

Starbucks® Winter Beverage Nutritional Information												
Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	
Cold Coffee												
Nitro Cold Brew	Tall	115	28	1.7	0.3	0	0	1.7	2.1	0.43	62.6	
Nitro Cold Brew	Grande	157	38	2.4	0.5	0	0	2.4	2.9	0.60	85.7	
Starbucks Doubleshot™ Iced Coffee	Mini	370	89	8.2	5	2.3	1.5	0.2	1.6	0.09	66.2	
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	445	107	8.2	5	6.8	5.8	0.2	1.6	0.09	66.2	
Iced Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2	
Iced Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2	
Iced Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3	
Classic Iced Cappuccino - almond drink	Tall	210	51	2.4	0.2	5.4	4.8	0.7	1.4	0.14	33.1	
Classic Iced Cappuccino - almond drink	Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2	
Classic Iced Cappuccino - almond drink	Venti	312	76	3.5	0.3	8	6.9	1	2.3	0.21	66.2	
Classic Iced Cappuccino - soya drink	Tall	343	82	3.3	0.6	6.3	5.9	1.1	6.1	0.27	33.1	
Classic Iced Cappuccino - soya drink	Grande	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2	
Classic Iced Cappuccino - soya drink	Venti	502	120	4.8	0.9	9.3	8.5	1.6	9	0.41	66.2	
Classic Iced Cappuccino - oat drink	Tall	450	107	4.7	3.5	12.2	7	3.9	2.3	0.24	33.1	
Classic Iced Cappuccino - oat drink	Grande	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2	
Classic Iced Cappuccino - oat drink	Venti	656	156	6.7	5	17.7	10	5.7	3.6	0.36	66.2	
Classic Iced Cappuccino - coconut drink	Tall	352	85	4.7	4.2	6.9	6.5	2.8	2.3	0.37	33.1	
Classic Iced Cappuccino - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2	
Classic Iced Cappuccino - coconut drink	Venti	515	125	6.7	6	10.1	9.3	4.1	3.6	0.55	66.2	
Classic Iced Cappuccino - lactose free semi skimmed milk	Tall	397	95	3.4	2	9.3	8.8	0.1	6.7	0.21	33.1	
Classic Iced Cappuccino - lactose free semi skimmed milk	Grande	516	123	4.4	2.6	12	11.2	0.2	8.8	0.29	66.2	
Classic Iced Cappuccino - lactose free semi skimmed milk	Venti	580	138	4.9	2.9	13.5	12.6	0.2	9.8	0.32	66.2	
Classic Iced Cappuccino - whole milk	Tall	507	122	6.5	3.9	9.1	8.6	0.1	6.5	0.21	33.1	
Classic Iced Cappuccino - whole milk	Grande	654	157	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66.2	
Classic Iced Cappuccino - whole milk	Venti	737	177	9.3	5.5	13.2	12.4	0.2	9.5	0.32	66.2	
Classic Iced Cappuccino - skimmed milk	Tall	359	85	1.8	0.9	9.4	9	0.1	7.8	0.21	33.1	
Classic Iced Cappuccino - skimmed milk	Grande	468	111	2.3	1.2	12.2	11.4	0.2	10.1	0.29	66.2	
Classic Iced Cappuccino - skimmed milk	Venti	525	125	2.6	1.3	13.8	12.9	0.2	11.4	0.32	66.2	
Cold Brew Latte - almond drink	Tall	225	55	2.6	0.3	5.5	4.4	1	1.7	0.22	38.7	
Cold Brew Latte - almond drink	Grande	298	73	3.4	0.4	7.3	5.9	1.3	2.2	0.30	51.8	
Cold Brew Latte - almond drink	Venti	373	91	4.2	0.5	9	7	1.8	2.9	0.40	76.9	
Cold Brew Latte - soya drink	Tall	346	83	3.4	0.6	6.3	5.4	1.4	6	0.35	38.7	
Cold Brew Latte - soya drink	Grande	459	110	4.5	0.8	8.4	7.2	1.8	7.9	0.46	51.8	
Cold Brew Latte - soya drink	Venti	563	135	5.5	1	10.3	8.5	2.3	9.6	0.60	76.9	
Cold Brew Latte - oat drink	Tall	445	106	4.7	3.3	11.7	6.4	4	2.5	0.32	38.7	
Cold Brew Latte - oat drink	Grande	590	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	51.8	
Cold Brew Latte - oat drink	Venti	717	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	76.9	
Cold Brew Latte - coconut drink	Tall	355	86	4.7	3.9	6.8	5.9	3	2.5	0.44	38.7	
Cold Brew Latte - coconut drink	Grande	470	115	6.2	5.2	9.1	7.9	4	3.3	0.58	51.8	
Cold Brew Latte - coconut drink	Venti	576	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	76.9	
Cold Brew Latte - lactose free semi skimmed milk	Tall	397	95	3.5	1.9	9	8.1	0.5	6.5	0.29	38.7	
Cold Brew Latte - lactose free semi skimmed milk	Grande	526	126	4.6	2.6	11.9	10.7	0.7	8.6	0.39	51.8	
Cold Brew Latte - lactose free semi skimmed milk	Venti	642	153	5.7	3.1	14.5	12.7	1	10.4	0.51	76.9	
Cold Brew Latte - whole milk	Tall	497	120	6.3	3.6	8.8	7.9	0.5	6.3	0.29	38.7	
Cold Brew Latte - whole milk	Grande	658	159	8.4	4.8	11.7	10.5	0.7	8.4	0.39	51.8	
Cold Brew Latte - whole milk	Venti	798	192	10.1	5.7	14.2	12.4	1	10.2	0.51	76.9	
Cold Brew Latte - skimmed milk	Tall	361	86	2	0.9	9.2	8.3	0.5	7.5	0.29	38.7	
Cold Brew Latte - skimmed milk	Grande	479	115	2.7	1.2	12.2	11	0.7	9.9	0.39	51.8	
Cold Brew Latte - skimmed milk	Venti	587	140	3.3	1.5	14.7	13	1	12	0.51	76.9	
Iced Latte Macchiato - almond drink	Tall	210	51	2.4	0.2	5.4	4.8	0.7	1.4	0.14	33.1	
Iced Latte Macchiato - almond drink	Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2	
Iced Latte Macchiato - almond drink	Venti	290	70	3.4	0.3	7.5	6.9	0.9	1.8	0.18	33.1	
Iced Latte Macchiato - soya drink	Tall	343	82	3.3	0.6	6.3	5.9	1.1	6.1	0.27	33.1	
Iced Latte Macchiato - soya drink	Grande	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2	
Iced Latte Macchiato - soya drink	Venti	481	115	4.7	0.8	8.8	8.4	1.5	8.5	0.38	33.1	
Iced Latte Macchiato - oat drink	Tall	450	107	4.7	3.5	12.2	7	3.9	2.3	0.24	33.1	
Iced Latte Macchiato - oat drink	Grande	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2	
Iced Latte Macchiato - oat drink	Venti	635	151	6.6	5	17.2	10	5.6	3.1	0.33	33.1	
Iced Latte Macchiato - coconut drink	Tall	352	85	4.7	4.2	6.9	6.5	2.8	2.3	0.37	33.1	
Iced Latte Macchiato - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2	
Iced Latte Macchiato - coconut drink	Venti	494	120	6.6	6	9.6	9.2	4	3.1	0.52	33.1	
Iced Latte Macchiato - lactose free semi skimmed milk	Tall	397	95	3.4	2	9.3	8.8	0.1	6.7	0.21	33.1	
Iced Latte Macchiato - lactose free semi skimmed milk	Grande	516	123	4.4	2.6	12	11.2	0.2	8.8	0.29	66.2	
Iced Latte Macchiato - lactose free semi skimmed milk	Venti	559	133	4.8	2.9	13	12.6	0.1	9.3	0.29	33.1	
Iced Latte Macchiato - whole milk	Tall	507	122	6.5	3.9	9.1	8.6	0.1	6.5	0.21	33.1	
Iced Latte Macchiato - whole milk	Grande	654	157	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66.2	
Iced Latte Macchiato - whole milk	Venti	716	172	9.2	5.5	12.8	12.3	0.1	9.1	0.29	33.1	
Iced Latte Macchiato - skimmed milk	Tall	359	85	1.8	0.9	9.4	9	0.1	7.8	0.21	33.1	
Iced Latte Macchiato - skimmed milk	Grande	468	111	2.3	1.2	12.2	11.4	0.2	10.1	0.29	66.2	
Iced Latte Macchiato - skimmed milk	Venti	504	120	2.5	1.3	13.3	12.9	0.1	10.9	0.29	33.1	
Nitro Cappuccino	Tall	229	55	2	0.4	3.6	3.6	1.7	4.7	0.52	62.6	
Nitro Cappuccino	Grande	310	74	2.7	0.6	4.8	4.8	2.4	6.4	0.71	85.7	
Iced White Mocha - almond drink	Tall	1244	298	15.2	9.8	35.1	34.5	0.7	4.7	0.33	33.1	
Iced White Mocha - almond drink	Grande	1684	403	20.8	13.5	46.9	45.8	0.9	6.6	0.45	66.2	
Iced White Mocha - almond drink	Venti	1935	463	22.4	14.6	56.9	55.8	1	7.7	0.53	66.2	
Iced White Mocha - soya drink	Tall	1377	329	16.1	10.2	36	35.6	1.1	9.4	0.47	33.1	
Iced White Mocha - soya drink	Grande	1852	443	21.9	14	48	47.2	1.4	12.5	0.62	66.2	
Iced White Mocha - soya drink	Venti	2125	508	23.7	15.1	58.2	57.3	1.6	14.4	0.72	66.2	
Iced White Mocha - oat drink	Tall	1485	355	17.5	13.1	41.8	36.7	3.9	5.6	0.43	33.1	
Iced White Mocha - oat drink	Grande	1987	475	23.6	17.7	55.4	48.6	5	7.7	0.58	66.2	
Iced White Mocha - oat drink	Venti	2279	544	25.7	19.3	66.6	58.9	5.7	9	0.67	66.2	
Iced White Mocha - coconut drink	Tall	1386	333	17.5	13.8	36.5	36.1	2.8	5.6	0.56	33.1	
Iced White Mocha - coconut drink	Grande	1863	447	23.6	18.6	48.7	47.9	3.7	7.7	0.74	66.2	
Iced White Mocha - coconut drink	Venti	2138	513	25.7	20.3	59	58.1	4.1	9	0.86	66.2	

Iced White Mocha - lactose free semi skimmed milk	Tall	1432	342	16.2	11.6	38.9	38.5	0.1	10	0.40	33.1
Iced White Mocha - lactose free semi skimmed milk	Grande	1920	459	22	15.8	51.7	50.9	0.2	13.2	0.54	66.2
Iced White Mocha - lactose free semi skimmed milk	Venti	2204	526	23.8	17.2	62.4	61.5	0.2	15.2	0.63	66.2
Iced White Mocha - whole milk	Tall	1541	369	19.3	13.5	38.7	38.3	0.1	9.8	0.40	33.1
Iced White Mocha - whole milk	Grande	2058	493	25.9	18.1	51.5	50.6	0.2	13	0.54	66.2
Iced White Mocha - whole milk	Venti	2360	565	28.3	19.8	62.1	61.3	0.2	15	0.63	66.2
Iced White Mocha - skimmed milk	Tall	1393	333	14.6	10.5	39.1	38.7	0.1	11.1	0.40	33.1
Iced White Mocha - skimmed milk	Grande	1872	447	20	14.4	51.9	51.1	0.2	14.6	0.54	66.2
Iced White Mocha - skimmed milk	Venti	2149	513	21.5	15.6	62.7	61.8	0.2	16.8	0.63	66.2
Cold Brew	Tall	68	16	1	0.2	0	0	1	1.2	0.26	36.9
Cold Brew	Grande	92	22	1.4	0.3	0	0	1.4	1.7	0.35	50
Cold Brew	Venti	116	28	1.8	0.4	0	0	1.8	2.1	0.44	63.2
Iced Mocha - almond drink	Tall	1017	244	13.2	7.8	24.6	22.9	2.9	5	0.16	33.1
Iced Mocha - almond drink	Grande	1371	329	18.1	10.9	32.6	29.9	3.8	6.9	0.23	66.2
Iced Mocha - almond drink	Venti	1537	369	19.1	11.2	38.7	35.7	4.6	8.1	0.25	66.2
Iced Mocha - soya drink	Tall	1150	275	14.2	8.2	25.5	23.9	3.3	9.7	0.30	33.1
Iced Mocha - soya drink	Grande	1539	368	19.3	11.3	33.7	31.3	4.3	12.8	0.40	66.2
Iced Mocha - soya drink	Venti	1727	413	20.4	11.8	40	37.2	5.1	14.8	0.44	66.2
Iced Mocha - oat drink	Tall	1258	301	15.5	11.1	31.4	25.1	6.1	5.9	0.26	33.1
Iced Mocha - oat drink	Grande	1675	400	21	15	41	32.7	7.9	8	0.35	66.2
Iced Mocha - oat drink	Venti	1881	449	22.3	15.9	48.3	38.8	9.3	9.3	0.39	66.2
Iced Mocha - coconut drink	Tall	1159	279	15.5	11.9	26.1	24.5	5	5.9	0.39	33.1
Iced Mocha - coconut drink	Grande	1550	373	21	15.9	34.4	32	6.5	8	0.52	66.2
Iced Mocha - coconut drink	Venti	1740	418	22.3	17	40.8	38	7.7	9.3	0.58	66.2
Iced Mocha - lactose free semi skimmed milk	Tall	1205	288	14.2	9.7	28.5	26.9	2.3	10.3	0.24	33.1
Iced Mocha - lactose free semi skimmed milk	Grande	1608	384	19.4	13.2	37.4	35	3.1	13.5	0.32	66.2
Iced Mocha - lactose free semi skimmed milk	Venti	1805	431	20.5	13.9	44.2	41.4	3.8	15.6	0.35	66.2
Iced Mocha - whole milk	Tall	1314	315	17.4	11.5	28.3	26.7	2.3	10.1	0.24	33.1
Iced Mocha - whole milk	Grande	1746	419	23.3	15.5	37.1	34.8	3.1	13.3	0.32	66.2
Iced Mocha - whole milk	Venti	1962	470	25	16.5	43.9	41.2	3.8	15.3	0.35	66.2
Iced Mocha - skimmed milk	Tall	1167	279	12.6	8.6	28.7	27.1	2.3	11.4	0.24	33.1
Iced Mocha - skimmed milk	Grande	1560	373	17.3	11.8	37.6	35.2	3.1	14.9	0.32	66.2
Iced Mocha - skimmed milk	Venti	1750	418	18.2	12.3	44.4	41.7	3.8	17.1	0.35	66.2
Iced Cappuccino with Cold Foam	Tall	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66.2
Iced Cappuccino with Cold Foam	Grande	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66.2
Iced Cappuccino with Cold Foam	Venti	436	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99.2
Iced Latte - almond drink	Tall	210	51	2.4	0.2	5.4	4.8	0.7	1.4	0.14	33.1
Iced Latte - almond drink	Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2
Iced Latte - almond drink	Venti	312	76	3.5	0.3	8	6.9	1	2.3	0.21	66.2
Iced Latte - soya drink	Tall	343	82	3.3	0.6	6.3	5.9	1.1	6.1	0.27	33.1
Iced Latte - soya drink	Grande	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2
Iced Latte - soya drink	Venti	502	120	4.8	0.9	9.3	8.5	1.6	9	0.41	66.2
Iced Latte - oat drink	Tall	450	107	4.7	3.5	12.2	7	3.9	2.3	0.24	33.1
Iced Latte - oat drink	Grande	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Iced Latte - oat drink	Venti	656	156	6.7	5	17.7	10	5.7	3.6	0.36	66.2
Iced Latte - coconut drink	Tall	352	85	4.7	4.2	6.9	6.5	2.8	2.3	0.37	33.1
Iced Latte - coconut drink	Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte - coconut drink	Venti	515	125	6.7	6	10.1	9.3	4.1	3.6	0.55	66.2
Iced Latte - lactose free semi skimmed milk	Tall	397	95	3.4	2	9.3	8.8	0.1	6.7	0.21	33.1
Iced Latte - lactose free semi skimmed milk	Grande	516	123	4.4	2.6	12	11.2	0.2	8.8	0.29	66.2
Iced Latte - lactose free semi skimmed milk	Venti	581	138	4.9	2.9	13.5	12.7	0.2	9.8	0.32	66.2
Iced Latte - whole milk	Tall	507	122	6.5	3.9	9.1	8.6	0.1	6.5	0.21	33.1
Iced Latte - whole milk	Grande	654	157	8.3	4.9	11.8	10.9	0.2	8.5	0.29	66.2
Iced Latte - whole milk	Venti	737	177	9.4	5.5	13.3	12.4	0.2	9.6	0.32	66.2
Iced Latte - skimmed milk	Tall	359	85	1.8	0.9	9.4	9	0.1	7.8	0.21	33.1
Iced Latte - skimmed milk	Grande	468	111	2.3	1.2	12.2	11.4	0.2	10.1	0.29	66.2
Iced Latte - skimmed milk	Venti	526	125	2.6	1.3	13.8	12.9	0.2	11.4	0.32	66.2
Iced Caramel Macchiato - almond drink	Tall	450	108	3.4	0.8	17.3	16.2	0.7	1.5	0.17	33.1
Iced Caramel Macchiato - almond drink	Grande	588	140	4.1	0.9	23	21.4	0.9	2.2	0.23	66.2
Iced Caramel Macchiato - almond drink	Venti	687	164	4.5	0.9	27.8	26.1	1	2.4	0.24	66.2
