

AUTUMN 2019 BEVERAGE NUTRITIONAL INFORMATION

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks											
Caffe Latte - Skimmed Milk	Short	257	60.0	0.2	0.0	9.0	8.0	0.0	5.79	0	75 - 85
	Tall	435	102	0	0.0	15	13.3	0.0	9.7	0.3	150 - 170
	Grande	543	128	0	0.0	19	17	0.0	12.3	0.3	150 - 170
	Venti	713	168	0.4	0.0	25	22	0.0	16.0	0.4	225 - 255
Caffe Latte - Semi - skimmed Milk	Short	357	85	2.9	1.8	9	8	0.0	6.1	0.2	75 - 85
	Tall	602	143	4.8	2.9	15	13	0	10	0	150 - 170
	Grande	757	180	6	3.7	18	16	0.0	12.9	0.3	150 - 170
	Venti	989	235	8	4.8	24	21	0.0	16.9	0.4	225 - 255
Caffe Latte - Whole Milk	Short	450	108	5.8	4	8	8	0.0	5.5	0.2	75 - 85
	Tall	756	181	9.6	6	14	12	0.0	9.2	0.3	150 - 170
	Grande	954	228	12	8	18	16	0.0	11.6	0.3	150 - 170
	Venti	1245	298	16	10.1	24	21	0.0	15.2	0.4	225 - 255
Caffe Latte - Soya	Short	295	70	2.7	0	6	5	0.8	5.2	0.2	75 - 85
	Tall	499	119	4.5	0.8	10	8	1.3	8.7	0.3	150 - 170
	Grande	625	149	5.8	1.0	13	11	1.7	10.9	0.4	150 - 170
	Venti	819	195	7.5	1	17	14	2.2	14.3	0.5	225 - 255
Caffe Latte - Coconut	Short	294	119	7.7	7.2	11	8	0.5	1.3	0.2	150 - 170
	Tall	497	150	9.9	9	14	11	0.7	1.4	0.2	150 - 170
	Grande	623	74	3.2	0.3	9	7	0.8	2.1	0.2	150 - 170
	Venti	817	196	12.8	11.9	18	14	0.9	2.0	0.2	225 - 255
Caffe Latte - Almond	Short	182	43	1.9	0.2	5	4	0.5	1.2	0.1	75 - 85
	Tall	310	74	3.2	0.3	9	7	0.8	2.1	0.2	150 - 170
	Grande	384	92	4.1	0.3	11	8	1.0	2.4	0.2	150 - 170
	Venti	506	121	5.3	0.4	14	11	1.32	3.28	0.26	225 - 255
Caffe Latte - Oat	Short	531	127	4.3	2.6	18	11	3.2	2.0	0.2	75 - 85
	Tall	890	212	7.2	4.3	31	18	5.3	3.37	0.35	150 - 170
	Grande	1126	269	9.2	5.4	39	23	6.79	4.1	0.4	150 - 170
	Venti	1468	350	11.9	7.0	51	29	8.8	5.5	0.6	225 - 255
Vanilla Latte - Skimmed Milk	Short	410	96	0.2	0.0	18	17	0.0	5.7	0.2	75
	Tall	660	155	0.3	0.0	29	27	0.0	9.5	0.3	150
	Grande	852	201	0.3	0.0	37	35	0.0	12.1	0.3	150
	Venti	1091	257	0.4	0.0	48	45	0.0	15.7	0.4	225
Vanilla Latte - Semi - skimmed Milk	Short	510	121	2.9	1.8	18	17	0.0	6.0	0.2	75
	Tall	826	196	4.8	2.9	28	26	0.0	10.1	0.3	150
	Grande	1066	253	6.1	3.8	37	35	0.0	12.8	0.3	150
	Venti	1367	324	7.9	4.8	47	44	0.0	16.6	0.4	225
Vanilla Latte - Whole Milk	Short	602	143	5.7	3.7	18	17	0.0	5	0	75
	Tall	979	233	9.5	6.1	28	26	0.0	9	0	150
	Grande	1264	301	12.3	7.8	36	34	0.0	11	0	150
	Venti	1622	386	15.8	10.1	46	43	0.0	15	0	225
Vanilla Latte - Soya	Short	448	106	2.7	0.5	15	14	0.8	5.1	0.2	75
	Tall	723	172	4.5	0.8	24	22	1.3	8.5	0.3	150
	Grande	934	222	5.8	1.0	31	29	1.7	10.8	0.4	150
	Venti	1197	284	7.5	1.3	39	36	2.2	14.0	0.5	225
Vanilla Latte - Coconut	Short	447	107	4.6	4.3	16	14	0.3	0.6	0.1	75
	Tall	722	172	7.7	7.1	25	22	0.5	1.1	0.2	150
	Grande	932	222	9.9	9.2	32	29	0.7	1.2	0.2	150
	Venti	1195	285	12.7	11.8	41	36	0.9	1.7	0.2	225
Vanilla Latte - Almond	Short	335	79	1.9	0.2	14	13	0.5	1.1	0.1	75
	Tall	536	127	3.2	0.3	22	20	0.8	1.9	0.2	150
	Grande	692	164	4.1	0.3	29	27	1.0	2.2	0.2	150
	Venti	885	210	5.3	0.4	37	34	1.3	3.0	0.3	225
Vanilla Latte - Oat	Short	683	162	4.3	2.6	27.5	19.8	3.2	1.9	0.2	75
	Tall	1113	265	7.1	4.2	44.3	31.4	5.3	3	0.3	150
	Grande	1437	342	9.2	5.5	57.4	41.1	6.8	4.0	0.40	150
	Venti	1844	438	11.8	7.0	73.4	52.2	8.8	5.2	0.57	225
Latte Macchiato - Skimmed Milk	Short	200	47	0.1	0.0	7.0	6.0	0.0	4.5	0.12	75 - 85
	Tall	337	79	0.2	0.0	11.9	10.0	0.0	7.5	0.20	150 - 170
	Grande	401	94	0.2	0.0	14.1	12.1	0.0	9.0	0.24	150 - 170
	Venti	563	133	0.3	0.0	19.9	16.9	0	12.6	0.34	225 - 255
Latte Macchiato - Semi - skimmed Milk	Short	276	66	2.2	1.3	6.8	5.8	0.0	4.7	0.12	75 - 85
	Tall	462	110	3.6	2.2	11.5	9.6	0.0	7.9	0.20	150 - 170
	Grande	554	132	4.4	2.7	13.6	11.6	0.0	9.5	0.24	150-170
	Venti	776	184	6.1	3.7	19.2	16.2	0.0	13.2	0.34	225 - 255

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Latte Macchiato - Whole Milk	Short	346	83	4.4	2.8	6.7	5.7	0.0	4.2	0.12	75 - 85
	Tall	578	138	7.2	4.6	11.3	9.4	0.0	7.1	0.20	150-170
	Grande	695	166	8.7	5.6	13.4	11.4	0.0	8.5	0.24	150-170
