.3	0	0	1.4	1.7	0.35	50
Cold Brew	Venti 20oz	115	28	1.8	0.4	0	0	1.8	2.1	0.44	63.2
Classic Iced Cappuccino - oat drink	Tall 12oz	450	108	4.7	3.5	12.2	7	3.9	2.3	0.24	33
Classic Iced Cappuccino - oat drink	Grande 16oz	583	140	6	4.4	15.7	8.9	5	3.2	0.32	66
Classic Iced Cappuccino - oat drink	Venti 20oz	656	157	6.7	5	17.7	10	5.7	3.6	0.36	66
Classic Iced Cappuccino - soya drink	Tall 12oz	442	82	3.3	0.6	6.3	5.9	1.1	6.1	0.27	33
Classic Iced Cappuccino - soya drink	Grande 16oz	347	106	4.2	0.8	8.3	7.5	1.4	8	0.37	66
Classic Iced Cappuccino - soya drink	Venti 20oz	501	119	4.8	0.9	9.3	8.5	1.6	9	0.41	66
Classic Iced Cappuccino - almond drink	Tall 12oz	210	50	2.4	0.2	5.4	4.8	0.7	1.4	0.14	33
Classic Iced Cappuccino - almond drink	Grande 16oz	281	67	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
Classic Iced Cappuccino - almond drink	Venti 20oz	313	75	3.5	0.3	8	6.9	1	2.3	0.21	66
Classic Iced Cappuccino - coconut drink	Tall 12oz	352	84	4.7	4.2	6.9	6.5	2.8	2.3	0.37	33
Classic Iced Cappuccino - coconut drink	Grande 16oz	459	110	6	5.3	9	8.2	3.7	3.2	0.49	66
Classic Iced Cappuccino - coconut drink	Venti 20oz	515	124	6.7	6	10.1	9.3	4.1	3.6	0.55	66
Classic Iced Cappuccino - lactose free semi skimmed milk -	Tall 12oz	397	95	3.4	2	9.3	8.8	0.1	6.7	0.21	33
Classic Iced Cappuccino - lactose free semi skimmed milk -	Grande 16oz	516	123	4.4	2.6	12	11.2	0.2	8.8	0.29	66
Classic Iced Cappuccino - lactose free semi skimmed milk -	Venti 20oz	580	138	4.9	2.9	13.5	12.6	0.2	9.8	0.32	66
Classic Iced Cappuccino - whole milk -	Tall 12oz	506	121	6.5	3.9	9.1	8.6	0.1	6.5	0.21	33
Classic Iced Cappuccino - whole milk -	Grande 16oz	653	156	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66
Classic Iced Cappuccino - whole milk -	Venti 20oz	735	176	9.3	5.5	13.2	12.4	0.2	9.5	0.32	66
Classic Iced Cappuccino - skimmed milk -	Tall 12oz	358	85	1.8	0.9	9.4	9	0.1	7.8	0.21	33
Classic Iced Cappuccino - skimmed milk -	Grande 16oz	467	111	2.3	1.2	12.2	11.4	0.2	10.1	0.29	66
Classic Iced Cappuccino - skimmed milk -	Venti 20oz	524	124	2.6	1.3	13.8	12.9	0.2	11.4	0.32	66
Iced Latte - oat drink	Tall 12oz	450	108	4.7	3.5	12.2	7	3.9	2.3	0.24	33
Iced Latte - oat drink	Grande 16oz	583	140	6	4.4	15.7	8.9	5	3.2	0.32	66
Iced Latte - oat drink	Venti 20oz	635	152	6.6	5	17.2	10	5.6	3.1	0.33	33
Iced Latte - soya drink	Tall 12oz	342	82	3.3	0.6	6.3	5.9	1.1	6.1	0.27	33
Iced Latte - soya drink	Grande 16oz	447	106	4.2	0.8	8.3	7.5	1.4	8	0.37	66
Iced Latte - soya drink	Venti 20oz	480	114	4.7	0.8	8.8	8.4	1.5	8.5	0.38	33
Iced Latte - almond drink	Tall 12oz	210	50	2.4	0.2	5.4	4.8	0.7	1.4	0.14	33
Iced Latte - almond drink	Grande 16oz	281	67	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
Iced Latte - almond drink	Venti 20oz	291	70	3.4	0.3	7.5	6.9	0.9	1.8	0.18	33
Iced Latte - coconut drink	Tall 12oz	352	84	4.7	4.2	6.9	6.5	2.8	2.3	0.37	33
Iced Latte - coconut drink	Grande 16oz	459	110	6	5.3	9	8.2	3.7	3.2	0.49	66
Iced Latte - coconut drink	Venti 20oz	494	119	6.6	6	9.6	9.2	4	3.1	0.52	33
Iced Latte - lactose free semi skimmed milk -	Tall 12oz	397	95	3.4	2	9.3	8.8	0.1	6.7	0.21	33
Iced Latte - lactose free semi skimmed milk -	Grande 16oz	516	123	4.4	2.6	12	11.2	0.2	8.8	0.29	66
Iced Latte - lactose free semi skimmed milk -	Venti 20oz	559	133	4.8	2.9	13	12.6	0.1	9.3	0.29	33
Iced Latte - whole milk -	Tall 12oz	506	121	6.5	3.9	9.1	8.6	0.1	6.5	0.21	33
Iced Latte - whole milk -	Grande 16oz	653	156	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66
Iced Latte - whole milk -	Venti 20oz	714	171	9.2	5.5	12.8	12.3	0.1	9.1	0.29	33
Iced Latte - skimmed milk -	Tall 12oz	358	85	1.8	0.9	9.4	9	0.1	7.8	0.21	33
Iced Latte - skimmed milk -	Grande 16oz	467	111	2.3	1.2	12.2	11.4	0.2	10.1	0.29	66
Iced Latte - skimmed milk -	Venti 20oz	503	119	2.5	1.3	13.3	12.9	0.1	10.9	0.29	33
Iced Americano	Tall 12oz	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Iced Americano	Grande 16oz	65	15	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Iced Americano	Venti 20oz	86	20	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte Macchiato - oat drink	Tall 12oz	450	108	4.7	3.5	12.2	7	3.9	2.3	0.24	33
Iced Latte Macchiato - oat drink	Grande 16oz	583	140	6	4.4	15.7	8.9	5	3.2	0.32	66
Iced Latte Macchiato - oat drink	Venti 20oz	635	152	6.6	5	17.2	10	5.6	3.1	0.33	66
Iced Latte Macchiato - soya drink	Tall 12oz	342	82	3.3	0.6	6.3	5.9	1.1	6.1	0.27	33
Iced Latte Macchiato - soya drink	Grande 16oz	447	106	4.2	0.8	8.3	7.5	1.4	8	0.37	66
Iced Latte Macchiato - soya drink	Venti 20oz	480	114	4.7	0.8	8.8	8.4	1.5	8.5	0.38	66
Iced Latte Macchiato - almond drink	Tall 12oz	210	50	2.4	0.2	5.4	4.8	0.7	1.4	0.14	33
Iced Latte Macchiato - almond drink	Grande 16oz	281	67	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
Iced Latte Macchiato - almond drink	Venti 20oz	291	70	3.4	0.3	7.5	6.9	0.9	1.8	0.18	66
Iced Latte Macchiato - coconut drink	Tall 12oz	352	84	4.7	4.2	6.9	6.5	2.8	2.3	0.37	33
Iced Latte Macchiato - coconut drink	Grande 16oz	459	110	6	5.3	9	8.2	3.7	3.2	0.49	66
Iced Latte Macchiato - coconut drink	Venti 20oz	494	119	6.6	6	9.6	9.2	4	3.1	0.52	66
Iced Latte Macchiato - lactose free semi skimmed milk -	Tall 12oz	397	95	3.4	2	9.3	8.8	0.1	6.7	0.21	33
Iced Latte Macchiato - lactose free semi skimmed milk -	Grande 16oz	516	123	4.4	2.6	12	11.2	0.2	8.8	0.29	66
Iced Latte Macchiato - lactose free semi skimmed milk -	Venti 20oz	559	133	4.8	2.9	13	12.6	0.1	9.3	0.29	66
Iced Latte Macchiato - whole milk -	Tall 12oz	506	121	6.5	3.9	9.1	8.6	0.1	6.5	0.21	33
Iced Latte Macchiato - whole milk -	Grande 16oz	653	156	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66
Iced Latte Macchiato - whole milk -	Venti 20oz	714	171	9.2	5.5	12.8	12.3	0.1	9.1	0.29	66
Iced Latte Macchiato - whole milk -	Grande 16oz	653	156	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66
Iced Latte Macchiato - whole milk -	Venti 20oz	714	171	9.2	5.5	12.8	12.3	0.1	9.1	0.29	66
Iced Latte Macchiato - skimmed milk -	Tall 12oz	358	85	1.8	0.9	9.4	9	0.1	7.8	0.21	33
Iced Latte Macchiato - skimmed milk -	Grande 16oz	467	111	2.3	1.2	12.2	11.4	0.2	10.1	0.29	66
Iced Latte Macchiato - skimmed milk -	Venti 20oz	503	119	2.5	1.3	13.3	12.9	0.1	10.9	0.29	66
<b>Espresso Drinks</b>											
Flat White - oat drink	Short 8oz	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66
Flat White - soya drink	Short 8oz	342	81	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66
Flat White - almond drink	Short 8oz	219	52	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66
Flat White - coconut drink	Short 8oz	351	84	4.5	4	6.9	6.1	2.8	2.6	0.38	66
Flat White - lactose free semi skimmed milk -	Short 8oz	393	94	3.3	1.9	9.2	8.3	0.2	6.7	0.23	66
Flat White - whole milk -	Short 8oz	494	118	6.2	3.6	9	8.1	0.2	6.6	0.23	66
Flat White - skimmed milk -	Short 8oz	357	85	1.8	0.9	9.3	8.5	0.2	7.7	0.23	66
Caramel Macchiato - oat drink	Short 8oz	594	142	5.4	3.9	19.3	14	3.7	2.3	0.26	33
Caramel Macchiato - oat drink	Tall 12oz	873	208	7.6	5.6	29	21.3	5.6	3.2	0.36	33
Caramel Macchiato - oat drink	Grande 16oz	1162	277	9.9	7.2	38.9	28.5	7.5	4.5	0.48	66
Caramel Macchiato - oat drink	Venti 20oz	1476	352	12.5	9.2	49.6	36.4	9.7	5.5	0.61	66
Caramel Macchiato - soya drink	Short 8oz	493	117	4.1	1.2	13.8	13	1	5.8	0.29	33
Caramel Macchiato - soya drink	Tall 12oz	719	171	5.7	1.5	20.6	19.7	1.5	8.6	0.41	33
Caramel Macchiato - soya drink	Grande 16oz	957	228	7.3	1.7	27.8	26.4	2	11.7	0.55	66
Caramel Macchiato - soya drink	Venti 20oz	1209	287	9.1	2.1	35.2	33.6	2.6	14.9	0.7	66
Caramel Macchiato - almond drink	Short 8oz	370	88	3.2	0.8	13	12	0.6	1.4	0.16	33
Caramel Macchiato - almond drink	Tall 12oz	531	126	4.4	0.9	19.4	18.2	0.9	1.9	0.22	33
Caramel Macchiato - almond drink	Grande 16oz	708	168	5.5	1	26.1	24.4	1.3	2.8	0.29	66
Caramel Macchiato - almond drink	Venti 20oz	884	210	6.9	1.1	33	31	1.6	3.4	0.36	66
Caramel Macchiato - coconut drink	Short 8oz	502	120	5.4	4.6	14.3	13.5	2.7	2.3	0.38	33
Caramel Macchiato - coconut drink	Tall 12oz	732	175	7.6	6.6	21.5	20.5	4	3.2	0.55	33
Caramel Macchiato - coconut drink	Grande 16oz	975	233	9.9	8.6	28.9	27.5	5.4	4.5	0.73	66
Caramel Macchiato - coconut drink	Venti 20oz	1233	295	12.5	11	36.6	35	7	5.5	0.93	66
Caramel Macchiato - lactose free semi skimmed milk -	Short 8oz	544	129	4.2	2.5	16.5	15.7	0.1	6.3	0.23	33
Caramel Macchiato - lactose free semi skimmed milk -	Tall 12oz	797	189	5.8	3.5	24.8	23.9	0.1	9.4	0.32	33
Caramel Macchiato - lactose free semi skimmed milk -	Grande 16oz	1062	252	7.4	4.5	33.4	32	0.2	12.8	0.43	66
Caramel Macchiato - lactose free semi skimmed milk -	Venti 20oz	1345	319	9.3	5.6	42.4	40.9	0.2	16.3	0.54	66
Caramel Macchiato - whole milk -	Short 8oz	646	154	7.1	4.2	16.4	15.5	0.1	6.2	0.23	33
Caramel Macchiato - whole milk -	Tall 12oz	952	227	10.2	6.1	24.6	23.7	0.1	9.1	0.32	33
Caramel Macchiato - whole milk -	Grande 16oz	1267	302	13.3	7.9	33	31.6	0.2	12.4	0.43	66
Caramel Macchiato - whole milk -	Venti 20oz	1613	385	17	10.1	42	40.4	0.2	15.9	0.54	66
Caramel Macchiato - skimmed milk -	Short 8oz	508	120	2.7	1.5	16.7	15.9	0.1	7.4	0.23	33
Caramel Macchiato - skimmed milk -	Tall 12oz	742	176	3.5	2	25.1	24.2	0.1	11	0.32	33
Caramel Macchiato - skimmed milk -	Grande 16oz	988	234	4.3	2.4	33.7	32.3	0.2	14.8	0.43	66

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Macchiato - skimmed milk -	Venti 20oz	1249	296	5.3	2.9	42.9	41.3	0.2	19	0.54	66
Americano	Short 8oz	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Americano	Tall 12oz	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande 16oz	65	15	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti 20oz	86	20	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - oat drink	Short 8oz	421	101	4.4	3.3	11.4	6.5	3.7	2.2	0.22	33
Caffe Latte - oat drink	Tall 12oz	633	151	6.6	5	17.1	9.9	5.6	3.1	0.33	33
Caffe Latte - oat drink	Grande 16oz	854	204	8.9	6.6	23.1	13.2	7.5	4.4	0.45	66
Caffe Latte - oat drink	Venti 20oz	1101	264	11.5	8.6	29.8	17.2	9.7	5.4	0.57	66
Caffe Latte - soya drink	Short 8oz	320	76	3.1	0.5	5.9	5.5	1	5.7	0.26	33
Caffe Latte - soya drink	Tall 12oz	478	114	4.7	0.8	8.8	8.4	1.5	8.5	0.38	33
Caffe Latte - soya drink	Grande 16oz	649	155	6.3	1.1	12	11.1	2	11.6	0.52	66
Caffe Latte - soya drink	Venti 20oz	834	199	8.1	1.4	15.3	14.5	2.6	14.9	0.66	66
Caffe Latte - almond drink	Short 8oz	197	47	2.2	0.2	5.1	4.5	0.6	1.4	0.13	33
Caffe Latte - almond drink	Tall 12oz	291	69	3.4	0.3	7.5	6.8	0.9	1.8	0.18	33
Caffe Latte - almond drink	Grande 16oz	400	96	4.5	0.4	10.3	9.1	1.3	2.7	0.26	66
Caffe Latte - almond drink	Venti 20oz	509	122	5.9	0.5	13.1	11.8	1.6	3.3	0.33	66
Caffe Latte - coconut drink	Short 8oz	329	79	4.4	3.9	6.4	6	2.7	2.2	0.35	33
Caffe Latte - coconut drink	Tall 12oz	492	118	6.6	6	9.6	9.2	4	3.1	0.52	33
Caffe Latte - coconut drink	Grande 16oz	667	160	8.9	8	13.1	12.2	5.4	4.4	0.7	66
Caffe Latte - coconut drink	Venti 20oz	858	206	11.5	10.4	16.7	15.9	7	5.4	0.9	66
Caffe Latte - lactose free semi skimmed milk -	Short 8oz	372	88	3.2	1.9	8.7	8.2	0.1	6.3	0.2	33
Caffe Latte - lactose free semi skimmed milk -	Tall 12oz	557	133	4.8	2.9	13	12.5	0.1	9.3	0.29	33
Caffe Latte - lactose free semi skimmed milk -	Grande 16oz	754	179	6.4	3.8	17.5	16.7	0.2	12.7	0.4	66
Caffe Latte - lactose free semi skimmed milk -	Venti 20oz	970	231	8.3	5	22.6	21.7	0.2	16.2	0.51	66
Caffe Latte - whole milk -	Short 8oz	473	113	6.1	3.6	8.5	8.1	0.1	6.1	0.2	33
Caffe Latte - whole milk -	Tall 12oz	712	170	9.2	5.5	12.7	12.3	0.1	9.1	0.29	33
Caffe Latte - whole milk -	Grande 16oz	959	229	12.3	7.3	17.2	16.4	0.2	12.3	0.4	66
Caffe Latte - whole milk -	Venti 20oz	1238	296	16	9.5	22.1	21.3	0.2	15.8	0.51	66
Caffe Latte - skimmed milk -	Short 8oz	335	79	1.6	0.9	8.8	8.4	0.1	7.3	0.2	33
Caffe Latte - skimmed milk -	Tall 12oz	501	119	2.5	1.3	13.2	12.8	0.1	10.9	0.29	33
Caffe Latte - skimmed milk -	Grande 16oz	680	161	3.3	1.8	17.9	17	0.2	14.7	0.4	66
Caffe Latte - skimmed milk -	Venti 20oz	874	207	4.3	2.3	23	22.2	0.2	18.9	0.51	66
Latte Macchiato - oat drink	Short 8oz	421	101	4.4	3.3	11.4	6.5	3.7	2.2	0.22	33
Latte Macchiato - oat drink	Tall 12oz	633	151	6.6	5	17.1	9.9	5.6	3.1	0.33	33
Latte Macchiato - oat drink	Grande 16oz	854	204	8.9	6.6	23.1	13.2	7.5	4.4	0.45	66
Latte Macchiato - oat drink	Venti 20oz	1101	264	11.5	8.6	29.8	17.2	9.7	5.4	0.57	66
Latte Macchiato - soya drink	Short 8oz	320	76	3.1	0.5	5.9	5.5	1	5.7	0.26	33
Latte Macchiato - soya drink	Tall 12oz	478	114	4.7	0.8	8.8	8.4	1.5	8.5	0.38	33
Latte Macchiato - soya drink	Grande 16oz	649	155	6.3	1.1	12	11.1	2	11.6	0.52	66
Latte Macchiato - soya drink	Venti 20oz	834	199	8.1	1.4	15.3	14.5	2.6	14.9	0.66	66
Latte Macchiato - almond drink	Short 8oz	197	47	2.2	0.2	5.1	4.5	0.6	1.4	0.13	33
Latte Macchiato - almond drink	Tall 12oz	291	69	3.4	0.3	7.5	6.8	0.9	1.8	0.18	33
Latte Macchiato - almond drink	Grande 16oz	400	96	4.5	0.4	10.3	9.1	1.3	2.7	0.26	66
Latte Macchiato - almond drink	Venti 20oz	509	122	5.9	0.5	13.1	11.8	1.6	3.3	0.33	66
Latte Macchiato - coconut drink	Short 8oz	329	79	4.4	3.9	6.4	6	2.7	2.2	0.35	33
Latte Macchiato - coconut drink	Tall 12oz	492	118	6.6	6	9.6	9.2	4	3.1	0.52	33
Latte Macchiato - coconut drink	Grande 16oz	667	160	8.9	8	13.1	12.2	5.4	4.4	0.7	66
Latte Macchiato - coconut drink	Venti 20oz	858	206	11.5	10.4	16.7	15.9	7	5.4	0.9	66