Iced Caramel Macchiato - soya drink	Tall	583	139	4.3	1.2	18.2	17.3	1.1	6.2	0.31	33.1
Iced Caramel Macchiato - soya drink	Grande	755	180	5.3	1.4	24.2	22.7	1.4	8.1	0.40	66.2
Iced Caramel Macchiato - soya drink	Venti	878	209	5.8	1.5	29.1	27.6	1.6	9.1	0.44	66.2
Iced Caramel Macchiato - oat drink	Tall	691	164	5.7	4.1	24	18.4	3.9	2.4	0.27	33.1
Iced Caramel Macchiato - oat drink	Grande	891	212	7	5	31.5	24.1	5	3.3	0.35	66.2
Iced Caramel Macchiato - oat drink	Venti	1032	245	7.8	5.6	37.5	29.2	5.7	3.6	0.39	66.2
Iced Caramel Macchiato - coconut drink	Tall	592	142	5.7	4.8	18.7	17.8	2.8	2.4	0.40	33.1
Iced Caramel Macchiato - coconut drink	Grande	767	184	7	6	24.9	23.4	3.7	3.3	0.52	66.2
Iced Caramel Macchiato - coconut drink	Venti	891	214	7.8	6.7	29.9	28.4	4.1	3.6	0.58	66.2
Iced Caramel Macchiato - lactose free semi skimmed milk	Tall	638	151	4.4	2.7	21.1	20.2	0.1	6.8	0.24	33.1
Iced Caramel Macchiato - lactose free semi skimmed milk	Grande	824	196	5.4	3.2	27.8	26.4	0.2	8.8	0.32	66.2
Iced Caramel Macchiato - lactose free semi skimmed milk	Venti	956	227	5.9	3.5	33.3	31.8	0.2	9.9	0.35	66.2
Iced Caramel Macchiato - whole milk	Tall	747	179	7.5	4.5	20.9	20	0.1	6.6	0.24	33.1
Iced Caramel Macchiato - whole milk	Grande	962	230	9.3	5.5	27.6	26.2	0.2	8.6	0.32	66.2
Iced Caramel Macchiato - whole milk	Venti	1113	266	10.4	6.2	33.1	31.6	0.2	9.6	0.35	66.2
Iced Caramel Macchiato - skimmed milk	Tall	599	142	2.8	1.6	21.3	20.4	0.1	7.9	0.24	33.1
Iced Caramel Macchiato - skimmed milk	Grande	776	184	3.3	1.8	28.1	26.7	0.2	10.2	0.32	66.2
Iced Caramel Macchiato - skimmed milk	Venti	901	214	3.6	2	33.6	32.1	0.2	11.5	0.35	66.2
Espresso Drinks											
Freshly Brewed Coffee	Short	96	24	1.2	0.2	1	0.2	1.2	1.4	0.30	69.6
Freshly Brewed Coffee	Tall	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso	Solo	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Con Panna	Solo	263	64	5.9	4.2	1.9	1.4	0.1	0.8	0.04	33.1
Americano	Short	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Americano	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Mocha - almond drink	Short	621	149	8.1	5	14.8	13.6	1.7	3.2	0.10	33.1
Mocha - almond drink	Tall	865	207	10.6	6.2	22.1	20.4	2.6	4.5	0.14	33.1
Mocha - almond drink	Grande	1139	273	13.2	7.4	30.1	27.6	3.6	6.4	0.22	66.2
Mocha - almond drink	Venti	1303	312	14.2	7.8	36.2	33.3	4.4	7.5	0.24	66.2

Mocha - soya drink	Short	686	164	8.6	5.2	15.3	14.1	1.9	5.5	0.16	33.1
Mocha - soya drink	Tall	976	233	11.3	6.5	22.8	21.3	2.9	8.5	0.25	33.1
Mocha - soya drink	Grande	1303	311	14.4	7.9	31.2	28.9	4.1	12.2	0.38	66.2
Mocha - soya drink	Venti	1489	356	15.5	8.3	37.4	34.8	4.9	14.1	0.43	66.2
Mocha - oat drink	Short	738	177	9.2	6.6	18.1	14.7	3.3	3.6	0.15	33.1
Mocha - oat drink	Tall	1065	255	12.5	8.9	27.7	22.3	5.3	5.3	0.22	33.1
Mocha - oat drink	Grande	1436	343	16.1	11.4	38.4	30.3	7.7	7.5	0.34	66.2
Mocha - oat drink	Venti	1639	391	17.4	12.4	45.6	36.3	9	8.8	0.38	66.2
Mocha - coconut drink	Short	690	166	9.2	6.9	15.5	14.4	2.8	3.6	0.21	33.1
Mocha - coconut drink	Tall	983	236	12.5	9.5	23.3	21.8	4.4	5.3	0.33	33.1
Mocha - coconut drink	Grande	1314	316	16.1	12.3	31.9	29.6	6.3	7.5	0.50	66.2
Mocha - coconut drink	Venti	1502	361	17.4	13.4	38.2	35.6	7.4	8.8	0.56	66.2
Mocha - lactose free semi skimmed milk	Short	712	170	8.6	5.9	16.7	15.6	1.5	5.7	0.13	33.1
Mocha - lactose free semi skimmed milk	Tall	1021	244	11.4	7.7	25.3	23.8	2.2	8.9	0.20	33.1
Mocha - lactose free semi skimmed milk	Grande	1370	327	14.5	9.6	34.8	32.5	2.9	12.9	0.30	66.2
Mocha - lactose free semi skimmed milk	Venti	1566	373	15.6	10.3	41.5	38.9	3.6	14.9	0.34	66.2
Mocha - whole milk	Short	766	184	10.1	6.8	16.6	15.5	1.5	5.7	0.13	33.1
Mocha - whole milk	Tall	1112	267	14	9.2	25.1	23.6	2.2	8.8	0.20	33.1
Mocha - whole milk	Grande	1505	361	18.3	11.9	34.6	32.3	2.9	12.7	0.30	66.2
Mocha - whole milk	Venti	1718	412	19.9	12.9	41.3	38.6	3.6	14.6	0.34	66.2
Mocha - skimmed milk	Short	694	166	7.8	5.3	16.8	15.6	1.5	6.3	0.13	33.1
Mocha - skimmed milk	Tall	989	236	10	6.8	25.4	23.9	2.2	9.8	0.20	33.1
Mocha - skimmed milk	Grande	1323	316	12.5	8.3	35	32.7	2.9	14.2	0.30	66.2
Mocha - skimmed milk	Venti	1512	361	13.3	8.8	41.8	39.1	3.6	16.4	0.34	66.2
Caramel Macchiato - almond drink	Short	334	80	2.8	0.8	12	11.1	0.5	1.3	0.14	33.1
Caramel Macchiato - almond drink	Tall	492	118	3.9	0.9	18.4	17.3	0.8	1.7	0.19	33.1
Caramel Macchiato - almond drink	Grande	655	157	4.9	1	24.8	23.1	1.1	2.6	0.26	66.2
Caramel Macchiato - almond drink	Venti	782	187	5.6	1	30.3	28.5	1.3	2.9	0.30	66.2
Caramel Macchiato - soya drink	Short	433	103	3.5	1.1	12.7	11.9	0.8	4.7	0.24	33.1
Caramel Macchiato - soya drink	Tall	655	156	5	1.3	19.5	18.6	1.3	7.5	0.36	33.1
Caramel Macchiato - soya drink	Grande	871	207	6.4	1.6	26.2	24.8	1.8	10.2	0.49	66.2
Caramel Macchiato - soya drink	Venti	1040	247	7.4	1.8	32.1	30.5	2.1	11.9	0.56	66.2
Caramel Macchiato - oat drink	Short	513	122	4.5	3.2	17.1	12.7	3	1.9	0.22	33.1
Caramel Macchiato - oat drink	Tall	787	187	6.7	4.9	26.7	19.9	4.8	2.8	0.32	33.1
Caramel Macchiato - oat drink	Grande	1045	248	8.6	6.3	35.7	26.6	6.4	4	0.43	66.2
Caramel Macchiato - oat drink	Venti	1248	297	10.1	7.4	43.4	32.7	7.6	4.6	0.49	66.2
Caramel Macchiato - coconut drink	Short	440	106	4.5	3.8	13.1	12.3	2.1	1.9	0.31	33.1
Caramel Macchiato - coconut drink	Tall	667	160	6.7	5.8	20.2	19.3	3.5	2.8	0.48	33.1
Caramel Macchiato - coconut drink	Grande	886	213	8.6	7.5	27.2	25.7	4.7	4	0.64	66.2
Caramel Macchiato - coconut drink	Venti	1057	254	10.1	8.8	33.1	31.6	5.5	4.6	0.75	66.2
Caramel Macchiato - lactose free semi skimmed milk	Short	474	113	3.6	2.1	14.9	14.1	0.1	5.2	0.20	33.1
Caramel Macchiato - lactose free semi skimmed milk	Tall	722	172	5.1	3.1	23.1	22.2	0.1	8.2	0.28	33.1
Caramel Macchiato - lactose free semi skimmed milk	Grande	959	228	6.5	3.9	31	29.6	0.2	11.1	0.38	66.2
Caramel Macchiato - lactose free semi skimmed milk	Venti	1145	272	7.6	4.6	37.7	36.2	0.2	13	0.44	66.2
Caramel Macchiato - whole milk	Short	555	133	5.9	3.5	14.8	13.9	0.1	5	0.20	33.1
Caramel Macchiato - whole milk	Tall	857	205	8.9	5.3	22.9	22	0.1	7.9	0.28	33.1
Caramel Macchiato - whole milk	Grande	1137	272	11.6	6.9	30.7	29.3	0.2	10.8	0.38	66.2
Caramel Macchiato - whole milk	Venti	1357	325	13.6	8.1	37.4	35.9	0.2	12.7	0.44	66.2
Caramel Macchiato - skimmed milk	Short	445	106	2.3	1.3	15	14.2	0.1	6	0.20	33.1
Caramel Macchiato - skimmed milk	Tall	676	160	3.1	1.8	23.3	22.4	0.1	9.5	0.28	33.1
Caramel Macchiato - skimmed milk	Grande	897	213	3.9	2.2	31.3	29.9	0.2	12.8	0.38	66.2
Caramel Macchiato - skimmed milk	Venti	1071	254	4.4	2.4	38.1	36.6	0.2	15.1	0.44	66.2
Latte Macchiato - almond drink	Short	186	45	2.1	0.2	4.8	4.2	0.6	1.3	0.12	33.1
Latte Macchiato - almond drink	Tall	284	69	3.3	0.3	7.4	6.7	0.9	1.8	0.18	33.1
Latte Macchiato - almond drink	Grande	395	96	4.5	0.4	10.2	9	1.3	2.7	0.26	66.2
Latte Macchiato - almond drink	Venti	495	120	5.7	0.5	12.8	11.5	1.6	3.2	0.32	66.2
Latte Macchiato - soya drink	Short	302	72	2.9	0.5	5.6	5.1	0.9	5.4	0.24	33.1
Latte Macchiato - soya drink	Tall	469	112	4.6	0.8	8.6	8.2	1.4	8.3	0.37	33.1
Latte Macchiato - soya drink	Grande	645	154	6.2	1.1	11.9	11	2	11.5	0.52	66.2
Latte Macchiato - soya drink	Venti	815	194	7.9	1.4	15	14.1	2.5	14.5	0.65	66.2
Latte Macchiato - oat drink	Short	396	94	4.1	3	10.7	6.1	3.5	2.1	0.21	33.1
Latte Macchiato - oat drink	Tall	619	148	6.5	4.9	16.8	9.7	5.5	3	0.32	33.1
Latte Macchiato - oat drink	Grande	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Latte Macchiato - oat drink	Venti	1073	256	11.2	8.4	29	16.8	9.4	5.3	0.56	66.2
Latte Macchiato - coconut drink	Short	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33.1
Latte Macchiato - coconut drink	Tall	482	117	6.5	5.9	9.4	9	3.9	3	0.50	33.1
Latte Macchiato - coconut drink	Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	Venti	837	203	11.2	10.1	16.3	15.5	6.8	5.3	0.88	66.2
Latte Macchiato - lactose free semi skimmed milk	Short	350	83	3	1.8	8.1	7.7	0.1	5.9	0.19	33.1
Latte Macchiato - lactose free semi skimmed milk	Tall	545	130	4.7	2.8	12.7	12.3	0.1	9.1	0.28	33.1
Latte Macchiato - lactose free semi skimmed milk	Grande	748	178	6.4	3.8	17.4	16.5	0.2	12.6	0.40	66.2
Latte Macchiato - lactose free semi skimmed milk	Venti	946	225	8.1	4.9	22	21.2	0.2	15.8	0.49	66.2
Latte Macchiato - whole milk	Short	445	107	5.7	3.4	8	7.6	0.1	5.7	0.19	33.1
Latte Macchiato - whole milk	Tall	698	168	9	5.4	12.4	12	0.1	8.9	0.28	33.1
Latte Macchiato - whole milk	Grande	953	229	12.2	7.2	17.1	16.2	0.2	12.2	0.40	66.2
Latte Macchiato - whole milk	Venti	1209	291	15.6	9.2	21.6	20.7	0.2	15.4	0.49	66.2
Latte Macchiato - skimmed milk	Short	316	75	1.5	0.8	8.3	7.9	0.1	6.8	0.19	33.1
Latte Macchiato - skimmed milk	Tall	492	117	2.4	1.3	13	12.5	0.1	10.6	0.28	33.1
Latte Macchiato - skimmed milk	Grande	676	161	3.3	1.8	17.7	16.9	0.2	14.6	0.40	66.2
Latte Macchiato - skimmed milk	Venti	854	203	4.2	2.2	22.5	21.6	0.2	18.5	0.49	66.2
Flat White - almond drink	Short	218	53	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66.2
Flat White - soya drink	Short	342	82	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66.2
Flat White - oat drink	Short	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66.2
Flat White - coconut drink	Short	351	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66.2
Flat White - lactose free semi skimmed milk	Short	393	94	3.3	1.9	9.2	8.3	0.2	6.7	0.23	66.2
Flat White - whole milk	Short	495	119	6.2	3.6	9	8.1	0.2	6.6	0.23	66.2
Flat White - skimmed milk	Short	358	85	1.8	0.9	9.3	8.5	0.2	7.7	0.23	66.2
White Mocha - almond drink	Short	794	190	9.5	6.3	22.7	22.1	0.4	3.1	0.21	33.1
White Mocha - almond drink	Tall	1142	273	12.9	8.2	34.3	33.7	0.6	4.6	0.32	33.1
White Mocha - almond drink	Grande	1482	355	16	10.1	45.6	44.6	0.9	6.3	0.44	66.2
White Mocha - almond drink	Venti	1789	428	18.4	11.3	57.1	56	1.2	7.7	0.55	66.2
White Mocha - soya drink	Short	861	206	10	6.5	23.1	22.7	0.6	5.5	0.28	33.1
White Mocha - soya drink	Tall	1267	302	13.8	8.6	35.1	34.7	1	9	0.45	33.1
White Mocha - soya drink	Grande	1646	393	17.1	10.6	46.7	45.9	1.4	12.1	0.61	66.2
White Mocha - soya drink	Venti	2016	481	19.9	11.9	58.7	57.8	1.8	15.7	0.78	66.2

White Mocha - oat drink	Short	914	218	10.7	8	26	23.2	2	3.6	0.26	33.1
White Mocha - oat drink	Tall	1368	327	15	11.3	40.6	35.7	3.7	5.4	0.41	33.1
White Mocha - oat drink	Grande	1778	424	18.8	14.2	53.9	47.2	4.9	7.4	0.56	66.2
White Mocha - oat drink	Venti	2199	524	22.2	16.9	68.6	59.7	6.7	9.2	0.72	66.2
White Mocha - coconut drink	Short	865	207	10.7	8.3	23.4	23	1.5	3.6	0.33	33.1
White Mocha - coconut drink	Tall	1276	306	15	12	35.7	35.2	2.7	5.4	0.54	33.1
White Mocha - coconut drink	Grande	1657	397	18.8	15.1	47.4	46.6	3.6	7.4	0.72	66.2
White Mocha - coconut drink	Venti	2032	487	22.2	18.1	59.6	58.8	4.9	9.2	0.94	66.2
White Mocha - lactose free semi skimmed milk	Short	888	212	10	7.3	24.6	24.1	0.1	5.8	0.25	33.1
White Mocha - lactose free semi skimmed milk	Tall	1319	315	13.8	10	37.9	37.5	0.1	9.5	0.39	33.1
White Mocha - lactose free semi skimmed milk	Grande	1713	408	17.2	12.4	50.3	49.5	0.2	12.8	0.53	66.2
White Mocha - lactose free semi skimmed milk	Venti	2109	503	20.1	14.4	63.7	62.8	0.2	16.6	0.67	66.2
White Mocha - whole milk	Short	942	226	11.6	8.2	24.5	24.1	0.1	5.7	0.25	33.1
White Mocha - whole milk	Tall	1422	340	16.8	11.7	37.7	37.3	0.1	9.3	0.39	33.1
White Mocha - whole milk	Grande	1847	442	21.1	14.6	50.1	49.3	0.2	12.5	0.53	66.2
White Mocha - whole milk	Venti	2296	549	25.3	17.5	63.4	62.5	0.2	16.3	0.67	66.2
White Mocha - skimmed milk	Short	869	207	9.2	6.7	24.7	24.2	0.1	6.3	0.25	33.1
White Mocha - skimmed milk	Tall	1283	306	12.3	8.9	38.1	37.6	0.1	10.5	0.39	33.1
White Mocha - skimmed milk	Grande	1666	397	15.2	11	50.6	49.7	0.2	14.1	0.53	66.2
White Mocha - skimmed milk	Venti	2044	487	17.3	12.5	64	63.1	0.2	18.5	0.67	66.2
Caffe Latte - almond drink	Short	186	45	2.1	0.2	4.8	4.2	0.6	1.3	0.12	33.1
Caffe Latte - almond drink	Tall	284	69	3.3	0.3	7.4	6.7	0.9	1.8	0.18	33.1
Caffe Latte - almond drink	Grande	395	96	4.5	0.4	10.2	9	1.3	2.7	0.26	66.2
Caffe Latte - almond drink	Venti	495	120	5.7	0.5	12.8	11.5	1.6	3.2	0.32	66.2
Caffe Latte - soya drink	Short	302	72	2.9	0.5	5.6	5.1	0.9	5.4	0.24	33.1
Caffe Latte - soya drink	Tall	469	112	4.6	0.8	8.6	8.2	1.4	8.3	0.37	33.1
Caffe Latte - soya drink	Grande	645	154	6.2	1.1	11.9	11	2	11.5	0.52	66.2