	Venti	972	232	12.2	7.8	18.8	15.9	0.0	11.9	0.34	225 - 255
Latte Macchiato - Soya	Short	229	55	2.1	0.4	4.7	3.7	0.6	4.0	0.1	75 - 85
	Tall	385	92	3.4	0.6	8.2	6.2	1.0	6.7	0.2	150-170
	Grande	460	110	4.1	0.7	9.5	7.5	1.2	8.0	0.27	150-170
	Venti	645	154	5.7	1.0	13.4	10.5	1.7	11.2	0.37	225 - 255
Latte Macchiato - Coconut	Short	225	54	3.5	3.2	5.0	3.7	0.2	0.6	0.10	75 - 85
	Tall	371	89	5.5	5.2	8.5	5.9	0.4	1.1	0.10	150-170
	Grande	496	119	7.7	7.2	11.0	8.2	0.5	1.2	0.10	150-170
Latte Macchiato - Almond	Short	141	34	1.4	0.1	4.1	3.0	0.4	1.0	0.10	75 - 85
	Tall	231	55	2.2	0.2	6.8	4.7	0.6	1.7	0.10	150-170
	Grande	327	78	3.4	0.3	9.3	7.1	0.8	2.1	0.20	150-170
Latte Macchiato - Oat	Short	407	97	3.3	1.9	14.1	8.1	2.4	1.6	0.20	75 - 85
	Tall	679	162	5.4	3.2	23.7	13.3	4.0	2.7	0.30	150-170
	Grande	818	195	6.5	3.9	28.4	16.2	4.9	3.1	0.30	150-170
	Venti	1143	272	9.1	5.4	39.8	22.6	6.8	4.5	0.40	225 - 255
Filter Coffee	Short	7	2	0.0	0.0	0.0	0.0	0.0	0.3	0.0	157
	Tall	10	2	0.1	0.0	0.0	0.0	0.0	0.4	0.0	229
	Grande	13	3	0.1	0.0	0.0	0.0	0.0	0.6	0.0	308
	Venti	16	4	0.1	0.0	0.0	0.0	0.0	0.7	0.10	387
Espresso	Solo	24	6	0.0	0.0	1.0	0.0	0.0	0.4	0.00	75 - 85
	Doppio	48	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150 - 170
Espresso Con Panna	Solo	265	64	5.8	4.2	2.4	1.4	0.0	0.7	0.00	75 - 85
	Doppio	33	80	6.8	4.9	3.6	1.6	0.0	1.1	0.00	150 - 170
Cortado - Skimmed Milk	Short	187	44	0.1	0.0	6.8	4.8	0.0	4.0	0.10	157 - 177
Cortado - Semi - skimmed Milk	Short	247	59	1.7	1.1	6.6	4.6	0.0	4.2	0.10	157 - 177
Cortado - Whole Milk	Short	303	72	3.5	2.2	6.5	4.5	0.0	3.8	0.10	157 - 177
Cortado - Soya	Short	210	50	1.6	0.3	5.0	3.0	0.5	3.6	0.11	157 - 177
Cortado - Coconut	Short	209	50	2.8	2.6	5.3	3.0	0.2	0.9	0.05	157 - 177
Cortado - Almond	Short	141	34	1.2	0.1	4.5	2.4	0.3	1.2	0.06	157 - 177
Cortado - Oat	Short	352	84	2.6	1.5	12.5	6.4	1.9	1.7	0.12	157 - 177
Cordusio - Skimmed Milk	Short	267	63	0.5	0.3	10.5	8.2	0.5	3.8	0.09	157 - 177
Cordusio - Semi - skimmed Milk	Short	323	77	2.0	1.3	10.3	8.1	0.5	4.0	0.09	157 - 177
Cordusio - Whole Milk	Short	374	89	3.6	2.3	10.2	8.0	0.5	3.6	0.09	157 - 177
Cordusio - Soya	Short	288	68	2.0	0.5	8.8	6.6	1.0	3.4	0.10	157 - 177
Cordusio - Coconut	Short	288	69	3.0	2.7	9.1	6.6	0.7	1.0	0.05	157 - 177
Cordusio - Almond	Short	225	54	1.5	0.4	8.4	6.0	0.8	1.2	0.05	157 - 177
Cordusio - Oat	Short	419	100	2.8	1.7	15.7	9.8	2.3	1.7	0.12	157 - 177
Espresso Macchiato - Skimmed Milk	Solo	31	7	0.0	0.0	1.3	0.3	0.0	0.5	0.01	75 - 85
	Doppio	70	16	0.0	0.0	2.8	0.8	0.0	1.3	0.02	150 - 170
Espresso Macchiato - Semi - skimmed Milk	Solo	34	7	0.0	0.0	1.3	0.3	0.0	0.5	0.01	75 - 85
	Doppio	80	19	0.3	0.2	2.8	0.8	0.0	1.3	0.02	150 - 170
Espresso Macchiato - Whole Milk	Solo	37	9	0.2	0.1	1.2	0.3	0.0	0.5	0.01	75 - 85
	Doppio	90	21	0.6	0.4	2.8	0.8	0.0	1.2	0.02	150 - 170
Espresso Macchiato - Soya	Solo	32	8	0.1	0.0	1.2	0.2	0.0	0.5	0.01	75 - 85
	Doppio	74	17	0.3	0.1	2.5	0.5	0.1	1.2	0.02	150 - 170
Espresso Macchiato - Coconut	Solo	32	8	0.2	0.1	1.2	0.2	0.0	0.4	0.00	75 - 85
	Doppio	74	17	0.5	0.4	2.5	0.5	0.0	0.8	0.01	150 - 170
Espresso Macchiato - Almond	Solo	28	7	0.1	0.0	1.1	0.1	0.0	0.4	0.00	75 - 85
	Doppio	62	15	0.2	0.0	2.4	0.4	0.1	0.8	0.01	150 - 170
Espresso Macchiato - Oat	Solo	40	9	0.1	0.1	1.6	0.4	0.1	0.4	0.01	75 - 85
	Doppio	98	9	0.1	0.1	1.6	0.4	0.1	0.4	0.01	75 - 85
Café Americano	Short	5	5	0.0	0.0	1.0	0.0	0.0	0.4	0.00	75 - 85
	Tall	11	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150 - 170
	Grande	16	16	0.0	0.0	3.0	0.0	0.0	1.1	0.00	225 - 255
	Venti	22	22	0.0	0.0	4.0	0.0	0.0	1.4	0.00	300 - 340
Cappuccino - Skimmed Milk	Short	206	49	0.1	0.0	7.3	6.3	0.0	4.6	0.13	75 - 85
	Tall	393	93	0.2	0.0	13.8	11.9	0.0	8.8	0.24	150 - 170
	Grande	436	103	0.3	0.0	15.3	13.3	0.0	9.8	0.27	150 - 170
	Venti	611	144	0.4	0.0	21.5	18.5	0.0	13.7	0.37	225 - 255
Cappuccino - Semi - skimmed Milk	Short	285	68	2.3	1.4	7.0	6.0	0.0	4.9	0.13	75 - 85
	Tall	542	129	4.3	2.6	13.4	11.4	0.0	9.3	0.24	150 - 170