Latte Macchiato - lactose free semi skimmed milk -	Short 8oz	372	88	3.2	1.9	8.7	8.2	0.1	6.3	0.2	33
Latte Macchiato - lactose free semi skimmed milk -	Tall 12oz	557	133	4.8	2.9	13	12.5	0.1	9.3	0.29	33
Latte Macchiato - lactose free semi skimmed milk -	Grande 16oz	754	179	6.4	3.8	17.5	16.7	0.2	12.7	0.4	66
Latte Macchiato - lactose free semi skimmed milk -	Venti 20oz	970	231	8.3	5	22.6	21.7	0.2	16.2	0.51	66
Latte Macchiato - whole milk -	Short 8oz	473	113	6.1	3.6	8.5	8.1	0.1	6.1	0.2	33
Latte Macchiato - whole milk -	Tall 12oz	712	170	9.2	5.5	12.7	12.3	0.1	9.1	0.29	33
Latte Macchiato - whole milk -	Grande 16oz	959	229	12.3	7.3	17.2	16.4	0.2	12.3	0.4	66
Latte Macchiato - whole milk -	Venti 20oz	1238	296	16	9.5	22.1	21.3	0.2	15.8	0.51	66
Latte Macchiato - skimmed milk -	Short 8oz	335	79	1.6	0.9	8.8	8.4	0.1	7.3	0.2	33
Latte Macchiato - skimmed milk -	Tall 12oz	501	119	2.5	1.3	13.2	12.8	0.1	10.9	0.29	33
Latte Macchiato - skimmed milk -	Grande 16oz	680	161	3.3	1.8	17.9	17	0.2	14.7	0.4	66
Latte Macchiato - skimmed milk -	Venti 20oz	874	207	4.3	2.3	23	22.2	0.2	18.9	0.51	66
Cappuccino - oat drink	Short 8oz	421	101	4.4	3.3	11.4	6.5	3.7	2.2	0.22	33
Cappuccino - oat drink	Tall 12oz	633	151	6.6	5	17.1	9.9	5.6	3.1	0.33	33
Cappuccino - oat drink	Grande 16oz	854	204	8.9	6.6	23.1	13.2	7.5	4.4	0.45	66
Cappuccino - oat drink	Venti 20oz	1101	264	11.5	8.6	29.8	17.2	9.7	5.4	0.57	66
Cappuccino - soya drink	Short 8oz	320	76	3.1	0.5	5.9	5.5	1	5.7	0.26	33
Cappuccino - soya drink	Tall 12oz	478	114	4.7	0.8	8.8	8.4	1.5	8.5	0.38	33
Cappuccino - soya drink	Grande 16oz	649	155	6.3	1.1	12	11.1	2	11.6	0.52	66
Cappuccino - soya drink	Venti 20oz	834	199	8.1	1.4	15.3	14.5	2.6	14.9	0.66	66
Cappuccino - almond drink	Short 8oz	197	47	2.2	0.2	5.1	4.5	0.6	1.4	0.13	33
Cappuccino - almond drink	Tall 12oz	291	69	3.4	0.3	7.5	6.8	0.9	1.8	0.18	33
Cappuccino - almond drink	Grande 16oz	400	96	4.5	0.4	10.3	9.1	1.3	2.7	0.26	66
Cappuccino - almond drink	Venti 20oz	509	122	5.9	0.5	13.1	11.8	1.6	3.3	0.33	66
Cappuccino - coconut drink	Short 8oz	329	79	4.4	3.9	6.4	6	2.7	2.2	0.35	33
Cappuccino - coconut drink	Tall 12oz	492	118	6.6	6	9.6	9.2	4	3.1	0.52	33
Cappuccino - coconut drink	Grande 16oz	667	160	8.9	8	13.1	12.2	5.4	4.4	0.7	66
Cappuccino - coconut drink	Venti 20oz	858	206	11.5	10.4	16.7	15.9	7	5.4	0.9	66
Cappuccino - lactose free semi skimmed milk -	Short 8oz	372	88	3.2	1.9	8.7	8.2	0.1	6.3	0.2	33
Cappuccino - lactose free semi skimmed milk -	Tall 12oz	557	133	4.8	2.9	13	12.5	0.1	9.3	0.29	33
Cappuccino - lactose free semi skimmed milk -	Grande 16oz	754	179	6.4	3.8	17.5	16.7	0.2	12.7	0.4	66
Cappuccino - lactose free semi skimmed milk -	Venti 20oz	970	231	8.3	5	22.6	21.7	0.2	16.2	0.51	66
Cappuccino - whole milk -	Short 8oz	473	113	6.1	3.6	8.5	8.1	0.1	6.1	0.2	33
Cappuccino - whole milk -	Tall 12oz	712	170	9.2	5.5	12.7	12.3	0.1	9.1	0.29	33
Cappuccino - whole milk -	Grande 16oz	959	229	12.3	7.3	17.2	16.4	0.2	12.3	0.4	66
Cappuccino - whole milk -	Venti 20oz	1238	296	16	9.5	22.1	21.3	0.2	15.8	0.51	66
Cappuccino - skimmed milk -	Short 8oz	335	79	1.6	0.9	8.8	8.4	0.1	7.3	0.2	33
Cappuccino - skimmed milk -	Tall 12oz	501	119	2.5	1.3	13.2	12.8	0.1	10.9	0.29	33
Cappuccino - skimmed milk -	Grande 16oz	680	161	3.3	1.8	17.9	17	0.2	14.7	0.4	66
Cappuccino - skimmed milk -	Venti 20oz	874	207	4.3	2.3	23	22.2	0.2	18.9	0.51	66
Freshly Brewed Coffee	Short 8oz	95	23	1.2	0.2	1	0.2	1.2	1.4	0.3	69.6
Freshly Brewed Coffee	Tall 12oz	138	33	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande 16oz	186	45	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti 20oz	233	56	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Misto - oat drink	Short 8oz	447	107	4.9	3.4	11.4	6.6	4.2	2.4	0.35	35
Misto - oat drink	Tall 12oz	684	164	7.4	5.1	17.4	10.1	6.4	3.7	0.53	54
Misto - oat drink	Grande 16oz	897	215	9.7	6.8	22.9	13.3	8.3	4.8	0.67	63
Misto - oat drink	Venti 20oz	1170	280	12.7	8.8	29.9	17.4	10.9	6.2	0.87	82

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Misto - soya drink	Short 8oz	346	83	3.6	0.6	5.9	5.5	1.5	6	0.38	35
Misto - soya drink	Tall 12oz	530	127	5.5	1	9	8.5	2.3	9.1	0.58	54
Misto - soya drink	Grande 16oz	692	165	7.1	1.3	11.9	11.2	2.9	12	0.74	63
Misto - soya drink	Venti 20oz	902	215	9.3	1.7	15.5	14.6	3.8	15.6	0.96	82
Misto - almond drink	Short 8oz	223	53	2.7	0.3	5.1	4.5	1.1	1.6	0.25	35
Misto - almond drink	Tall 12oz	342	82	4.2	0.4	7.8	6.9	1.7	2.5	0.39	54
Misto - almond drink	Grande 16oz	443	106	5.4	0.6	10.2	9.2	2.2	3.1	0.48	63
Misto - almond drink	Venti 20oz	577	138	7	0.7	13.3	12	2.8	4	0.62	82
Misto - coconut drink	Short 8oz	355	85	4.9	4	6.4	6.1	3.2	2.4	0.47	35
Misto - coconut drink	Tall 12oz	544	131	7.4	6.2	9.8	9.3	4.8	3.7	0.72	54
Misto - coconut drink	Grande 16oz	710	171	9.7	8.2	12.9	12.3	6.3	4.8	0.92	63
Misto - coconut drink	Venti 20oz	926	223	12.7	10.6	16.9	16	8.2	6.2	1.2	82
Misto - lactose free semi skimmed milk -	Short 8oz	398	95	3.7	2	8.6	8.3	0.6	6.5	0.32	35
Misto - lactose free semi skimmed milk -	Tall 12oz	609	145	5.6	3	13.2	12.7	0.9	10	0.49	54
Misto - lactose free semi skimmed milk -	Grande 16oz	796	190	7.3	4	17.4	16.8	1.1	13	0.62	63
Misto - lactose free semi skimmed milk -	Venti 20oz	1039	247	9.5	5.2	22.7	21.9	1.4	17	0.8	82
Misto - whole milk -	Short 8oz	499	119	6.6	3.7	8.5	8.1	0.6	6.3	0.32	35
Misto - whole milk -	Tall 12oz	763	183	10	5.6	13	12.4	0.9	9.7	0.49	54
Misto - whole milk -	Grande 16oz	1002	240	13.2	7.5	17.1	16.4	1.1	12.7	0.62	63
Misto - whole milk -	Venti 20oz	1307	313	17.2	9.7	22.3	21.4	1.4	16.5	0.8	82
Misto - skimmed milk -	Short 8oz	361	86	2.1	1	8.8	8.5	0.6	7.5	0.32	35
Misto - skimmed milk -	Tall 12oz	553	131	3.3	1.5	13.5	12.9	0.9	11.5	0.49	54
Misto - skimmed milk -	Grande 16oz	723	171	4.2	1.9	17.8	17.1	1.1	15.1	0.62	63
Misto - skimmed milk -	Venti 20oz	942	224	5.5	2.5	23.2	22.3	1.4	19.7	0.8	82
Mocha - oat drink	Short 8oz	663	159	10.1	7.4	12.7	7.9	3.7	2.5	0.24	33
Mocha - oat drink	Tall 12oz	920	221	13.5	9.9	18.8	11.6	5.6	3.5	0.34	33
Mocha - oat drink	Grande 16oz	1186	285	16.8	12.3	24.9	15.1	7.5	4.8	0.47	66
Mocha - oat drink	Venti 20oz	1433	344	19.4	14.3	31.7	19.1	9.7	5.9	0.59	66
Mocha - soya drink	Short 8oz	562	135	8.8	4.7	7.3	6.9	1	6	0.27	33
Mocha - soya drink	Tall 12oz	765	184	11.5	5.8	10.4	10	1.5	8.9	0.39	33
Mocha - soya drink	Grande 16oz	981	235	14.2	6.8	13.9	13	2	12	0.54	66
Mocha - soya drink	Venti 20oz	1166	279	16	7.2	17.2	16.4	2.6	15.3	0.68	66
Mocha - almond drink	Short 8oz	439	106	8	4.4	6.4	5.8	0.6	1.7	0.14	33
Mocha - almond drink	Tall 12oz	578	139	10.2	5.2	9.1	8.4	0.9	2.2	0.2	33
Mocha - almond drink	Grande 16oz	732	176	12.5	6.1	12.2	11	1.3	3.2	0.28	66
Mocha - almond drink	Venti 20oz	841	202	13.8	6.2	15	13.7	1.6	3.7	0.34	66
Mocha - coconut drink	Short 8oz	571	138	10.1	8.1	7.8	7.4	2.7	2.5	0.36	33
Mocha - coconut drink	Tall 12oz	779	188	13.5	10.9	11.2	10.8	4	3.5	0.53	33
Mocha - coconut drink	Grande 16oz	1000	241	16.8	13.7	14.9	14.1	5.4	4.8	0.72	66
Mocha - coconut drink	Venti 20oz	1190	286	19.4	16.1	18.6	17.8	7	5.9	0.92	66
Mocha - lactose free semi skimmed milk -	Short 8oz	613	147	8.9	6.1	10	9.6	0.1	6.6	0.21	33
Mocha - lactose free semi skimmed milk -	Tall 12oz	844	202	11.6	7.8	14.6	14.2	0.1	9.7	0.3	33
Mocha - lactose free semi skimmed milk -	Grande 16oz	1086	260	14.4	9.6	19.4	18.6	0.2	13.1	0.42	66
Mocha - lactose free semi skimmed milk -	Venti 20oz	1302	311	16.2	10.7	24.5	23.6	0.2	16.7	0.52	66
Mocha - whole milk -	Short 8oz	715	172	11.8	7.8	9.8	9.4	0.1	6.4	0.21	33
Mocha - whole milk -	Tall 12oz	999	240	16.1	10.4	14.3	13.9	0.1	9.4	0.3	33
Mocha - whole milk -	Grande 16oz	1291	310	20.2	13	19.1	18.2	0.2	12.8	0.42	66
Mocha - whole milk -	Venti 20oz	1570	376	23.9	15.2	24	23.2	0.2	16.2	0.52	66
Mocha - skimmed milk -	Short 8oz	577	138	7.4	5	10.2	9.8	0.1	7.6	0.21	33
Mocha - skimmed milk -	Tall 12oz	788	188	9.3	6.3	14.9	14.4	0.1	11.3	0.3	33
Mocha - skimmed milk -	Grande 16oz	1012	242	11.3	7.5	19.8	18.9	0.2	15.2	0.42	66
Mocha - skimmed milk -	Venti 20oz	1206	287	12.2	8	24.9	24.1	0.2	19.4	0.52	66
White Mocha - oat drink	Short 8oz	1101	263	12.7	9.5	31.1	26.2	3.7	4.4	0.35	33
White Mocha - oat drink	Tall 12oz	1576	377	17.2	13	46.3	39.1	5.6	6.3	0.51	33
White Mocha - oat drink	Grande 16oz	2062	492	21.8	16.5	61.7	51.8	7.5	8.6	0.7	66
White Mocha - oat drink	Venti 20oz	2528	603	25.7	19.5	77.6	65	9.7	10.6	0.88	66
White Mocha - soya drink	Short 8oz	1000	239	11.4	6.8	25.6	25.2	1	7.9	0.39	33
White Mocha - soya drink	Tall 12oz	1422	339	15.3	8.9	37.9	37.5	1.5	11.7	0.57	33
White Mocha - soya drink	Grande 16oz	1857	443	19.2	11	50.6	49.7	2	15.8	0.77	66
White Mocha - soya drink	Venti 20oz	2260	539	22.3	12.4	63.1	62.3	2.6	20	0.97	66
White Mocha - almond drink	Short 8oz	877	209	10.5	6.4	24.8	24.2	0.6	3.6	0.26	33
White Mocha - almond drink	Tall 12oz	1234	295	14	8.3	36.7	36	0.9	5	0.37	33
White Mocha - almond drink	Grande 16oz	1608	384	17.5	10.3	48.9	47.7	1.3	6.9	0.51	66
White Mocha - almond drink	Venti 20oz	1935	461	20.1	11.4	60.9	59.6	1.6	8.4	0.63	66
White Mocha - coconut drink	Short 8oz	1009	241	12.7	10.2	26.2	25.7	2.7	4.4	0.47	33
White Mocha - coconut drink	Tall 12oz	1436	343	17.2	14.1	38.8	38.3	4	6.3	0.7	33
White Mocha - coconut drink	Grande 16oz	1875	448	21.8	17.9	51.7	50.8	5.4	8.6	0.95	66
White Mocha - coconut drink	Venti 20oz	2284	546	25.7	21.3	64.5	63.7	7	10.6	1.21	66
White Mocha - lactose free semi skimmed milk -	Short 8oz	1051	251	11.5	8.1	28.4	27.9	0.1	8.5	0.33	33
White Mocha - lactose free semi skimmed milk -	Tall 12oz	1501	358	15.4	10.9	42.1	41.7	0.1	12.5	0.48	33
White Mocha - lactose free semi skimmed milk -	Grande 16oz	1962	467	19.4	13.7	56.1	55.3	0.2	16.9	0.65	66
White Mocha - lactose free semi skimmed milk -	Venti 20oz	2397	571	22.6	15.9	70.4	69.5	0.2	21.4	0.81	66
White Mocha - whole milk -	Short 8oz	1152	275	14.4	9.8	28.2	27.8	0.1	8.3	0.33	33
White Mocha - whole milk -	Tall 12oz	1655	395	19.8	13.5	41.9	41.4	0.1	12.3	0.48	33
White Mocha - whole milk -	Grande 16oz	2167	517	25.3	17.2	55.8	54.9	0.2	16.5	0.65	66
White Mocha - whole milk -	Venti 20oz	2664	636	30.2	20.4	69.9	69.1	0.2	20.9	0.81	66
White Mocha - skimmed milk -	Short 8oz	1015	242	9.9	7.1	28.5	28.1	0.1	9.5	0.33	33
White Mocha - skimmed milk -	Tall 12oz	1445	344	13.1	9.4	42.4	42	0.1	14.1	0.48	33
White Mocha - skimmed milk -	Grande 16oz	1888	449	16.3	11.6	56.5	55.6	0.2	18.9	0.65	66
White Mocha - skimmed milk -	Venti 20oz	2300	547	18.5	13.2	70.8	70	0.2	24.1	0.81	66
Espresso Macchiato - oat drink	Short 8oz	34	8	0.2	0.1	0.8	0.3	0.2	0.5	0.03	33
Espresso Macchiato - soya drink	Short 8oz	31	7	0.2	0	0.7	0.2	0.1	0.6	0.04	33
Espresso Macchiato - almond drink	Short 8oz	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33
Espresso Macchiato - coconut drink	Short 8oz	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33
Espresso Macchiato - lactose free semi skimmed milk -	Short 8oz	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33
Espresso Macchiato - whole milk -	Short 8oz	36	8	0.3	0.1	0.7	0.3	0.1	0.6	0.03	33
Espresso Macchiato - skimmed milk -	Short 8oz	31	7	0.2	0	0.8	0.3	0.1	0.7	0.03	33
Espresso Con Panna	Short 8oz	359	85	2.2	0.6	8	1.2	1.8	7.6	0.45	529
Espresso	Short 8oz	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33
Cortado - oat drink	Short 8oz	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66
Cortado - soya drink	Short 8oz	342	81	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66
Cortado - almond drink	Short 8oz	219	52	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66
Cortado - coconut drink	Short 8oz	351	84	4.5	4	6.9	6.1	2.8	2.6	0.38	66
Cortado - lactose free semi skimmed milk -	Short 8oz	393	94	3.3	1.9	9.2	8.3	0.2	6.7	0.23	66
Cortado - whole milk -	Short 8oz	494	118	6.2	3.6	9	8.1	0.2	6.6	0.23	66
Cortado - skimmed milk -	Short 8oz	357	85	1.8	0.9	9.3	8.5	0.2	7.7	0.23	66
Frappuccino®											
White Mocha Frappuccino® - oat drink	Mini 10oz	1312	313	12	8.9	46.6	43.6	1.9	3.5	0.56	25
White Mocha Frappuccino® - oat drink	Tall 12oz	1388	331	13.8	10.2	47.1	44	1.9	3.6	0.56	25
White Mocha Frappuccino® - oat drink	Grande 16oz	2001	477	19.3	14.3	69.2	65.1	2.5	5.2	0.82	37
White Mocha Frappuccino® - oat drink	Venti 20oz	2446	582	21.1	15.7	90.1	85.1	2.9	6.5	1.06	50
White Mocha Frappuccino® - soya drink	Mini 10oz	1262	300	11.4	7.6	43.9	43.1	0.6	5.3	0.58	25
White Mocha Frappuccino® - soya drink	Tall 12oz	1337	319	13.2	8.9	44.3	43.5	0.6	5.4	0.58	25
White Mocha Frappuccino® - soya drink	Grande 16oz	1936	461	18.5	12.6	65.7	64.5	0.8	7.5	0.84	37

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha Frappuccino® - soya drink	Venti 20oz	2371	564	20.2	13.7	86	84.4	0.9	9.2	1.09	50
White Mocha Frappuccino® - almond drink	Mini 10oz	1200	286	10.9	7.4	43.5	42.6	0.4	3.1	0.51	25
White Mocha Frappuccino® - almond drink	Tall 12oz	1276	304	12.7	8.7	43.9	43	0.4	3.2	0.52	25
White Mocha Frappuccino® - almond drink	Grande 16oz	1857	442	18	12.4	65.2	63.8	0.5	4.7	0.76	37
White Mocha Frappuccino® - almond drink	Venti 20oz	2279	542	19.5	13.4	85.4	83.6	0.7	5.9	0.99	50
White Mocha Frappuccino® - coconut drink	Mini 10oz	1266	302	12	9.3	44.2	43.4	1.4	3.5	0.62	25
White Mocha Frappuccino® - coconut drink	Tall 12oz	1342	320	13.8	10.6	44.6	43.8	1.4	3.6	0.62	25