Caffe Latte - soya drink	Venti	815	194	7.9	1.4	15	14.1	2.5	14.5	0.65	66.2
Caffe Latte - oat drink	Short	396	94	4.1	3	10.7	6.1	3.5	2.1	0.21	33.1
Caffe Latte - oat drink	Tall	619	148	6.5	4.9	16.8	9.7	5.5	3	0.32	33.1
Caffe Latte - oat drink	Grande	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Caffe Latte - oat drink	Venti	1073	256	11.2	8.4	29	16.8	9.4	5.3	0.56	66.2
Caffe Latte - coconut drink	Short	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33.1
Caffe Latte - coconut drink	Tall	482	117	6.5	5.9	9.4	9	3.9	3	0.50	33.1
Caffe Latte - coconut drink	Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	Venti	837	203	11.2	10.1	16.3	15.5	6.8	5.3	0.88	66.2
Caffe Latte - lactose free semi skimmed milk	Short	350	83	3	1.8	8.1	7.7	0.1	5.9	0.19	33.1
Caffe Latte - lactose free semi skimmed milk	Tall	545	130	4.7	2.8	12.7	12.3	0.1	9.1	0.28	33.1
Caffe Latte - lactose free semi skimmed milk	Grande	748	178	6.4	3.8	17.4	16.5	0.2	12.6	0.40	66.2
Caffe Latte - lactose free semi skimmed milk	Venti	946	225	8.1	4.9	22	21.2	0.2	15.8	0.49	66.2
Caffe Latte - whole milk	Short	445	107	5.7	3.4	8	7.6	0.1	5.7	0.19	33.1
Caffe Latte - whole milk	Tall	698	168	9	5.4	12.4	12	0.1	8.9	0.28	33.1
Caffe Latte - whole milk	Grande	953	229	12.2	7.2	17.1	16.2	0.2	12.2	0.40	66.2
Caffe Latte - whole milk	Venti	1209	291	15.6	9.2	21.6	20.7	0.2	15.4	0.49	66.2
Caffe Latte - skimmed milk	Short	316	75	1.5	0.8	8.3	7.9	0.1	6.8	0.19	33.1
Caffe Latte - skimmed milk	Tall	492	117	2.4	1.3	13	12.5	0.1	10.6	0.28	33.1
Caffe Latte - skimmed milk	Grande	676	161	3.3	1.8	17.7	16.9	0.2	14.6	0.40	66.2
Caffe Latte - skimmed milk	Venti	854	203	4.2	2.2	22.5	21.6	0.2	18.5	0.49	66.2
Misto - almond drink	Short	150	37	1.8	0.2	3.1	2.7	0.9	1.2	0.21	34.8
Misto - almond drink	Tall	283	69	3.5	0.4	6.2	5.5	1.6	2.2	0.35	53.7
Misto - almond drink	Grande	343	84	4.2	0.5	7.6	6.7	1.9	2.6	0.42	62.9
Misto - almond drink	Venti	465	114	5.7	0.6	10.3	9.2	2.5	3.5	0.56	82.1
Misto - soya drink	Short	222	53	2.3	0.4	3.6	3.3	1.1	3.8	0.28	34.8
Misto - soya drink	Tall	431	104	4.5	0.8	7.2	6.7	2	7.4	0.51	53.7
Misto - soya drink	Grande	524	126	5.4	1	8.8	8.1	2.4	9	0.61	62.9
Misto - soya drink	Venti	714	172	7.4	1.3	12	11.2	3.2	12.2	0.81	82.1
Misto - oat drink	Short	280	67	3.1	2	6.8	3.9	2.7	1.7	0.26	34.8
Misto - oat drink	Tall	551	132	6	4	13.7	7.9	5.2	3.1	0.46	53.7
Misto - oat drink	Grande	671	161	7.3	4.9	16.8	9.7	6.3	3.8	0.56	62.9
Misto - oat drink	Venti	915	219	9.9	6.8	23	13.2	8.6	5.1	0.75	82.1
Misto - coconut drink	Short	227	55	3.1	2.4	3.9	3.6	2.1	1.7	0.34	34.8
Misto - coconut drink	Tall	442	108	6	4.9	7.8	7.3	4	3.1	0.61	53.7
Misto - coconut drink	Grande	536	131	7.3	5.9	9.6	8.9	4.8	3.8	0.74	62.9
Misto - coconut drink	Venti	731	178	9.9	8.1	13.1	12.2	6.5	5.1	0.99	82.1
Misto - lactose free semi skimmed milk	Short	251	60	2.4	1.2	5.2	4.9	0.6	4.1	0.25	34.8
Misto - lactose free semi skimmed milk	Tall	492	118	4.6	2.4	10.5	9.9	0.9	8	0.43	53.7
Misto - lactose free semi skimmed milk	Grande	599	143	5.6	2.9	12.8	12.1	1.1	9.7	0.52	62.9
Misto - lactose free semi skimmed milk	Venti	816	195	7.6	4	17.5	16.7	1.4	13.3	0.69	82.1
Misto - whole milk	Short	311	75	4.1	2.2	5.1	4.8	0.6	4	0.25	34.8
Misto - whole milk	Tall	614	148	8	4.4	10.3	9.7	0.9	7.8	0.43	53.7
Misto - whole milk	Grande	748	181	9.8	5.4	12.5	11.9	1.1	9.5	0.52	62.9
Misto - whole milk	Venti	1021	247	13.4	7.4	17.2	16.3	1.4	13	0.69	82.1
Misto - skimmed milk	Short	231	55	1.5	0.6	5.3	5	0.6	4.7	0.25	34.8
Misto - skimmed milk	Tall	450	108	2.8	1.2	10.7	10.1	0.9	9.2	0.43	53.7
Misto - skimmed milk	Grande	546	131	3.3	1.5	13	12.4	1.1	11.2	0.52	62.9
Misto - skimmed milk	Venti	744	178	4.5	2	17.8	17	1.4	15.3	0.69	82.1
Cappuccino - almond drink	Short	150	36	1.7	0.1	3.9	3.3	0.5	1.1	0.10	33.1
Cappuccino - almond drink	Tall	257	62	3	0.3	6.7	6	0.8	1.7	0.17	33.1
Cappuccino - almond drink	Grande	318	77	3.6	0.3	8.2	7.1	1.1	2.3	0.22	66.2
Cappuccino - almond drink	Venti	425	103	4.9	0.4	11	9.8	1.4	2.9	0.28	66.2
Cappuccino - soya drink	Short	242	58	2.3	0.4	4.5	4.1	0.8	4.3	0.20	33.1
Cappuccino - soya drink	Tall	423	101	4.1	0.7	7.8	7.3	1.3	7.5	0.34	33.1
Cappuccino - soya drink	Grande	513	123	4.9	0.9	9.5	8.7	1.6	9.2	0.42	66.2
Cappuccino - soya drink	Venti	695	166	6.7	1.2	12.8	11.9	2.2	12.4	0.56	66.2
Cappuccino - oat drink	Short	316	75	3.2	2.4	8.5	4.8	2.7	1.7	0.17	33.1
Cappuccino - oat drink	Tall	558	133	5.8	4.4	15.1	8.7	4.9	2.8	0.29	33.1
Cappuccino - oat drink	Grande	671	160	6.9	5.1	18.1	10.3	5.8	3.6	0.36	66.2
Cappuccino - oat drink	Venti	914	218	9.5	7.1	24.7	14.2	8	4.6	0.48	66.2
Cappuccino - coconut drink	Short	248	60	3.2	2.9	4.9	4.4	2	1.7	0.26	33.1
Cappuccino - coconut drink	Tall	435	106	5.8	5.3	8.5	8.1	3.5	2.8	0.46	33.1
Cappuccino - coconut drink	Grande	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	Venti	714	173	9.5	8.6	14	13.1	5.8	4.6	0.75	66.2
Cappuccino - lactose free semi skimmed milk	Short	279	66	2.4	1.4	6.5	6.1	0.1	4.7	0.15	33.1
Cappuccino - lactose free semi skimmed milk	Tall	492	117	4.2	2.5	11.5	11	0.1	8.2	0.26	33.1
Cappuccino - lactose free semi skimmed milk	Grande	593	141	5	3	13.8	13	0.2	10	0.32	66.2
Cappuccino - lactose free semi skimmed milk	Venti	806	192	6.9	4.1	18.8	17.9	0.2	13.5	0.43	66.2

Cappuccino - whole milk	Short	354	85	4.5	2.7	6.4	5.9	0.1	4.6	0.15	33.1
Cappuccino - whole milk	Tall	629	151	8.1	4.8	11.2	10.8	0.1	8	0.26	33.1
Cappuccino - whole milk	Grande	753	181	9.6	5.7	13.5	12.7	0.2	9.8	0.32	66.2
Cappuccino - whole milk	Venti	1028	247	13.2	7.8	18.4	17.5	0.2	13.2	0.43	66.2
Cappuccino - skimmed milk	Short	253	60	1.2	0.6	6.6	6.2	0.1	5.5	0.15	33.1
Cappuccino - skimmed milk	Tall	444	106	2.2	1.2	11.7	11.3	0.1	9.6	0.26	33.1
Cappuccino - skimmed milk	Grande	537	128	2.6	1.4	14.1	13.2	0.2	11.6	0.32	66.2
Cappuccino - skimmed milk	Venti	728	173	3.6	1.9	19.1	18.3	0.2	15.8	0.43	66.2
Espresso Macchiato - almond drink	Solo	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - soya drink	Solo	31	7	0.2	0	0.7	0.2	0.1	0.6	0.04	33.1
Espresso Macchiato - oat drink	Solo	34	8	0.2	0.1	0.8	0.3	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	Solo	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - lactose free semi skimmed milk	Solo	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Solo	36	9	0.3	0.1	0.7	0.3	0.1	0.6	0.03	33.1
Espresso Macchiato - skimmed milk	Solo	31	7	0.2	0	0.8	0.3	0.1	0.7	0.03	33.1
Cortado - almond drink	Short	218	53	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66.2
Cortado - soya drink	Short	342	82	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66.2
Cortado - oat drink	Short	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66.2
Cortado - coconut drink	Short	351	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66.2
Cortado - lactose free semi skimmed milk	Short	393	94	3.3	1.9	9.2	8.3	0.2	6.7	0.23	66.2
Cortado - whole milk	Short	495	119	6.2	3.6	9	8.1	0.2	6.6	0.23	66.2
Cortado - skimmed milk	Short	358	85	1.8	0.9	9.3	8.5	0.2	7.7	0.23	66.2
Frappuccino®											
Chai Tea Cream Frappuccino® - almond drink	Mini	707	169	8.1	5.3	22.7	22.3	0.9	0.8	0.24	27.8
Chai Tea Cream Frappuccino® - almond drink	Tall	963	230	10.3	6.6	32.5	32	1.4	1.1	0.35	40.2
Chai Tea Cream Frappuccino® - almond drink	Grande	1336	319	14.2	9.2	45.3	44.5	1.9	1.5	0.48	56.5
Chai Tea Cream Frappuccino® - almond drink	Venti	1600	382	14.6	9.3	59.6	58.5	2.4	1.7	0.62	76.1
Chai Tea Cream Frappuccino® - soya drink	Mini	757	181	8.4	5.4	23.1	22.7	1.1	2.6	0.29	27.8
Chai Tea Cream Frappuccino® - soya drink	Tall	1036	247	10.8	6.8	33	32.6	1.6	3.7	0.42	40.2
Chai Tea Cream Frappuccino® - soya drink	Grande	1426	340	14.8	9.5	45.9	45.2	2.1	4.7	0.57	56.5
Chai Tea Cream Frappuccino® - soya drink	Venti	1710	407	15.3	9.6	60.3	59.4	2.8	5.6	0.74	76.1
Chai Tea Cream Frappuccino® - oat drink	Mini	798	190	8.9	6.5	25.3	23.2	2.2	1.2	0.28	27.8
Chai Tea Cream Frappuccino® - oat drink	Tall	1094	261	11.5	8.4	36.2	33.2	3.1	1.6	0.40	40.2
Chai Tea Cream Frappuccino® - oat drink	Grande	1500	358	15.8	11.5	49.9	46	4.1	2.1	0.54	56.5
Chai Tea Cream Frappuccino® - oat drink	Venti	1800	429	16.5	12	65.2	60.3	5.2	2.4	0.71	76.1
Chai Tea Cream Frappuccino® - coconut drink	Mini	761	182	8.9	6.8	23.3	23	1.8	1.2	0.33	27.8
Chai Tea Cream Frappuccino® - coconut drink	Tall	1041	249	11.5	8.8	33.3	32.9	2.5	1.6	0.47	40.2
Chai Tea Cream Frappuccino® - coconut drink	Grande	1433	343	15.8	12	46.3	45.6	3.3	2.1	0.63	56.5
Chai Tea Cream Frappuccino® - coconut drink	Venti	1718	410	16.5	12.6	60.8	59.9	4.3	2.4	0.82	76.1
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk	Mini	778	186	8.5	6	24.2	23.8	0.7	2.8	0.27	27.8
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk	Tall	1066	254	10.8	7.6	34.6	34.2	1	4	0.38	40.2
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk	Grande	1464	349	14.9	10.5	47.9	47.2	1.5	5.1	0.53	56.5
Chai Tea Cream Frappuccino® - lactose free semi skimmed milk	Venti	1756	418	15.4	10.8	62.7	61.9	2	6.1	0.68	76.1
Chai Tea Cream Frappuccino® - whole milk	Mini	819	196	9.6	6.6	24.1	23.8	0.7	2.7	0.27	27.8
Chai Tea Cream Frappuccino® - whole milk	Tall	1125	269	12.5	8.6	34.5	34.1	1	3.9	0.38	40.2
Chai Tea Cream Frappuccino® - whole milk	Grande	1538	368	17	11.7	47.8	47.1	1.5	5	0.53	56.5
Chai Tea Cream Frappuccino® - whole milk	Venti	1847	441	18	12.3	62.6	61.7	2	5.9	0.68	76.1
Chai Tea Cream Frappuccino® - skimmed milk	Mini	763	182	7.8	5.6	24.2	23.9	0.7	3.2	0.27	27.8
Chai Tea Cream Frappuccino® - skimmed milk	Tall	1045	249	9.9	7	34.7	34.3	1	4.6	0.38	40.2
Chai Tea Cream Frappuccino® - skimmed milk	Grande	1438	343	13.8	9.7	48	47.3	1.5	5.8	0.53	56.5
Chai Tea Cream Frappuccino® - skimmed milk	Venti	1724	410	14	9.9	62.9	62	2	7	0.68	76.1
Mocha Frappuccino® - almond drink	Mini	744	178	8.6	5.7	22.4	21.4	1.1	2.1	0.25	15
Mocha Frappuccino® - almond drink	Tall	951	227	10.8	7	29.5	28.2	1.2	2.4	0.36	22.1
Mocha Frappuccino® - almond drink	Grande	1307	312	14.9	9.8	40.4	38.7	1.6	3.3	0.49	30.4
Mocha Frappuccino® - almond drink	Venti	1544	368	15.4	10	52.3	50	2.1	4.1	0.63	40.8
Mocha Frappuccino® - soya drink	Mini	782	187	8.9	5.8	22.6	21.7	1.2	3.4	0.29	15
Mocha Frappuccino® - soya drink	Tall	1006	240	11.2	7.2	29.8	28.7	1.4	4.4	0.42	22.1
Mocha Frappuccino® - soya drink	Grande	1373	328	15.3	10	40.9	39.3	1.8	5.6	0.55	30.4
Mocha Frappuccino® - soya drink	Venti	1620	386	15.9	10.3	52.8	50.6	2.3	6.7	0.71	40.8
Mocha Frappuccino® - oat drink	Mini	812	194	9.3	6.6	24.3	22	2	2.3	0.28	15
Mocha Frappuccino® - oat drink	Tall	1051	251	11.7	8.4	32.3	29.1	2.6	2.8	0.40	22.1
Mocha Frappuccino® - oat drink	Grande	1426	340	16	11.4	43.7	39.8	3.2	3.8	0.54	30.4
Mocha Frappuccino® - oat drink	Venti	1681	401	16.7	11.9	56.1	51.3	3.9	4.6	0.69	40.8
Mocha Frappuccino® - coconut drink	Mini	784	188	9.3	6.8	22.8	21.9	1.7	2.3	0.31	15
Mocha Frappuccino® - coconut drink	Tall	1010	242	11.7	8.7	30.1	28.9	2.1	2.8	0.46	22.1
Mocha Frappuccino® - coconut drink	Grande	1377	329	16	11.8	41.1	39.5	2.7	3.8	0.60	30.4
Mocha Frappuccino® - coconut drink	Venti	1625	388	16.7	12.3	53.1	51	3.3	4.6	0.77	40.8
Mocha Frappuccino® - lactose free semi skimmed milk	Mini	797	190	8.9	6.2	23.5	22.5	0.9	3.6	0.27	15
Mocha Frappuccino® - lactose free semi skimmed milk	Tall	1029	245	11.2	7.8	31.1	29.9	1	4.6	0.39	22.1
Mocha Frappuccino® - lactose free semi skimmed milk	Grande	1400	334	15.4	10.7	42.3	40.7	1.3	5.9	0.52	30.4
Mocha Frappuccino® - lactose free semi skimmed milk	Venti	1651	393	16	11.1	54.5	52.3	1.7	7.1	0.68	40.8
Mocha Frappuccino® - whole milk	Mini	828	198	9.8	6.7	23.4	22.5	0.9	3.5	0.27	15
Mocha Frappuccino® - whole milk	Tall	1074	257	12.5	8.6	31	29.8	1	4.6	0.39	22.1
Mocha Frappuccino® - whole milk	Grande	1453	347	16.9	11.6	42.2	40.6	1.3	5.8	0.52	30.4
Mocha Frappuccino® - whole milk	Venti	1714	409	17.7	12.1	54.3	52.2	1.7	7	0.68	40.8
Mocha Frappuccino® - skimmed milk	Mini	786	188	8.5	5.9	23.5	22.6	0.9	3.9	0.27	15
Mocha Frappuccino® - skimmed milk	Tall	1013	242	10.5	7.3	31.1	30	1	5.1	0.39	22.1
Mocha Frappuccino® - skimmed milk	Grande	1381	329	14.6	10.2	42.4	40.8	1.3	6.5	0.52	30.4
Mocha Frappuccino® - skimmed milk	Venti	1629	388	15	10.5	54.6	52.4	1.7	7.7	0.68	40.8
White Mocha Frappuccino® - almond drink	Mini	845	202	9.5	6.5	27	26.4	0.2	2.1	0.32	15
White Mocha Frappuccino® - almond drink	Tall	1186	283	12.4	8.5	39.8	39	0.4	3	0.47	22.4