	Grande	603	143	4.8	2.9	14.8	12.8	0.0	10.3	0.27	150 - 170
	Venti	844	201	6.7	4.1	20.8	17.8	0.0	14.4	0.37	225 - 255

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Cappuccino - Whole Milk	Short	358	85	4.5	2.9	6.9	5.9	0.0	4.4	0.10	75 - 85
	Tall	680	163	8.5	5.5	13.1	11.1	0.0	8.3	0.24	150 - 170
	Grande	758	181	9.6	6.1	14.5	12.5	0.0	9.2	0.27	150 - 170
	Venti	1060	253	13.3	8.5	20.4	17.4	0.0	12.9	0.37	225 - 255
Cappuccino - Soya	Short	236	56	2.1	0.4	4.9	3.9	0.6	4.1	0.14	75 - 85
	Tall	450	107	4.0	0.7	9.3	7.4	1.2	7.8	0.26	150 - 170
	Grande	500	119	4.5	0.8	10.2	8.3	1.3	8.7	0.29	150 - 170
	Venti	701	167	6.3	1.1	14.5	11.5	1.9	12.2	0.41	225 - 255
Cappuccino - Coconut	Short	236	57	3.6	3.4	5.2	3.9	0.3	0.6	0.07	75 - 85
	Tall	449	108	6.9	6.4	10.0	7.4	0.5	1.2	0.13	150 - 170
	Grande	499	120	7.7	7.2	11.0	8.3	0.5	1.3	0.15	150 - 170
Cappuccino - Almond	Short	147	35	1.5	0.1	4.2	3.1	0.4	1.0	0.08	75 - 85
	Tall	282	67	2.8	0.2	8.1	5.9	0.7	1.9	0.14	150 - 170
	Grande	311	74	3.2	0.3	8.9	6.7	0.8	2.1	0.16	150 - 170
	Venti	437	104	4.4	0.4	12.6	9.3	1.1	2.9	0.22	225 - 255
Cappuccino - Oat	Short	421	100	3.4	2.0	14.6	8.4	2.5	1.6	0.16	75 - 85
	Tall	800	191	6.4	3.8	27.8	15.9	4.7	3.1	0.31	150 - 170
	Grande	893	213	7.2	4.3	31.0	17.8	5.3	3.4	0.35	150 - 170
	Venti	1247	297	10.0	5.9	43.3	24.8	7.4	4.8	0.48	225 - 255
Café Misto - Skimmed Milk	Short	148	35	0.1	0.0	4.9	4.9	0.0	3.5	0.11	79
	Tall	200	47	0.2	0.0	6.6	6.6	0.0	4.7	0.15	121
	Grande	291	69	0.2	0.0	9.7	9.7	0.0	6.9	0.22	142
	Venti	390	92	0.3	0.0	13.0	13.0	0.0	9.2	0.29	185
Café Misto - Semi - skimmed Milk	Short	210	50	1.8	1.1	4.7	4.7	0.0	3.7	0.11	79
	Tall	283	67	2.4	1.5	6.4	6.4	0.0	5.0	0.15	121
	Grande	413	98	3.5	2.1	9.3	9.3	0.0	7.3	0.22	142
	Venti	554	132	4.8	2.9	12.5	12.5	0.0	9.7	0.29	185
Café Misto - Whole Milk	Short	268	64	3.6	2.3	4.6	4.6	0.0	3.3	0.11	79
	Tall	360	86	4.8	3.1	6.2	6.2	0.0	4.5	0.15	121
	Grande	526	126	7.0	4.5	9.1	9.1	0.0	6.5	0.22	142
	Venti	705	169	9.4	6.0	12.3	12.3	0.0	8.7	0.29	185
Café Misto - Soya	Short	172	41	1.7	0.3	3.1	3.1	0.5	3.1	0.12	79
	Tall	232	55	2.3	0.4	4.1	4.1	0.7	4.2	0.16	121
	Grande	338	81	3.4	0.6	6.0	6.0	1.0	6.1	0.24	142
	Venti	453	108	4.5	0.8	8.1	8.1	1.3	8.2	0.32	185
Café Misto - Coconut	Short	171	41	2.9	2.7	3.4	3.1	0.2	0.3	0.07	79
	Tall	231	56	3.9	3.6	4.5	4.1	0.3	0.5	0.09	121
	Grande	337	81	5.7	5.3	6.6	6.0	0.4	0.7	0.13	142
	Venti	451	109	7.6	7.0	8.9	8.1	0.5	0.9	0.17	185
Café Misto - Almond	Short	102	24	1.2	0.1	2.6	2.5	0.3	0.6	0.07	79
	Tall	137	33	1.6	0.1	3.5	3.3	0.4	0.9	0.10	121
	Grande	199	48	2.4	0.2	5.1	4.9	0.6	1.2	0.14	142
	Venti	267	64	3.2	0.3	6.8	6.5	0.8	1.6	0.18	185
Café Misto - Oat	Short	318	76	2.7	1.6	10.8	6.6	2.0	1.1	0.14	79
	Tall	428	102	3.6	2.1	14.5	8.9	2.7	1.6	0.19	121
	Grande	625	149	5.3	3.1	21.2	13.0	3.9	2.2	0.27	142
	Venti	838	200	7.1	4.2	28.4	17.5	5.2	3.0	0.37	185
Flat White - Skimmed Milk	Short	369	63	0.2	0.0	9.6	7.6	0.0	5.9	0.15	150 - 170
Flat White - Semi - skimmed Milk	Short	365	87	2.7	1.7	9.3	7.3	0.0	6.2	0.15	150 - 170
Flat White - Whole Milk	Short	453	108	5.5	3.5	9.1	7.2	0.0	5.6	0.15	150 - 170
Flat White - Soya	Short	306	73	2.6	0.5	6.7	4.7	0.8	5.3	0.17	150 - 170
Flat White - Coconut	Short	305	73	4.4	4.1	7.2	4.7	0.3	1.0	0.08	150 - 170
Flat White - Almond	Short	197	47	1.8	0.2	5.9	3.8	0.5	1.5	0.09	150 - 170
Flat White - Oat	Short	531	126	4.1	2.4	18.6	10.2	3.1	2.2	0.20	150 - 170
Caramel Macchiato - Skimmed Milk	Short	377	89	0.9	0.5	15.3	13.9	0.0	5.0	0.16	75 - 85
	Tall	621	146	1.0	0.5	25.8	23.3	0.0	8.7	0.25	150 - 170
	Grande	792	187	1.0	0.5	33.5	31.0	0.0	10.8	0.32	150 - 170
Caramel Macchiato - Semi - skimmed Milk	Venti	980	231	1.1	0.5	42.1	38.5	0.0	13.1	0.37	225 - 255
	Short	462	109	3.2	2.0	15.0	13.7	0.0	5.3	0.16	75 - 85
	Tall	767	180	4.9	3.0	25.3	22.9	0.0	9.1	0.25	150 - 170
	Grande	977	229	6.0	3.7	33.0	30.4	0.0	11.4	0.32	150 - 170
Caramel Macchiato - Whole Milk	Venti	1202	281	7.1	4.3	41.4	37.8	0.0	13.8	0.37	225 - 255