White Mocha Frappuccino® - coconut drink	Grande 16oz	1942	463	19.3	14.8	66	64.8	1.8	5.2	0.9	37
White Mocha Frappuccino® - coconut drink	Venti 20oz	2378	566	21.1	16.2	86.4	84.8	2.2	6.5	1.16	50
White Mocha Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1287	306	11.4	8.2	45.3	44.5	0.1	5.6	0.55	25
White Mocha Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1363	325	13.2	9.5	45.7	44.9	0.1	5.7	0.55	25
White Mocha Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1969	469	18.6	13.5	67.5	66.2	0.2	7.9	0.8	37
White Mocha Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	2409	573	20.2	14.7	88	86.4	0.3	9.6	1.04	50
White Mocha Frappuccino® - whole milk -	Mini 10oz	1338	319	12.9	9.1	45.2	44.4	0.1	5.5	0.55	25
White Mocha Frappuccino® - whole milk -	Tall 12oz	1414	337	14.7	10.4	45.6	44.8	0.1	5.6	0.55	25
White Mocha Frappuccino® - whole milk -	Grande 16oz	2034	485	20.4	14.6	67.3	66.1	0.2	7.8	0.8	37
White Mocha Frappuccino® - whole milk -	Venti 20oz	2485	591	22.4	16	87.9	86.3	0.3	9.5	1.04	50
White Mocha Frappuccino® - skimmed milk -	Mini 10oz	1269	302	10.6	7.7	45.4	44.5	0.1	6.1	0.55	25
White Mocha Frappuccino® - skimmed milk -	Tall 12oz	1345	320	12.4	9	45.8	45	0.1	6.2	0.55	25
White Mocha Frappuccino® - skimmed milk -	Grande 16oz	1946	463	17.6	12.8	67.6	66.4	0.2	8.5	0.8	37
White Mocha Frappuccino® - skimmed milk -	Venti 20oz	2382	566	19.1	13.9	88.1	86.5	0.3	10.3	1.04	50
Strawberries & Cream Frappuccino® - oat drink	Mini 10oz	1076	256	10.1	7.4	38.2	33.6	2.8	1.7	0.45	0
Strawberries & Cream Frappuccino® - oat drink	Tall 12oz	1151	275	11.9	8.7	38.6	34	2.8	1.8	0.45	0
Strawberries & Cream Frappuccino® - oat drink	Grande 16oz	1646	393	16.5	12	56.6	50.2	3.7	2.5	0.66	0
Strawberries & Cream Frappuccino® - oat drink	Venti 20oz	1973	470	17.4	12.6	73.2	65.1	4.6	2.9	0.85	0
Strawberries & Cream Frappuccino® - soya drink	Mini 10oz	1008	240	9.3	5.6	34.6	32.9	1	4.1	0.47	0
Strawberries & Cream Frappuccino® - soya drink	Tall 12oz	1084	258	11.1	6.9	35	33.3	1	4.2	0.48	0
Strawberries & Cream Frappuccino® - soya drink	Grande 16oz	1556	371	15.4	9.6	51.7	49.2	1.4	5.7	0.69	0
Strawberries & Cream Frappuccino® - soya drink	Venti 20oz	1864	444	16	9.7	67.3	64	1.7	6.7	0.88	0
Strawberries & Cream Frappuccino® - almond drink	Mini 10oz	927	221	8.7	5.3	34	32.3	0.7	1.2	0.39	0
Strawberries & Cream Frappuccino® - almond drink	Tall 12oz	1002	239	10.5	6.6	34.5	32.7	0.7	1.3	0.39	0
Strawberries & Cream Frappuccino® - almond drink	Grande 16oz	1446	345	14.6	9.3	51	48.3	1	1.8	0.57	0
Strawberries & Cream Frappuccino® - almond drink	Venti 20oz	1732	412	15.1	9.3	66.4	62.9	1.3	2	0.74	0
Strawberries & Cream Frappuccino® - coconut drink	Mini 10oz	1014	242	10.1	7.8	34.9	33.3	2.1	1.7	0.53	0
Strawberries & Cream Frappuccino® - coconut drink	Tall 12oz	1090	260	11.9	9.1	35.4	33.7	2.1	1.8	0.54	0
Strawberries & Cream Frappuccino® - coconut drink	Grande 16oz	1564	373	16.5	12.6	52.2	49.7	2.8	2.5	0.77	0
Strawberries & Cream Frappuccino® - coconut drink	Venti 20oz	1874	447	17.4	13.3	67.9	64.6	3.5	2.9	0.98	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1043	248	9.3	6.4	36.4	34.7	0.4	4.4	0.43	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1118	266	11.1	7.7	36.8	35.2	0.4	4.5	0.44	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1602	382	15.5	10.8	54.2	51.7	0.6	6.1	0.63	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1920	457	16.1	11.1	70.3	67	0.7	7.3	0.82	0
Strawberries & Cream Frappuccino® - whole milk -	Mini 10oz	1110	265	11.3	7.6	36.3	34.6	0.4	4.3	0.43	0
Strawberries & Cream Frappuccino® - whole milk -	Tall 12oz	1186	283	13.1	8.9	36.7	35.1	0.4	4.4	0.44	0
Strawberries & Cream Frappuccino® - whole milk -	Grande 16oz	1693	404	18.1	12.3	54	51.5	0.6	6	0.63	0
Strawberries & Cream Frappuccino® - whole milk -	Venti 20oz	2029	483	19.2	12.9	70.1	66.8	0.7	7.1	0.82	0
Strawberries & Cream Frappuccino® - skimmed milk -	Mini 10oz	1018	242	8.3	5.8	36.5	34.9	0.4	5.1	0.43	0
Strawberries & Cream Frappuccino® - skimmed milk -	Tall 12oz	1094	260	10.1	7.1	36.9	35.3	0.4	5.2	0.44	0
Strawberries & Cream Frappuccino® - skimmed milk -	Grande 16oz	1570	374	14.1	9.9	54.3	51.8	0.6	7.1	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk -	Venti 20oz	1881	447	14.4	10	70.5	67.2	0.7	8.4	0.82	0
Caramel Frappuccino® - oat drink	Mini 10oz	1034	247	10.2	7.3	36	32.8	1.9	1.7	0.47	25
Caramel Frappuccino® - oat drink	Tall 12oz	1110	265	12	8.6	36.5	33.2	1.9	1.8	0.47	25
Caramel Frappuccino® - oat drink	Grande 16oz	1547	369	16.3	11.7	51.9	47.6	2.5	2.5	0.67	37
Caramel Frappuccino® - oat drink	Venti 20oz	1815	432	16.8	12	66.1	60.9	2.9	2.8	0.85	50
Caramel Frappuccino® - soya drink	Mini 10oz	984	234	9.5	5.9	33.3	32.3	0.6	3.5	0.48	25
Caramel Frappuccino® - soya drink	Tall 12oz	1059	253	11.3	7.2	33.7	32.7	0.6	3.6	0.49	25
Caramel Frappuccino® - soya drink	Grande 16oz	1482	353	15.4	9.9	48.4	47	0.8	4.8	0.69	37
Caramel Frappuccino® - soya drink	Venti 20oz	1740	414	15.8	10	62	60.2	0.9	5.5	0.88	50
Caramel Frappuccino® - almond drink	Mini 10oz	922	220	9.1	5.8	32.9	31.8	0.4	1.3	0.42	25
Caramel Frappuccino® - almond drink	Tall 12oz	998	238	10.9	7.1	33.3	32.2	0.4	1.4	0.42	25
Caramel Frappuccino® - almond drink	Grande 16oz	1402	334	14.9	9.7	47.9	46.3	0.5	1.9	0.61	37
Caramel Frappuccino® - almond drink	Venti 20oz	1648	392	15.2	9.7	61.4	59.4	0.7	2.2	0.78	50
Caramel Frappuccino® - coconut drink	Mini 10oz	988	236	10.2	7.6	33.6	32.5	1.4	1.7	0.53	25
Caramel Frappuccino® - coconut drink	Tall 12oz	1064	254	12	8.9	34	33	1.4	1.8	0.53	25
Caramel Frappuccino® - coconut drink	Grande 16oz	1487	355	16.3	12.1	48.8	47.3	1.8	2.5	0.75	37
Caramel Frappuccino® - coconut drink	Venti 20oz	1747	416	16.8	12.5	62.4	60.5	2.2	2.8	0.95	50
Caramel Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1010	240	9.6	6.6	34.7	33.6	0.1	3.8	0.45	25
Caramel Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1085	259	11.4	7.9	35.1	34.1	0.1	3.9	0.46	25
Caramel Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1515	361	15.5	10.8	50.2	48.7	0.2	5.1	0.65	37
Caramel Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1778	423	15.9	11	64.1	62.2	0.3	5.9	0.84	50
Caramel Frappuccino® - whole milk -	Mini 10oz	1060	253	11	7.5	34.6	33.6	0.1	3.7	0.45	25
Caramel Frappuccino® - whole milk -	Tall 12oz	1136	271	12.8	8.8	35	34	0.1	3.8	0.46	25
Caramel Frappuccino® - whole milk -	Grande 16oz	1580	377	17.4	11.9	50.1	48.6	0.2	5	0.65	37
Caramel Frappuccino® - whole milk -	Venti 20oz	1854	442	18	12.3	63.9	62.1	0.3	5.8	0.84	50
Caramel Frappuccino® - skimmed milk -	Mini 10oz	991	236	8.8	6.1	34.8	33.7	0.1	4.3	0.45	25
Caramel Frappuccino® - skimmed milk -	Tall 12oz	1067	254	10.6	7.4	35.2	34.2	0.1	4.4	0.46	25
Caramel Frappuccino® - skimmed milk -	Grande 16oz	1491	355	14.5	10.1	50.3	48.8	0.2	5.8	0.65	37
Caramel Frappuccino® - skimmed milk -	Venti 20oz	1751	416	14.7	10.2	64.2	62.3	0.3	6.6	0.84	50
Coffee Frappuccino® - oat drink	Mini 10oz	875	209	9.5	6.8	28.3	25.2	1.9	1.7	0.44	25
Coffee Frappuccino® - oat drink	Tall 12oz	950	227	11.3	8.1	28.7	25.7	1.9	1.8	0.45	25
Coffee Frappuccino® - oat drink	Grande 16oz	1345	321	15.5	11.2	41.7	37.6	2.5	2.4	0.65	37
Coffee Frappuccino® - oat drink	Venti 20oz	1571	375	16	11.6	53.3	48.4	2.9	2.8	0.83	50
Coffee Frappuccino® - soya drink	Mini 10oz	824	197	8.8	5.5	25.5	24.7	0.6	3.4	0.46	25
Coffee Frappuccino® - soya drink	Tall 12oz	899	215	10.6	6.8	26	25.2	0.6	3.5	0.46	25
Coffee Frappuccino® - soya drink	Grande 16oz	1279	305	14.7	9.5	38.1	36.9	0.8	4.7	0.67	37
Coffee Frappuccino® - soya drink	Venti 20oz	1495	356	15.1	9.5	49.3	47.6	0.9	5.4	0.86	50
Coffee Frappuccino® - almond drink	Mini 10oz	762	182	8.4	5.3	25.1	24.2	0.4	1.2	0.4	25
Coffee Frappuccino® - almond drink	Tall 12oz	838	200	10.2	6.6	25.5	24.6	0.4	1.3	0.4	25
Coffee Frappuccino® - almond drink	Grande 16oz	1200	287	14.2	9.3	37.6	36.3	0.5	1.9	0.59	37
Coffee Frappuccino® - almond drink	Venti 20oz	1404	335	14.5	9.3	48.6	46.9	0.7	2.2	0.76	50
Coffee Frappuccino® - coconut drink	Mini 10oz	828	198	9.5	7.2	25.8	25	1.4	1.7	0.5	25
Coffee Frappuccino® - coconut drink	Tall 12oz	904	216	11.3	8.5	26.2	25.4	1.4	1.8	0.51	25
Coffee Frappuccino® - coconut drink	Grande 16oz	1285	307	15.5	11.7	38.5	37.3	1.8	2.4	0.73	37
Coffee Frappuccino® - coconut drink	Venti 20oz	1502	358	16	12.1	49.6	48	2.2	2.8	0.92	50
Coffee Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	850	203	8.9	6.2	26.9	26.1	0.1	3.7	0.43	25
Coffee Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	925	221	10.7	7.5	27.3	26.5	0.1	3.8	0.43	25
Coffee Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1313	313	14.8	10.3	39.9	38.7	0.2	5	0.63	37
Coffee Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1534	365	15.2	10.5	51.3	49.7	0.3	5.8	0.81	50



Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Coffee Frappuccino® - whole milk -	Mini 10oz	900	215	10.3	7	26.8	26	0.1	3.6	0.43	25
Coffee Frappuccino® - whole milk -	Tall 12oz	976	233	12.1	8.3	27.2	26.4	0.1	3.7	0.43	25
Coffee Frappuccino® - whole milk -	Grande 16oz	1378	329	16.6	11.4	39.8	38.6	0.2	4.9	0.63	37
Coffee Frappuccino® - whole milk -	Venti 20oz	1609	384	17.3	11.8	51.2	49.6	0.3	5.7	0.81	50
Coffee Frappuccino® - skimmed milk -	Mini 10oz	831	198	8.1	5.7	27	26.2	0.1	4.2	0.43	25
Coffee Frappuccino® - skimmed milk -	Tall 12oz	907	216	9.9	7	27.4	26.6	0.1	4.3	0.43	25
Coffee Frappuccino® - skimmed milk -	Grande 16oz	1289	307	13.8	9.7	40	38.8	0.2	5.7	0.63	37
Coffee Frappuccino® - skimmed milk -	Venti 20oz	1507	359	14	9.8	51.4	49.8	0.3	6.6	0.81	50
Chai Tea Cream Frappuccino® - oat drink	Mini 10oz	1121	267	10.1	7.4	40.7	37.2	3.6	1.7	0.45	46
Chai Tea Cream Frappuccino® - oat drink	Tall 12oz	1197	285	11.9	8.7	41.1	37.6	3.6	1.8	0.45	46
Chai Tea Cream Frappuccino® - oat drink	Grande 16oz	1714	409	16.5	12	60.2	55.5	5	2.4	0.66	69
Chai Tea Cream Frappuccino® - oat drink	Venti 20oz	2064	491	17.3	12.6	78.1	72.2	6.2	2.8	0.85	92
Chai Tea Cream Frappuccino® - soya drink	Mini 10oz	1054	251	9.2	5.6	37	36.5	1.8	4	0.47	46
Chai Tea Cream Frappuccino® - soya drink	Tall 12oz	1129	269	11	6.9	37.4	36.9	1.8	4.1	0.48	46
Chai Tea Cream Frappuccino® - soya drink	Grande 16oz	1624	387	15.3	9.6	55.4	54.6	2.6	5.6	0.69	69
Chai Tea Cream Frappuccino® - soya drink	Venti 20oz	1955	465	15.9	9.7	72.2	71.1	3.3	6.6	0.88	92
Chai Tea Cream Frappuccino® - almond drink	Mini 10oz	972	231	8.7	5.3	36.5	35.8	1.5	1.1	0.39	46
Chai Tea Cream Frappuccino® - almond drink	Tall 12oz	1047	250	10.5	6.6	36.9	36.2	1.5	1.2	0.39	46
Chai Tea Cream Frappuccino® - almond drink	Grande 16oz	1514	361	14.6	9.3	54.6	53.7	2.3	1.7	0.57	69
Chai Tea Cream Frappuccino® - almond drink	Venti 20oz	1823	434	15	9.3	71.3	70.1	3	1.9	0.75	92
Chai Tea Cream Frappuccino® - coconut drink	Mini 10oz	1060	253	10.1	7.8	37.4	36.8	2.9	1.7	0.53	46
Chai Tea Cream Frappuccino® - coconut drink	Tall 12oz	1135	271	11.9	9.1	37.8	37.3	2.9	1.8	0.54	46
Chai Tea Cream Frappuccino® - coconut drink	Grande 16oz	1632	389	16.5	12.6	55.8	55	4.1	2.4	0.77	69
Chai Tea Cream Frappuccino® - coconut drink	Venti 20oz	1965	468	17.3	13.3	72.8	71.7	5.1	2.8	0.98	92
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1088	259	9.3	6.5	38.8	38.3	1.2	4.4	0.43	46
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1164	277	11.1	7.8	39.3	38.7	1.2	4.5	0.44	46
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1670	398	15.4	10.8	57.8	57	1.8	6.1	0.64	69
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	2011	478	16	11.1	75.2	74.1	2.4	7.2	0.82	92
Chai Tea Cream Frappuccino® - whole milk -	Mini 10oz	1156	275	11.2	7.6	38.7	38.2	1.2	4.3	0.43	46
Chai Tea Cream Frappuccino® - whole milk -	Tall 12oz	1231	294	13	8.9	39.1	38.6	1.2	4.4	0.44	46
Chai Tea Cream Frappuccino® - whole milk -	Grande 16oz	1760	420	18	12.3	57.7	56.9	1.8	5.9	0.64	69
Chai Tea Cream Frappuccino® - whole milk -	Venti 20oz	2120	505	19.1	13	75	73.9	2.4	7	0.82	92
Chai Tea Cream Frappuccino® - skimmed milk -	Mini 10oz	1064	253	8.3	5.8	39	38.4	1.2	5.1	0.43	46
Chai Tea Cream Frappuccino® - skimmed milk -	Tall 12oz	1139	271	10.1	7.1	39.4	38.8	1.2	5.2	0.44	46
Chai Tea Cream Frappuccino® - skimmed milk -	Grande 16oz	1638	390	14	9.9	58	57.2	1.8	7	0.64	69
Chai Tea Cream Frappuccino® - skimmed milk -	Venti 20oz	1971	468	14.3	10	75.3	74.3	2.4	8.3	0.82	92
Caramel Cream Frappuccino® - oat drink	Mini 10oz	1045	250	11.3	8.2	34.1	30.2	2.4	1.6	0.48	0
Caramel Cream Frappuccino® - oat drink	Tall 12oz	1154	276	13.4	9.7	35.8	31.8	2.4	1.8	0.49	0
Caramel Cream Frappuccino® - oat drink	Grande 16oz	1617	386	18.5	13.3	51	45.7	3.2	2.4	0.71	0
Caramel Cream Frappuccino® - oat drink	Venti 20oz	1945	464	20.1	14.4	66.2	59.6	3.8	2.8	0.91	0
Caramel Cream Frappuccino® - soya drink	Mini 10oz	978	233	10.5	6.4	30.5	29.6	0.6	4	0.5	0
Caramel Cream Frappuccino® - soya drink	Tall 12oz	1087	259	12.6	7.9	32.1	31.1	0.6	4.1	0.52	0
Caramel Cream Frappuccino® - soya drink	Grande 16oz	1527	364	17.3	10.9	46.2	44.8	0.8	5.6	0.74	0
Caramel Cream Frappuccino® - soya drink	Venti 20oz	1837	438	18.7	11.5	60.3	58.4	1	6.6	0.95	0
Caramel Cream Frappuccino® - almond drink	Mini 10oz	896	214	9.9	6.1	29.9	28.9	0.4	1.1	0.42	0
Caramel Cream Frappuccino® - almond drink	Tall 12oz	1005	240	12	7.6	31.6	30.5	0.4	1.2	0.43	0
Caramel Cream Frappuccino® - almond drink	Grande 16oz	1417	338	16.6	10.6	45.4	43.9	0.5	1.7	0.62	0