White Mocha Frappuccino® - almond drink	Grande	1628	389	17	11.8	54.5	53.4	0.4	4	0.63	30.9
White Mocha Frappuccino® - almond drink	Venti	1939	462	18.2	12.6	69.4	68	0.5	4.9	0.81	40
White Mocha Frappuccino® - soya drink	Mini	883	211	9.7	6.6	27.2	26.7	0.3	3.4	0.35	15
White Mocha Frappuccino® - soya drink	Tall	1242	296	12.7	8.6	40.1	39.4	0.5	4.9	0.52	22.4
White Mocha Frappuccino® - soya drink	Grande	1694	404	17.5	12	54.9	53.9	0.6	6.3	0.70	30.9
White Mocha Frappuccino® - soya drink	Venti	2014	480	18.7	12.8	69.9	68.6	0.7	7.5	0.88	40
White Mocha Frappuccino® - oat drink	Mini	913	218	10.1	7.5	28.9	27.1	1.2	2.3	0.34	15
White Mocha Frappuccino® - oat drink	Tall	1288	307	13.3	9.9	42.6	39.9	1.7	3.3	0.51	22.4
White Mocha Frappuccino® - oat drink	Grande	1748	417	18.2	13.4	57.8	54.5	2.1	4.4	0.68	30.9
White Mocha Frappuccino® - oat drink	Venti	2074	494	19.5	14.4	73.2	69.2	2.4	5.4	0.86	40
White Mocha Frappuccino® - coconut drink	Mini	885	212	10.1	7.7	27.4	26.9	0.9	2.3	0.38	15
White Mocha Frappuccino® - coconut drink	Tall	1246	298	13.3	10.2	40.4	39.7	1.3	3.3	0.56	22.4
White Mocha Frappuccino® - coconut drink	Grande	1699	406	18.2	13.8	55.2	54.2	1.5	4.4	0.75	30.9
White Mocha Frappuccino® - coconut drink	Venti	2019	482	19.5	14.8	70.2	68.9	1.8	5.4	0.94	40

White Mocha Frappuccino® - lactose free semi skimmed milk	Mini	898	214	9.7	7	28.1	27.6	0.1	3.5	0.34	15
White Mocha Frappuccino® - lactose free semi skimmed milk	Tall	1266	302	12.8	9.2	41.4	40.7	0.1	5.2	0.50	22.4
White Mocha Frappuccino® - lactose free semi skimmed milk	Grande	1722	410	17.5	12.7	56.4	55.4	0.2	6.6	0.67	30.9
White Mocha Frappuccino® - lactose free semi skimmed milk	Venti	2045	487	18.7	13.6	71.5	70.2	0.2	7.9	0.85	40
White Mocha Frappuccino® - whole milk	Mini	929	222	10.6	7.6	28	27.5	0.1	3.5	0.34	15
White Mocha Frappuccino® - whole milk	Tall	1312	313	14.1	10	41.3	40.6	0.1	5.1	0.50	22.4
White Mocha Frappuccino® - whole milk	Grande	1776	424	19.1	13.6	56.3	55.3	0.2	6.5	0.67	30.9
White Mocha Frappuccino® - whole milk	Venti	2106	502	20.5	14.6	71.4	70.1	0.2	7.8	0.85	40
White Mocha Frappuccino® - skimmed milk	Mini	887	212	9.3	6.7	28.1	27.6	0.1	3.8	0.34	15
White Mocha Frappuccino® - skimmed milk	Tall	1249	298	12.1	8.8	41.5	40.7	0.1	5.6	0.50	22.4
White Mocha Frappuccino® - skimmed milk	Grande	1702	406	16.7	12.2	56.5	55.5	0.2	7.2	0.67	30.9
White Mocha Frappuccino® - skimmed milk	Venti	2023	482	17.8	13	71.6	70.3	0.2	8.5	0.85	40
White Chocolate Cream Frappuccino® - almond drink	Mini	794	190	9.6	6.5	23.9	23.5	0.2	1.9	0.30	0
White Chocolate Cream Frappuccino® - almond drink	Tall	1130	270	12.7	8.5	36	35.4	0.3	2.8	0.46	0
White Chocolate Cream Frappuccino® - almond drink	Grande	1550	371	17.4	11.9	49.3	48.5	0.4	3.8	0.63	0
White Chocolate Cream Frappuccino® - almond drink	Venti	1866	445	18.8	12.8	63.9	63	0.5	4.7	0.81	0
White Chocolate Cream Frappuccino® - soya drink	Mini	844	202	9.9	6.7	24.2	23.9	0.4	3.7	0.36	0
White Chocolate Cream Frappuccino® - soya drink	Tall	1206	288	13.2	8.7	36.5	36.1	0.5	5.5	0.54	0
White Chocolate Cream Frappuccino® - soya drink	Grande	1645	392	18.1	12.2	49.9	49.3	0.7	7.1	0.72	0
White Chocolate Cream Frappuccino® - soya drink	Venti	1979	472	19.6	13.1	64.7	63.9	0.8	8.7	0.93	0
White Chocolate Cream Frappuccino® - oat drink	Mini	884	211	10.4	7.8	26.4	24.3	1.4	2.2	0.34	0
White Chocolate Cream Frappuccino® - oat drink	Tall	1268	302	14	10.4	39.9	36.7	2.2	3.3	0.52	0
White Chocolate Cream Frappuccino® - oat drink	Grande	1721	411	19.1	14.2	54.1	50.1	2.7	4.4	0.70	0
White Chocolate Cream Frappuccino® - oat drink	Venti	2070	493	20.8	15.6	69.7	64.8	3.3	5.4	0.90	0
White Chocolate Cream Frappuccino® - coconut drink	Mini	847	203	10.4	8	24.4	24.1	1	2.2	0.39	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	1211	290	14	10.8	36.8	36.4	1.6	3.3	0.59	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	1651	395	19.1	14.7	50.3	49.7	1.9	4.4	0.79	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	1987	475	20.8	16.2	65.2	64.3	2.3	5.4	1.01	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Mini	865	206	10	7.2	25.3	25	0	3.9	0.33	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Tall	1238	295	13.2	9.6	38.2	37.7	0	5.8	0.50	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Grande	1683	402	18.2	13.2	52	51.4	0	7.5	0.68	0
White Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Venti	2025	482	19.7	14.3	67.2	66.4	0	9.1	0.87	0
White Chocolate Cream Frappuccino® - whole milk	Mini	906	217	11.1	7.9	25.2	24.9	0	3.8	0.33	0
White Chocolate Cream Frappuccino® - whole milk	Tall	1300	311	15	10.6	38.1	37.6	0	5.7	0.50	0
White Chocolate Cream Frappuccino® - whole milk	Grande	1761	421	20.4	14.5	51.9	51.3	0	7.4	0.68	0
White Chocolate Cream Frappuccino® - whole milk	Venti	2118	506	22.3	15.9	67	66.2	0	9	0.87	0
White Chocolate Cream Frappuccino® - skimmed milk	Mini	850	203	9.3	6.8	25.4	25.1	0	4.3	0.33	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	1215	290	12.3	8.9	38.3	37.9	0	6.4	0.50	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	1656	395	17	12.4	52.1	51.5	0	8.3	0.68	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	1993	475	18.3	13.4	67.3	66.5	0	10.1	0.87	0
Caramel Frappuccino® - almond drink	Mini	707	169	8.6	5.7	21.7	20.9	0.2	1	0.27	15
Caramel Frappuccino® - almond drink	Tall	963	230	10.8	7.1	31.5	30.4	0.4	1.4	0.40	23.3
Caramel Frappuccino® - almond drink	Grande	1309	313	14.7	9.7	43	41.5	0.5	1.8	0.54	32.9
Caramel Frappuccino® - almond drink	Venti	1480	353	14.9	9.7	52.4	50.7	0.6	2	0.67	41.7
Caramel Frappuccino® - soya drink	Mini	744	178	8.9	5.8	21.9	21.2	0.3	2.3	0.31	15
Caramel Frappuccino® - soya drink	Tall	1021	244	11.2	7.2	31.9	30.9	0.5	3.4	0.46	23.3
Caramel Frappuccino® - soya drink	Grande	1379	329	15.2	9.9	43.4	42.1	0.7	4.3	0.62	32.9
Caramel Frappuccino® - soya drink	Venti	1558	371	15.4	9.9	53	51.4	0.8	4.7	0.75	41.7
Caramel Frappuccino® - oat drink	Mini	775	185	9.3	6.6	23.6	21.5	1.2	1.2	0.30	15
Caramel Frappuccino® - oat drink	Tall	1068	255	11.8	8.5	34.5	31.4	1.8	1.7	0.44	23.3
Caramel Frappuccino® - oat drink	Grande	1437	343	15.9	11.4	46.5	42.7	2.2	2.3	0.60	32.9
Caramel Frappuccino® - oat drink	Venti	1621	386	16.2	11.6	56.4	52	2.5	2.5	0.72	41.7
Caramel Frappuccino® - coconut drink	Mini	747	179	9.3	6.9	22.1	21.4	0.9	1.2	0.33	15
Caramel Frappuccino® - coconut drink	Tall	1025	245	11.8	8.8	32.1	31.1	1.3	1.7	0.50	23.3
Caramel Frappuccino® - coconut drink	Grande	1384	331	15.9	11.8	43.7	42.4	1.6	2.3	0.67	32.9
Caramel Frappuccino® - coconut drink	Venti	1563	373	16.2	12	53.3	51.7	1.8	2.5	0.80	41.7
Caramel Frappuccino® - lactose free semi skimmed milk	Mini	760	181	8.9	6.2	22.8	22	0.1	2.5	0.29	15
Caramel Frappuccino® - lactose free semi skimmed milk	Tall	1045	249	11.3	7.9	33.2	32.2	0.1	3.7	0.43	23.3
Caramel Frappuccino® - lactose free semi skimmed milk	Grande	1409	336	15.2	10.7	45	43.7	0.2	4.6	0.58	32.9
Caramel Frappuccino® - lactose free semi skimmed milk	Venti	1590	379	15.5	10.8	54.7	53.1	0.2	5.1	0.71	41.7
Caramel Frappuccino® - whole milk	Mini	791	189	9.8	6.7	22.7	22	0.1	2.4	0.29	15
Caramel Frappuccino® - whole milk	Tall	1093	261	12.6	8.7	33.1	32.1	0.1	3.6	0.43	23.3
Caramel Frappuccino® - whole milk	Grande	1467	350	16.9	11.6	44.9	43.6	0.2	4.5	0.58	32.9
Caramel Frappuccino® - whole milk	Venti	1654	395	17.3	11.8	54.6	53	0.2	5	0.71	41.7
Caramel Frappuccino® - skimmed milk	Mini	749	179	8.5	5.9	22.8	22.1	0.1	2.8	0.29	15
Caramel Frappuccino® - skimmed milk	Tall	1028	245	10.6	7.4	33.3	32.3	0.1	4.1	0.43	23.3
Caramel Frappuccino® - skimmed milk	Grande	1388	331	14.4	10.1	45.1	43.8	0.2	5.2	0.58	32.9
Caramel Frappuccino® - skimmed milk	Venti	1567	373	14.5	10.1	54.8	53.2	0.2	5.7	0.71	41.7
Strawberries & Cream Frappuccino® - almond drink	Mini	778	186	8.2	5.3	26.8	25.3	0.6	0.9	0.24	0
Strawberries & Cream Frappuccino® - almond drink	Tall	953	227	10.3	6.6	32.1	30.4	0.7	1.2	0.34	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1338	319	14.3	9.2	45.6	43.2	0.9	1.6	0.47	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1576	375	14.6	9.2	58.7	55.4	1.2	1.8	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Mini	828	197	8.5	5.4	27.2	25.7	0.7	2.7	0.30	0
Strawberries & Cream Frappuccino® - soya drink	Tall	1025	244	10.8	6.8	32.6	31	0.9	3.7	0.42	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1427	340	14.9	9.5	46.2	43.9	1.2	4.7	0.56	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1680	400	15.3	9.5	59.4	56.3	1.5	5.5	0.70	0
Strawberries & Cream Frappuccino® - oat drink	Mini	868	207	9	6.5	29.4	26.1	1.8	1.3	0.28	0
Strawberries & Cream Frappuccino® - oat drink	Tall	1083	258	11.6	8.4	35.7	31.6	2.4	1.7	0.40	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1499	357	15.8	11.4	50.2	44.6	3.1	2.2	0.54	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1765	420	16.4	11.8	64	57.1	3.7	2.5	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	Mini	831	199	9	6.8	27.4	25.9	1.4	1.3	0.33	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	1030	246	11.6	8.8	32.9	31.3	1.9	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1433	342	15.8	11.9	46.6	44.3	2.4	2.2	0.62	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1688	403	16.4	12.4	59.8	56.7	2.9	2.5	0.77	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk	Mini	848	202	8.5	6	28.3	26.8	0.4	2.9	0.27	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk	Tall	1054	251	10.9	7.6	34.1	32.6	0.4	4	0.38	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk	Grande	1463	349	14.9	10.4	48.2	45.9	0.6	5.1	0.52	0
Strawberries & Cream Frappuccino® - lactose free semi skimmed milk	Venti	1723	410	15.4	10.7	61.7	58.6	0.7	5.9	0.65	0
Strawberries & Cream Frappuccino® - whole milk	Mini	890	212	9.7	6.6	28.2	26.7	0.4	2.9	0.27	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1113	266	12.5	8.6	34	32.5	0.4	3.9	0.38	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1537	367	17	11.7	48.1	45.7	0.6	5	0.52	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1809	431	17.8	12.1	61.5	58.4	0.7	5.8	0.65	0
Strawberries & Cream Frappuccino® - skimmed milk	Mini	834	199	7.9	5.5	28.3	26.9	0.4	3.3	0.27	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	1034	246	10	7	34.2	32.7	0.4	4.6	0.38	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1438	342	13.8	9.7	48.3	46	0.6	5.9	0.52	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1693	403	14.1	9.8	61.8	58.7	0.7	6.8	0.65	0

Java Chip Frappuccino® - almond drink	Mini	715	171	9.8	6.8	19.3	18.2	0.6	1.2	0.30	15
Java Chip Frappuccino® - almond drink	Tall	993	238	12.9	8.9	28.3	26.7	0.9	1.7	0.44	22.4
Java Chip Frappuccino® - almond drink	Grande	1393	333	17.9	12.5	39.9	37.8	1.3	2.3	0.61	32
Java Chip Frappuccino® - almond drink	Venti	1613	386	19.2	13.4	49.7	46.9	1.6	2.7	0.77	40.8
Java Chip Frappuccino® - soya drink	Mini	753	180	10.1	6.9	19.5	18.5	0.7	2.5	0.33	15
Java Chip Frappuccino® - soya drink	Tall	1049	251	13.3	9	28.6	27.2	1.1	3.7	0.49	22.4
Java Chip Frappuccino® - soya drink	Grande	1462	349	18.4	12.6	40.4	38.3	1.5	4.8	0.68	32
Java Chip Frappuccino® - soya drink	Venti	1689	404	19.7	13.6	50.2	47.5	1.8	5.4	0.84	40.8
Java Chip Frappuccino® - oat drink	Mini	784	187	10.4	7.7	21.2	18.9	1.5	1.5	0.32	15
Java Chip Frappuccino® - oat drink	Tall	1095	262	13.8	10.2	31.1	27.7	2.3	2.1	0.48	22.4
Java Chip Frappuccino® - oat drink	Grande	1517	363	19.1	14.2	43.4	38.9	3	2.8	0.67	32
Java Chip Frappuccino® - oat drink	Venti	1751	418	20.5	15.1	53.5	48.2	3.4	3.2	0.82	40.8
Java Chip Frappuccino® - coconut drink	Mini	756	181	10.4	7.9	19.7	18.7	1.2	1.5	0.36	15
Java Chip Frappuccino® - coconut drink	Tall	1053	252	13.8	10.5	28.9	27.4	1.8	2.1	0.53	22.4
Java Chip Frappuccino® - coconut drink	Grande	1466	351	19.1	14.5	40.7	38.6	2.4	2.8	0.73	32
Java Chip Frappuccino® - coconut drink	Venti	1695	406	20.5	15.6	50.5	47.8	2.8	3.2	0.90	40.8
Java Chip Frappuccino® - lactose free semi skimmed milk	Mini	769	184	10.1	7.3	20.3	19.4	0.5	2.7	0.32	15
Java Chip Frappuccino® - lactose free semi skimmed milk	Tall	1072	256	13.3	9.6	29.9	28.4	0.7	3.9	0.47	22.4
Java Chip Frappuccino® - lactose free semi skimmed milk	Grande	1490	356	18.5	13.4	41.9	39.8	1	5	0.65	32
Java Chip Frappuccino® - lactose free semi skimmed milk	Venti	1721	411	19.8	14.4	51.8	49.2	1.3	5.7	0.81	40.8
Java Chip Frappuccino® - whole milk	Mini	799	192	11	7.8	20.3	19.3	0.5	2.6	0.32	15