	Short	541	129	5.6	3.6	14.9	13.5	0.0	4.8	0.16	75 - 85
	Tall	902	215	9.1	5.8	25.1	22.6	0.0	8.2	0.25	150 - 170
	Grande	1148	273	11.3	7.2	32.7	30.1	0.0	10.2	0.32	150 - 170
Venti	1407	335	13.4	8.6	41.1	37.4	0.0	12.4	0.37	225 - 255	

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Macchiato - Soya	Short	410	97	3.0	0.9	12.7	11.4	0.7	4.5	0.17	75 - 85
	Tall	677	161	4.7	1.2	21.3	18.9	1.2	7.7	0.28	150 - 170
	Grande	863	205	5.7	1.3	28.0	25.4	1.5	9.6	0.34	150 - 170
	Venti	1065	253	6.7	1.5	35.4	31.8	1.8	11.7	0.41	225 - 255
Caramel Macchiato - Coconut	Short	409	98	4.7	4.1	13.1	11.4	0.3	0.7	0.10	75 - 85
	Tall	676	161	7.5	6.7	22.0	18.9	0.5	1.2	0.15	150 - 170
	Grande	861	205	9.3	8.4	28.8	25.4	0.6	1.4	0.18	150 - 170
	Venti	1063	253	11.0	10.0	36.5	31.8	0.7	1.8	0.21	225 - 255
Caramel Macchiato - Almond	Short	313	74	2.4	0.6	12.0	10.5	0.4	1.1	0.10	75 - 85
	Tall	512	122	3.5	0.7	20.2	17.5	0.7	1.9	0.16	150 - 170
	Grande	653	155	4.3	0.8	26.5	23.7	0.9	2.3	0.20	150 - 170
Caramel Macchiato - Oat	Short	610	145	4.4	2.6	23.3	16.2	2.7	1.8	0.20	75 - 85
	Tall	1020	243	7.0	4.2	39.5	27.3	4.6	3.1	0.32	150 - 170
	Grande	1297	308	8.7	5.2	50.9	36.0	5.9	3.7	0.40	150 - 170
Venti	1585	377	10.3	6.1	62.9	44.5	7.1	4.7	0.48	225 - 255	
Mocha & Hot Chocolate											
Caffe Mocha - Skimmed Milk	Short	574	137	6.8	4.7	14.9	13.6	1.1	3.6	0.11	85
	Tall	820	196	8.3	5.8	23.2	20.8	1.6	6.3	0.18	165
	Grande	1045	249	9.9	6.8	30.5	27.9	2.0	8.6	0.25	170
	Venti	1208	283	10.3	7.1	36.5	32.9	2.5	9.9	0.28	249
Caffe Mocha - Semi - skimmed Milk	Short	630	151	8.3	5.7	14.8	13.4	1.1	3.8	0.11	85
	Tall	920	220	11.0	7.5	22.8	20.5	1.6	6.6	0.18	165
	Grande	1186	283	13.7	9.2	30.0	27.4	2.0	9.0	0.25	170
	Venti	1368	322	14.6	9.8	36.0	32.4	2.5	10.4	0.28	249
Caffe Mocha - Whole Milk	Short	681	163	9.9	6.8	14.7	13.3	1.1	3.4	0.11	85
	Tall	1012	242	13.8	9.4	22.7	20.4	1.6	6.0	0.18	165
	Grande	1316	315	17.7	11.9	29.8	27.2	2.0	8.2	0.25	170
	Venti	1516	359	19.2	12.9	35.7	32.2	2.5	9.4	0.28	249
Caffe Mocha - Soya	Short	595	143	8.2	5.0	13.2	11.9	1.5	3.3	0.11	85
	Tall	859	205	10.8	6.2	20.2	17.8	2.4	5.7	0.19	165
	Grande	1099	263	13.5	7.5	26.2	23.6	3.2	7.7	0.27	170
	Venti	1269	299	14.4	7.8	31.7	28.1	3.8	8.9	0.31	249
Caffe Mocha - Coconut	Short	595	143	9.2	7.1	13.5	11.9	1.3	0.8	0.07	85
	Tall	858	206	12.7	10.0	20.6	17.8	1.9	1.2	0.11	165
	Grande	1098	263	16.1	12.8	26.9	23.6	2.5	1.4	0.15	170
	Venti	1312	300	17.4	13.9	32.4	28.1	3.0	1.8	0.17	249
Caffe Mocha - Almond	Short	532	128	7.7	4.8	12.8	11.4	1.3	1.0	0.07	85
	Tall	746	179	10.1	5.9	19.4	16.9	2.0	1.7	0.12	165
	Grande	940	225	12.3	7.0	25.1	22.3	2.7	2.1	0.16	170
	Venti	1088	256	13.1	7.3	30.4	26.6	3.3	2.5	0.18	249
Caffe Mocha - Oat	Short	726	174	9.1	6.1	20.2	15.1	2.9	1.5	0.13	85
	Tall	1092	261	12.4	8.3	32.5	23.5	4.7	2.5	0.23	165
	Grande	1430	342	15.7	10.4	43.7	31.7	6.5	3.2	0.32	170
	Venti	1645	389	16.9	11.1	51.5	37.3	7.6	3.8	0.36	249
White Chocolate Mocha - Skimmed Milk	Short	830	198	8.4	6.3	25.1	24.3	0.0	5.5	0.22	75
	Tall	1239	295	10.8	8.1	39.6	38.1	0.0	9.8	0.37	150
	Grande	1571	374	13.2	9.9	51.4	49.9	0.0	12.3	0.48	150
	Venti	1951	459	14.6	10.9	65.6	63.4	0.0	16.4	0.62	225
White Chocolate Mocha - Semi - skimmed Milk	Short	887	212	9.9	7.2	24.9	24.1	0.0	5.7	0.22	75
	Tall	1351	322	13.8	10.0	39.3	37.8	0.0	10.1	0.37	150
	Grande	1712	408	17.0	12.3	50.9	49.4	0.0	12.8	0.48	150
	Venti	2146	507	19.8	14.3	65.0	62.8	0.0	17.1	0.62	225
White Chocolate Mocha - Whole Milk	Short	940	225	11.6	8.3	24.8	24.0	0.0	5.3	0.22	75
	Tall	1455	347	17.1	12.2	39.1	37.6	0.0	9.4	0.37	150
	Grande	1842	440	21.1	15.0	50.7	49.2	0.0	11.9	0.48	150
	Venti	2326	551	25.4	18.1	64.7	62.4	0.0	15.8	0.62	225
White Chocolate Mocha - Soya	Short	852	203	9.8	6.5	23.3	22.6	0.5	5.2	0.23	75
	Tall	1282	306	13.7	8.6	36.2	34.7	0.9	9.0	0.39	150
	Grande	1625	387	16.8	10.5	47.1	45.6	1.1	11.4	0.50	150
	Venti	2025	478	19.5	11.8	59.7	57.5	1.6	15.2	0.65	225
White Chocolate Mocha - Coconut	Short	851	204	10.9	8.7	23.6	22.6	0.2	2.6	0.18	75