Caramel Cream Frappuccino® - almond drink	Venti 20oz	1704	406	17.8	11.1	59.4	57.4	0.6	1.9	0.81	0
Caramel Cream Frappuccino® - coconut drink	Mini 10oz	984	235	11.3	8.6	30.8	29.9	1.7	1.6	0.56	0
Caramel Cream Frappuccino® - coconut drink	Tall 12oz	1093	261	13.4	10.1	32.5	31.5	1.7	1.8	0.58	0
Caramel Cream Frappuccino® - coconut drink	Grande 16oz	1535	367	18.5	13.9	46.6	45.2	2.3	2.4	0.82	0
Caramel Cream Frappuccino® - coconut drink	Venti 20oz	1846	441	20.1	15.1	60.9	59	2.7	2.8	1.05	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1012	241	10.5	7.2	32.3	31.4	0	4.4	0.46	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1121	267	12.6	8.7	33.9	32.9	0	4.5	0.48	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1573	375	17.4	12.1	48.6	47.2	0	6	0.68	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1892	451	18.8	12.9	63.3	61.4	0	7.2	0.89	0
Caramel Cream Frappuccino® - whole milk -	Mini 10oz	1080	258	12.4	8.4	32.2	31.3	0	4.2	0.46	0
Caramel Cream Frappuccino® - whole milk -	Tall 12oz	1188	284	14.6	9.9	33.8	32.8	0	4.4	0.48	0
Caramel Cream Frappuccino® - whole milk -	Grande 16oz	1663	397	20	13.6	48.4	47	0	5.9	0.68	0
Caramel Cream Frappuccino® - whole milk -	Venti 20oz	2001	477	21.9	14.7	63.1	61.2	0	7	0.89	0
Caramel Cream Frappuccino® - skimmed milk -	Mini 10oz	988	235	9.5	6.6	32.4	31.5	0	5	0.46	0
Caramel Cream Frappuccino® - skimmed milk -	Tall 12oz	1097	261	11.6	8.1	34.1	33.1	0	5.2	0.48	0
Caramel Cream Frappuccino® - skimmed milk -	Grande 16oz	1540	367	16	11.2	48.7	47.3	0	6.9	0.68	0
Caramel Cream Frappuccino® - skimmed milk -	Venti 20oz	1853	441	17.1	11.8	63.5	61.6	0	8.3	0.89	0
Java Chip Frappuccino® - oat drink	Mini 10oz	1098	262	12.6	9.3	33.9	30	2.6	2.1	0.53	25
Java Chip Frappuccino® - oat drink	Tall 12oz	1173	281	14.4	10.6	34.3	30.5	2.6	2.2	0.53	25
Java Chip Frappuccino® - oat drink	Grande 16oz	1679	401	20.2	15	50.1	44.8	3.5	3.1	0.77	37
Java Chip Frappuccino® - oat drink	Venti 20oz	2017	482	22.2	16.6	64.5	58	4.2	3.7	1	50
Java Chip Frappuccino® - soya drink	Mini 10oz	1047	250	11.9	8	31.1	29.5	1.2	3.9	0.54	25
Java Chip Frappuccino® - soya drink	Tall 12oz	1122	268	13.7	9.3	31.6	30	1.2	4	0.55	25
Java Chip Frappuccino® - soya drink	Grande 16oz	1614	386	19.4	13.2	46.5	44.1	1.7	5.4	0.79	37
Java Chip Frappuccino® - soya drink	Venti 20oz	1942	463	21.3	14.5	60.5	57.2	2.2	6.4	1.02	50
Java Chip Frappuccino® - almond drink	Mini 10oz	985	235	11.5	7.8	30.7	29	1	1.7	0.48	25
Java Chip Frappuccino® - almond drink	Tall 12oz	1061	254	13.3	9.1	31.1	29.4	1	1.8	0.48	25
Java Chip Frappuccino® - almond drink	Grande 16oz	1535	367	18.8	13	46	43.5	1.5	2.6	0.71	37
Java Chip Frappuccino® - almond drink	Venti 20oz	1850	442	20.7	14.3	59.8	56.5	1.9	3.1	0.93	50
Java Chip Frappuccino® - coconut drink	Mini 10oz	1051	251	12.6	9.7	31.4	29.8	2	2.1	0.59	25
Java Chip Frappuccino® - coconut drink	Tall 12oz	1127	270	14.4	11	31.8	30.2	2	2.2	0.59	25
Java Chip Frappuccino® - coconut drink	Grande 16oz	1620	387	20.2	15.4	46.9	44.5	2.8	3.1	0.85	37
Java Chip Frappuccino® - coconut drink	Venti 20oz	1948	465	22.2	17.1	60.8	57.6	3.4	3.7	1.09	50
Java Chip Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1073	256	12	8.7	32.5	30.9	0.8	4.2	0.51	25
Java Chip Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1148	274	13.8	10	32.9	31.3	0.8	4.3	0.52	25
Java Chip Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1647	393	19.4	14.1	48.3	45.9	1.1	5.8	0.75	37
Java Chip Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1980	472	21.4	15.5	62.5	59.3	1.5	6.8	0.98	50
Java Chip Frappuccino® - whole milk -	Mini 10oz	1124	268	13.4	9.5	32.4	30.8	0.8	4.1	0.51	25
Java Chip Frappuccino® - whole milk -	Tall 12oz	1199	287	15.2	10.8	32.8	31.2	0.8	4.2	0.52	25
Java Chip Frappuccino® - whole milk -	Grande 16oz	1713	409	21.3	15.2	48.2	45.8	1.1	5.6	0.75	37
Java Chip Frappuccino® - whole milk -	Venti 20oz	2056	491	23.5	16.8	62.4	59.2	1.5	6.7	0.98	50
Java Chip Frappuccino® - skimmed milk -	Mini 10oz	1055	252	11.2	8.2	32.6	31	0.8	4.7	0.51	25
Java Chip Frappuccino® - skimmed milk -	Tall 12oz	1130	270	13	9.5	33	31.4	0.8	4.8	0.52	25
Java Chip Frappuccino® - skimmed milk -	Grande 16oz	1624	388	18.4	13.4	48.4	46	1.1	6.4	0.75	37
Java Chip Frappuccino® - skimmed milk -	Venti 20oz	1953	466	20.2	14.8	62.6	59.4	1.5	7.5	0.98	50
Mocha Frappuccino® - oat drink	Mini 10oz	875	209	9.5	6.8	28.3	25.2	1.9	1.7	0.44	25
Mocha Frappuccino® - oat drink	Tall 12oz	950	227	11.3	8.1	28.7	25.7	1.9	1.8	0.45	25
Mocha Frappuccino® - oat drink	Grande 16oz	1345	321	15.5	11.2	41.7	37.6	2.5	2.4	0.65	37
Mocha Frappuccino® - oat drink	Venti 20oz	1571	375	16	11.6	53.3	48.4	2.9	2.8	0.83	50
Mocha Frappuccino® - soya drink	Mini 10oz	824	197	8.8	5.5	25.5	24.7	0.6	3.4	0.46	25
Mocha Frappuccino® - soya drink	Tall 12oz	899	215	10.6	6.8	26	25.2	0.6	3.5	0.46	25
Mocha Frappuccino® - soya drink	Grande 16oz	1279	305	14.7	9.5	38.1	36.9	0.8	4.7	0.67	37
Mocha Frappuccino® - soya drink	Venti 20oz	1495	356	15.1	9.5	49.3	47.6	0.9	5.4	0.86	50

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha Frappuccino® - almond drink	Mini 10oz	762	182	8.4	5.3	25.1	24.2	0.4	1.2	0.4	25
Mocha Frappuccino® - almond drink	Tall 12oz	838	200	10.2	6.6	25.5	24.6	0.4	1.3	0.4	25
Mocha Frappuccino® - almond drink	Grande 16oz	1200	287	14.2	9.3	37.6	36.3	0.5	1.9	0.59	37
Mocha Frappuccino® - almond drink	Venti 20oz	1404	335	14.5	9.3	48.6	46.9	0.7	2.2	0.76	50
Mocha Frappuccino® - coconut drink	Mini 10oz	828	198	9.5	7.2	25.8	25	1.4	1.7	0.5	25
Mocha Frappuccino® - coconut drink	Tall 12oz	904	216	11.3	8.5	26.2	25.4	1.4	1.8	0.51	25
Mocha Frappuccino® - coconut drink	Grande 16oz	1285	307	15.5	11.7	38.5	37.3	1.8	2.4	0.73	37
Mocha Frappuccino® - coconut drink	Venti 20oz	1502	358	16	12.1	49.6	48	2.2	2.8	0.92	50
Mocha Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	850	203	8.9	6.2	26.9	26.1	0.1	3.7	0.43	25
Mocha Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	925	221	10.7	7.5	27.3	26.5	0.1	3.8	0.43	25
Mocha Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1313	313	14.8	10.3	39.9	38.7	0.2	5	0.63	37
Mocha Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1534	365	15.2	10.5	51.3	49.7	0.3	5.8	0.81	50
Mocha Frappuccino® - whole milk -	Mini 10oz	900	215	10.3	7	26.8	26	0.1	3.6	0.43	25
Mocha Frappuccino® - whole milk -	Tall 12oz	976	233	12.1	8.3	27.2	26.4	0.1	3.7	0.43	25
Mocha Frappuccino® - whole milk -	Grande 16oz	1378	329	16.6	11.4	39.8	38.6	0.2	4.9	0.63	37
Mocha Frappuccino® - whole milk -	Venti 20oz	1609	384	17.3	11.8	51.2	49.6	0.3	5.7	0.81	50
Mocha Frappuccino® - skimmed milk -	Mini 10oz	831	198	8.1	5.7	27	26.2	0.1	4.2	0.43	25
Mocha Frappuccino® - skimmed milk -	Tall 12oz	907	216	9.9	7	27.4	26.6	0.1	4.3	0.43	25
Mocha Frappuccino® - skimmed milk -	Grande 16oz	1289	307	13.8	9.7	40	38.8	0.2	5.7	0.63	37
Mocha Frappuccino® - skimmed milk -	Venti 20oz	1507	359	14	9.8	51.4	49.8	0.3	6.6	0.81	50
Matcha Cream Frappuccino® - oat drink	Mini 10oz	938	224	10.1	7.4	29.5	25.1	3.2	2.1	0.44	53
Matcha Cream Frappuccino® - oat drink	Tall 12oz	1014	242	11.9	8.7	30	25.6	3.2	2.2	0.44	53
Matcha Cream Frappuccino® - oat drink	Grande 16oz	1440	344	16.5	12	43.6	37.5	4.5	3.1	0.64	79
Matcha Cream Frappuccino® - oat drink	Venti 20oz	1699	405	17.4	12.6	55.9	48.2	5.6	3.7	0.82	106
Matcha Cream Frappuccino® - soya drink	Mini 10oz	871	208	9.3	5.6	25.9	24.5	1.4	4.5	0.46	53
Matcha Cream Frappuccino® - soya drink	Tall 12oz	947	226	11.1	6.9	26.3	24.9	1.4	4.6	0.47	53
Matcha Cream Frappuccino® - soya drink	Grande 16oz	1350	322	15.4	9.6	38.7	36.5	2.1	6.2	0.67	79
Matcha Cream Frappuccino® - soya drink	Venti 20oz	1590	379	16	9.7	50	47.1	2.7	7.5	0.86	106
Matcha Cream Frappuccino® - almond drink	Mini 10oz	789	188	8.7	5.3	25.3	23.8	1.2	1.6	0.38	53
Matcha Cream Frappuccino® - almond drink	Tall 12oz	865	207	10.5	6.6	25.8	24.2	1.2	1.7	0.38	53
Matcha Cream Frappuccino® - almond drink	Grande 16oz	1241	296	14.6	9.3	37.9	35.6	1.8	2.3	0.56	79
Matcha Cream Frappuccino® - almond drink	Venti 20oz	1458	348	15.1	9.3	49.1	46	2.3	2.8	0.72	106
Matcha Cream Frappuccino® - coconut drink	Mini 10oz	877	210	10.1	7.8	26.2	24.8	2.6	2.1	0.52	53
Matcha Cream Frappuccino® - coconut drink	Tall 12oz	953	228	11.9	9.1	26.7	25.2	2.6	2.2	0.52	53
Matcha Cream Frappuccino® - coconut drink	Grande 16oz	1358	325	16.5	12.6	39.2	37	3.6	3.1	0.75	79
Matcha Cream Frappuccino® - coconut drink	Venti 20oz	1600	382	17.4	13.4	50.5	47.7	4.5	3.7	0.96	106
Matcha Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	905	216	9.3	6.5	27.7	26.3	0.9	4.8	0.42	53
Matcha Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	981	234	11.1	7.8	28.1	26.7	0.9	4.9	0.43	53
Matcha Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1396	333	15.5	10.8	41.1	39	1.3	6.7	0.62	79
Matcha Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1645	392	16.1	11.2	52.9	50	1.7	8	0.8	106
Matcha Cream Frappuccino® - whole milk -	Mini 10oz	973	232	11.3	7.6	27.6	26.2	0.9	4.7	0.42	53
Matcha Cream Frappuccino® - whole milk -	Tall 12oz	1048	251	13.1	8.9	28	26.6	0.9	4.8	0.43	53
Matcha Cream Frappuccino® - whole milk -	Grande 16oz	1487	355	18.1	12.3	41	38.8	1.3	6.6	0.62	79
Matcha Cream Frappuccino® - whole milk -	Venti 20oz	1754	419	19.2	13	52.7	49.9	1.7	7.9	0.8	106
Matcha Cream Frappuccino® - skimmed milk -	Mini 10oz	881	210	8.3	5.8	27.8	26.4	0.9	5.5	0.42	53
Matcha Cream Frappuccino® - skimmed milk -	Tall 12oz	957	228	10.1	7.1	28.3	26.8	0.9	5.6	0.43	53
Matcha Cream Frappuccino® - skimmed milk -	Grande 16oz	1364	325	14.1	9.9	41.3	39.1	1.3	7.6	0.62	79
Matcha Cream Frappuccino® - skimmed milk -	Venti 20oz	1606	382	14.4	10.1	53.1	50.2	1.7	9.1	0.8	106
Double Chocolate Chip Cream Frappuccino® - oat drink	Mini 10oz	1050	251	13.1	9.9	29.8	25.5	3	2	0.52	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Tall 12oz	1126	270	14.9	11.2	30.2	25.9	3	2.1	0.53	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Grande 16oz	1608	385	21	15.7	43.9	38	4.1	2.9	0.77	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Venti 20oz	1922	460	23.4	17.6	56.3	48.9	5.1	3.5	0.99	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Mini 10oz	983	235	12.3	8.1	26.1	24.8	1.2	4.4	0.54	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Tall 12oz	1058	253	14.1	9.4	26.5	25.2	1.2	4.5	0.55	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Grande 16oz	1518	363	19.9	13.3	39	37.1	1.7	6.1	0.8	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Venti 20oz	1813	433	22	14.7	50.4	47.8	2.2	7.3	1.03	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Mini 10oz	901	216	11.7	7.8	25.6	24.2	1	1.5	0.46	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Tall 12oz	976	234	13.5	9.1	26	24.6	1	1.6	0.46	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Grande 16oz	1408	337	19.1	13	38.3	36.2	1.4	2.2	0.68	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Venti 20oz	1681	402	21.1	14.3	49.5	46.7	1.8	2.6	0.89	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Mini 10oz	989	237	13.1	10.3	26.5	25.2	2.3	2	0.6	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Tall 12oz	1064	255	14.9	11.6	26.9	25.6	2.3	2.1	0.61	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Grande 16oz	1526	366	21	16.3	39.5	37.5	3.2	2.9	0.88	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Venti 20oz	1823	436	23.4	18.3	51	48.4	4	3.5	1.12	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed	Mini 10oz	1017	243	12.3	8.9	27.9	26.6	0.6	4.7	0.5	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed	Tall 12oz	1093	261	14.1	10.2	28.4	27.1	0.6	4.8	0.51	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed	Grande 16oz	1564	374	20	14.5	41.5	39.5	0.9	6.6	0.74	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed	Venti 20oz	1869	446	22.1	16.1	53.4	50.8	1.3	7.9	0.96	0
Double Chocolate Chip Cream Frappuccino® - whole milk -	Mini 10oz	1085	259	14.3	10.1	27.8	26.5	0.6	4.6	0.5	0
Double Chocolate Chip Cream Frappuccino® - whole milk -	Tall 12oz	1160	278	16.1	11.4	28.2	27	0.6	4.7	0.51	0
Double Chocolate Chip Cream Frappuccino® - whole milk -	Grande 16oz	1654	396	22.6	16	41.3	39.4	0.9	6.4	0.74	0
Double Chocolate Chip Cream Frappuccino® - whole milk -	Venti 20oz	1978	473	25.2	17.9	53.2	50.6	1.3	7.7	0.96	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk -	Mini 10oz	993	237	11.3	8.3	28.1	26.8	0.6	5.4	0.5	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk -	Tall 12oz	1068	255	13.1	9.6	28.5	27.2	0.6	5.5	0.51	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk -	Grande 16oz	1531	366	18.6	13.6	41.6	39.7	0.9	7.5	0.74	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk -	Venti 20oz	1829	437	20.4	15	53.5	51	1.3	9	0.96	0
Espresso Frappuccino® - oat drink	Mini 10oz	594	141	2.4	1.7	27.1	23.6	2	1.7	0.46	58
Espresso Frappuccino® - oat drink	Tall 12oz	594	141	2.4	1.7	27.1	23.6	2	1.7	0.46	58
Espresso Frappuccino® - oat drink	Grande 16oz	837	198	3.1	2.1	39.2	34.7	2.6	2.2	0.65	70
Espresso Frappuccino® - oat drink	Venti 20oz	1064	252	3.6	2.5	50.8	45.5	3	2.6	0.83	83
Espresso Frappuccino® - soya drink	Mini 10oz	543	128	1.7	0.3	24.3	23.1	0.7	3.5	0.47	58
Espresso Frappuccino® - soya drink	Tall 12oz	543	128	1.7	0.3	24.3	23.1	0.7	3.5	0.47	58
Espresso Frappuccino® - soya drink	Grande 16oz	772	182	2.2	0.4	35.7	34	0.9	4.5	0.67	70