Java Chip Frappuccino® - whole milk	Tall	1118	268	14.6	10.4	29.8	28.4	0.7	3.8	0.47	22.4
Java Chip Frappuccino® - whole milk	Grande	1546	370	20.1	14.3	41.8	39.8	1	5	0.65	32
Java Chip Frappuccino® - whole milk	Venti	1783	426	21.6	15.4	51.7	49.1	1.3	5.6	0.81	40.8
Java Chip Frappuccino® - skimmed milk	Mini	758	181	9.6	7	20.4	19.4	0.5	3	0.32	15
Java Chip Frappuccino® - skimmed milk	Tall	1056	252	12.6	9.2	30	28.5	0.7	4.4	0.47	22.4
Java Chip Frappuccino® - skimmed milk	Grande	1470	351	17.6	12.8	42	39.9	1	5.6	0.65	32
Java Chip Frappuccino® - skimmed milk	Venti	1699	406	18.8	13.8	51.9	49.3	1.3	6.3	0.81	40.8
Matcha Cream Frappuccino® - almond drink	Mini	596	143	8.1	5.3	16	15.1	0.7	1.1	0.23	31.9
Matcha Cream Frappuccino® - almond drink	Tall	840	201	10.4	6.6	24.6	23.2	1.1	1.6	0.36	50.3
Matcha Cream Frappuccino® - almond drink	Grande	1183	283	14.5	9.3	35.2	33.1	1.6	2.2	0.52	73
Matcha Cream Frappuccino® - almond drink	Venti	1323	316	14.7	9.3	42.5	39.9	2	2.5	0.62	90.5
Matcha Cream Frappuccino® - soya drink	Mini	646	155	8.5	5.4	16.3	15.5	0.9	2.9	0.29	31.9
Matcha Cream Frappuccino® - soya drink	Tall	919	220	11	6.9	25.2	23.8	1.4	4.4	0.44	50.3
Matcha Cream Frappuccino® - soya drink	Grande	1286	307	15.2	9.6	35.9	33.9	1.9	5.8	0.62	73
Matcha Cream Frappuccino® - soya drink	Venti	1437	343	15.5	9.6	43.3	40.8	2.3	6.5	0.74	90.5
Matcha Cream Frappuccino® - oat drink	Mini	687	164	9	6.5	18.5	15.9	2	1.4	0.27	31.9
Matcha Cream Frappuccino® - oat drink	Tall	983	235	11.8	8.6	28.6	24.4	3.1	2.1	0.42	50.3
Matcha Cream Frappuccino® - oat drink	Grande	1368	327	16.2	11.8	40.4	34.8	4.1	2.9	0.59	73
Matcha Cream Frappuccino® - oat drink	Venti	1530	365	16.7	12.1	48.3	41.7	4.8	3.2	0.71	90.5
Matcha Cream Frappuccino® - coconut drink	Mini	650	156	9	6.8	16.6	15.7	1.5	1.4	0.32	31.9
Matcha Cream Frappuccino® - coconut drink	Tall	924	222	11.8	9	25.5	24.1	2.4	2.1	0.50	50.3
Matcha Cream Frappuccino® - coconut drink	Grande	1293	310	16.2	12.4	36.3	34.3	3.3	2.9	0.69	73
Matcha Cream Frappuccino® - coconut drink	Venti	1445	346	16.7	12.7	43.7	41.3	3.8	3.2	0.82	90.5
Matcha Cream Frappuccino® - lactose free semi skimmed milk	Mini	667	159	8.5	6	17.4	16.6	0.5	3.1	0.26	31.9
Matcha Cream Frappuccino® - lactose free semi skimmed milk	Tall	951	227	11	7.7	26.9	25.5	0.8	4.7	0.41	50.3
Matcha Cream Frappuccino® - lactose free semi skimmed milk	Grande	1328	317	15.3	10.7	38.2	36.2	1.2	6.2	0.57	73
Matcha Cream Frappuccino® - lactose free semi skimmed milk	Venti	1484	354	15.6	10.9	45.8	43.3	1.5	7	0.69	90.5
Matcha Cream Frappuccino® - whole milk	Mini	708	170	9.7	6.7	17.4	16.5	0.5	3	0.26	31.9
Matcha Cream Frappuccino® - whole milk	Tall	1016	243	12.9	8.8	26.8	25.4	0.8	4.6	0.41	50.3
Matcha Cream Frappuccino® - whole milk	Grande	1412	338	17.6	12.1	38	36	1.2	6.1	0.57	73
Matcha Cream Frappuccino® - whole milk	Venti	1579	378	18.3	12.4	45.6	43.2	1.5	6.8	0.69	90.5
Matcha Cream Frappuccino® - skimmed milk	Mini	652	156	7.9	5.6	17.5	16.6	0.5	3.5	0.26	31.9
Matcha Cream Frappuccino® - skimmed milk	Tall	929	222	10.1	7.1	27	25.6	0.8	5.4	0.41	50.3
Matcha Cream Frappuccino® - skimmed milk	Grande	1298	310	14	9.8	38.3	36.3	1.2	7.1	0.57	73
Matcha Cream Frappuccino® - skimmed milk	Venti	1451	346	14.2	9.9	45.9	43.5	1.5	7.9	0.69	90.5
Double Chocolate Chip Cream Frappuccino® - almond drink	Mini	828	198	10.6	7.2	22.6	21.3	1.4	2.2	0.29	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Tall	1098	263	13.9	9.4	30.8	29.1	1.7	2.7	0.43	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Grande	1529	366	19.3	13.1	43	40.6	2.4	3.7	0.60	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Venti	1850	443	21.4	14.5	56.2	52.9	3.1	4.6	0.80	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Mini	878	210	11	7.4	23	21.8	1.6	4	0.34	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Tall	1175	281	14.4	9.6	31.3	29.7	2	5.4	0.51	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Grande	1626	389	20	13.4	43.7	41.4	2.7	7.1	0.70	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Venti	1969	470	22.2	14.8	57	53.9	3.5	8.7	0.92	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Mini	918	220	11.5	8.4	25.2	22.2	2.7	2.6	0.32	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Tall	1237	296	15.2	11.3	34.7	30.3	3.6	3.2	0.49	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Grande	1704	407	21	15.5	48	42.2	4.8	4.3	0.68	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Venti	2065	493	23.5	17.4	62.2	54.9	6.1	5.3	0.89	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Mini	881	211	11.5	8.7	23.2	22	2.2	2.6	0.37	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Tall	1180	283	15.2	11.7	31.7	30	3	3.2	0.57	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Grande	1632	391	21	16.1	44.1	41.8	4	4.3	0.77	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Venti	1977	474	23.5	18.1	57.5	54.4	5.1	5.3	1.01	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed milk	Mini	898	215	11	7.9	24.1	22.9	1.2	4.2	0.31	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed milk	Tall	1206	288	14.5	10.4	33	31.4	1.4	5.7	0.48	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed milk	Grande	1666	398	20.1	14.5	45.8	43.5	2	7.5	0.66	0
Double Chocolate Chip Cream Frappuccino® - lactose free semi skimmed milk	Venti	2018	482	22.3	16.1	59.6	56.5	2.6	9.2	0.86	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Mini	940	225	12.2	8.6	24	22.8	1.2	4.1	0.31	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Tall	1270	304	16.3	11.5	32.9	31.3	1.4	5.6	0.48	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Grande	1745	418	22.3	15.8	45.7	43.4	2	7.4	0.66	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Venti	2116	506	25.1	17.8	59.5	56.4	2.6	9.1	0.86	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Mini	884	211	10.4	7.5	24.2	22.9	1.2	4.6	0.31	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Tall	1184	283	13.5	9.8	33.1	31.5	1.4	6.4	0.48	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Grande	1638	391	18.9	13.7	46	43.7	2	8.3	0.66	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Venti	1984	474	20.9	15.2	59.8	56.7	2.6	10.2	0.86	0
Vanilla Cream Frappuccino® - almond drink	Mini	575	138	8.1	5.3	15.4	15	0.2	0.8	0.23	0
Vanilla Cream Frappuccino® - almond drink	Tall	795	190	10.3	6.6	23.1	22.5	0.3	1	0.35	0
Vanilla Cream Frappuccino® - almond drink	Grande	1088	261	14.2	9.2	31.5	30.7	0.4	1.4	0.48	0
Vanilla Cream Frappuccino® - almond drink	Venti	1253	300	14.5	9.3	40.4	39.2	0.5	1.5	0.62	0
Vanilla Cream Frappuccino® - soya drink	Mini	625	150	8.4	5.4	15.8	15.4	0.4	2.5	0.29	0
Vanilla Cream Frappuccino® - soya drink	Tall	871	208	10.8	6.8	23.6	23.1	0.5	3.7	0.43	0
Vanilla Cream Frappuccino® - soya drink	Grande	1183	283	14.9	9.5	32.2	31.4	0.7	4.7	0.58	0
Vanilla Cream Frappuccino® - soya drink	Venti	1366	326	15.3	9.6	41.1	40.2	0.8	5.5	0.73	0
Vanilla Cream Frappuccino® - oat drink	Mini	665	159	8.9	6.5	18	15.8	1.4	1.1	0.27	0
Vanilla Cream Frappuccino® - oat drink	Tall	933	223	11.6	8.5	27	23.7	2.2	1.5	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	1259	301	15.8	11.6	36.3	32.2	2	2	0.55	0
Vanilla Cream Frappuccino® - oat drink	Venti	1458	348	16.5	12	46.1	41.1	3.3	2.2	0.70	0

Vanilla Cream Frappuccino® - coconut drink	Mini	628	151	8.9	6.8	16	15.6	1	1.1	0.32	0
Vanilla Cream Frappuccino® - coconut drink	Tall	876	210	11.6	8.9	24	23.4	1.6	1.5	0.49	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1189	285	15.8	12.1	32.6	31.8	1.9	2	0.64	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1374	329	16.5	12.7	41.6	40.6	2.3	2.2	0.81	0
Vanilla Cream Frappuccino® - lactose free semi skimmed milk	Mini	646	154	8.4	6	16.9	16.5	0	2.7	0.26	0
Vanilla Cream Frappuccino® - lactose free semi skimmed milk	Tall	903	216	10.9	7.7	25.3	24.8	0	4.1	0.40	0
Vanilla Cream Frappuccino® - lactose free semi skimmed milk	Grande	1221	292	14.9	10.5	34.3	33.5	0	5.1	0.53	0
Vanilla Cream Frappuccino® - lactose free semi skimmed milk	Venti	1413	337	15.4	10.8	43.6	42.7	0	6	0.68	0
Vanilla Cream Frappuccino® - whole milk	Mini	687	165	9.6	6.6	16.8	16.5	0	2.7	0.26	0
Vanilla Cream Frappuccino® - whole milk	Tall	966	231	12.7	8.7	25.2	24.7	0	4	0.40	0
Vanilla Cream Frappuccino® - whole milk	Grande	1299	311	17.1	11.8	34.1	33.4	0	5	0.53	0
Vanilla Cream Frappuccino® - whole milk	Venti	1506	360	18	12.4	43.5	42.5	0	5.8	0.68	0
Vanilla Cream Frappuccino® - skimmed milk	Mini	631	151	7.8	5.5	16.9	16.6	0	3.1	0.26	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	881	210	9.9	7	25.4	24.9	0	4.7	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1194	285	13.8	9.7	34.4	33.6	0	5.9	0.53	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1380	329	14	9.9	43.8	42.8	0	6.9	0.68	0
Espresso Frappuccino® - almond drink	Mini	291	69	0.8	0.1	14.5	13.7	0.3	0.8	0.25	35
Espresso Frappuccino® - almond drink	Tall	403	95	1.1	0.1	20	18.9	0.4	1.1	0.34	48.4
Espresso Frappuccino® - almond drink	Grande	576	136	1.4	0.1	29.2	27.8	0.5	1.4	0.49	58.5
Espresso Frappuccino® - almond drink	Venti	710	168	1.6	0.2	36.6	34.8	0.6	1.5	0.61	65.5
Espresso Frappuccino® - soya drink	Mini	329	78	1.1	0.2	14.7	14	0.4	2.1	0.29	35
Espresso Frappuccino® - soya drink	Tall	455	108	1.5	0.3	20.3	19.3	0.6	2.9	0.40	48.4
Espresso Frappuccino® - soya drink	Grande	643	152	1.9	0.3	29.7	28.3	0.7	3.7	0.56	58.5
Espresso Frappuccino® - soya drink	Venti	783	185	2.1	0.4	37	35.4	0.8	4.1	0.68	65.5
Espresso Frappuccino® - oat drink	Mini	359	85	1.4	1	16.4	14.3	1.2	1	0.28	35
Espresso Frappuccino® - oat drink	Tall	497	117	2	1.4	22.6	19.7	1.7	1.4	0.38	48.4
Espresso Frappuccino® - oat drink	Grande	697	165	2.5	1.8	32.6	28.9	2.2	1.8	0.54	58.5
Espresso Frappuccino® - oat drink	Venti	843	199	2.8	2	40.3	36	2.4	2	0.66	65.5
Espresso Frappuccino® - coconut drink	Mini	332	79	1.4	1.2	14.9	14.1	0.9	1	0.31	35
Espresso Frappuccino® - coconut drink	Tall	458	109	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	Grande	647	154	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	Venti	788	187	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Espresso Frappuccino® - lactose free semi skimmed milk	Mini	344	81	1.1	0.6	15.6	14.8	0.1	2.3	0.27	35
Espresso Frappuccino® - lactose free semi skimmed milk	Tall	476	112	1.5	0.8	21.5	20.5	0.2	3.2	0.37	48.4
Espresso Frappuccino® - lactose free semi skimmed milk	Grande	670	158	1.9	1.1	31.1	29.8	0.3	4	0.53	58.5
Espresso Frappuccino® - lactose free semi skimmed milk	Venti	813	192	2.1	1.2	38.7	37	0.3	4.4	0.65	65.5
Espresso Frappuccino® - whole milk	Mini	375	89	2	1.1	15.5	14.8	0.1	2.2	0.27	35
Espresso Frappuccino® - whole milk	Tall	519	123	2.7	1.5	21.4	20.4	0.2	3.1	0.37	48.4
Espresso Frappuccino® - whole milk	Grande	725	172	3.5	2	31.1	29.7	0.3	3.9	0.53	58.5
Espresso Frappuccino® - whole milk	Venti	874	207	3.8	2.2	38.6	36.9	0.3	4.3	0.65	65.5
Espresso Frappuccino® - skimmed milk	Mini	334	79	0.6	0.3	15.6	14.9	0.1	2.6	0.27	35
Espresso Frappuccino® - skimmed milk	Tall	461	109	0.8	0.4	21.6	20.5	0.2	3.6	0.37	48.4
Espresso Frappuccino® - skimmed milk	Grande	651	154	1.1	0.5	31.2	29.9	0.3	4.6	0.53	58.5
Espresso Frappuccino® - skimmed milk	Venti	792	187	1.2	0.6	38.8	37.1	0.3	5	0.65	65.5
Cookies & Cream Frappuccino® - almond drink	Mini	709	170	9.7	6.3	18.9	15.9	0.4	1.5	0.32	0
Cookies & Cream Frappuccino® - almond drink	Tall	995	238	12.8	8.2	28.2	23.6	0.6	2.1	0.48	0
Cookies & Cream Frappuccino® - almond drink	Grande	1414	339	18	11.5	40.7	34	0.8	3	0.69	0
Cookies & Cream Frappuccino® - almond drink	Venti	1660	397	19.3	12.2	51.5	42.7	1	3.6	0.88	0
Cookies & Cream Frappuccino® - soya drink	Mini	759	182	10.1	6.4	19.3	16.3	0.5	3.2	0.37	0
Cookies & Cream Frappuccino® - soya drink	Tall	1071	256	13.3	8.4	28.8	24.2	0.8	4.8	0.56	0
Cookies & Cream Frappuccino® - soya drink	Grande	1514	362	18.6	11.8	41.4	34.8	1.1	6.5	0.79	0
Cookies & Cream Frappuccino® - soya drink	Venti	1777	424	20.1	12.5	52.3	43.7	1.4	7.7	0.99	0
Cookies & Cream Frappuccino® - oat drink	Mini	799	191	10.6	7.5	21.5	16.7	1.6	1.8	0.36	0
Cookies & Cream Frappuccino® - oat drink	Tall	1132	270	14.1	10	32.1	24.8	2.5	2.6	0.54	0
Cookies & Cream Frappuccino® - oat drink	Grande	1594	381	19.7	14	45.8	35.6	3.3	3.6	0.76	0