	Tall	1281	306	15.8	12.9	36.8	34.7	0.4	4.1	0.29	150
	Grande	1624	388	19.5	15.9	47.8	45.6	0.5	5.1	0.37	150
	Venti	2078	479	23.3	19.3	60.7	57.5	0.6	6.5	0.48	225

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White Chocolate Mocha - Almond	Short	787	188	9.4	6.3	22.9	22.0	0.3	2.9	0.18	75
	Tall	1156	276	12.8	8.2	35.3	33.7	0.5	4.6	0.30	150
	Grande	1466	350	15.7	10.1	46.0	44.3	0.7	5.8	0.39	150
	Venti	1805	426	18.0	11.2	58.2	55.6	0.9	7.4	0.50	225
White Chocolate Mocha - Oat	Short	986	235	10.7	7.7	30.4	25.8	1.8	3.4	0.25	75
	Tall	1545	369	15.5	10.9	50.1	41.1	3.6	5.5	0.42	150
	Grande	1956	466	19.0	13.5	64.6	53.7	4.5	6.9	0.54	150
	Venti	2484	588	22.6	15.9	83.9	68.7	6.2	9.0	0.71	225
Classic Hot Chocolate - Skimmed Milk	Short	574	137	6.8	4.7	14.8	14.2	1.1	3.7	0.12	11
	Tall	851	203	8.4	5.8	23.9	23.1	1.6	7.2	0.22	15
	Grande	1037	247	9.9	6.8	29.9	28.8	2.1	8.6	0.27	20
	Venti	1255	299	10.4	7.1	38.3	36.9	2.5	11.8	0.36	24
Classic Hot Chocolate - Semi - skimmed Milk	Short	637	152	8.5	5.8	14.6	14.0	1.1	3.9	0.12	11
	Tall	978	234	11.8	8.0	23.5	22.7	1.6	7.6	0.22	15
	Grande	1188	284	14.0	9.4	29.4	28.3	2.1	9.1	0.27	20
	Venti	1464	350	16.0	10.7	37.6	36.3	2.5	12.4	0.36	24
Classic Hot Chocolate - Whole Milk	Short	694	167	10.3	7.0	14.5	13.9	1.1	3.5	0.12	11
	Tall	1094	262	15.4	10.4	23.3	22.5	1.6	6.8	0.22	15
	Grande	1327	318	18.3	12.3	29.2	28.1	2.1	8.1	0.27	20
	Venti	1657	397	22.0	14.7	37.3	35.9	2.5	11.1	0.36	24
Classic Hot Chocolate - Soya	Short	598	143	8.4	5.0	12.9	12.4	1.6	3.3	0.13	11
	Tall	900	215	11.6	6.4	20.1	19.3	2.6	6.4	0.24	15
	Grande	1095	262	13.7	7.5	25.3	24.2	3.3	7.6	0.29	20
	Venti	1335	319	15.7	8.0	32.0	30.6	4.2	10.4	0.39	24
Classic Hot Chocolate - Coconut	Short	598	144	9.6	7.4	13.2	12.4	1.3	0.5	0.07	11
	Tall	899	216	14.0	11.2	20.7	19.3	2.0	0.8	0.13	15
	Grande	1094	263	16.6	13.3	26.1	24.2	2.5	0.9	0.16	20
	Venti	1334	320	19.7	16.0	33.0	30.6	3.2	1.1	0.21	24
Classic Hot Chocolate - Almond	Short	528	127	7.9	4.8	12.4	11.8	1.4	0.8	0.08	11
	Tall	757	181	10.6	6.0	19.1	18.1	2.2	1.4	0.14	15
	Grande	924	221	12.5	7.0	24.1	22.8	2.8	1.6	0.17	20
	Venti	1099	263	14.1	7.4	30.3	28.6	3.5	2.1	0.23	24
Classic Hot Chocolate - Oat	Short	745	178	9.4	6.3	20.7	15.9	3.1	1.3	0.15	11
	Tall	1196	286	13.6	9.0	35.8	26.5	5.6	2.4	0.28	15
	Grande	1449	347	16.1	10.6	44.1	32.9	6.9	2.8	0.34	20
	Venti	1826	436	19.0	12.4	57.9	42.6	9.2	3.8	0.46	24
Signature Hot Chocolate - Skimmed Milk	Short	1058	253	12.0	7.7	32.1	26.8	0.8	3.8	0.19	23
	Tall	1224	292	13.9	9.0	36.8	30.8	0.9	4.4	0.22	27
	Grande	1689	403	18.0	11.5	52.8	44.3	1.3	6.7	0.32	38
	Venti	2244	535	22.4	14.1	73.7	61.5	1.9	8.6	0.43	54
Signature Hot Chocolate - Semi - skimmed Milk	Short	1122	268	13.7	8.8	31.9	26.6	0.8	4.0	0.19	23
	Tall	1298	310	15.9	10.3	36.6	30.6	0.9	4.6	0.22	27
	Grande	1805	431	21.2	13.5	52.4	43.9	1.3	7.1	0.32	38
	Venti	2394	571	26.5	16.7	73.3	61.0	1.9	9.0	0.43	54
Signature Hot Chocolate - Whole Milk	Short	1180	282	15.5	10.0	31.8	26.5	0.8	3.6	0.19	23
	Tall	1366	327	18.1	11.7	36.5	30.5	0.9	4.1	0.22	27
	Grande	1912	457	24.5	15.7	52.2	43.7	1.3	6.3	0.32	38
	Venti	2533	605	30.8	19.5	73.0	60.8	1.9	8.1	0.43	54
Signature Hot Chocolate - Soya	Short	1082	259	13.6	8.0	30.1	24.9	1.3	3.4	0.20	23
	Tall	1252	299	15.8	9.4	34.6	28.6	1.5	3.9	0.23	27
	Grande	1734	414	21.0	12.1	49.3	40.8	2.2	6.0	0.34	38
	Venti	2301	550	26.3	14.7	69.2	57.0	3.1	7.6	0.46	54
Signature Hot Chocolate - Coconut	Short	1082	259	14.8	10.4	30.4	24.9	1.0	0.5	0.14	23
	Tall	1252	300	17.2	12.2	35.0	28.6	1.2	0.6	0.17	27
	Grande	1733	415	23.2	16.5	49.9	40.8	1.7	0.8	0.24	38
	Venti	2342	550	29.1	20.5	69.9	57.0	2.4	0.9	0.33	54
Signature Hot Chocolate - Almond	Short	1010	242	13.1	7.8	29.6	24.3	1.1	0.8	0.15	23
	Tall	1169	280	15.2	9.1	34.0	27.9	1.3	1.0	0.17	27
	Grande	1603	383	20.1	11.7	48.4	39.7	1.9	1.4	0.25	38
	Venti	2132	509	25.1	14.3	68.0	55.5	2.6	1.6	0.34	54