Espresso Frappuccino® - soya drink	Venti 20oz	988	233	2.6	0.5	46.8	44.7	1	5.2	0.86	83
Espresso Frappuccino® - almond drink	Mini 10oz	482	114	1.3	0.1	23.9	22.6	0.5	1.3	0.41	58
Espresso Frappuccino® - almond drink	Tall 12oz	482	114	1.3	0.1	23.9	22.6	0.5	1.3	0.41	58
Espresso Frappuccino® - almond drink	Grande 16oz	693	164	1.7	0.2	35.1	33.4	0.7	1.7	0.59	70
Espresso Frappuccino® - almond drink	Venti 20oz	897	212	2	0.2	46.2	44	0.8	1.9	0.76	83
Espresso Frappuccino® - coconut drink	Mini 10oz	548	130	2.4	2	24.6	23.4	1.5	1.7	0.52	58
Espresso Frappuccino® - coconut drink	Tall 12oz	548	130	2.4	2	24.6	23.4	1.5	1.7	0.52	58
Espresso Frappuccino® - coconut drink	Grande 16oz	778	184	3.1	2.6	36	34.4	2	2.2	0.73	70
Espresso Frappuccino® - coconut drink	Venti 20oz	995	235	3.6	3	47.2	45.1	2.3	2.6	0.93	83
Espresso Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	569	134	1.8	1	25.7	24.5	0.2	3.8	0.44	58
Espresso Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	569	134	1.8	1	25.7	24.5	0.2	3.8	0.44	58
Espresso Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	805	190	2.3	1.3	37.4	35.8	0.3	4.8	0.63	70
Espresso Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1027	242	2.7	1.5	48.8	46.8	0.4	5.6	0.82	83
Espresso Frappuccino® - whole milk -	Mini 10oz	620	147	3.2	1.8	25.6	24.4	0.2	3.7	0.44	58
Espresso Frappuccino® - whole milk -	Tall 12oz	620	147	3.2	1.8	25.6	24.4	0.2	3.7	0.44	58
Espresso Frappuccino® - whole milk -	Grande 16oz	871	206	4.2	2.4	37.3	35.7	0.3	4.7	0.63	70
Espresso Frappuccino® - whole milk -	Venti 20oz	1102	261	4.8	2.7	48.7	46.6	0.4	5.5	0.82	83

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Frappuccino® - skimmed milk -	Mini 10oz	551	130	1	0.5	25.8	24.6	0.2	4.3	0.44	58
Espresso Frappuccino® - skimmed milk -	Tall 12oz	551	130	1	0.5	25.8	24.6	0.2	4.3	0.44	58
Espresso Frappuccino® - skimmed milk -	Grande 16oz	782	184	1.3	0.6	37.5	35.9	0.3	5.5	0.63	70
Espresso Frappuccino® - skimmed milk -	Venti 20oz	1000	236	1.5	0.7	48.9	46.9	0.4	6.4	0.82	83
Vanilla Cream Frappuccino® - oat drink	Mini 10oz	903	216	10	7.4	28.6	25.1	2.4	1.5	0.44	0
Vanilla Cream Frappuccino® - oat drink	Tall 12oz	978	234	11.8	8.7	29	25.5	2.4	1.6	0.44	0
Vanilla Cream Frappuccino® - oat drink	Grande 16oz	1387	331	16.4	12	42.2	37.3	3.2	2.2	0.64	0
Vanilla Cream Frappuccino® - oat drink	Venti 20oz	1627	388	17.2	12.6	54	48	3.8	2.5	0.82	0
Vanilla Cream Frappuccino® - soya drink	Mini 10oz	835	199	9.2	5.6	25	24.4	0.6	3.9	0.46	0
Vanilla Cream Frappuccino® - soya drink	Tall 12oz	911	218	11	6.9	25.4	24.8	0.6	4	0.47	0
Vanilla Cream Frappuccino® - soya drink	Grande 16oz	1296	310	15.3	9.6	37.3	36.4	0.8	5.4	0.67	0
Vanilla Cream Frappuccino® - soya drink	Venti 20oz	1518	362	15.8	9.7	48.1	46.9	1	6.4	0.86	0
Vanilla Cream Frappuccino® -almond drink	Mini 10oz	753	180	8.6	5.3	24.4	23.7	0.4	1	0.38	0
Vanilla Cream Frappuccino® -almond drink	Tall 12oz	829	198	10.4	6.6	24.8	24.1	0.4	1.1	0.38	0
Vanilla Cream Frappuccino® -almond drink	Grande 16oz	1187	284	14.5	9.3	36.5	35.5	0.5	1.5	0.56	0
Vanilla Cream Frappuccino® -almond drink	Venti 20oz	1386	331	14.9	9.3	47.2	45.8	0.6	1.7	0.72	0
Vanilla Cream Frappuccino® - coconut drink	Mini 10oz	841	201	10	7.8	25.3	24.7	1.7	1.5	0.52	0
Vanilla Cream Frappuccino® - coconut drink	Tall 12oz	917	219	11.8	9.1	25.7	25.2	1.7	1.6	0.52	0
Vanilla Cream Frappuccino® - coconut drink	Grande 16oz	1304	312	16.4	12.6	37.8	36.9	2.3	2.2	0.75	0
Vanilla Cream Frappuccino® - coconut drink	Venti 20oz	1528	365	17.2	13.3	48.7	47.5	2.7	2.5	0.96	0
Vanilla Cream Frappuccino® -lactose free semi skimmed milk -	Mini 10oz	870	207	9.2	6.4	26.8	26.2	0	4.3	0.42	0
Vanilla Cream Frappuccino® -lactose free semi skimmed milk -	Tall 12oz	945	226	11	7.7	27.2	26.6	0	4.4	0.43	0
Vanilla Cream Frappuccino® -lactose free semi skimmed milk -	Grande 16oz	1342	320	15.3	10.8	39.7	38.8	0	5.9	0.62	0
Vanilla Cream Frappuccino® -lactose free semi skimmed milk -	Venti 20oz	1574	375	15.9	11.1	51	49.9	0	6.9	0.8	0
Vanilla Cream Frappuccino® - whole milk -	Mini 10oz	937	224	11.2	7.6	26.7	26.1	0	4.1	0.42	0
Vanilla Cream Frappuccino® - whole milk -	Tall 12oz	1013	242	13	8.9	27.1	26.5	0	4.2	0.43	0
Vanilla Cream Frappuccino® - whole milk -	Grande 16oz	1433	342	17.9	12.3	39.6	38.7	0	5.7	0.62	0
Vanilla Cream Frappuccino® - whole milk -	Venti 20oz	1682	401	19	12.9	50.9	49.7	0	6.7	0.8	0
Vanilla Cream Frappuccino® - skimmed milk -	Mini 10oz	845	201	8.2	5.8	26.9	26.3	0	4.9	0.42	0
Vanilla Cream Frappuccino® - skimmed milk -	Tall 12oz	921	220	10	7.1	27.3	26.7	0	5	0.43	0
Vanilla Cream Frappuccino® - skimmed milk -	Grande 16oz	1310	312	14	9.9	39.9	39	0	6.8	0.62	0
Vanilla Cream Frappuccino® - skimmed milk -	Venti 20oz	1534	365	14.2	10	51.2	50.1	0	8	0.8	0
White Chocolate Cream Frappuccino® - oat drink	Mini 10oz	1265	302	12.6	9.4	42.5	39.1	2.4	3.4	0.55	0
White Chocolate Cream Frappuccino® - oat drink	Tall 12oz	1340	320	14.4	10.7	42.9	39.5	2.4	3.5	0.56	0
White Chocolate Cream Frappuccino® - oat drink	Grande 16oz	1930	460	20.2	15.1	63	58.3	3.2	5	0.82	0
White Chocolate Cream Frappuccino® - oat drink	Venti 20oz	2351	560	22.2	16.7	81.8	76.1	3.8	6.3	1.06	0
White Chocolate Cream Frappuccino® - soya drink	Mini 10oz	1197	285	11.7	7.6	38.9	38.4	0.6	5.8	0.58	0
White Chocolate Cream Frappuccino® - soya drink	Tall 12oz	1273	304	13.5	8.9	39.3	38.8	0.6	5.9	0.58	0
White Chocolate Cream Frappuccino® - soya drink	Grande 16oz	1840	439	19.1	12.7	58.2	57.4	0.8	8.2	0.85	0
White Chocolate Cream Frappuccino® - soya drink	Venti 20oz	2242	534	20.9	13.8	75.9	74.9	1	10.1	1.09	0
White Chocolate Cream Frappuccino® - almond drink	Mini 10oz	1115	266	11.1	7.4	38.3	37.7	0.4	2.9	0.49	0
White Chocolate Cream Frappuccino® - almond drink	Tall 12oz	1191	284	12.9	8.7	38.7	38.1	0.4	3	0.5	0
White Chocolate Cream Frappuccino® - almond drink	Grande 16oz	1730	412	18.3	12.4	57.4	56.5	0.5	4.3	0.73	0
White Chocolate Cream Frappuccino® - almond drink	Venti 20oz	2110	502	19.9	13.4	75	73.9	0.6	5.4	0.96	0
White Chocolate Cream Frappuccino® - coconut drink	Mini 10oz	1203	287	12.6	9.9	39.2	38.7	1.7	3.4	0.64	0
White Chocolate Cream Frappuccino® - coconut drink	Tall 12oz	1279	305	14.4	11.2	39.6	39.2	1.7	3.5	0.64	0
White Chocolate Cream Frappuccino® - coconut drink	Grande 16oz	1848	441	20.2	15.7	58.6	57.9	2.3	5	0.93	0
White Chocolate Cream Frappuccino® - coconut drink	Venti 20oz	2252	537	22.2	17.5	76.5	75.5	2.7	6.3	1.19	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1232	293	11.8	8.5	40.7	40.2	0	6.1	0.54	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1307	312	13.6	9.8	41.1	40.6	0	6.2	0.54	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1886	449	19.1	13.9	60.6	59.9	0	8.7	0.79	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	2298	547	21	15.3	78.9	77.9	0	10.7	1.03	0
White Chocolate Cream Frappuccino® - whole milk -	Mini 10oz	1299	310	13.7	9.7	40.6	40.1	0	6	0.54	0
White Chocolate Cream Frappuccino® - whole milk -	Tall 12oz	1375	328	15.5	11	41	40.5	0	6.1	0.54	0
White Chocolate Cream Frappuccino® - whole milk -	Grande 16oz	1976	471	21.7	15.4	60.4	59.7	0	8.5	0.79	0
White Chocolate Cream Frappuccino® - whole milk -	Venti 20oz	2407	573	24.1	17.1	78.7	77.7	0	10.5	1.03	0
White Chocolate Cream Frappuccino® - skimmed milk -	Mini 10oz	1207	287	10.8	7.8	40.8	40.3	0	6.8	0.54	0
White Chocolate Cream Frappuccino® - skimmed milk -	Tall 12oz	1283	306	12.6	9.1	41.2	40.7	0	6.9	0.54	0
White Chocolate Cream Frappuccino® - skimmed milk -	Grande 16oz	1853	441	17.8	13	60.8	60	0	9.6	0.79	0
White Chocolate Cream Frappuccino® - skimmed milk -	Venti 20oz	2259	537	19.3	14.2	79.1	78.1	0	11.8	1.03	0
Chocolate Cream Frappuccino® - oat drink	Mini 10oz	827	198	10	7.4	24.2	20.7	2.4	1.5	0.44	0
Chocolate Cream Frappuccino® - oat drink	Tall 12oz	902	216	11.8	8.7	24.6	21.1	2.4	1.6	0.44	0
Chocolate Cream Frappuccino® - oat drink	Grande 16oz	1273	305	16.4	12	35.5	30.8	3.2	2.2	0.64	0
Chocolate Cream Frappuccino® - oat drink	Venti 20oz	1476	353	17.2	12.6	45.1	39.3	3.8	2.5	0.82	0
Chocolate Cream Frappuccino® - soya drink	Mini 10oz	760	181	9.2	5.6	20.5	20	0.6	3.9	0.46	0
Chocolate Cream Frappuccino® - soya drink	Tall 12oz	835	200	11	6.9	20.9	20.4	0.6	4	0.47	0
Chocolate Cream Frappuccino® - soya drink	Grande 16oz	1183	283	15.3	9.6	30.6	29.9	0.8	5.4	0.67	0
Chocolate Cream Frappuccino® - soya drink	Venti 20oz	1367	326	15.8	9.7	39.2	38.2	1	6.4	0.86	0
Chocolate Cream Frappuccino® -almond drink	Mini 10oz	678	162	8.6	5.3	20	19.4	0.4	1	0.38	0
Chocolate Cream Frappuccino® -almond drink	Tall 12oz	753	180	10.4	6.6	20.4	19.8	0.4	1.1	0.38	0
Chocolate Cream Frappuccino® -almond drink	Grande 16oz	1073	257	14.5	9.3	29.9	29	0.5	1.5	0.56	0
Chocolate Cream Frappuccino® -almond drink	Venti 20oz	1235	295	14.9	9.3	38.3	37.1	0.6	1.7	0.72	0
Chocolate Cream Frappuccino® - coconut drink	Mini 10oz	766	183	10	7.8	20.9	20.4	1.7	1.5	0.52	0
Chocolate Cream Frappuccino® - coconut drink	Tall 12oz	841	202	11.8	9.1	21.3	20.8	1.7	1.6	0.52	0
Chocolate Cream Frappuccino® - coconut drink	Grande 16oz	1191	285	16.4	12.6	31.1	30.3	2.3	2.2	0.75	0
Chocolate Cream Frappuccino® - coconut drink	Venti 20oz	1377	329	17.2	13.3	39.8	38.8	2.7	2.5	0.96	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	794	190	9.2	6.4	22.3	21.8	0	4.3	0.42	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	869	208	11	7.7	22.8	22.3	0	4.4	0.43	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1229	294	15.3	10.8	33.1	32.3	0	5.9	0.62	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	1422	339	15.9	11.1	42.2	41.2	0	6.9	0.8	0
Chocolate Cream Frappuccino® - whole milk -	Mini 10oz	861	206	11.2	7.6	22.2	21.7	0	4.1	0.42	0
Chocolate Cream Frappuccino® - whole milk -	Tall 12oz	937	224	13	8.9	22.6	22.2	0	4.2	0.43	0
Chocolate Cream Frappuccino® - whole milk -	Grande 16oz	1319	316	17.9	12.3	32.9	32.2	0	5.7	0.62	0
Chocolate Cream Frappuccino® - whole milk -	Venti 20oz	1531	366	19	12.9	42	41	0	6.7	0.8	0
Chocolate Cream Frappuccino® - skimmed milk -	Mini 10oz	770	184	8.2	5.8	22.5	22	0	4.9	0.42	0
Chocolate Cream Frappuccino® - skimmed milk -	Tall 12oz	845	202	10	7.1	22.9	22.4	0	5	0.43	0
Chocolate Cream Frappuccino® - skimmed milk -	Grande 16oz	1196	286	14	9.9	33.2	32.5	0	6.8	0.62	0
Chocolate Cream Frappuccino® - skimmed milk -	Venti 20oz	1383	330	14.2	10	42.3	41.4	0	8	0.8	0
Cookies & Cream Frappuccino® - oat drink	Mini 10oz	1124	269	12.8	9	34.4	26.5	2.7	2.7	0.58	0
Cookies & Cream Frappuccino® - oat drink	Tall 12oz	1199	287	14.6	10.3	34.8	26.9	2.7	2.8	0.58	0
Cookies & Cream Frappuccino® - oat drink	Grande 16oz	1719	411	20.5	14.5	50.8	39.4	3.7	4	0.85	0
Cookies & Cream Frappuccino® - oat drink	Venti 20oz	2070	494	22.6	16	65.5	50.8	4.5	4.9	1.1	0
Cookies & Cream Frappuccino® - soya drink	Mini 10oz	1057	252	11.9	7.2	30.7	25.8	0.9	5.1	0.6	0
Cookies & Cream Frappuccino® - soya drink	Tall 12oz	1132	271	13.7	8.5	31.1	26.2	0.9	5.2	0.6	0
Cookies & Cream Frappuccino® - soya drink	Grande 16oz	1628	389	19.4	12.1	45.9	38.5	1.3	7.2	0.88	0
Cookies & Cream Frappuccino® - soya drink	Venti 20oz	1961	468	21.3	13.1	59.6	49.7	1.6	8.7	1.14	0
Cookies & Cream Frappuccino® - almond drink	Mini 10oz	975	233	11.3	7	30.2	25.1	0.7	2.2	0.52	0
Cookies & Cream Frappuccino® - almond drink	Tall 12oz	1050	251	13.1	8.3	30.6	25.5	0.7	2.3	0.52	0
Cookies & Cream Frappuccino® - almond drink	Grande 16oz	1519	363	18.6	11.8	45.2	37.6	0.9	3.3	0.77	0
Cookies & Cream Frappuccino® - almond drink	Venti 20oz	1829	436	20.3	12.7	58.7	48.6	1.2	4	1	0



Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cookies & Cream Frappuccino® - coconut drink	Mini 10oz	1063	254	12.8	9.5	31.1	26.1	2	2.7	0.66	0
Cookies & Cream Frappuccino® - coconut drink	Tall 12oz	1138	272	14.6	10.8	31.5	26.5	2	2.8	0.66	0
Cookies & Cream Frappuccino® - coconut drink	Grande 16oz	1637	391	20.5	15.1	46.4	39	2.8	4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Venti 20oz	1971	471	22.6	16.7	60.2	50.3	3.4	4.9	1.23	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk -	Mini 10oz	1091	260	12	8.1	32.5	27.6	0.3	5.4	0.56	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk -	Tall 12oz	1166	279	13.8	9.4	33	28	0.3	5.5	0.56	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk -	Grande 16oz	1674	400	19.4	13.3	48.4	40.9	0.5	7.6	0.83	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk -	Venti 20oz	2016	481	21.4	14.5	62.6	52.7	0.6	9.3	1.07	0
Cookies & Cream Frappuccino® - whole milk -	Mini 10oz	1158	277	13.9	9.3	32.4	27.5	0.3	5.3	0.56	0
Cookies & Cream Frappuccino® - whole milk -	Tall 12oz	1234	295	15.7	10.6	32.8	27.9	0.3	5.4	0.56	0
Cookies & Cream Frappuccino® - whole milk -	Grande 16oz	1765	422	22	14.8	48.2	40.8	0.5	7.5	0.83	0
Cookies & Cream Frappuccino® - whole milk -	Venti 20oz	2125	507	24.5	16.3	62.4	52.5	0.6	9.1	1.07	0
Cookies & Cream Frappuccino® - skimmed milk -	Mini 10oz	1067	254	11	7.5	32.7	27.7	0.3	6.1	0.56	0
Cookies & Cream Frappuccino® - skimmed milk -	Tall 12oz	1142	273	12.8	8.8	33.1	28.1	0.3	6.2	0.56	0
Cookies & Cream Frappuccino® - skimmed milk -	Grande 16oz	1642	392	18.1	12.4	48.5	41.1	0.5	8.5	0.83	0
Cookies & Cream Frappuccino® - skimmed milk -	Venti 20oz	1977	471	19.7	13.4	62.7	52.8	0.6	10.4	1.07	0
<b>Hot Chocolates</b>											
Signature Hot Chocolate - oat drink	Short 8oz	870	209	11.7	8.4	22	16.8	3.6	2	0.21	14