Cookies & Cream Frappuccino® - oat drink	Venti	1871	446	21.3	15.1	57.4	44.7	3.9	4.4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Mini	762	183	10.6	7.8	19.5	16.5	1.2	1.8	0.40	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1076	258	14.1	10.4	29.1	24.5	1.9	2.6	0.61	0
Cookies & Cream Frappuccino® - coconut drink	Grande	1520	364	19.7	14.5	41.8	35.2	2.5	3.6	0.86	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1785	427	21.3	15.7	52.8	44.2	2.9	4.4	1.08	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk	Mini	779	186	10.1	7	20.4	17.4	0.2	3.4	0.34	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk	Tall	1102	263	13.4	9.2	30.4	25.9	0.3	5.1	0.52	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk	Grande	1554	371	18.7	12.9	43.6	36.9	0.4	6.9	0.74	0
Cookies & Cream Frappuccino® - lactose free semi skimmed milk	Venti	1825	435	20.2	13.8	54.9	46.2	0.5	8.2	0.94	0
Cookies & Cream Frappuccino® - whole milk	Mini	821	197	11.3	7.7	20.3	17.3	0.2	3.4	0.34	0
Cookies & Cream Frappuccino® - whole milk	Tall	1164	279	15.1	10.2	30.3	25.8	0.3	5	0.52	0
Cookies & Cream Frappuccino® - whole milk	Grande	1636	392	21	14.2	43.5	36.8	0.4	6.8	0.74	0
Cookies & Cream Frappuccino® - whole milk	Venti	1920	459	22.9	15.2	54.7	46.1	0.5	8	0.94	0
Cookies & Cream Frappuccino® - skimmed milk	Mini	765	183	9.5	6.6	20.4	17.4	0.2	3.9	0.34	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1080	258	12.4	8.6	30.5	26	0.3	5.7	0.52	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1526	364	17.5	12.1	43.7	37.1	0.4	7.7	0.74	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1791	427	18.8	12.8	55	46.4	0.5	9.1	0.94	0
Caramel Cream Frappuccino® - almond drink	Mini	714	171	9.3	6.1	20.7	20	0.2	0.9	0.27	0
Caramel Cream Frappuccino® - almond drink	Tall	970	232	11.9	7.6	29.8	28.8	0.3	1.2	0.40	0
Caramel Cream Frappuccino® - almond drink	Grande	1317	315	16.3	10.5	40.3	38.9	0.4	1.5	0.54	0
Caramel Cream Frappuccino® - almond drink	Venti	1569	375	17.4	11.1	52.5	50.6	0.5	1.7	0.71	0
Caramel Cream Frappuccino® - soya drink	Mini	764	183	9.7	6.2	21.1	20.4	0.4	2.6	0.33	0
Caramel Cream Frappuccino® - soya drink	Tall	1046	250	12.4	7.8	30.3	29.4	0.5	3.9	0.48	0
Caramel Cream Frappuccino® - soya drink	Grande	1411	337	16.9	10.8	40.9	39.6	0.7	4.9	0.64	0
Caramel Cream Frappuccino® - soya drink	Venti	1682	401	18.2	11.4	53.2	51.5	0.8	5.7	0.82	0
Caramel Cream Frappuccino® - oat drink	Mini	804	192	10.2	7.3	23.3	20.8	1.4	1.2	0.31	0
Caramel Cream Frappuccino® - oat drink	Tall	1108	265	13.2	9.5	33.7	30	2.2	1.7	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	1487	355	17.9	12.9	45.1	40.4	2.7	2.2	0.61	0
Caramel Cream Frappuccino® - oat drink	Venti	1774	423	19.4	13.8	58.2	52.4	3.3	2.5	0.79	0
Caramel Cream Frappuccino® - coconut drink	Mini	767	184	10.2	7.6	21.3	20.6	1	1.2	0.36	0
Caramel Cream Frappuccino® - coconut drink	Tall	1052	252	13.2	9.9	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	Grande	1418	340	17.9	13.4	41.3	40	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	Venti	1690	404	19.4	14.5	53.7	52	2.3	2.5	0.90	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk	Mini	784	187	9.7	6.8	22.2	21.5	0	2.8	0.30	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk	Tall	1078	257	12.5	8.7	32	31.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk	Grande	1450	346	17	11.8	43	41.7	0	5.3	0.60	0
Caramel Cream Frappuccino® - lactose free semi skimmed milk	Venti	1729	412	18.3	12.6	55.7	54	0	6.2	0.77	0
Caramel Cream Frappuccino® - whole milk	Mini	826	198	10.9	7.4	22.1	21.4	0	2.8	0.30	0
Caramel Cream Frappuccino® - whole milk	Tall	1141	273	14.3	9.7	31.9	31	0	4.1	0.45	0
Caramel Cream Frappuccino® - whole milk	Grande	1527	365	19.2	13.1	42.9	41.6	0	5.1	0.60	0
Caramel Cream Frappuccino® - whole milk	Venti	1822	435	20.9	14.2	55.6	53.8	0	6	0.77	0

Caramel Cream Frappuccino® - skimmed milk	Mini	770	184	9.1	6.3	22.2	21.5	0	3.2	0.30	0
Caramel Cream Frappuccino® - skimmed milk	Tall	1056	252	11.5	8	32.1	31.2	0	4.8	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1423	340	15.8	11	43.1	41.8	0	6	0.60	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1696	404	16.9	11.7	55.9	54.1	0	7.1	0.77	0
Chocolate Cream Frappuccino® - almond drink	Mini	693	166	8.8	5.7	19.3	18.4	1	1.9	0.24	0
Chocolate Cream Frappuccino® - almond drink	Tall	890	213	11	7	25.6	24.6	1.2	2.2	0.36	0
Chocolate Cream Frappuccino® - almond drink	Grande	1235	296	15.3	9.8	35.7	34.3	1.6	3.1	0.50	0
Chocolate Cream Frappuccino® - almond drink	Venti	1453	347	15.9	10	46.2	44.4	2	3.7	0.65	0
Chocolate Cream Frappuccino® - soya drink	Mini	743	178	9.1	5.8	19.6	18.9	1.2	3.7	0.29	0
Chocolate Cream Frappuccino® - soya drink	Tall	967	231	11.6	7.3	26.1	25.2	1.4	4.9	0.44	0
Chocolate Cream Frappuccino® - soya drink	Grande	1333	318	15.9	10.1	36.3	35.1	1.9	6.5	0.59	0
Chocolate Cream Frappuccino® - soya drink	Venti	1572	375	16.7	10.4	47	45.3	2.4	7.9	0.77	0
Chocolate Cream Frappuccino® - oat drink	Mini	783	187	9.6	6.9	21.8	19.3	2.3	2.3	0.27	0
Chocolate Cream Frappuccino® - oat drink	Tall	1029	246	12.3	8.9	29.5	25.9	3.1	2.7	0.42	0
Chocolate Cream Frappuccino® - oat drink	Grande	1411	337	16.9	12.2	40.6	35.9	4	3.7	0.57	0
Chocolate Cream Frappuccino® - oat drink	Venti	1668	398	18	13	52.3	46.3	4.9	4.5	0.74	0
Chocolate Cream Frappuccino® - coconut drink	Mini	746	179	9.6	7.2	19.8	19.1	1.9	2.3	0.32	0
Chocolate Cream Frappuccino® - coconut drink	Tall	972	233	12.3	9.4	26.5	25.6	2.4	2.7	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	1339	321	16.9	12.8	36.8	35.5	3.2	3.7	0.66	0
Chocolate Cream Frappuccino® - coconut drink	Venti	1580	378	18	13.6	47.5	45.9	4	4.5	0.86	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Mini	763	182	9.1	6.4	20.7	20	0.8	3.9	0.26	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Tall	999	238	11.6	8.1	27.8	26.9	0.8	5.3	0.40	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Grande	1372	328	16	11.2	38.5	37.2	1.2	6.9	0.55	0
Chocolate Cream Frappuccino® - lactose free semi skimmed milk	Venti	1621	386	16.8	11.7	49.6	48	1.5	8.4	0.72	0
Chocolate Cream Frappuccino® - whole milk	Mini	805	193	10.3	7.1	20.6	19.9	0.8	3.9	0.26	0
Chocolate Cream Frappuccino® - whole milk	Tall	1062	254	13.4	9.1	27.7	26.8	0.8	5.2	0.40	0
Chocolate Cream Frappuccino® - whole milk	Grande	1452	348	18.2	12.5	38.4	37.1	1.2	6.8	0.55	0
Chocolate Cream Frappuccino® - whole milk	Venti	1719	411	19.6	13.3	49.5	47.8	1.5	8.2	0.72	0
Chocolate Cream Frappuccino® - skimmed milk	Mini	749	179	8.5	6	20.8	20	0.8	4.3	0.26	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	977	233	10.7	7.5	27.9	27	0.8	5.9	0.40	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	1345	321	14.8	10.4	38.6	37.3	1.2	7.7	0.55	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	1587	378	15.3	10.7	49.8	48.1	1.5	9.4	0.72	0

Hot Chocolates

Signature Caramel Hot Chocolate - almond drink	Short	865	207	10.2	5.8	27.2	25.9	0.5	1.2	0.14	13.6
Signature Caramel Hot Chocolate - almond drink	Tall	1210	290	13.4	7.2	39.6	37.8	0.8	1.8	0.20	20.4
Signature Caramel Hot Chocolate - almond drink	Grande	1527	365	16.3	8.6	51.3	49	1.1	2.3	0.25	27.2
Signature Caramel Hot Chocolate - almond drink	Venti	1815	434	18.3	9.2	63.1	60.3	1.3	2.8	0.31	34
Signature Caramel Hot Chocolate - soya drink	Short	982	234	11	6.1	28	26.9	0.8	5.3	0.26	13.6
Signature Caramel Hot Chocolate - soya drink	Tall	1403	335	14.7	7.8	40.9	39.4	1.4	8.6	0.40	20.4
Signature Caramel Hot Chocolate - soya drink	Grande	1775	423	18	9.3	52.9	51	1.8	11	0.51	27.2
Signature Caramel Hot Chocolate - soya drink	Venti	2131	508	20.4	10.1	65.3	62.9	2.3	13.9	0.64	34
Signature Caramel Hot Chocolate - oat drink	Short	1076	257	12.2	8.7	33.1	27.8	3.4	2	0.22	13.6
Signature Caramel Hot Chocolate - oat drink	Tall	1559	372	16.7	12	49.4	41	5.5	3.1	0.35	20.4
Signature Caramel Hot Chocolate - oat drink	Grande	1976	471	20.5	14.7	63.9	53.1	7.2	3.9	0.44	27.2
Signature Caramel Hot Chocolate - oat drink	Venti	2387	569	23.7	17	79.2	65.5	9.1	4.8	0.55	34
Signature Caramel Hot Chocolate - coconut drink	Short	990	238	12.2	9.3	28.4	27.4	2.4	2	0.34	13.6
Signature Caramel Hot Chocolate - coconut drink	Tall	1416	340	16.7	13	41.7	40.2	4	3.1	0.54	20.4
Signature Caramel Hot Chocolate - coconut drink	Grande	1792	430	20.5	16.1	54	52	5.1	3.9	0.69	27.2
Signature Caramel Hot Chocolate - coconut drink	Venti	2153	517	23.7	18.7	66.6	64.2	6.5	4.8	0.87	34
Signature Caramel Hot Chocolate - lactose free semi skimmed milk	Short	1030	246	11	7.4	30.5	29.4	0	5.8	0.20	13.6
Signature Caramel Hot Chocolate - lactose free semi skimmed milk	Tall	1482	353	14.8	9.9	45.1	43.6	0	9.4	0.31	20.4
Signature Caramel Hot Chocolate - lactose free semi skimmed milk	Grande	1877	447	18.1	12	58.4	56.5	0	12.1	0.39	27.2
Signature Caramel Hot Chocolate - lactose free semi skimmed milk	Venti	2262	538	20.7	13.5	72.3	69.9	0	15.2	0.49	34
Signature Caramel Hot Chocolate - whole milk	Short	1126	270	13.8	9	30.4	29.3	0	5.6	0.20	13.6
Signature Caramel Hot Chocolate - whole milk	Tall	1641	393	19.3	12.5	44.9	43.4	0	9.2	0.31	20.4
Signature Caramel Hot Chocolate - whole milk	Grande	2082	498	23.9	15.4	58.1	56.1	0	11.7	0.39	27.2
Signature Caramel Hot Chocolate - whole milk	Venti	2522	603	28	17.9	71.8	69.4	0	14.8	0.49	34
Signature Caramel Hot Chocolate - skimmed milk	Short	996	238	9.6	6.4	30.7	29.6	0	6.8	0.20	13.6
Signature Caramel Hot Chocolate - skimmed milk	Tall	1427	340	12.5	8.3	45.4	43.9	0	11	0.31	20.4
Signature Caramel Hot Chocolate - skimmed milk	Grande	1806	430	15.1	9.9	58.8	56.8	0	14.1	0.39	27.2
Signature Caramel Hot Chocolate - skimmed milk	Venti	2170	517	16.8	10.9	72.7	70.3	0	17.9	0.49	34
Classic Hot Chocolate - almond drink	Short	627	155	8.3	5.1	16	15.1	1.8	3	0.08	0
Classic Hot Chocolate - almond drink	Tall	944	223	11.2	6.3	24.3	22.9	2.8	4.6	0.14	0
Classic Hot Chocolate - almond drink	Grande	1146	275	13.4	7.5	30.9	29.1	3.6	5.8	0.17	0
Classic Hot Chocolate - almond drink	Venti	1375	330	15.1	7.9	38.7	36.4	4.6	7.3	0.23	0
Classic Hot Chocolate - soya drink	Short	717	171	8.8	5.3	16.5	15.7	2.1	5.6	0.15	0
Classic Hot Chocolate - soya drink	Tall	1074	257	12.2	6.7	25.3	24.1	3.3	9.7	0.29	0
Classic Hot Chocolate - soya drink	Grande	1322	316	14.6	8	32.1	30.5	4.1	12	0.35	0
Classic Hot Chocolate - soya drink	Venti	1617	386	16.8	8.6	40.3	38.4	5.3	15.8	0.48	0
Classic Hot Chocolate - oat drink	Short	775	185	9.5	6.8	19.7	16.3	3.6	3.5	0.13	0
Classic Hot Chocolate - oat drink	Tall	1193	285	13.7	9.9	31.7	25.3	6.4	5.5	0.25	0
Classic Hot Chocolate - oat drink	Grande	1463	349	16.4	11.8	39.8	32	7.9	7	0.30	0
Classic Hot Chocolate - oat drink	Venti	1813	433	19.2	13.9	51	40.4	10.6	8.8	0.41	0
Classic Hot Chocolate - coconut drink	Short	722	173	9.5	7.2	16.8	16	3	3.5	0.20	0
Classic Hot Chocolate - coconut drink	Tall	1084	261	13.7	10.7	25.9	24.7	5.2	5.5	0.40	0
Classic Hot Chocolate - coconut drink	Grande	1334	320	16.4	12.7	32.8	31.3	6.5	7	0.47	0
Classic Hot Chocolate - coconut drink	Venti	1634	393	19.2	15.2	41.3	39.4	8.6	8.8	0.65	0
Classic Hot Chocolate - lactose free semi skimmed milk	Short	747	178	8.8	6	18.1	17.3	1.5	5.9	0.12	0
Classic Hot Chocolate - lactose free semi skimmed milk	Tall	1134	271	12.3	8.3	28.5	27.3	2.2	10.4	0.22	0
Classic Hot Chocolate - lactose free semi skimmed milk	Grande	1394	332	14.7	9.9	35.9	34.4	2.9	12.7	0.26	0
Classic Hot Chocolate - lactose free semi skimmed milk	Venti	1717	409	16.9	11.2	45.7	43.8	3.6	16.8	0.36	0
Classic Hot Chocolate - whole milk	Short	806	193	10.5	7	18	17.2	1.5	5.8	0.12	0
Classic Hot Chocolate - whole milk	Tall	1255	301	15.7	10.3	28.3	27.1	2.2	10.2	0.22	0
Classic Hot Chocolate - whole milk	Grande	1538	369	18.8	12.3	35.7	34.2	2.9	12.5	0.26	0
Classic Hot Chocolate - whole milk	Venti	1917	459	22.6	14.6	45.3	43.4	3.6	16.5	0.36	0
Classic Hot Chocolate - skimmed milk	Short	726	173	7.9	5.5	18.2	17.4	1.5	6.5	0.12	0
Classic Hot Chocolate - skimmed milk	Tall	1092	261	10.5	7.1	28.7	27.5	2.2	11.6	0.22	0
Classic Hot Chocolate - skimmed milk	Grande	1343	320	12.5	8.4	36.2	34.6	2.9	14.2	0.26	0
Classic Hot Chocolate - skimmed milk	Venti	1647	393	13.9	9.2	46	44.1	3.6	18.8	0.36	0
Signature Hazelnut Hot Chocolate - almond drink	Short	813	195	9.6	5.4	25.1	23.8	0.7	1.4	0.11	13.6
Signature Hazelnut Hot Chocolate - almond drink	Tall	1154	276	12.8	6.8	37.3	35.3	1	2	0.18	20.4
Signature Hazelnut Hot Chocolate - almond drink	Grande	1466	351	15.7	8.2	48.8	46.2	1.2	2.4	0.23	27.2