Signature Hot Chocolate - Oat	Short	1232	294	14.6	9.3	38.0	28.5	2.8	1.3	0.22	23
	Tall	1426	341	17.0	10.9	43.8	32.8	3.3	1.6	0.25	27
	Grande	2005	479	22.8	14.5	63.7	47.4	5.0	2.3	0.38	38
	Venti	2654	634	28.6	17.9	87.8	65.6	6.7	2.8	0.50	54
Signature Hazelnut Hot Chocolate - Skimmed Milk	Short	1240	295	12.1	7.8	42.5	36.8	0.9	3.8	0.19	24
	Tall	1486	354	14.1	9.1	52.0	45.4	1.1	4.4	0.22	28
	Grande	2032	484	18.1	11.6	72.7	63.3	1.4	6.7	0.32	39
	Venti	2667	634	22.5	14.1	98.4	85.1	2.0	8.6	0.43	55

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Signature Hazelnut Hot Chocolate - Semi - skimmed Milk	Short	1304	311	13.8	8.9	42.3	36.6	0.9	4.0	0.19	24
	Tall	1560	372	16.1	10.4	51.8	45.1	1.1	4.6	0.22	28
	Grande	2148	512	21.3	13.6	72.3	63.0	1.4	7.1	0.32	39
	Venti	2817	671	26.6	16.7	97.9	84.6	2.0	9.0	0.43	55
Signature Hazelnut Hot Chocolate - Whole Milk	Short	1363	325	15.6	10.1	42.2	36.5	0.9	3.6	0.19	24
	Tall	1629	389	18.2	11.8	51.6	45.0	1.1	4.1	0.22	28
	Grande	2255	538	24.6	15.8	72.1	62.8	1.4	6.3	0.32	39
	Venti	2956	705	30.9	19.6	97.6	84.4	2.0	8.1	0.43	55
Signature Hazelnut Hot Chocolate - Soya	Short	1265	302	13.7	8.1	40.6	34.9	1.4	3.4	0.20	24
	Tall	1515	495	21.1	12.1	69.2	59.8	2.4	6.0	0.34	39
	Grande	2076	495	21.1	12.1	69.2	59.8	2.4	6.0	0.34	39
	Venti	2725	649	26.4	14.8	93.8	80.6	3.2	7.6	0.46	55
Signature Hazelnut Hot Chocolate - Coconut	Short	1282	302	14.9	10.5	40.9	34.9	1.1	0.5	0.14	24
	Tall	1535	362	17.3	12.3	50.1	43.1	1.3	0.6	0.17	28
	Grande	2108	495	23.3	16.5	69.7	59.8	1.8	0.8	0.24	39
	Venti	2765	650	29.2	20.5	94.5	80.6	2.5	0.9	0.33	55
Signature Hazelnut Hot Chocolate - Almond	Short	1193	285	13.2	7.9	40.1	34.3	1.2	0.8	0.15	24
	Tall	1431	341	15.3	9.2	49.2	42.4	1.4	1.0	0.17	28
	Grande	1946	464	20.2	11.8	68.3	58.7	2.0	1.4	0.25	39
	Venti	2555	609	25.2	14.3	92.6	79.1	2.7	1.6	0.34	55
Signature Hazelnut Hot Chocolate - Oat	Short	1414	337	14.7	9.4	48.5	38.5	3.0	1.3	0.22	24
	Tall	1688	403	17.1	11.0	58.9	47.4	3.4	1.6	0.25	28
	Grande	2378	560	22.9	14.5	83.5	66.5	5.1	2.3	0.38	39
	Venti	3077	733	28.7	17.9	112.4	89.2	6.8	2.8	0.50	55
Signature Caramel Hot Chocolate - Skimmed Milk	Short	1314	313	12.7	8.2	45.5	39.6	0.8	3.8	0.22	23
	Tall	1570	374	14.7	9.5	55.6	48.7	0.9	4.4	0.25	27
	Grande	2125	506	18.8	12.0	76.8	67.3	1.3	6.8	0.36	38
	Venti	2770	659	23.2	14.5	103.1	89.6	1.9	8.6	0.47	54
Signature Caramel Hot Chocolate - Semi - Skimmed Milk	Short	1377	328	14.4	9.3	45.3	39.4	0.8	4.0	0.22	23
	Tall	1644	392	16.7	10.8	55.3	48.5	0.9	4.7	0.25	27
	Grande	2241	534	21.9	14.0	76.5	66.9	1.3	7.1	0.36	38
	Venti	2920	695	27.2	17.1	102.6	89.1	1.9	9.1	0.47	54
Signature Caramel Hot Chocolate - Whole Milk	Short	1436	343	16.2	10.5	45.2	39.3	0.8	3.6	0.22	23
	Tall	1712	408	18.8	12.2	55.2	48.4	0.9	4.2	0.25	27
	Grande	2348	560	25.2	16.2	76.3	66.7	1.3	6.4	0.36	38
	Venti	3059	729	31.5	20.0	102.3	88.9	1.9	8.1	0.47	54
Signature Caramel Hot Chocolate - Soya	Short	1338	319	14.3	8.5	43.6	37.7	1.3	3.4	0.23	23
	Tall	1598	381	16.5	9.8	53.3	46.5	1.5	4.0	0.26	27
	Grande	2170	517	21.7	12.5	73.3	63.8	2.2	6.0	0.38	38
	Venti	2827	674	27.0	15.2	98.5	85.1	3.1	7.7	0.49	54
Signature Caramel Hot Chocolate - Coconut	Short	1355	319	15.5	10.9	43.9	37.7	1.0	0.6	0.17	23
	Tall	1618	381	18.0	12.6	53.7	46.5	1.2	0.7	0.20	27
	Grande	2201	517	23.9	16.9	73.9	63.8	1.7	0.9	0.27	38
	Venti	2868	674	29.8	20.9	99.2	85.1	2.4	1.0	0.36	54
Signature Caramel Hot Chocolate - Almond	Short	1266	302	13.8	8.3	43.1	37.1	1.1	0.9	0.18	23
	Tall	1515	361	16.0	9.6	52.7	45.8	1.3	1.0	0.20	27
	Grande	2039	486	20.8	12.1	72.4	62.7	1.9	1.4	0.28	38
	Venti	2658	633	25.8	14.7	97.3	83.6	2.6	1.7	0.37	54
Signature Caramel Hot Chocolate - Oat	Short	1266	355	15.3	9.8	51.5	41.3	2.8	1.4	0.25	23
	Tall	1515	422	17.7	11.3	62.5	50.7	3.3	1.6	0.28	27
	Grande	2039	582	23.5	14.9	87.7	70.4	5.0	2.3	0.41	38
	Venti	2658	758	29.4	18.3	117.1	93.7	6.7	2.9	0.54	54
White Hot Chocolate - Skimmed Milk	Short	819	195	8.4	6.3	24.5	24.5	0.0	5.4	0.22	0