Signature Hot Chocolate - oat drink	Tall 12oz	1265	303	16.1	11.6	33.6	25.3	5.7	3.1	0.33	20
Signature Hot Chocolate - oat drink	Grande 16oz	1601	383	19.9	14.3	43.5	32.9	7.2	3.9	0.42	27
Signature Hot Chocolate - oat drink	Venti 20oz	1962	470	23.4	16.9	55.2	41.3	9.5	4.9	0.55	34
Signature Hot Chocolate - soya drink	Short 8oz	769	184	10.4	5.7	16.6	15.7	0.9	5.6	0.25	14
Signature Hot Chocolate - soya drink	Tall 12oz	1104	264	14.1	7.3	24.9	23.6	1.4	8.7	0.39	20
Signature Hot Chocolate - soya drink	Grande 16oz	1396	334	17.3	8.9	32.5	30.8	1.8	11.1	0.49	27
Signature Hot Chocolate - soya drink	Venti 20oz	1695	405	20	9.7	40.7	38.6	2.3	14.3	0.64	34
Signature Hot Chocolate - almond drink	Short 8oz	646	155	9.6	5.4	15.7	14.7	0.5	1.2	0.12	14
Signature Hot Chocolate - almond drink	Tall 12oz	909	218	12.7	6.8	23.6	22	0.8	1.8	0.18	20
Signature Hot Chocolate - almond drink	Grande 16oz	1147	275	15.6	8.1	30.8	28.7	1.1	2.2	0.23	27
Signature Hot Chocolate - almond drink	Venti 20oz	1370	328	17.8	8.8	38.5	35.9	1.4	2.8	0.3	34
Signature Hot Chocolate - coconut drink	Short 8oz	778	187	11.7	9.1	17.1	16.3	2.6	2	0.34	14
Signature Hot Chocolate - coconut drink	Tall 12oz	1119	268	16.1	12.7	25.8	24.5	4.1	3.1	0.53	20
Signature Hot Chocolate - coconut drink	Grande 16oz	1414	339	19.9	15.7	33.5	31.8	5.2	3.9	0.67	27
Signature Hot Chocolate - coconut drink	Venti 20oz	1719	412	23.4	18.7	42.1	40	6.8	4.9	0.87	34
Signature Hot Chocolate - lactose free semi skimmed milk -	Short 8oz	821	196	10.5	7.1	19.3	18.5	0	6.1	0.19	14
Signature Hot Chocolate - lactose free semi skimmed milk -	Tall 12oz	1186	283	14.2	9.5	29.3	28	0	9.6	0.29	20
Signature Hot Chocolate - lactose free semi skimmed milk -	Grande 16oz	1500	358	17.5	11.6	38	36.3	0	12.2	0.37	27
Signature Hot Chocolate - lactose free semi skimmed milk -	Venti 20oz	1831	437	20.2	13.3	48	45.8	0	15.7	0.48	34
Signature Hot Chocolate - whole milk -	Short 8oz	922	221	13.4	8.8	19.1	18.3	0	5.9	0.19	14
Signature Hot Chocolate - whole milk -	Tall 12oz	1347	322	18.8	12.2	29	27.7	0	9.3	0.29	20
Signature Hot Chocolate - whole milk -	Grande 16oz	1706	408	23.4	15	37.7	36	0	11.8	0.37	27
Signature Hot Chocolate - whole milk -	Venti 20oz	2099	502	27.9	17.8	47.5	45.4	0	15.3	0.48	34
Signature Hot Chocolate - skimmed milk -	Short 8oz	784	187	9	6	19.5	18.6	0	7.1	0.19	14
Signature Hot Chocolate - skimmed milk -	Tall 12oz	1129	269	11.8	7.8	29.5	28.3	0	11.2	0.29	20
Signature Hot Chocolate - skimmed milk -	Grande 16oz	1427	340	14.4	9.5	38.4	36.7	0	14.2	0.37	27
Signature Hot Chocolate - skimmed milk -	Venti 20oz	1735	413	16.2	10.6	48.4	46.3	0	18.4	0.48	34
Signature Hazelnut Hot Chocolate - oat drink	Short 8oz	1014	242	11.7	8.4	30.5	25	3.6	2	0.21	14
Signature Hazelnut Hot Chocolate - oat drink	Tall 12oz	1481	354	16.1	11.6	46.3	37.6	5.7	3.1	0.33	20
Signature Hazelnut Hot Chocolate - oat drink	Grande 16oz	1889	451	19.9	14.3	60.5	49.3	7.2	3.9	0.42	27
Signature Hazelnut Hot Chocolate - oat drink	Venti 20oz	2322	554	23.4	16.9	76.3	61.8	9.5	4.9	0.55	34
Signature Hazelnut Hot Chocolate - soya drink	Short 8oz	913	218	10.4	5.7	25	23.9	0.9	5.6	0.25	14
Signature Hazelnut Hot Chocolate - soya drink	Tall 12oz	1320	315	14.1	7.3	37.6	36	1.4	8.7	0.39	20
Signature Hazelnut Hot Chocolate - soya drink	Grande 16oz	1683	401	17.3	8.9	49.4	47.2	1.8	11.1	0.49	27
Signature Hazelnut Hot Chocolate - soya drink	Venti 20oz	2054	490	20	9.7	61.9	59.1	2.3	14.3	0.64	34
Signature Hazelnut Hot Chocolate - almond drink	Short 8oz	790	190	9.6	5.4	24.2	22.9	0.5	1.2	0.12	14
Signature Hazelnut Hot Chocolate - almond drink	Tall 12oz	1125	269	12.7	6.8	36.3	34.4	0.8	1.8	0.18	20
Signature Hazelnut Hot Chocolate - almond drink	Grande 16oz	1434	342	15.6	8.1	47.7	45.1	1.1	2.2	0.23	27
Signature Hazelnut Hot Chocolate - almond drink	Venti 20oz	1729	412	17.8	8.8	59.7	56.4	1.4	2.8	0.3	34
Signature Hazelnut Hot Chocolate - coconut drink	Short 8oz	922	221	11.7	9.1	25.6	24.5	2.6	2	0.34	14
Signature Hazelnut Hot Chocolate - coconut drink	Tall 12oz	1335	319	16.1	12.7	38.4	36.8	4.1	3.1	0.53	20
Signature Hazelnut Hot Chocolate - coconut drink	Grande 16oz	1702	407	19.9	15.7	50.4	48.2	5.2	3.9	0.67	27
Signature Hazelnut Hot Chocolate - coconut drink	Venti 20oz	2078	497	23.4	18.7	63.3	60.5	6.8	4.9	0.87	34
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk -	Short 8oz	964	230	10.5	7.1	27.8	26.7	0	6.1	0.19	14
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk -	Tall 12oz	1402	334	14.2	9.5	42	40.3	0	9.6	0.29	20
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk -	Grande 16oz	1788	426	17.5	11.6	54.9	52.7	0	12.2	0.37	27
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk -	Venti 20oz	2191	521	20.2	13.3	69.1	66.3	0	15.7	0.48	34
Signature Hazelnut Hot Chocolate - whole milk -	Short 8oz	1066	255	13.4	8.8	27.6	26.5	0	5.9	0.19	14
Signature Hazelnut Hot Chocolate - whole milk -	Tall 12oz	1563	373	18.8	12.2	41.7	40	0	9.3	0.29	20
Signature Hazelnut Hot Chocolate - whole milk -	Grande 16oz	1993	476	23.4	15	54.6	52.4	0	11.8	0.37	27
Signature Hazelnut Hot Chocolate - whole milk -	Venti 20oz	2458	587	27.9	17.8	68.7	65.9	0	15.3	0.48	34
Signature Hazelnut Hot Chocolate - skimmed milk -	Short 8oz	928	221	9	6	27.9	26.8	0	7.1	0.19	14
Signature Hazelnut Hot Chocolate - skimmed milk -	Tall 12oz	1344	320	11.8	7.8	42.2	40.6	0	11.2	0.29	20
Signature Hazelnut Hot Chocolate - skimmed milk -	Grande 16oz	1714	408	14.4	9.5	55.3	53.1	0	14.2	0.37	27
Signature Hazelnut Hot Chocolate - skimmed milk -	Venti 20oz	2094	498	16.2	10.6	69.6	66.8	0	18.4	0.48	34
Signature Caramel Hot Chocolate - oat drink	Short 8oz	1097	262	12.4	8.9	33.8	28.2	3.6	2.1	0.24	14
Signature Caramel Hot Chocolate - oat drink	Tall 12oz	1567	374	16.8	12.1	49.7	41.2	5.7	3.1	0.36	20
Signature Caramel Hot Chocolate - oat drink	Grande 16oz	1979	473	20.6	14.8	64.2	53.2	7.2	3.9	0.45	27
Signature Caramel Hot Chocolate - oat drink	Venti 20oz	2416	577	24.1	17.3	80.2	66.1	9.5	5	0.57	34
Signature Caramel Hot Chocolate - soya drink	Short 8oz	996	238	11.1	6.2	28.3	27.2	0.9	5.6	0.27	14
Signature Caramel Hot Chocolate - soya drink	Tall 12oz	1407	336	14.8	7.8	41.1	39.6	1.4	8.8	0.41	20
Signature Caramel Hot Chocolate - soya drink	Grande 16oz	1774	423	18	9.3	53.1	51.1	1.8	11.2	0.52	27
Signature Caramel Hot Chocolate - soya drink	Venti 20oz	2149	512	20.7	10.2	65.8	63.4	2.3	14.4	0.66	34
Signature Caramel Hot Chocolate - almond drink	Short 8oz	873	208	10.3	5.8	27.4	26.2	0.5	1.3	0.14	14
Signature Caramel Hot Chocolate - almond drink	Tall 12oz	1212	289	13.5	7.2	39.8	38	0.8	1.8	0.21	20
Signature Caramel Hot Chocolate - almond drink	Grande 16oz	1525	364	16.3	8.6	51.4	49.1	1.1	2.3	0.26	27
Signature Caramel Hot Chocolate - almond drink	Venti 20oz	1824	435	18.5	9.2	63.6	60.7	1.4	2.8	0.32	34
Signature Caramel Hot Chocolate - coconut drink	Short 8oz	1005	240	12.4	9.6	28.8	27.7	2.6	2.1	0.36	14
Signature Caramel Hot Chocolate - coconut drink	Tall 12oz	1421	340	16.8	13.2	41.9	40.4	4.1	3.1	0.55	20
Signature Caramel Hot Chocolate - coconut drink	Grande 16oz	1792	428	20.6	16.2	54.2	52.2	5.2	3.9	0.7	27
Signature Caramel Hot Chocolate - coconut drink	Venti 20oz	2173	519	24.1	19.1	67.2	64.8	6.8	5	0.9	34
Signature Caramel Hot Chocolate - lactose free semi skimmed milk -	Short 8oz	1047	250	11.2	7.5	31	29.9	0	6.2	0.21	14
Signature Caramel Hot Chocolate - lactose free semi skimmed milk -	Tall 12oz	1489	355	14.9	9.9	45.4	43.9	0	9.6	0.31	20
Signature Caramel Hot Chocolate - lactose free semi skimmed milk -	Grande 16oz	1879	447	18.2	12	58.6	56.7	0	12.2	0.39	27
Signature Caramel Hot Chocolate - lactose free semi skimmed milk -	Venti 20oz	2285	544	20.9	13.7	73	70.6	0	15.8	0.5	34
Signature Caramel Hot Chocolate - whole milk -	Short 8oz	1148	274	14.1	9.2	30.8	29.8	0	6	0.21	14
Signature Caramel Hot Chocolate - whole milk -	Tall 12oz	1649	394	19.5	12.6	45.2	43.6	0	9.3	0.31	20
Signature Caramel Hot Chocolate - whole milk -	Grande 16oz	2084	497	24.1	15.5	58.3	56.3	0	11.9	0.39	27
Signature Caramel Hot Chocolate - whole milk -	Venti 20oz	2553	609	28.6	18.2	72.6	70.2	0	15.3	0.5	34
Signature Caramel Hot Chocolate - skimmed milk -	Short 8oz	1011	241	9.7	6.5	31.2	30.1	0	7.2	0.21	14
Signature Caramel Hot Chocolate - skimmed milk -	Tall 12oz	1431	340	12.5	8.3	45.7	44.2	0	11.2	0.31	20
Signature Caramel Hot Chocolate - skimmed milk -	Grande 16oz	1805	429	15.1	10	59	57	0	14.3	0.39	27
Signature Caramel Hot Chocolate - skimmed milk -	Venti 20oz	2189	520	16.9	11	73.5	71.1	0	18.5	0.5	34
Classic Hot Chocolate - oat drink	Short 8oz	641	154	10	7.4	12.2	7.8	3.6	2	0.21	0
Classic Hot Chocolate - oat drink	Tall 12oz	922	222	13.6	10.1	18.9	11.9	5.7	3.1	0.32	0
Classic Hot Chocolate - oat drink	Grande 16oz	1143	275	16.5	12.3	24	15	7.2	3.9	0.41	0



Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Jasmine Pearls Tea	Grande 16oz	1	0	0	0	0	0	0	0	0	1.1
Jasmine Pearls Tea	Venti 20oz	3	1	0	0	0	0	0	0	0	2.1
Youthberry Tea	Short 8oz	2	0	0	0	0	0	0	0	0	0
Youthberry Tea	Tall 12oz	2	0	0	0	0	0	0	0	0	0
Youthberry Tea	Grande 16oz	2	0	0	0	0	0	0	0	0	0
Youthberry Tea	Venti 20oz	3	1	0	0	0.1	0.1	0	0	0	0
Hibiscus Tea	Short 8oz	0	0	0	0	0	0	0	0	0	0
Hibiscus Tea	Tall 12oz	0	0	0	0	0	0	0	0	0	0
Hibiscus Tea	Grande 16oz	0	0	0	0	0	0	0	0	0	0
Hibiscus Tea	Venti 20oz	0	0	0	0	0	0	0	0	0	0
Emperor's Clouds & Mist Tea	Short 8oz	1	0	0	0	0	0	0	0	0	0.8
Emperor's Clouds & Mist Tea	Tall 12oz	1	0	0	0	0	0	0	0	0	0.8
Emperor's Clouds & Mist Tea	Grande 16oz	1	0	0	0	0	0	0	0	0	0.8
Emperor's Clouds & Mist Tea	Venti 20oz	2	0	0	0	0	0	0	0	0	1.6
<b>Refreshment</b>											
Classic Shaken Iced Green Tea	Tall 12oz	0	0	0	0	0	0	0	0	0	0
Classic Shaken Iced Green Tea	Grande 16oz	0	0	0	0	0	0	0	0	0	0
Classic Shaken Iced Green Tea	Venti 20oz	0	0	0	0	0	0	0	0	0	0
Strawberry Acai Starbucks Refresha®	Tall 12oz	280	66	0.1	0	15.7	15.6	0.4	0.3	0	3.7
Strawberry Acai Starbucks Refresha®	Grande 16oz	377	89	0.2	0	21.1	20.9	0.6	0.4	0	4.9
Strawberry Acai Starbucks Refresha®	Venti 20oz	477	112	0.2	0	26.6	26.4	0.8	0.6	0.01	6.2
Classic Shaken Iced Black Tea	Tall 12oz	0	0	0	0	0	0	0	0	0	0
Classic Shaken Iced Black Tea	Grande 16oz	0	0	0	0	0	0	0	0	0	0
Classic Shaken Iced Black Tea	Venti 20oz	0	0	0	0	0	0	0	0	0	0
Peach Iced Tea	Tall 12oz	225	53	0.1	0	12.9	12.6	0.1	0.1	0	0
Peach Iced Tea	Grande 16oz	312	74	0.1	0	17.9	17.5	0.1	0.1	0	0
Peach Iced Tea	Venti 20oz	396	93	0.1	0	22.8	22.2	0.1	0.1	0	0
Classic Shaken Hibiscus Tea	Tall 12oz	0	0	0	0	0	0	0	0	0	0
Classic Shaken Hibiscus Tea	Grande 16oz	0	0	0	0	0	0	0	0	0	0
Classic Shaken Hibiscus Tea	Venti 20oz	0	0	0	0	0	0	0	0	0	0
Cool Lime Starbucks Refresha™	Tall 12oz	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37.2
Cool Lime Starbucks Refresha™	Grande 16oz	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49.3
Cool Lime Starbucks Refresha™	Venti 20oz	397	93	0.1	0	22.7	22	0.4	0.4	0.07	61.9
Lemon Iced Tea	Tall 12oz	223	53	0.1	0	12.8	12.6	0.1	0.1	0	0
Lemon Iced Tea	Grande 16oz	310	73	0.1	0	17.8	17.5	0.1	0.1	0	0
Lemon Iced Tea	Venti 20oz	393	93	0.1	0	22.6	22.2	0.1	0.1	0	0
Classic Shaken Iced Black Tea Lemonade	Tall 12oz	161	38	0.1	0	9.1	9.1	0.1	0.1	0	0
Classic Shaken Iced Black Tea Lemonade	Grande 16oz	217	51	0.1	0	12.3	12.3	0.1	0.1	0	0
Classic Shaken Iced Black Tea Lemonade	Venti 20oz	236	56	0.2	0	13.3	13.3	0.2	0.2	0	0
Classic Shaken Hibiscus Tea Lemonade	Tall 12oz	161	38	0.1	0	9.1	9.1	0.1	0.1	0	0
Classic Shaken Hibiscus Tea Lemonade	Grande 16oz	217	51	0.1	0	12.3	12.3	0.1	0.1	0	0
Classic Shaken Hibiscus Tea Lemonade	Venti 20oz	236	56	0.2	0	13.3	13.3	0.2	0.2	0	0
Classic Shaken Iced Green Tea Lemonade	Tall 12oz	161	38	0.1	0	9.1	9.1	0.1	0.1	0	0
Classic Shaken Iced Green Tea Lemonade	Grande 16oz	217	51	0.1	0	12.3	12.3	0.1	0.1	0	0
Classic Shaken Iced Green Tea Lemonade	Venti 20oz	236	56	0.2	0	13.3	13.3	0.2	0.2	0	0
Pink Coconut Starbucks Refresha®	Tall 12oz	203	49	2.4	2.1	4.7	4.6	1.8	1.1	0.18	0
Pink Coconut Starbucks Refresha®	Grande 16oz	275	66	3.2	2.8	6.4	6.4	2.5	1.5	0.23	0
Pink Coconut Starbucks Refresha®	Venti 20oz	349	84	4.1	3.6	8.2	8.2	3.2	2	0.29	0
<b>Tea Latte</b>											
Iced Matcha Green Tea Latte - oat drink	Tall 12oz	483	116	4.7	3.5	13.1	7.1	5.1	2.7	0.21	79
Iced Matcha Green Tea Latte - oat drink	Grande 16oz	612	146	5.9	4.4	16.6	8.9	6.5	3.4	0.26	106
Iced Matcha Green Tea Latte - oat drink	Venti 20oz	703	168	6.8	5	19	10.1	7.6	4	0.3	132
Iced Matcha Green Tea Latte - soya drink	Tall 12oz	374	89	3.3	0.6	7.2	5.9	2.2	6.5	0.25	79
Iced Matcha Green Tea Latte - soya drink	Grande 16oz	475	113	4.2	0.8	9.2	7.5	2.9	8.2	0.31	106
Iced Matcha Green Tea Latte - soya drink	Venti 20oz	548	131	4.8	0.9	10.7	8.5	3.5	9.5	0.35	132
Iced Matcha Green Tea Latte - almond drink	Tall 12oz	243	58	2.4	0.2	6.3	4.9	1.8	1.8	0.11	79
Iced Matcha Green Tea Latte - almond drink	Grande 16oz	309	74	3.1	0.3	8.1	6.1	2.4	2.3	0.14	106
Iced Matcha Green Tea Latte - almond drink	Venti 20oz	359	86	3.5	0.3	9.4	7	2.9	2.8	0.16	132
Iced Matcha Green Tea Latte - coconut drink	Tall 12oz	384	92	4.7	4.2	7.8	6.5	4	2.7	0.34	79
Iced Matcha Green Tea Latte - coconut drink	Grande 16oz	488	117	5.9	5.3	9.9	8.2	5.2	3.4	0.43	106
Iced Matcha Green Tea Latte - coconut drink	Venti 20oz	562	135	6.8	6.1	11.5	9.3	6	4	0.49	132
Iced Matcha Green Tea Latte - lactose free semi skimmed milk -	Tall 12oz	430	102	3.4	2	10.2	8.9	1.3	7	0.18	79