Signature Hazelnut Hot Chocolate - almond drink	Venti	1751	419	17.7	8.8	60.4	57.1	1.5	2.9	0.29	34

Signature Hazelnut Hot Chocolate - soya drink	Short	930	222	10.4	5.8	25.9	24.7	1	5.5	0.23	13.6
Signature Hazelnut Hot Chocolate - soya drink	Tall	1347	321	14.1	7.4	38.6	36.9	1.5	8.8	0.38	20.4
Signature Hazelnut Hot Chocolate - soya drink	Grande	1715	409	17.4	8.9	50.4	48.2	1.9	11.2	0.49	27.2
Signature Hazelnut Hot Chocolate - soya drink	Venti	2067	493	19.9	9.7	62.6	59.7	2.4	14.1	0.61	34
Signature Hazelnut Hot Chocolate - oat drink	Short	1024	244	11.6	8.3	31	25.7	3.5	2.1	0.20	13.6
Signature Hazelnut Hot Chocolate - oat drink	Tall	1503	358	16.1	11.6	47.1	38.5	5.7	3.2	0.33	20.4
Signature Hazelnut Hot Chocolate - oat drink	Grande	1916	457	19.9	14.3	61.4	50.2	7.3	4.1	0.42	27.2
Signature Hazelnut Hot Chocolate - oat drink	Venti	2323	553	23.1	16.6	76.5	62.4	9.3	5	0.53	34
Signature Hazelnut Hot Chocolate - coconut drink	Short	938	225	11.6	8.9	26.4	25.2	2.6	2.1	0.32	13.6
Signature Hazelnut Hot Chocolate - coconut drink	Tall	1360	327	16.1	12.6	39.4	37.7	4.1	3.2	0.52	20.4
Signature Hazelnut Hot Chocolate - coconut drink	Grande	1732	416	19.9	15.7	51.5	49.2	5.3	4.1	0.67	27.2
Signature Hazelnut Hot Chocolate - coconut drink	Venti	2089	501	23.1	18.4	63.9	61.1	6.7	5	0.84	34
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk	Short	977	233	10.4	7	28.5	27.3	0.2	6	0.18	13.6
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk	Tall	1426	340	14.2	9.5	42.9	41.1	0.2	9.6	0.29	20.4
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk	Grande	1817	433	17.5	11.6	55.9	53.6	0.2	12.2	0.37	27.2
Signature Hazelnut Hot Chocolate - lactose free semi skimmed milk	Venti	2197	523	20.1	13.2	69.5	66.7	0.2	15.4	0.46	34
Signature Hazelnut Hot Chocolate - whole milk	Short	1073	257	13.2	8.6	28.3	27.1	0.2	5.8	0.18	13.6
Signature Hazelnut Hot Chocolate - whole milk	Tall	1585	379	18.7	12.1	42.6	40.9	0.2	9.3	0.29	20.4
Signature Hazelnut Hot Chocolate - whole milk	Grande	2021	484	23.3	15	55.6	53.3	0.2	11.9	0.37	27.2
Signature Hazelnut Hot Chocolate - whole milk	Venti	2458	588	27.4	17.5	69.1	66.3	0.2	15	0.46	34
Signature Hazelnut Hot Chocolate - skimmed milk	Short	944	225	9	6.1	28.6	27.5	0.2	6.9	0.18	13.6
Signature Hazelnut Hot Chocolate - skimmed milk	Tall	1371	327	11.9	7.9	43.1	41.4	0.2	11.2	0.29	20.4
Signature Hazelnut Hot Chocolate - skimmed milk	Grande	1746	416	14.5	9.6	56.3	54	0.2	14.3	0.37	27.2
Signature Hazelnut Hot Chocolate - skimmed milk	Venti	2106	501	16.2	10.6	70	67.1	0.2	18	0.46	34
Hot White Chocolate - almond drink	Short	782	187	9.5	6.3	22.4	22.3	0.3	2.7	0.19	0
Hot White Chocolate - almond drink	Tall	1150	275	13.1	8.3	34.6	34.4	0.6	4.2	0.31	0
Hot White Chocolate - almond drink	Grande	1455	348	16	10.1	45.1	44.8	0.7	5.5	0.39	0
Hot White Chocolate - almond drink	Venti	1769	423	18.4	11.2	56.8	56.4	1	6.9	0.51	0
Hot White Chocolate - soya drink	Short	854	204	10	6.5	22.9	22.9	0.5	5.3	0.26	0
Hot White Chocolate - soya drink	Tall	1297	310	14.2	8.7	35.6	35.6	1	9.4	0.46	0
Hot White Chocolate - soya drink	Grande	1630	389	17.2	10.6	46.3	46.3	1.2	11.6	0.57	0
Hot White Chocolate - soya drink	Venti	2012	480	20.1	11.9	58.4	58.4	1.7	15.4	0.75	0
Hot White Chocolate - oat drink	Short	913	218	10.8	8.1	26.1	23.5	2.1	3.2	0.24	0
Hot White Chocolate - oat drink	Tall	1416	338	15.7	11.9	42	36.8	4.2	5.2	0.42	0
Hot White Chocolate - oat drink	Grande	1772	423	19	14.4	54	47.7	5	6.6	0.52	0
Hot White Chocolate - oat drink	Venti	2208	526	22.6	17.2	69.1	60.4	7	8.5	0.69	0
Hot White Chocolate - coconut drink	Short	859	206	10.8	8.5	23.2	23.2	1.5	3.2	0.31	0
Hot White Chocolate - coconut drink	Tall	1307	314	15.7	12.7	36.2	36.2	3	5.2	0.56	0
Hot White Chocolate - coconut drink	Grande	1642	394	19	15.4	47	47	3.6	6.6	0.70	0
Hot White Chocolate - coconut drink	Venti	2028	486	22.6	18.6	59.4	59.4	5	8.5	0.93	0
Hot White Chocolate - lactose free semi skimmed milk	Short	884	211	10.1	7.3	24.5	24.5	0	5.6	0.23	0
Hot White Chocolate - lactose free semi skimmed milk	Tall	1357	324	14.3	10.3	38.8	38.8	0	10	0.39	0
Hot White Chocolate - lactose free semi skimmed milk	Grande	1702	406	17.3	12.5	50.1	50.1	0	12.4	0.49	0
Hot White Chocolate - lactose free semi skimmed milk	Venti	2112	503	20.2	14.6	63.7	63.7	0	16.5	0.64	0
Hot White Chocolate - whole milk	Short	943	226	11.8	8.3	24.4	24.4	0	5.5	0.23	0
Hot White Chocolate - whole milk	Tall	1478	354	17.7	12.3	38.6	38.6	0	9.8	0.39	0
Hot White Chocolate - whole milk	Grande	1846	442	21.4	14.9	49.9	49.9	0	12.1	0.49	0
Hot White Chocolate - whole milk	Venti	2311	553	25.9	17.9	63.4	63.4	0	16.1	0.64	0
Hot White Chocolate - skimmed milk	Short	863	206	9.2	6.7	24.6	24.6	0	6.2	0.23	0
Hot White Chocolate - skimmed milk	Tall	1315	314	12.4	9.1	39	39	0	11.2	0.39	0
Hot White Chocolate - skimmed milk	Grande	1652	394	15.1	11.1	50.4	50.4	0	13.8	0.49	0
Hot White Chocolate - skimmed milk	Venti	2042	486	17.2	12.6	64.1	64.1	0	18.4	0.64	0
Signature Hot Chocolate - almond drink	Short	669	161	9.6	5.4	16.7	15.6	0.7	1.4	0.11	13.6
Signature Hot Chocolate - almond drink	Tall	938	226	12.8	6.8	24.6	23	1	2	0.18	20.4
Signature Hot Chocolate - almond drink	Grande	1179	283	15.7	8.2	31.9	29.7	1.2	2.4	0.23	27.2
Signature Hot Chocolate - almond drink	Venti	1391	334	17.7	8.8	39.3	36.6	1.5	2.9	0.29	34
Signature Hot Chocolate - soya drink	Short	786	188	10.4	5.8	17.5	16.5	1	5.5	0.23	13.6
Signature Hot Chocolate - soya drink	Tall	1131	271	14.1	7.4	25.9	24.6	1.5	8.8	0.38	20.4
Signature Hot Chocolate - soya drink	Grande	1427	341	17.4	8.9	33.5	31.7	1.9	11.2	0.49	27.2
Signature Hot Chocolate - soya drink	Venti	1708	408	19.9	9.7	41.4	39.2	2.4	14.1	0.61	34
Signature Hot Chocolate - oat drink	Short	880	210	11.6	8.3	22.6	17.5	3.5	2.1	0.20	13.6
Signature Hot Chocolate - oat drink	Tall	1287	308	16.1	11.6	34.4	26.2	5.7	3.2	0.33	20.4
Signature Hot Chocolate - oat drink	Grande	1628	389	19.9	14.3	44.5	33.8	7.3	4.1	0.42	27.2
Signature Hot Chocolate - oat drink	Venti	1964	469	23.1	16.6	55.3	41.8	9.3	5	0.53	34
Signature Hot Chocolate - coconut drink	Short	794	191	11.6	8.9	18	17	2.6	2.1	0.32	13.6
Signature Hot Chocolate - coconut drink	Tall	1144	276	16.1	12.6	26.8	25.4	4.1	3.2	0.52	20.4
Signature Hot Chocolate - coconut drink	Grande	1444	348	19.9	15.7	34.6	32.8	5.3	4.1	0.67	27.2
Signature Hot Chocolate - coconut drink	Venti	1729	417	23.1	18.4	42.7	40.5	6.7	5	0.84	34
Signature Hot Chocolate - lactose free semi skimmed milk	Short	834	199	10.4	7	20	19.1	0.2	6	0.18	13.6
Signature Hot Chocolate - lactose free semi skimmed milk	Tall	1210	289	14.2	9.5	30.2	28.8	0.2	9.6	0.29	20.4
Signature Hot Chocolate - lactose free semi skimmed milk	Grande	1529	365	17.5	11.6	39	37.2	0.2	12.2	0.37	27.2
Signature Hot Chocolate - lactose free semi skimmed milk	Venti	1838	438	20.1	13.2	48.4	46.2	0.2	15.4	0.46	34
Signature Hot Chocolate - whole milk	Short	929	223	13.2	8.6	19.9	18.9	0.2	5.8	0.18	13.6
Signature Hot Chocolate - whole milk	Tall	1369	329	18.7	12.1	29.9	28.6	0.2	9.3	0.29	20.4
Signature Hot Chocolate - whole milk	Grande	1734	416	23.3	15	38.7	36.9	0.2	11.9	0.37	27.2
Signature Hot Chocolate - whole milk	Venti	2098	504	27.4	17.5	48	45.7	0.2	15	0.46	34
Signature Hot Chocolate - skimmed milk	Short	800	191	9	6.1	20.2	19.3	0.2	6.9	0.18	13.6
Signature Hot Chocolate - skimmed milk	Tall	1155	276	11.9	7.9	30.5	29.1	0.2	11.2	0.29	20.4
Signature Hot Chocolate - skimmed milk	Grande	1458	348	14.5	9.6	39.4	37.6	0.2	14.3	0.37	27.2
Signature Hot Chocolate - skimmed milk	Venti	1747	417	16.2	10.6	48.8	46.6	0.2	18	0.46	34
Iced Chocolate - almond drink	Tall	948	227	12.6	7.8	22.9	21.6	2.6	4.3	0.11	0
Iced Chocolate - almond drink	Grande	1265	304	17.1	10.8	29.9	28.2	3.4	5.7	0.13	0
Iced Chocolate - almond drink	Venti	1460	350	18.5	11.2	36.8	34.7	4.3	6.9	0.17	0
Iced Chocolate - soya drink	Tall	1047	251	13.2	8.1	23.6	22.4	2.9	7.8	0.21	0
Iced Chocolate - soya drink	Grande	1388	332	18	11.1	30.7	29.2	3.8	10	0.26	0
Iced Chocolate - soya drink	Venti	1626	389	19.6	11.6	37.9	36	4.7	12.8	0.34	0
Iced Chocolate - oat drink	Tall	1128	270	14.3	10.2	27.9	23.2	5.1	5	0.18	0
Iced Chocolate - oat drink	Grande	1487	356	19.2	13.8	36.1	30.2	6.4	6.5	0.23	0
Iced Chocolate - oat drink	Venti	1761	421	21.3	15.3	45.3	37.4	8.4	8	0.30	0
Iced Chocolate - coconut drink	Tall	1054	253	14.3	10.8	24	22.8	4.2	5	0.28	0
Iced Chocolate - coconut drink	Grande	1396	335	19.2	14.5	31.2	29.7	5.4	6.5	0.35	0
Iced Chocolate - coconut drink	Venti	1638	393	21.3	16.2	38.6	36.8	7	8	0.46	0
Iced Chocolate - lactose free semi skimmed milk	Tall	1088	260	13.3	9.1	25.8	24.6	2.2	8.3	0.16	0
Iced Chocolate - lactose free semi skimmed milk	Grande	1438	344	18.1	12.4	33.4	31.9	2.9	10.5	0.20	0
Iced Chocolate - lactose free semi skimmed milk	Venti	1695	405	19.7	13.5	41.6	39.7	3.6	13.5	0.26	0

Classic Shaken Hibiscus Tea Lemonade	Tall		162	38	0.1	0	9.1	9.1	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Grande		217	52	0.1	0	12.3	12.3	0.1	0.1	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Venti		236	56	0.2	0	13.3	13.3	0.2	0.2	0.00	0
Classic Shaken Iced Black Tea	Tall		0	0	0	0	0	0	0	0	0.00	0.5
Classic Shaken Iced Black Tea	Grande		0	0	0	0	0	0	0	0	0.00	0.7
Classic Shaken Iced Black Tea	Venti		0	0	0	0	0	0	0	0	0.00	0.8
Tea Latte												
Matcha Green Tea Latte - almond drink	Short		154	37	1.6	0.1	4	3.3	1	1.1	0.07	38.6
Matcha Green Tea Latte - almond drink	Tall		241	58	2.6	0.2	6.3	5.2	1.5	1.6	0.12	57.8
Matcha Green Tea Latte - almond drink	Grande		353	85	3.7	0.3	9.3	7.6	2.3	2.4	0.17	87.6
Matcha Green Tea Latte - almond drink	Venti		435	105	4.6	0.4	11.5	9.4	2.8	3	0.21	104.3
Matcha Green Tea Latte - soya drink	Short		245	58	2.2	0.4	4.7	4	1.3	4.3	0.17	38.6
Matcha Green Tea Latte - soya drink	Tall		385	92	3.6	0.6	7.3	6.4	2	6.7	0.27	57.8
Matcha Green Tea Latte - soya drink	Grande		562	134	5.2	0.9	10.7	9.3	2.9	9.8	0.39	87.6
Matcha Green Tea Latte - soya drink	Venti		695	166	6.4	1.1	13.2	11.5	3.5	12.1	0.48	104.3
Matcha Green Tea Latte - oat drink	Short		318	76	3.2	2.4	8.7	4.8	3.2	1.7	0.14	38.6
Matcha Green Tea Latte - oat drink	Tall		502	120	5	3.8	13.6	7.6	5.1	2.6	0.23	57.8
Matcha Green Tea Latte - oat drink	Grande		731	174	7.3	5.5	19.9	11	7.4	3.8	0.33	87.6
Matcha Green Tea Latte - oat drink	Venti		905	216	9.1	6.8	24.6	13.7	9.2	4.7	0.41	104.3
Matcha Green Tea Latte - coconut drink	Short		251	61	3.2	2.9	5	4.4	2.5	1.7	0.23	38.6
Matcha Green Tea Latte - coconut drink	Tall		395	96	5	4.6	7.9	7	3.9	2.6	0.37	57.8
Matcha Green Tea Latte - coconut drink	Grande		576	140	7.3	6.6	11.6	10.2	5.7	3.8	0.54	87.6
Matcha Green Tea Latte - coconut drink	Venti		713	173	9.1	8.2	14.3	12.6	7	4.7	0.67	104.3
Matcha Green Tea Latte - lactose free semi skimmed milk	Short		282	67	2.3	1.4	6.7	6	0.6	4.6	0.12	38.6
Matcha Green Tea Latte - lactose free semi skimmed milk	Tall		444	106	3.7	2.2	10.5	9.6	0.9	7.3	0.20	57.8
Matcha Green Tea Latte - lactose free semi skimmed milk	Grande		648	154	5.3	3.2	15.3	13.9	1.4	10.7	0.29	87.6
Matcha Green Tea Latte - lactose free semi skimmed milk	Venti		802	191	6.6	4	18.9	17.2	1.7	13.2	0.36	104.3
Matcha Green Tea Latte - whole milk	Short		357	86	4.4	2.6	6.5	5.9	0.6	4.5	0.12	38.6
Matcha Green Tea Latte - whole milk	Tall		563	135	7	4.2	10.3	9.4	0.9	7.1	0.20	57.8
Matcha Green Tea Latte - whole milk	Grande		820	197	10.2	6.1	15	13.6	1.4	10.4	0.29	87.6
Matcha Green Tea Latte - whole milk	Venti		1015	244	12.6	7.5	18.6	16.9	1.7	12.8	0.36	104.3
Matcha Green Tea Latte - skimmed milk	Short		256	61	1.2	0.6	6.8	6.2	0.6	5.4	0.12	38.6
Matcha Green Tea Latte - skimmed milk	Tall		403	96	1.9	1	10.7	9.7	0.9	8.5	0.20	57.8
Matcha Green Tea Latte - skimmed milk	Grande		588	140	2.7	1.5	15.6	14.2	1.4	12.4	0.29	87.6
Matcha Green Tea Latte - skimmed milk	Venti		727	173	3.4	1.8	19.3	17.6	1.7	15.3	0.36	104.3
Iced Chai Tea Latte - almond drink	Tall		582	138	1.8	0.2	28.4	28.2	2.2	0.9	0.10	68.9
Iced Chai Tea Latte - almond drink	Grande		762	181	2.2	0.2	37.5	37.3	2.9	1.2	0.12	91.9
Iced Chai Tea Latte - almond drink	Venti		971	231	3	0.3	47.4	47.1	3.7	1.5	0.17	114.9
Iced Chai Tea Latte - soya drink	Tall		681	161	2.5	0.4	29.1	29	2.5	4.4	0.20	68.9
Iced Chai Tea Latte - soya drink	Grande		884	209	3	0.5	38.4	38.3	3.3	5.5	0.25	91.9
Iced Chai Tea Latte - soya drink	Venti		1137	269	4.1	0.7	48.5	48.4	4.2	7.4	0.34	114.9