	Tall	1238	295	10.8	8.1	39.3	39.2	0.0	10.0	0.39	0
	Grande	1578	375	13.2	9.9	51.3	51.3	0.0	12.7	0.50	0
	Venti	1931	459	14.6	10.9	65.1	65.0	0.0	16.8	0.65	0
White Hot Chocolate - Semi - skimmed Milk	Short	879	210	10.0	7.3	24.4	24.3	0.0	5.6	0.22	0
	Tall	1364	325	14.3	10.3	38.9	38.8	0.0	10.4	0.39	0
	Grande	1737	414	17.5	12.7	50.8	50.8	0.0	13.2	0.50	0
	Venti	2147	511	20.4	14.7	64.4	64.4	0.0	17.4	0.65	0
White Hot Chocolate - Whole Milk	Short	935	223	11.7	8.4	24.3	24.2	0.0	5.2	0.22	0
	Tall	1481	354	17.9	12.7	38.7	38.6	0.0	9.6	0.39	0
	Grande	1884	450	22.1	15.7	50.5	50.5	0.0	12.2	0.50	0
	Venti	2347	560	26.6	18.8	64.0	64.0	0.0	16.1	0.65	0
White Hot Chocolate - Soya	Short	842	201	9.9	6.5	22.7	22.7	0.5	5.0	0.23	0
	Tall	1287	307	14.1	8.7	35.5	35.4	1.0	9.2	0.41	0
	Grande	1639	391	17.3	10.6	46.5	46.5	1.3	11.7	0.53	0
	Venti	2013	480	20.1	11.9	58.5	58.5	1.7	15.4	0.69	0

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Hot Chocolate - Coconut	Short	859	201	11.1	8.8	23.0	22.7	0.2	2.4	0.18	0
	Tall	1320	307	16.5	13.5	36.1	35.4	0.4	3.6	0.30	0
	Grande	1682	391	20.3	16.7	47.3	46.5	0.5	4.6	0.39	0
	Venti	2072	481	24.2	20.2	59.6	58.5	0.7	5.8	0.50	0
White Hot Chocolate - Almond	Short	775	185	9.4	6.3	22.3	22.1	0.3	2.7	0.19	0
	Tall	1144	273	13.1	8.3	34.4	34.2	0.6	4.2	0.31	0
	Grande	1459	348	16.0	10.1	45.2	45.0	0.8	5.4	0.40	0
	Venti	1769	422	18.4	11.3	56.8	56.4	1.0	6.8	0.52	0
White Hot Chocolate - Oat	Short	983	235	10.9	7.8	30.2	26.1	1.9	3.1	0.25	0
	Tall	1583	378	16.1	11.3	51.1	42.7	4.0	5.2	0.45	0
	Grande	2012	480	19.8	13.9	66.2	55.6	5.1	6.7	0.58	0
	Venti	2521	601	23.5	16.4	85.3	70.9	6.9	8.5	0.76	0
Frozen Iced Tea											
Tropical Mango Frozen Iced Tea	Tall	435	104	0.0	0.0	25.6	18.7	1.0	0.0	0.14	21
	Grande	565	135	0.0	0.0	33.2	24.2	1.3	0.0	0.18	24
	Venti	711	170	0.0	0.0	41.8	30.5	1.6	0.0	0.23	27
Teavana™ Tea											
English Breakfast Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Earl Grey Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Hibiscus Blend Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Emperor's Clouds & Mist Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Mint Citrus Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Youthberry Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Chai Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	25
Jasmine Pearl Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	25
Mint Herbal Blend Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Chamomile Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Matcha Tea Latte - Skimmed Milk	Short	268	63	0.2	0.0	9.1	8.5	0.4	6.1	0.17	30
	Tall	434	102	0.4	0.1	14.7	13.6	0.7	9.8	0.27	60
	Grande	563	133	0.5	0.1	19.0	17.4	1.1	12.6	0.35	90
	Venti	736	174	0.6	0.1	24.8	22.6	1.5	16.5	0.45	120
Matcha Tea Latte - Semi - skimmed Milk	Short	375	89	3.1	1.9	8.7	8.2	0.4	6.4	0.17	30
	Tall	604	144	4.9	3.0	14.1	13.0	0.7	10.3	0.27	60
	Grande	780	186	6.3	3.8	18.3	16.7	1.1	13.3	0.35	90
	Venti	1019	242	8.3	5.0	23.9	21.7	1.5	17.4	0.45	120

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Matcha Tea Latte - Whole Milk	Short	474	113	6.2	3.9	8.6	8.0	0.4	5.7	0.17	30
	Tall	761	182	9.8	6.2	13.9	12.8	0.7	9.2	0.27	60
	Grande	981	235	12.6	8.0	18.0	16.3	1.1	11.9	0.35	90
	Venti	1281	306	16.4	10.4	23.5	21.3	1.5	15.6	0.45	120
Matcha Tea Latte - Soya	Short	309	74	2.9	0.5	5.9	5.3	1.2	5.4	0.19	30
	Tall	499	119	4.7	0.8	9.5	8.4	2.1	8.7	0.30	60
	Grande	646	154	6.0	1.1	12.4	10.8	2.8	11.2	0.38	90
	Venti	845	201	7.8	1.4	16.3	14.1	3.7	14.7	0.50	120
Matcha Tea Latte - Coconut	Short	308	74	5.0	4.6	6.4	5.3	0.7	0.6	0.09	30
	Tall	498	120	7.9	7.3	10.3	8.4	1.3	1.1	0.15	60
	Grande	645	155	10.1	9.3	13.5	10.8	1.8	1.6	0.19	90
	Venti	842	202	13.2	12.2	17.6	14.1	2.4	2.1	0.25	120
Matcha Tea Latte - Almond	Short	188	45	2.1	0.2	5.0	4.3	0.9	1.1	0.10	30
	Tall	307	73	3.3	0.3	8.2	6.8	1.6	1.9	0.16	60
	Grande	401	96	4.3	0.4	10.7	8.7	2.2	2.6	0.21	90
	Venti	525	125	5.6	0.5	14.0	11.4	2.8	3.4	0.27	120