Iced Matcha Green Tea Latte - lactose free semi skimmed milk -	Grande 16oz	545	130	4.3	2.6	12.9	11.2	1.7	8.9	0.23	106
Iced Matcha Green Tea Latte - lactose free semi skimmed milk -	Venti 20oz	627	149	4.9	2.9	14.9	12.7	2.1	10.3	0.26	132
Iced Matcha Green Tea Latte - whole milk -	Tall 12oz	538	129	6.5	3.9	10	8.7	1.3	6.9	0.18	79
Iced Matcha Green Tea Latte - whole milk -	Grande 16oz	682	163	8.2	4.9	12.7	11	1.7	8.7	0.23	106
Iced Matcha Green Tea Latte - whole milk -	Venti 20oz	782	187	9.4	5.5	14.6	12.5	2.1	10	0.26	132
Iced Matcha Green Tea Latte - skimmed milk -	Tall 12oz	391	93	1.8	0.9	10.3	9.1	1.3	8.1	0.18	79
Iced Matcha Green Tea Latte - skimmed milk -	Grande 16oz	496	118	2.3	1.2	13.1	11.4	1.7	10.3	0.23	106
Iced Matcha Green Tea Latte - skimmed milk -	Venti 20oz	571	135	2.6	1.4	15.1	13	2.1	11.8	0.26	132
Matcha Green Tea Latte - oat drink	Short 8oz	436	104	4.3	3.3	11.8	6.5	4.4	2.3	0.2	53
Matcha Green Tea Latte - oat drink	Tall 12oz	689	165	6.9	5.2	18.7	10.4	7	3.5	0.31	79
Matcha Green Tea Latte - oat drink	Grande 16oz	883	211	8.8	6.6	24	13.3	9	4.6	0.4	106
Matcha Green Tea Latte - oat drink	Venti 20oz	1148	275	11.5	8.6	31.1	17.3	11.6	5.9	0.52	132
Matcha Green Tea Latte - soya drink	Short 8oz	335	80	3.1	0.5	6.4	5.5	1.7	5.8	0.23	53
Matcha Green Tea Latte - soya drink	Tall 12oz	528	126	4.9	0.9	10	8.7	2.7	9.2	0.36	79
Matcha Green Tea Latte - soya drink	Grande 16oz	678	162	6.2	1.1	12.9	11.2	3.5	11.8	0.47	106
Matcha Green Tea Latte - soya drink	Venti 20oz	880	210	8.1	1.5	16.7	14.6	4.5	15.3	0.61	132
Matcha Green Tea Latte -almond drink	Short 8oz	212	51	2.2	0.2	5.5	4.5	1.4	1.4	0.1	53
Matcha Green Tea Latte -almond drink	Tall 12oz	333	80	3.5	0.3	8.7	7.1	2.1	2.2	0.16	79
Matcha Green Tea Latte -almond drink	Grande 16oz	429	103	4.5	0.4	11.2	9.1	2.8	2.9	0.21	106
Matcha Green Tea Latte -almond drink	Venti 20oz	555	133	5.9	0.5	14.5	11.9	3.5	3.7	0.27	132
Matcha Green Tea Latte - coconut drink	Short 8oz	344	83	4.3	3.9	6.9	6	3.4	2.3	0.32	53
Matcha Green Tea Latte - coconut drink	Tall 12oz	543	130	6.9	6.2	10.9	9.6	5.3	3.5	0.51	79
Matcha Green Tea Latte - coconut drink	Grande 16oz	696	167	8.8	8	14	12.2	6.9	4.6	0.65	106
Matcha Green Tea Latte - coconut drink	Venti 20oz	904	217	11.5	10.4	18.1	16	8.9	5.9	0.84	132
Matcha Green Tea Latte - lactose free semi skimmed milk -	Short 8oz	386	92	3.2	1.9	9.1	8.2	0.9	6.3	0.17	53
Matcha Green Tea Latte - lactose free semi skimmed milk -	Tall 12oz	610	145	5	3	14.4	13.1	1.3	10	0.27	79
Matcha Green Tea Latte - lactose free semi skimmed milk -	Grande 16oz	783	186	6.4	3.8	18.4	16.7	1.7	12.9	0.35	106
Matcha Green Tea Latte - lactose free semi skimmed milk -	Venti 20oz	1017	242	8.3	5	23.9	21.8	2.1	16.7	0.45	132
Matcha Green Tea Latte - whole milk -	Short 8oz	487	117	6	3.6	8.9	8.1	0.9	6.2	0.17	53
Matcha Green Tea Latte - whole milk -	Tall 12oz	771	184	9.6	5.7	14.1	12.8	1.3	9.8	0.27	79
Matcha Green Tea Latte - whole milk -	Grande 16oz	988	236	12.3	7.3	18.1	16.4	1.7	12.5	0.35	106
Matcha Green Tea Latte - whole milk -	Venti 20oz	1285	307	16	9.5	23.5	21.4	2.1	16.3	0.45	132

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Green Tea Latte - skimmed milk -	Short 8oz	350	83	1.6	0.9	9.3	8.4	0.9	7.4	0.17	53
Matcha Green Tea Latte - skimmed milk -	Tall 12oz	552	131	2.6	1.4	14.6	13.4	1.3	11.6	0.27	79
Matcha Green Tea Latte - skimmed milk -	Grande 16oz	709	168	3.3	1.8	18.8	17.1	1.7	14.9	0.35	106
Matcha Green Tea Latte - skimmed milk -	Venti 20oz	920	218	4.3	2.3	24.4	22.3	2.1	19.4	0.45	132
Iced Chai Tea Latte - oat drink	Tall 12oz	762	181	3.5	2.6	33.5	29.9	4.7	1.6	0.17	69
Iced Chai Tea Latte - oat drink	Grande 16oz	984	233	4.3	3.2	43.8	39.3	5.9	2	0.22	92
Iced Chai Tea Latte - oat drink	Venti 20oz	1272	302	5.8	4.4	55.9	49.8	7.8	2.6	0.29	115
Iced Chai Tea Latte - soya drink	Tall 12oz	681	161	2.5	0.4	29.1	29	2.5	4.4	0.2	69
Iced Chai Tea Latte - soya drink	Grande 16oz	884	209	3	0.5	38.4	38.3	3.3	5.5	0.25	92
Iced Chai Tea Latte - soya drink	Venti 20oz	1136	269	4.1	0.7	48.5	48.4	4.2	7.4	0.34	115
Iced Chai Tea Latte - almond drink	Tall 12oz	582	138	1.8	0.2	28.4	28.2	2.2	0.9	0.1	69
Iced Chai Tea Latte - almond drink	Grande 16oz	762	180	2.2	0.2	37.5	37.3	2.9	1.2	0.12	92
Iced Chai Tea Latte - almond drink	Venti 20oz	971	230	3	0.3	47.4	47.1	3.7	1.5	0.17	115
Iced Chai Tea Latte - coconut drink	Tall 12oz	688	163	3.5	3.2	29.5	29.5	3.8	1.6	0.27	69
Iced Chai Tea Latte - coconut drink	Grande 16oz	893	212	4.3	3.9	38.9	38.8	4.9	2	0.34	92
Iced Chai Tea Latte - coconut drink	Venti 20oz	1149	273	5.8	5.3	49.2	49.1	6.4	2.6	0.46	115
Iced Chai Tea Latte - lactose free semi skimmed milk -	Tall 12oz	722	171	2.5	1.5	31.3	31.2	1.8	4.8	0.15	69
Iced Chai Tea Latte - lactose free semi skimmed milk -	Grande 16oz	935	221	3.1	1.9	41.1	41	2.4	6	0.19	92
Iced Chai Tea Latte - lactose free semi skimmed milk -	Venti 20oz	1206	285	4.2	2.5	52.2	52.1	3	8.1	0.26	115
Iced Chai Tea Latte - whole milk -	Tall 12oz	803	191	4.8	2.9	31.2	31.1	1.8	4.7	0.15	69
Iced Chai Tea Latte - whole milk -	Grande 16oz	1035	245	6	3.6	40.9	40.8	2.4	5.8	0.19	92
Iced Chai Tea Latte - whole milk -	Venti 20oz	1341	318	8.1	4.8	52	51.9	3	7.9	0.26	115
Iced Chai Tea Latte - skimmed milk -	Tall 12oz	693	164	1.3	0.7	31.4	31.4	1.8	5.7	0.15	69
Iced Chai Tea Latte - skimmed milk -	Grande 16oz	899	212	1.6	0.9	41.2	41.1	2.4	7	0.19	92
Iced Chai Tea Latte - skimmed milk -	Venti 20oz	1157	273	2.2	1.2	52.4	52.3	3	9.5	0.26	115
Chai Tea Latte - oat drink	Short 8oz	694	165	4.3	3.2	27.4	22.9	4.8	1.8	0.21	46
Chai Tea Latte - oat drink	Tall 12oz	1052	250	6.6	5	41.4	34.6	7.3	2.8	0.32	68.9
Chai Tea Latte - oat drink	Grande 16oz	1399	333	8.7	6.6	55.1	46	9.6	3.7	0.42	91.9
Chai Tea Latte - oat drink	Venti 20oz	1793	427	11.4	8.6	70	58.2	12.4	4.8	0.55	114.9
Chai Tea Latte - soya drink	Short 8oz	593	141	3	0.5	21.9	21.9	2.1	5.4	0.24	46
Chai Tea Latte - soya drink	Tall 12oz	898	213	4.6	0.8	33	33	3.1	8.2	0.37	68.9
Chai Tea Latte - soya drink	Grande 16oz	1194	283	6.1	1.1	44	43.9	4.2	10.9	0.49	91.9
Chai Tea Latte - soya drink	Venti 20oz	1526	362	8	1.4	55.6	55.5	5.3	14.2	0.64	114.9
Chai Tea Latte - almond drink	Short 8oz	470	111	2.2	0.2	21.1	20.9	1.7	1	0.11	46
Chai Tea Latte - almond drink	Tall 12oz	710	168	3.3	0.3	31.8	31.4	2.6	1.6	0.17	68.9
Chai Tea Latte - almond drink	Grande 16oz	945	224	4.4	0.4	42.3	41.9	3.5	2.1	0.23	91.9
Chai Tea Latte - almond drink	Venti 20oz	1201	285	5.7	0.5	53.4	52.8	4.4	2.7	0.3	114.9
Chai Tea Latte - coconut drink	Short 8oz	602	143	4.3	3.9	22.4	22.4	3.7	1.8	0.33	46
Chai Tea Latte - coconut drink	Tall 12oz	912	217	6.6	6	33.8	33.8	5.7	2.8	0.5	68.9
Chai Tea Latte - coconut drink	Grande 16oz	1213	289	8.7	8	45.1	45	7.6	3.7	0.67	91.9
Chai Tea Latte - coconut drink	Venti 20oz	1550	369	11.4	10.4	57	56.9	9.7	4.8	0.87	114.9
Chai Tea Latte - lactose free semi skimmed milk -	Short 8oz	644	153	3.1	1.9	24.7	24.6	1.2	5.9	0.18	46
Chai Tea Latte - lactose free semi skimmed milk -	Tall 12oz	977	231	4.7	2.9	37.2	37.2	1.8	9	0.28	68.9
Chai Tea Latte - lactose free semi skimmed milk -	Grande 16oz	1299	308	6.3	3.8	49.6	49.5	2.4	12	0.37	91.9
Chai Tea Latte - lactose free semi skimmed milk -	Venti 20oz	1662	394	8.2	5	62.8	62.7	3	15.6	0.48	114.9
Chai Tea Latte - whole milk -	Short 8oz	745	177	6	3.6	24.5	24.4	1.2	5.7	0.18	46
Chai Tea Latte - whole milk -	Tall 12oz	1131	269	9.2	5.5	37	36.9	1.8	8.8	0.28	68.9
Chai Tea Latte - whole milk -	Grande 16oz	1504	358	12.2	7.3	49.2	49.1	2.4	11.7	0.37	91.9
Chai Tea Latte - whole milk -	Venti 20oz	1930	459	15.9	9.5	62.4	62.3	3	15.2	0.48	114.9
Chai Tea Latte - skimmed milk -	Short 8oz	608	144	1.6	0.9	24.8	24.8	1.2	6.9	0.18	46
Chai Tea Latte - skimmed milk -	Tall 12oz	921	218	2.4	1.3	37.5	37.4	1.8	10.6	0.28	68.9
Chai Tea Latte - skimmed milk -	Grande 16oz	1225	289	3.2	1.8	49.9	49.8	2.4	14.1	0.37	91.9
Chai Tea Latte - skimmed milk -	Venti 20oz	1566	370	4.2	2.3	63.3	63.2	3	18.3	0.48	114.9

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
<b>Autumn FY22 Promo Beverages</b>											
Pumpkin Spice Latte - semi skimmed milk	Short	717	171	8.2	6.2	19.3	18.8	2.2	4.1	0.19	33.1
Pumpkin Spice Latte - semi skimmed milk	Tall	1111	265	11.5	8.9	30.9	30	3.3	7.9	0.34	66.2
Pumpkin Spice Latte - semi skimmed milk	Grande	1455	347	15.5	12	40.2	39.3	4.3	9.6	0.42	66.2
Pumpkin Spice Latte - semi skimmed milk	Venti	1772	422	17.1	13.5	51.2	49.9	5.5	13.2	0.56	99.2
Pumpkin Spice Latte - whole milk	Short	777	186	9.9	6.7	19.2	18.7	2.2	4	0.18	33.1
Pumpkin Spice Latte - whole milk	Tall	1233	294	14.9	10	30.7	29.8	3.3	7.7	0.33	66.2
Pumpkin Spice Latte - whole milk	Grande	1606	383	19.8	13.3	40	39.1	4.3	9.4	0.41	66.2
Pumpkin Spice Latte - whole milk	Venti	1981	472	23.1	15.3	50.9	49.5	5.5	12.9	0.55	99.2
Pumpkin Spice Latte - skimmed milk	Short	672	160	6.9	4.8	19.4	18.9	2.2	4.1	0.19	33.1
Pumpkin Spice Latte - skimmed milk	Tall	1020	243	9	6.1	31.1	30.2	3.3	7.9	0.34	66.2
Pumpkin Spice Latte - skimmed milk	Grande	1343	320	12.3	8.4	40.5	39.5	4.3	9.6	0.42	66.2
Pumpkin Spice Latte - skimmed milk	Venti	1616	385	12.8	8.6	51.5	50.2	5.5	13.2	0.57	99.2
Pumpkin Spice Latte - almond drink	Short	628	151	7.8	4.7	17.5	16.9	2.5	1.4	0.14	33.1
Pumpkin Spice Latte - almond drink	Tall	932	223	10.7	6	27.3	26.2	3.9	2.5	0.25	66.2
Pumpkin Spice Latte - almond drink	Grande	1233	296	14.5	8.4	35.7	34.6	5	2.9	0.31	66.2
Pumpkin Spice Latte - almond drink	Venti	1463	351	15.7	8.5	45	43.3	6.4	3.9	0.41	99.2
Pumpkin Spice Latte - original nut blend	Short	687	164	8	4.8	19.4	17.4	2.5	2.4	0.22	33.1
Pumpkin Spice Latte - original nut blend	Tall	1051	251	11.2	6.2	31.1	27.2	3.9	4.5	0.4	66.2
Pumpkin Spice Latte - original nut blend	Grande	1381	329	15.1	8.6	40.5	35.9	5	5.5	0.5	66.2
Pumpkin Spice Latte - original nut blend	Venti	1669	397	16.6	8.8	51.6	45.1	6.4	7.4	0.67	99.2
Pumpkin Spice Latte - soya drink	Short	694	166	8.2	4.9	17.9	17.5	2.6	3.7	0.21	33.1
Pumpkin Spice Latte - soya drink	Tall	1064	254	11.6	6.4	28.2	27.3	4.3	7.1	0.39	66.2
Pumpkin Spice Latte - soya drink	Grande	1397	334	15.6	8.8	36.8	35.9	5.5	8.7	0.48	66.2
Pumpkin Spice Latte - soya drink	Venti	1691	404	17.3	9.1	46.5	45.1	7.1	11.9	0.65	99.2
Pumpkin Spice Latte - oat drink	Short	747	178	8.9	6.3	20.8	18	4.1	1.8	0.19	33.1
Pumpkin Spice Latte - oat drink	Tall	1171	280	12.9	9.3	34	28.4	7.1	3.4	0.35	66.2
Pumpkin Spice Latte - oat drink	Grande	1530	365	17.3	12.4	44.1	37.3	9	4	0.43	66.2
Pumpkin Spice Latte - oat drink	Venti	1875	447	19.6	14.1	56.5	47	12	5.4	0.58	99.2
Pumpkin Spice Latte - coconut drink	Short	698	168	8.9	6.7	18.2	17.7	3.5	1.8	0.26	33.1
Pumpkin Spice Latte - coconut drink	Tall	1073	258	12.9	10	28.7	27.8	6	3.4	0.48	66.2
Pumpkin Spice Latte - coconut drink	Grande	1408	338	17.3	13.3	37.5	36.6	7.7	4	0.6	66.2
Pumpkin Spice Latte - coconut drink	Venti	1706	410	19.6	15.3	47.5	46.1	10.1	5.4	0.81	99.2
Salted Maple and Caramel Latte - semi skimmed milk	Short	631	149	3	2.8	24.6	24.1	0.1	6.1	0.26	33.1
Salted Maple and Caramel Latte - semi skimmed milk	Tall	989	234	4.8	4.5	37.8	36.9	0.3	9.9	0.42	66.2
Salted Maple and Caramel Latte - semi skimmed milk	Grande	1292	306	6.3	6	49.4	48.4	0.3	13	0.54	66.2
Salted Maple and Caramel Latte - semi skimmed milk	Venti	1635	387	8	7.6	61.8	60.3	0.4	16.8	0.7	99.2
Salted Maple and Caramel Latte - whole milk	Short	738	175	6	3.7	24.4	23.9	0.1	5.9	0.25	33.1
Salted Maple and Caramel Latte - whole milk	Tall	1159	275	9.6	6	37.6	36.6	0.3	9.6	0.41	66.2
Salted Maple and Caramel Latte - whole milk	Grande	1521	361	12.8	8	49	48	0.3	12.6	0.53	66.2
Salted Maple and Caramel Latte - whole milk	Venti	1929	457	16.4	10.2	61.3	59.9	0.4	16.4	0.69	99.2
Salted Maple and Caramel Latte - skimmed milk	Short	552	130	0.7	0.3	24.7	24.2	0.1	6.1	0.26	33.1
Salted Maple and Caramel Latte - skimmed milk	Tall	862	204	1.2	0.5	38.1	37.1	0.3	9.9	0.42	66.2
Salted Maple and Caramel Latte - skimmed milk	Grande	1121	265	1.5	0.6	49.7	48.7	0.3	13	0.55	66.2
Salted Maple and Caramel Latte - skimmed milk	Venti	1416	334	1.9	0.8	62.2	60.8	0.4	16.8	0.71	99.2
Salted Maple and Caramel Latte - almond drink	Short	474	113	2.2	0.3	21.4	20.7	0.6	1.3	0.18	33.1
Salted Maple and Caramel Latte - almond drink	Tall	737	176	3.6	0.4	32.8	31.5	1	2.3	0.3	66.2
Salted Maple and Caramel Latte - almond drink	Grande	954	227	4.7	0.5	42.5	41.2	1.3	2.8	0.38	66.2
Salted Maple and Caramel Latte - almond drink	Venti	1201	286	6.1	0.6	53	51.1	1.8	3.8	0.49	99.2
Salted Maple and Caramel Latte - original nut blend	Short	579	137	2.7	0.4	24.8	21.6	0.6	3.1	0.31	33.1
Salted Maple and Caramel Latte - original nut blend	Tall	905	214	4.4	0.7	38.1	33	1	5.2	0.51	66.2
Salted Maple and Caramel Latte - original nut blend	Grande	1180	278	5.7	0.9	49.8	43.2	1.3	6.6	0.66	66.2
Salted Maple and Caramel Latte - original nut blend	Venti	1491	352	7.3	1.1	62.3	53.7	1.8	8.7	0.86	99.2
Salted Maple and Caramel Latte - soya drink	Short	590	140	3	0.6	22.2	21.7	1	5.4	0.3	33.1
Salted Maple and Caramel Latte - soya drink	Tall	923	219	4.9	1	34	33	1.6	8.8	0.49	66.2
Salted Maple and Caramel Latte - soya drink	Grande	1203	285	6.4	1.2	44.2	43.2	2.1	11.6	0.63	66.2
Salted Maple and Caramel Latte - soya drink	Venti	1521	361	8.2	1.5	55.2	53.7	2.7	15	0.82	99.2
Salted Maple and Caramel Latte - oat drink	Short	684	162	4.2	3.1	27.3	22.6	3.5	2.1	0.27	33.1