Iced Chai Tea Latte - oat drink	Tall		762	180	3.5	2.6	33.5	29.9	4.7	1.6	0.17	68.9
Iced Chai Tea Latte - oat drink	Grande		983	233	4.3	3.2	43.8	39.3	5.9	2	0.22	91.9
Iced Chai Tea Latte - oat drink	Venti		1272	301	5.8	4.4	55.9	49.8	7.8	2.6	0.29	114.9
Iced Chai Tea Latte - coconut drink	Tall		688	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	68.9
Iced Chai Tea Latte - coconut drink	Grande		893	213	4.3	3.9	38.9	38.8	4.9	2	0.34	91.9
Iced Chai Tea Latte - coconut drink	Venti		1149	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	114.9
Iced Chai Tea Latte - lactose free semi skimmed milk	Tall		722	171	2.5	1.5	31.3	31.2	1.8	4.8	0.15	68.9
Iced Chai Tea Latte - lactose free semi skimmed milk	Grande		935	221	3.1	1.9	41.1	41	2.4	6	0.19	91.9
Iced Chai Tea Latte - lactose free semi skimmed milk	Venti		1206	285	4.2	2.5	52.2	52.1	3	8.1	0.26	114.9
Iced Chai Tea Latte - whole milk	Tall		804	191	4.8	2.9	31.2	31.1	1.8	4.7	0.15	68.9
Iced Chai Tea Latte - whole milk	Grande		1036	246	6	3.6	40.9	40.8	2.4	5.8	0.19	91.9
Iced Chai Tea Latte - whole milk	Venti		1343	320	8.1	4.8	52	51.9	3	7.9	0.26	114.9
Iced Chai Tea Latte - skimmed milk	Tall		693	164	1.3	0.7	31.4	31.4	1.8	5.7	0.15	68.9
Iced Chai Tea Latte - skimmed milk	Grande		899	213	1.6	0.9	41.2	41.1	2.4	7	0.19	91.9
Iced Chai Tea Latte - skimmed milk	Venti		1158	274	2.2	1.2	52.4	52.3	3	9.5	0.26	114.9
Chai Tea Latte - almond drink	Short		393	93	1.2	0.1	19.1	19	1.5	0.6	0.07	46
Chai Tea Latte - almond drink	Tall		668	159	2.8	0.2	30.7	30.4	2.5	1.3	0.15	68.9
Chai Tea Latte - almond drink	Grande		855	204	3.3	0.3	40	39.6	3.2	1.6	0.18	91.9
Chai Tea Latte - almond drink	Venti		1106	263	4.6	0.4	51	50.5	4.1	2.2	0.24	114.9
Chai Tea Latte - soya drink	Short		463	110	1.7	0.3	19.6	19.5	1.7	3.1	0.14	46
Chai Tea Latte - soya drink	Tall		828	196	3.9	0.7	31.8	31.7	2.9	7	0.31	68.9
Chai Tea Latte - soya drink	Grande		1044	248	4.6	0.8	41.3	41.2	3.7	8.3	0.37	91.9
Chai Tea Latte - soya drink	Venti		1369	325	6.4	1.2	52.7	52.6	4.9	11.5	0.51	114.9
Chai Tea Latte - oat drink	Short		520	123	2.4	1.8	22.6	20.1	3.2	1.1	0.12	46
Chai Tea Latte - oat drink	Tall		958	227	5.6	4.2	38.8	33	6.4	2.4	0.27	68.9
Chai Tea Latte - oat drink	Grande		1197	284	6.6	5	49.6	42.8	7.8	2.9	0.32	91.9
Chai Tea Latte - oat drink	Venti		1581	375	9.1	6.9	64.3	54.8	10.5	3.9	0.44	114.9
Chai Tea Latte - coconut drink	Short		468	112	2.4	2.2	19.9	19.8	2.6	1.1	0.19	46
Chai Tea Latte - coconut drink	Tall		839	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	68.9
Chai Tea Latte - coconut drink	Grande		1057	253	6.6	6	42.1	42	6.3	2.9	0.51	91.9
Chai Tea Latte - coconut drink	Venti		1387	332	9.1	8.3	53.8	53.7	8.4	3.9	0.70	114.9
Chai Tea Latte - lactose free semi skimmed milk	Short		492	116	1.8	1.1	21.1	21.1	1.2	3.4	0.11	46
Chai Tea Latte - lactose free semi skimmed milk	Tall		894	212	4	2.4	35.3	35.2	1.8	7.7	0.24	68.9
Chai Tea Latte - lactose free semi skimmed milk	Grande		1122	266	4.8	2.9	45.4	45.3	2.4	9.1	0.28	91.9
Chai Tea Latte - lactose free semi skimmed milk	Venti		1477	350	6.6	4	58.5	58.4	3	12.6	0.39	114.9
Chai Tea Latte - whole milk	Short		550	131	3.4	2	21	21	1.2	3.3	0.11	46
Chai Tea Latte - whole milk	Tall		1026	245	7.8	4.6	35.1	35	1.8	7.5	0.24	68.9
Chai Tea Latte - whole milk	Grande		1277	305	9.2	5.5	45.2	45.1	2.4	8.8	0.28	91.9
Chai Tea Latte - whole milk	Venti		1693	404	12.7	7.6	58.2	58.1	3	12.2	0.39	114.9
Chai Tea Latte - skimmed milk	Short		472	112	0.9	0.5	21.2	21.2	1.2	4	0.11	46
Chai Tea Latte - skimmed milk	Tall		848	201	2	1.1	35.5	35.4	1.8	9	0.24	68.9
Chai Tea Latte - skimmed milk	Grande		1068	253	2.4	1.3	45.7	45.6	2.4	10.6	0.28	91.9
Chai Tea Latte - skimmed milk	Venti		1401	332	3.4	1.8	58.9	58.8	3	14.7	0.39	114.9
Iced Matcha Green Tea Latte - almond drink	Tall		240	58	2.4	0.2	6.3	4.9	1.8	1.8	0.11	79.2
Iced Matcha Green Tea Latte - almond drink	Grande		307	74	3.1	0.3	8.1	6.1	2.4	2.3	0.14	105.6
Iced Matcha Green Tea Latte - almond drink	Venti		356	86	3.5	0.3	9.4	7	2.9	2.8	0.16	132
Iced Matcha Green Tea Latte - soya drink	Tall		374	89	3.3	0.6	7.2	5.9	2.2	6.5	0.25	79.2
Iced Matcha Green Tea Latte - soya drink	Grande		474	113	4.2	0.8	9.2	7.5	2.9	8.2	0.31	105.6
Iced Matcha Green Tea Latte - soya drink	Venti		546	130	4.8	0.9	10.7	8.5	3.5	9.5	0.35	132
Iced Matcha Green Tea Latte - oat drink	Tall		481	115	4.7	3.5	13.1	7.1	5.1	2.7	0.21	79.2
Iced Matcha Green Tea Latte - oat drink	Grande		610	145	5.9	4.4	16.6	8.9	6.5	3.4	0.26	105.6
Iced Matcha Green Tea Latte - oat drink	Venti		700	167	6.8	5	19	10.1	7.6	4	0.30	132
Iced Matcha Green Tea Latte - coconut drink	Tall		383	93	4.7	4.2	7.8	6.5	4	2.7	0.34	79.2
Iced Matcha Green Tea Latte - coconut drink	Grande		486	118	5.9	5.3	9.9	8.2	5.2	3.4	0.43	105.6
Iced Matcha Green Tea Latte - coconut drink	Venti		559	136	6.8	6.1	11.5	9.3	6	4	0.49	132

Iced Matcha Green Tea Latte - lactose free semi skimmed milk	Tall	428	102	3.4	2	10.2	8.9	1.3	7	0.18	79.2
Iced Matcha Green Tea Latte - lactose free semi skimmed milk	Grande	543	129	4.3	2.6	12.9	11.2	1.7	8.9	0.23	105.6
Iced Matcha Green Tea Latte - lactose free semi skimmed milk	Venti	625	149	4.9	2.9	14.9	12.7	2.1	10.3	0.26	132
Iced Matcha Green Tea Latte - whole milk	Tall	538	129	6.5	3.9	10	8.7	1.3	6.9	0.18	79.2
Iced Matcha Green Tea Latte - whole milk	Grande	681	164	8.2	4.9	12.7	11	1.7	8.7	0.23	105.6
Iced Matcha Green Tea Latte - whole milk	Venti	781	188	9.4	5.5	14.6	12.5	2.1	10	0.26	132
Iced Matcha Green Tea Latte - skimmed milk	Tall	390	93	1.8	0.9	10.3	9.1	1.3	8.1	0.18	79.2
Iced Matcha Green Tea Latte - skimmed milk	Grande	495	118	2.3	1.2	13.1	11.4	1.7	10.3	0.23	105.6
Iced Matcha Green Tea Latte - skimmed milk	Venti	570	136	2.6	1.4	15.1	13	2.1	11.8	0.26	132
Frappuccino®											
Coffee Frappuccino® - almond drink	Mini	580	139	7.9	5.3	15.9	15.3	0.2	0.9	0.25	15
Coffee Frappuccino® - almond drink	Tall	808	193	10.1	6.6	24	23.2	0.4	1.3	0.38	23.3
Coffee Frappuccino® - almond drink	Grande	1121	268	14	9.2	33.6	32.4	0.5	1.7	0.52	32.9
Coffee Frappuccino® - almond drink	Venti	1263	302	14.2	9.3	41.3	39.8	0.6	1.9	0.64	41.7
Coffee Frappuccino® - soya drink	Mini	618	148	8.2	5.4	16.1	15.6	0.3	2.2	0.28	15
Coffee Frappuccino® - soya drink	Tall	866	207	10.5	6.8	24.4	23.7	0.5	3.3	0.43	23.3
Coffee Frappuccino® - soya drink	Grande	1192	285	14.5	9.4	34	33	0.7	4.2	0.59	32.9
Coffee Frappuccino® - soya drink	Venti	1340	320	14.7	9.5	41.8	40.4	0.8	4.7	0.72	41.7
Coffee Frappuccino® - oat drink	Mini	649	155	8.6	6.2	17.8	15.9	1.2	1.2	0.27	15
Coffee Frappuccino® - oat drink	Tall	914	218	11.1	8	27	24.2	1.8	1.7	0.42	23.3
Coffee Frappuccino® - oat drink	Grande	1249	298	15.2	11	37.1	33.6	2.2	2.2	0.57	32.9
Coffee Frappuccino® - oat drink	Venti	1403	335	15.5	11.2	45.2	41.1	2.5	2.4	0.70	41.7
Coffee Frappuccino® - coconut drink	Mini	621	149	8.6	6.4	16.3	15.8	0.9	1.2	0.31	15
Coffee Frappuccino® - coconut drink	Tall	870	209	11.1	8.4	24.7	23.9	1.3	1.7	0.48	23.3
Coffee Frappuccino® - coconut drink	Grande	1197	287	15.2	11.4	34.3	33.3	1.6	2.2	0.64	32.9
Coffee Frappuccino® - coconut drink	Venti	1346	322	15.5	11.6	42.1	40.8	1.8	2.4	0.78	41.7
Coffee Frappuccino® - lactose free semi skimmed milk	Mini	634	151	8.2	5.8	17	16.5	0.1	2.4	0.27	15
Coffee Frappuccino® - lactose free semi skimmed milk	Tall	890	213	10.6	7.4	25.7	25	0.1	3.6	0.41	23.3
Coffee Frappuccino® - lactose free semi skimmed milk	Grande	1221	292	14.5	10.2	35.6	34.5	0.2	4.5	0.56	32.9
Coffee Frappuccino® - lactose free semi skimmed milk	Venti	1372	327	14.7	10.3	43.5	42.2	0.2	5	0.69	41.7
Coffee Frappuccino® - whole milk	Mini	665	159	9.1	6.3	16.9	16.4	0.1	2.3	0.27	15
Coffee Frappuccino® - whole milk	Tall	938	225	11.9	8.2	25.6	24.9	0.1	3.5	0.41	23.3
Coffee Frappuccino® - whole milk	Grande	1279	306	16.2	11.2	35.5	34.4	0.2	4.4	0.56	32.9
Coffee Frappuccino® - whole milk	Venti	1436	343	16.6	11.4	43.4	42.1	0.2	4.9	0.69	41.7
Coffee Frappuccino® - skimmed milk	Mini	623	149	7.7	5.5	17	16.5	0.1	2.7	0.27	15
Coffee Frappuccino® - skimmed milk	Tall	874	209	9.8	6.9	25.8	25	0.1	4.1	0.41	23.3
Coffee Frappuccino® - skimmed milk	Grande	1201	287	13.7	9.6	35.7	34.6	0.2	5.1	0.56	32.9
Coffee Frappuccino® - skimmed milk	Venti	1350	322	13.8	9.7	43.6	42.3	0.2	5.6	0.69	41.7
Winter Campaign											
Berry Iced Cappuccino	Tall 12oz	752	177	0.4	0.1	39.7	38.3	0.3	3.4	0.16	66
Berry Iced Cappuccino	Grande 16oz	1022	241	0.5	0.2	54.2	52.6	0.4	4.6	0.21	66
Berry Iced Cappuccino	Venti 20oz	1339	315	0.7	0.2	70.8	68.6	0.5	6.1	0.28	99
Strawberry & Vanilla Oat Latte	Short 8oz	433	104	4.4	3.3	12.1	6.9	3.7	2.1	0.22	28
Strawberry & Vanilla Oat Latte	Tall 12oz	667	160	6.7	5	18.5	10.4	5.7	3.4	0.36	57
Strawberry & Vanilla Oat Latte	Grande 16oz	869	208	8.9	6.6	24.1	13.6	7.5	4.3	0.45	57
Strawberry & Vanilla Oat Latte	Venti 20oz	1139	273	11.6	8.6	31.4	17.6	9.8	5.7	0.60	85
Dark Cocoa & Orange Oat Latte	Short 8oz	524	125	4.5	3.3	16.9	11.3	4	2.3	0.23	28
Dark Cocoa & Orange Oat Latte	Tall 12oz	796	190	6.9	5.1	25.2	16.6	6.1	3.7	0.36	57
Dark Cocoa & Orange Oat Latte	Grande 16oz	1036	247	9.1	6.7	32.7	21.6	8.1	4.7	0.46	57
Dark Cocoa & Orange Oat Latte	Venti 20oz	1343	321	11.8	8.8	42	27.5	10.5	6.2	0.60	85
Honey & Hazelnut Oat Latte	Short 8oz	443	106	4.4	3.3	12.7	7.5	3.7	2.1	0.22	28
Honey & Hazelnut Oat Latte	Tall 12oz	680	163	6.7	5	19.3	11.1	5.7	3.4	0.36	57
Honey & Hazelnut Oat Latte	Grande 16oz	885	212	8.9	6.6	25	14.4	7.5	4.3	0.45	57
Honey & Hazelnut Oat Latte	Venti 20oz	1157	277	11.6	8.6	32.5	18.6	9.8	5.7	0.60	85
Berry Hot Chocolate - SKIMMED MILK	Short 8oz	549	130	1.3	0.7	25.9	24.9	1.4	3 [†]	0.24	0
Berry Hot Chocolate - SKIMMED MILK	Tall 12oz	909	215	2	1.1	42.3	41	2.1	5.9	0.42	0
Berry Hot Chocolate - SKIMMED MILK	Grande 16oz	1201	284	2.6	1.4	56.5	54.7	2.7	7.2	0.56	0
Berry Hot Chocolate - SKIMMED MILK	Venti 20oz	1512	357	3.3	1.7	71.3	69.1	3.4	8.9	0.71	0
Berry Hot Chocolate - SEMI SKIMMED MILK	Short 8oz	604	143	2.8	1.7	25.7	24.7	1.4	3.2	0.24	0
Berry Hot Chocolate - SEMI SKIMMED MILK	Tall 12oz	1018	241	4.9	3	42	40.6	2.1	6.2	0.42	0
Berry Hot Chocolate - SEMI SKIMMED MILK	Grande 16oz	1333	316	6.2	3.7	56.1	54.3	2.7	7.6	0.56	0
Berry Hot Chocolate - SEMI SKIMMED MILK	Venti 20oz	1676	397	7.7	4.7	70.8	68.5	3.4	9.4	0.71	0
Berry Hot Chocolate - WHOLE MILK	Short 8oz	656	156	4.4	2.7	25.6	24.6	1.4	2.8	0.24	0
Berry Hot Chocolate - WHOLE MILK	Tall 12oz	1118	266	8	5	41.8	40.4	2.1	5.5	0.42	0
Berry Hot Chocolate - WHOLE MILK	Grande 16oz	1456	346	10	6.3	55.9	54.1	2.7	6.7	0.56	0
Berry Hot Chocolate - WHOLE MILK	Venti 20oz	1828	434	12.4	7.8	70.5	68.3	3.4	8.4	0.71	0
Berry Hot Chocolate - ALMOND DRINK	Short 8oz	507	120	2.3	0.8	23.7	22.7	1.6	0.5	0.20	0
Berry Hot Chocolate - ALMOND DRINK	Tall 12oz	828	196	3.9	1.2	38.2	36.6	2.6	0.9	0.35	0
Berry Hot Chocolate - ALMOND DRINK	Grande 16oz	1102	261	4.9	1.6	51.5	49.4	3.4	1.1	0.47	0
Berry Hot Chocolate - ALMOND DRINK	Venti 20oz	1389	329	6.2	2	65	62.5	4.2	1.3	0.60	0
Berry Hot Chocolate - SOYA DRINK	Short 8oz	570	135	2.7	1	24.2	23.2	1.8	2.7	0.25	0
Berry Hot Chocolate - SOYA DRINK	Tall 12oz	951	225	4.7	1.6	39.1	37.7	2.9	5.2	0.44	0
Berry Hot Chocolate - SOYA DRINK	Grande 16oz	1252	297	6	2.1	52.5	50.7	3.8	6.3	0.58	0
Berry Hot Chocolate - SOYA DRINK	Venti 20oz	1575	373	7.5	2.6	66.3	64.1	4.7	7.8	0.73	0
Berry Hot Chocolate - ORIGINAL NUT BLEND	Short 8oz	567	134	2.5	0.9	25.3	22.8	1.8	1.7	0.33	0
Berry Hot Chocolate - ORIGINAL NUT BLEND	Tall 12oz	944	244	4.4	1.4	41.3	36.8	2.9	3.3	0.59	0
Berry Hot Chocolate - ORIGINAL NUT BLEND	Grande 16oz	1243	295	5.6	1.8	55.2	49.6	3.8	4	0.77	0
Berry Hot Chocolate - ORIGINAL NUT BLEND	Venti 20oz	1564	371	6.9	2.3	69.7	62.8	4.7	5	0.97	0
Berry Hot Chocolate - OAT DRINK	Short 8oz	627	149	3.4	2.4	27.1	23.8	3.2	0.9	0.26	0
Berry Hot Chocolate - OAT DRINK	Tall 12oz	1062	252	6.1	4.4	44.8	38.9	5.7	1.7	0.46	0
Berry Hot Chocolate - OAT DRINK	Grande 16oz	1387	330	7.7	5.4	59.4	52.2	7.2	2.1	0.60	0
Berry Hot Chocolate - OAT DRINK	Venti 20oz	1743	414	9.6	6.7	75	65.9	8.9	2.6	0.76	0
Berry Hot Chocolate - COCONUT DRINK	Short 8oz	579	138	3.4	2.7	24.5	23.6	2.9	0.9	0.32	0
Berry Hot Chocolate - COCONUT DRINK	Tall 12oz	969	230	6.1	5	39.8	38.4	4.6	1.7	0.58	0
Berry Hot Chocolate - COCONUT DRINK	Grande 16oz	1274	303	7.7	6.3	53.3	51.5	5.9	2.1	0.75	0
Berry Hot Chocolate - COCONUT DRINK	Venti 20oz	1602	381	9.6	7.8	67.4	65.2	7.2	2.6	0.94	0