Salted Maple and Caramel Latte - oat drink	Tall	1073	254	6.8	5	42.2	34.6	5.6	3.5	0.44	66.2
Salted Maple and Caramel Latte - oat drink	Grande	1405	333	9	6.7	55.2	45.3	7.5	4.4	0.57	66.2
Salted Maple and Caramel Latte - oat drink	Venti	1780	422	11.5	8.5	69.2	56.4	9.6	5.9	0.73	99.2
Salted Maple and Caramel Latte - coconut drink	Short	598	143	4.2	3.8	22.7	22.2	2.5	2.1	0.39	33.1
Salted Maple and Caramel Latte - coconut drink	Tall	935	224	6.8	6	34.8	33.8	4.1	3.5	0.62	66.2
Salted Maple and Caramel Latte - coconut drink	Grande	1221	292	9	8	45.3	44.3	5.4	4.4	0.81	66.2
Salted Maple and Caramel Latte - coconut drink	Venti	1543	369	11.5	10.3	56.5	55.1	7	5.9	1.05	99.2
Iced Pumpkin Cream Latte	Tall	1634	391	23.2	14.3	41.3	37.4	3.3	2.8	0.31	66.2
Iced Pumpkin Cream Latte	Grande	2131	511	32.4	20.1	49.3	45.4	4.3	3.5	0.37	66.2
Iced Pumpkin Cream Latte	Venti	2457	589	37.1	22.9	56.9	52.6	5.4	4.4	0.44	99.2
Iced Salted Maple and Caramel Latte - semi skimmed milk	Tall	844	200	3.5	3.3	34.5	33.5	0.3	7.4	0.34	66.2
Iced Salted Maple and Caramel Latte - semi skimmed milk	Grande	1066	252	4.4	4.1	44.1	43.1	0.3	9	0.42	66.2
Iced Salted Maple and Caramel Latte - semi skimmed milk	Venti	1277	302	5	4.6	53.4	52	0.4	10.6	0.51	99.2
Iced Salted Maple and Caramel Latte - whole milk	Tall	966	229	7	4.3	34.3	33.3	0.3	7.2	0.34	66.2
Iced Salted Maple and Caramel Latte - whole milk	Grande	1220	289	8.7	5.4	43.9	42.9	0.3	8.8	0.41	66.2
Iced Salted Maple and Caramel Latte - whole milk	Venti	1452	344	10	6.2	53.2	51.7	0.4	10.3	0.5	99.2
Iced Salted Maple and Caramel Latte - skimmed milk	Tall	753	178	1	0.4	34.6	33.7	0.3	7.4	0.34	66.2
Iced Salted Maple and Caramel Latte - skimmed milk	Grande	951	224	1.1	0.5	44.3	43.3	0.3	9	0.43	66.2
Iced Salted Maple and Caramel Latte - skimmed milk	Venti	1146	271	1.4	0.5	53.7	52.3	0.4	10.6	0.52	99.2
Iced Salted Maple and Caramel Latte - almond drink	Tall	663	158	2.7	0.3	30.8	29.6	0.8	1.9	0.25	66.2
Iced Salted Maple and Caramel Latte - almond drink	Grande	838	199	3.3	0.4	39.5	38.3	1	2.2	0.31	66.2
Iced Salted Maple and Caramel Latte - almond drink	Venti	1019	242	3.8	0.4	48.2	46.5	1.2	2.8	0.39	99.2
Iced Salted Maple and Caramel Latte - original nut blend	Tall	784	185	3.3	0.5	34.7	30.7	0.8	4	0.4	66.2
Iced Salted Maple and Caramel Latte - original nut blend	Grande	990	234	4	0.6	44.4	39.6	1	4.8	0.5	66.2
Iced Salted Maple and Caramel Latte - original nut blend	Venti	1191	281	4.6	0.7	53.8	48	1.2	5.8	0.6	99.2
Iced Salted Maple and Caramel Latte - soya drink	Tall	796	189	3.6	0.7	31.7	30.7	1.2	6.6	0.39	66.2
Iced Salted Maple and Caramel Latte - soya drink	Grande	1006	238	4.5	0.9	40.6	39.6	1.5	8.1	0.48	66.2
Iced Salted Maple and Caramel Latte - soya drink	Venti	1209	286	5.1	1	49.5	48.1	1.8	9.5	0.58	99.2
Iced Salted Maple and Caramel Latte - oat drink	Tall	904	214	5	3.6	37.6	31.8	4.1	2.8	0.35	66.2
Iced Salted Maple and Caramel Latte - oat drink	Grande	1142	270	6.2	4.5	48	41	5.1	3.3	0.44	66.2
Iced Salted Maple and Caramel Latte - oat drink	Venti	1363	323	7.1	5.1	57.9	49.7	5.9	4.1	0.53	99.2
Iced Salted Maple and Caramel Latte - coconut drink	Tall	805	192	5	4.4	32.3	31.3	3	2.8	0.49	66.2
Iced Salted Maple and Caramel Latte - coconut drink	Grande	1017	243	6.2	5.4	41.3	40.3	3.7	3.3	0.6	66.2
Iced Salted Maple and Caramel Latte - coconut drink	Venti	1222	291	7.1	6.2	50.3	48.9	4.3	4.1	0.72	99.2



Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Pumpkin Spice Latte - semi skimmed milk	Tall	1093	261	11.3	8.7	30.5	29.6	3.3	7.6	0.33	66.2
Iced Pumpkin Spice Latte - semi skimmed milk	Grande	1438	343	15.3	11.8	39.8	38.9	4.3	9.3	0.41	66.2
Iced Pumpkin Spice Latte - semi skimmed milk	Venti	1668	398	16.3	12.6	48.8	47.4	5.5	11.4	0.51	99.2
Iced Pumpkin Spice Latte - whole milk	Tall	1208	288	14.6	9.8	30.3	29.4	3.3	7.4	0.33	66.2
Iced Pumpkin Spice Latte - whole milk	Grande	1583	378	19.5	13.1	39.6	38.7	4.3	9.1	0.4	66.2
Iced Pumpkin Spice Latte - whole milk	Venti	1843	440	21.2	14.1	48.6	47.2	5.5	11.1	0.5	99.2
Iced Pumpkin Spice Latte - skimmed milk	Tall	1007	240	8.9	6	30.7	29.7	3.3	7.6	0.33	66.2
Iced Pumpkin Spice Latte - skimmed milk	Grande	1330	317	12.3	8.4	40	39.1	4.3	9.3	0.41	66.2
Iced Pumpkin Spice Latte - skimmed milk	Venti	1538	367	12.6	8.5	49.1	47.7	5.5	11.4	0.51	99.2
Iced Pumpkin Spice Latte - almond drink	Tall	922	221	10.6	6	27.1	26	3.8	2.4	0.25	66.2
Iced Pumpkin Spice Latte - almond drink	Grande	1224	293	14.4	8.3	35.5	34.4	5	2.9	0.3	66.2
Iced Pumpkin Spice Latte - almond drink	Venti	1410	338	15.1	8.4	43.6	42	6.3	3.6	0.38	99.2
Iced Pumpkin Spice Latte - original nut blend	Tall	1036	247	11.1	6.2	30.7	27	3.8	4.4	0.39	66.2
Iced Pumpkin Spice Latte - original nut blend	Grande	1366	326	15	8.6	40.1	35.6	5	5.3	0.48	66.2
Iced Pumpkin Spice Latte - original nut blend	Venti	1582	377	15.9	8.7	49.1	43.5	6.3	6.5	0.6	99.2
Iced Pumpkin Spice Latte - soya drink	Tall	1048	250	11.4	6.4	27.9	27	4.2	6.9	0.38	66.2
Iced Pumpkin Spice Latte - soya drink	Grande	1382	330	15.5	8.8	36.6	35.6	5.4	8.5	0.47	66.2
Iced Pumpkin Spice Latte - soya drink	Venti	1601	382	16.4	9	44.9	43.5	6.8	10.3	0.58	99.2
Iced Pumpkin Spice Latte - oat drink	Tall	1150	275	12.7	9.1	33.4	28	6.9	3.3	0.34	66.2
Iced Pumpkin Spice Latte - oat drink	Grande	1509	360	17.1	12.2	43.5	36.9	8.9	3.9	0.42	66.2
Iced Pumpkin Spice Latte - oat drink	Venti	1754	419	18.4	13.1	53.3	45.1	10.9	4.9	0.53	99.2
Iced Pumpkin Spice Latte - coconut drink	Tall	1057	254	12.7	9.8	28.4	27.5	5.9	3.3	0.47	66.2
Iced Pumpkin Spice Latte - coconut drink	Grande	1392	334	17.1	13.1	37.2	36.3	7.6	3.9	0.58	66.2
Iced Pumpkin Spice Latte - coconut drink	Venti	1614	387	18.4	14.2	45.7	44.3	9.4	4.9	0.71	99.2
Pumpkin Spice Cream Frappuccino ® - semi skimmed milk	Tall	1033	246	9.9	7.5	34	33.5	2.1	4.2	0.45	0
Pumpkin Spice Cream Frappuccino ® - semi skimmed milk	Grande	1429	340	13.6	10.3	47.7	47	3.1	5.3	0.61	0
Pumpkin Spice Cream Frappuccino ® - semi skimmed milk	Venti	1708	406	14.1	10.7	61.7	60.8	4.1	6.2	0.78	0
Pumpkin Spice Cream Frappuccino ® - whole milk	Tall	1103	263	11.9	8.2	33.9	33.4	2.1	4.1	0.45	0
Pumpkin Spice Cream Frappuccino ® - whole milk	Grande	1516	361	16	11	47.6	46.9	3.1	5.2	0.61	0
Pumpkin Spice Cream Frappuccino ® - whole milk	Venti	1811	431	17	11.6	61.5	60.6	4.1	6.1	0.78	0
Pumpkin Spice Cream Frappuccino ® - skimmed milk	Tall	980	233	8.4	5.9	34.1	33.6	2.1	4.2	0.45	0
Pumpkin Spice Cream Frappuccino ® - skimmed milk	Grande	1364	325	11.8	8.2	47.9	47.2	3.1	5.3	0.61	0
Pumpkin Spice Cream Frappuccino ® - skimmed milk	Venti	1630	388	11.9	8.3	61.8	60.9	4.1	6.2	0.79	0
Pumpkin Spice Cream Frappuccino ® - almond drink	Tall	929	222	9.4	5.9	31.9	31.3	2.4	1.1	0.4	0
Pumpkin Spice Cream Frappuccino ® - almond drink	Grande	1301	311	13	8.2	45.2	44.3	3.5	1.5	0.55	0
Pumpkin Spice Cream Frappuccino ® - almond drink	Venti	1554	371	13.4	8.2	58.6	57.5	4.6	1.6	0.71	0
Pumpkin Spice Cream Frappuccino ® - original nut blend	Tall	998	238	9.7	6	34.1	31.9	2.4	2.3	0.49	0
Pumpkin Spice Cream Frappuccino ® - original nut blend	Grande	1386	330	13.4	8.3	47.9	45.1	3.5	2.9	0.66	0
Pumpkin Spice Cream Frappuccino ® - original nut blend	Venti	1656	394	13.8	8.4	61.9	58.4	4.6	3.4	0.84	0
Pumpkin Spice Cream Frappuccino ® - soya drink	Tall	1006	240	10	6.1	32.4	31.9	2.6	3.8	0.48	0
Pumpkin Spice Cream Frappuccino ® - soya drink	Grande	1395	333	13.6	8.5	45.8	45.1	3.8	4.8	0.65	0
Pumpkin Spice Cream Frappuccino ® - soya drink	Venti	1667	397	14.2	8.6	59.3	58.4	4.9	5.6	0.83	0
Pumpkin Spice Cream Frappuccino ® - oat drink	Tall	1067	254	10.7	7.8	35.8	32.5	4.3	1.6	0.46	0
Pumpkin Spice Cream Frappuccino ® - oat drink	Grande	1472	351	14.6	10.5	49.9	45.9	5.8	2.1	0.62	0
Pumpkin Spice Cream Frappuccino ® - oat drink	Venti	1759	419	15.3	11	64.3	59.4	7.4	2.4	0.79	0
Pumpkin Spice Cream Frappuccino ® - coconut drink	Tall	1011	242	10.7	8.2	32.7	32.2	3.6	1.6	0.53	0
Pumpkin Spice Cream Frappuccino ® - coconut drink	Grande	1402	335	14.6	11	46.2	45.5	5	2.1	0.71	0
Pumpkin Spice Cream Frappuccino ® - coconut drink	Venti	1675	400	15.3	11.6	59.8	58.9	6.4	2.4	0.91	0
Pumpkin Spice Coffee Frappuccino ® - semi skimmed milk	Tall	1091	260	9.6	7.1	38.5	37.7	2.2	3.8	0.46	23.3
Pumpkin Spice Coffee Frappuccino ® - semi skimmed milk	Grande	1527	363	13.2	9.8	54.8	53.6	3.3	4.7	0.64	32.9
Pumpkin Spice Coffee Frappuccino ® - semi skimmed milk	Venti	1797	427	13.5	9.9	69.1	67.7	4.3	5.2	0.79	41.7
Pumpkin Spice Coffee Frappuccino ® - whole milk	Tall	1145	273	11.1	7.6	38.4	37.6	2.2	3.7	0.46	23.3
Pumpkin Spice Coffee Frappuccino ® - whole milk	Grande	1592	379	15	10.3	54.7	53.6	3.3	4.6	0.63	32.9
Pumpkin Spice Coffee Frappuccino ® - whole milk	Venti	1868	444	15.5	10.6	69	67.6	4.3	5.1	0.78	41.7
Pumpkin Spice Coffee Frappuccino ® - skimmed milk	Tall	1052	250	8.5	5.9	38.6	37.8	2.2	3.8	0.46	23.3
Pumpkin Spice Coffee Frappuccino ® - skimmed milk	Grande	1478	352	11.9	8.2	54.9	53.7	3.3	4.7	0.64	32.9
Pumpkin Spice Coffee Frappuccino ® - skimmed milk	Venti	1744	414	12	8.3	69.2	67.8	4.3	5.2	0.79	41.7
Pumpkin Spice Coffee Frappuccino ® - almond drink	Tall	1012	241	9.2	5.9	36.9	36	2.4	1.4	0.42	23.3
Pumpkin Spice Coffee Frappuccino ® - almond drink	Grande	1431	341	12.8	8.2	52.9	51.6	3.6	1.9	0.59	32.9
Pumpkin Spice Coffee Frappuccino ® - almond drink	Venti	1692	403	13	8.2	67	65.4	4.7	2.1	0.74	41.7
Pumpkin Spice Coffee Frappuccino ® - original nut blend	Tall	1065	253	9.5	6	38.6	36.5	2.4	2.3	0.49	23.3
Pumpkin Spice Coffee Frappuccino ® - original nut blend	Grande	1495	356	13.1	8.3	54.9	52.2	3.6	2.9	0.67	32.9
Pumpkin Spice Coffee Frappuccino ® - original nut blend	Venti	1762	419	13.3	8.3	69.2	66.1	4.7	3.2	0.82	41.7
Pumpkin Spice Coffee Frappuccino ® - soya drink	Tall	1071	255	9.6	6	37.3	36.5	2.6	3.4	0.48	23.3
Pumpkin Spice Coffee Frappuccino ® - soya drink	Grande	1502	357	13.3	8.4	53.3	52.2	3.8	4.3	0.66	32.9
Pumpkin Spice Coffee Frappuccino ® - soya drink	Venti	1769	421	13.5	8.5	67.5	66.1	4.9	4.8	0.82	41.7
Pumpkin Spice Coffee Frappuccino ® - oat drink	Tall	1118	266	10.2	7.3	39.9	37	3.9	1.8	0.47	23.3
Pumpkin Spice Coffee Frappuccino ® - oat drink	Grande	1559	371	14	10	56.4	52.8	5.3	2.3	0.64	32.9
Pumpkin Spice Coffee Frappuccino ® - oat drink	Venti	1832	436	14.3	10.1	70.9	66.7	6.6	2.6	0.8	41.7
Pumpkin Spice Coffee Frappuccino ® - coconut drink	Tall	1075	257	10.2	7.6	37.6	36.7	3.4	1.8	0.52	23.3
Pumpkin Spice Coffee Frappuccino ® - coconut drink	Grande	1506	359	14	10.3	53.6	52.5	4.7	2.3	0.71	32.9
Pumpkin Spice Coffee Frappuccino ® - coconut drink	Venti	1775	423	14.3	10.6	67.8	66.4	5.9	2.6	0.87	41.7
Pumpkin Cream Cold Brew	Tall	190	45	1.1	0.2	6.9	6.8	1.5	1.2	0.27	36.9
Pumpkin Cream Cold Brew	Grande	308	73	1.4	0.3	12.3	12.1	2.1	1.7	0.36	50
Pumpkin Cream Cold Brew	Venti	427	101	1.8	0.4	17.7	17.4	2.7	2.1	0.46	63.2
Pumpkin Cream Nitro	Tall	220	53	1.5	0.3	6.8	6.8	2	1.8	0.39	54
Pumpkin Cream Nitro	Grande	351	84	2.1	0.4	12.3	12.1	2.7	2.5	0.53	74.2
Pumpkin Cream Nitro	Venti	514	123	3.2	0.6	17.7	17.4	4	3.7	0.8	111.6
Sour Apple Frappuccino ® - semi skimmed milk	Tall	1091	258	3.9	3.3	51.1	36	0.5	4.5	0.44	0
Sour Apple Frappuccino ® - semi skimmed milk	Grande	1442	341	5	4.1	68.4	48.7	0.6	5.3	0.6	0
Sour Apple Frappuccino ® - semi skimmed milk	Venti	1678	396	5.2	4.4	81.2	57.5	0.7	5.9	0.74	0
Sour Apple Frappuccino ® - whole milk	Tall	1161	275	5.9	3.9	51	35.9	0.5	4.4	0.44	0
Sour Apple Frappuccino ® - whole milk	Grande	1523	360	7.3	4.9	68.3	48.6	0.6	5.2	0.6	0
Sour Apple Frappuccino ® - whole milk	Venti	1771	419	7.8	5.2	81	57.3	0.7	5.8	0.74	0
Sour Apple Frappuccino ® - skimmed milk	Tall	1039	246	2.4	1.7	51.2	36.1	0.5	4.5	0.44	0
Sour Apple Frappuccino ® - skimmed milk	Grande	1381	326	3.3	2.2	68.5	48.8	0.6	5.3	0.61	0
Sour Apple Frappuccino ® - skimmed milk	Venti	1609	380	3.3	2.2	81.3	57.6	0.7	5.9	0.74	0
Sour Apple Frappuccino ® - almond drink	Tall	988	234	3.4	1.6	49	33.8	0.8	1.4	0.39	0
Sour Apple Frappuccino ® - almond drink	Grande	1321	313	4.4	2.2	65.9	46.1	1	1.7	0.55	0
Sour Apple Frappuccino ® - almond drink	Venti	1541	364	4.6	2.2	78.4	54.6	1.1	1.8	0.67	0
Sour Apple Frappuccino ® - original nut blend	Tall	1057	250	3.7	1.7	51.2	34.4	0.8	2.5	0.48	0
Sour Apple Frappuccino ® - original nut blend	Grande	1401	331	4.8	2.3	68.5	46.8	1	3.1	0.65	0
Sour Apple Frappuccino ® - original nut blend	Venti	1632	385	5	2.3	81.3	55.4	1.1	3.3	0.79	0

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Sour Apple Frappuccino <sup>®</sup> - soya drink	Tall	1064	252	3.9	1.8	49.5	34.5	1	4	0.47	0
Sour Apple Frappuccino <sup>®</sup> - soya drink	Grande	1410	333	5	2.5	66.5	46.8	1.2	4.8	0.64	0
Sour Apple Frappuccino <sup>®</sup> - soya drink	Venti	1642	388	5.3	2.5	79.1	55.4	1.4	5.3	0.78	0
Sour Apple Frappuccino <sup>®</sup> - oat drink	Tall	1126	266	4.7	3.5	52.9	35.1	2.6	1.9	0.45	0
Sour Apple Frappuccino <sup>®</sup> - oat drink	Grande	1482	350	6	4.4	70.4	47.6	3.1	2.3	0.61	0
Sour Apple Frappuccino <sup>®</sup> - oat drink	Venti	1724	408	6.3	4.7	83.5	56.2	3.6	2.4	0.75	0
Sour Apple Frappuccino <sup>®</sup> - coconut drink	Tall	1070	254	4.7	3.9	49.8	34.8	2	1.9	0.52	0
Sour Apple Frappuccino <sup>®</sup> - coconut drink	Grande	1416	336	6	4.9	66.9	47.2	2.4	2.3	0.7	0
Sour Apple Frappuccino <sup>®</sup> - coconut drink	Venti	1649	391	6.3	5.2	79.5	55.8	2.8	2.4	0.85	0