Matcha Tea Latte - Oat	Short	560	134	4.6	2.7	19.1	11.4	3.8	2.0	0.22	30
	Tall	898	214	7.4	4.3	30.6	18.2	6.1	3.3	0.35	60
	Grande	1156	276	9.4	5.6	39.3	23.2	8.0	4.3	0.45	90
	Venti	1509	360	12.3	7.2	51.4	30.3	10.5	5.7	0.59	120
Rooibos Latte - Skimmed Milk	Short	254	60	0.2	0.0	8.5	8.5	0.6	5.8	0.18	0
	Tall	406	96	0.3	0.0	13.5	13.5	1.2	9.2	0.28	0
	Grande	521	123	0.4	0.0	17.3	17.3	1.8	11.8	0.36	0
	Venti	681	161	0.5	0.1	22.5	22.5	2.4	15.3	0.48	0
Rooibos Latte - Semi - skimmed Milk	Short	361	86	3.1	1.9	8.2	8.2	0.6	6.1	0.18	0
	Tall	576	137	4.9	3.0	13.0	13.0	1.2	9.7	0.28	0
	Grande	738	176	6.2	3.8	16.6	16.6	1.8	12.4	0.36	0
	Venti	964	229	8.1	5.0	21.6	21.6	2.4	16.2	0.48	0
Rooibos Latte - Whole Milk	Short	450	110	6.1	3.9	8.0	8.0	0.6	5.5	0.18	0
	Tall	733	175	9.7	6.2	12.7	12.7	1.2	8.7	0.28	0
	Grande	939	225	12.4	7.9	16.3	16.2	1.8	11.1	0.36	0
	Venti	1225	293	16.2	10.4	21.2	21.2	2.4	14.4	0.48	0
Rooibos Latte - Soya	Short	295	71	2.9	0.5	5.3	5.3	1.5	5.1	0.19	0
	Tall	471	113	4.6	0.8	8.4	8.4	2.6	8.1	0.31	0
	Grande	605	144	5.9	1.0	10.7	10.7	3.5	10.4	0.40	0
	Venti	789	188	7.7	1.4	14.0	14.0	4.6	13.5	0.52	0
Rooibos Latte - Coconut	Short	294	71	4.9	4.6	5.8	5.3	0.9	0.4	0.10	0
	Tall	470	113	7.8	7.3	9.2	8.4	1.7	0.6	0.16	0
	Grande	603	145	10.0	9.3	11.8	10.7	2.5	0.7	0.21	0
	Venti	787	189	13.1	12.2	15.3	14.0	3.3	0.9	0.27	0
Rooibos Latte - Almond	Short	174	42	2.1	0.2	4.4	4.3	1.1	0.9	0.11	0
	Tall	279	67	3.3	0.3	7.0	6.8	2.0	1.4	0.17	0
	Grande	359	86	4.2	0.4	9.0	8.6	2.8	1.8	0.23	0
	Venti	469	112	5.4	0.5	11.7	11.3	3.7	2.3	0.30	0
Rooibos Latte - Oat	Short	546	130	4.6	2.7	18.5	11.4	4.0	1.7	0.23	0
	Tall	870	208	7.3	4.3	29.5	18.1	6.6	2.7	0.36	0
	Grande	1114	266	9.3	5.5	37.6	23.1	8.7	3.5	0.47	0
	Venti	1453	347	12.2	7.2	49.1	30.2	11.4	4.5	0.61	0
Classic Chai Tea Latte - Skimmed Milk	Short	435	103	0.1	0.0	21.3	21.3	1.2	3.4	0.11	46
	Tall	679	160	0.2	0.0	32.9	32.8	1.8	5.7	0.18	69
	Grande	881	208	0.3	0.0	42.9	42.8	2.4	7.2	0.23	92
	Venti	1151	271	0.4	0.0	55.4	55.3	3.0	10.0	0.31	115
Classic Chai Tea Latte - Semi - skimmed Milk	Short	495	117	1.8	1.1	21.1	21.1	1.2	3.6	0.11	46
	Tall	780	185	3.0	1.8	32.5	32.5	1.8	6.0	0.18	69
	Grande	1009	239	3.7	2.2	42.5	42.4	2.4	7.6	0.23	92
	Venti	1329	315	5.2	3.1	54.9	54.8	3.0	10.6	0.31	115
Classic Chai Tea Latte - Whole Milk	Short	552	131	3.5	2.2	21.0	21.0	1.2	3.2	0.11	46
	Tall	875	208	5.9	3.7	32.4	32.3	1.8	5.4	0.18	69
	Grande	1127	268	7.4	4.7	42.3	42.2	2.4	6.8	0.23	92
	Venti	1494	355	10.3	6.5	54.6	54.5	3.0	9.4	0.31	115
Classic Chai Tea Latte - Soya	Short	459	109	1.7	0.3	19.5	19.4	1.7	3.0	0.12	46
	Tall	718	170	2.8	0.5	29.8	29.7	2.6	5.1	0.20	69
	Grande	930	220	3.5	0.6	39.1	39.0	3.4	6.4	0.25	92
	Venti	1219	289	4.9	0.9	50.0	49.9	4.4	8.9	0.34	115
Classic Chai Tea Latte - Coconut	Short	458	109	2.8	2.6	19.8	19.4	1.4	0.3	0.06	46
	Tall	717	170	4.8	4.4	30.3	29.7	2.1	0.5	0.11	69
	Grande	929	221	6.0	5.5	39.7	39.0	2.8	0.7	0.13	92
	Venti	1218	289	8.3	7.7	50.9	49.9	3.6	0.9	0.18	115

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Classic Chai Tea Latte - Almond	Short	390	92	1.2	0.1	19.0	18.9	1.5	0.6	0.07	46
	Tall	602	143	2.0	0.2	29.0	28.7	2.3	1.0	0.11	69
	Grande	786	186	2.5	0.2	38.1	37.8	3.0	1.3	0.14	92
	Venti	1017	241	3.5	0.3	48.6	48.2	3.8	1.8	0.20	115
Classic Chai Tea Latte - Oat	Short	601	143	2.7	1.5	27.0	22.9	3.1	1.1	0.14	46
	Tall	957	227	4.4	2.6	42.4	35.5	5.0	1.8	0.23	69
	Grande	1230	292	5.6	3.3	54.9	46.3	6.4	2.3	0.29	92
	Venti	1638	389	7.8	4.5	72.2	60.1	8.7	3.2	0.40	115
Cold Craft											
Cold Brew	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.1	0.00	91
	Tall	3	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	148
	Grande	4	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	207
	Venti	5	1	0.0	0.0	0.0	0.0	0.0	0.2	0.00	266
Cold Brew Latte -Skimmed Milk	Tall	247	58	0.2	0.0	8.4	8.4	0.0	5.8	0.18	139
	Grande	327	77	0.3	0.0	11.1	11.1	0.0	7.7	0.23	186
	Venti	387	91	0.3	0.0	13.0	13.0	0.0	9.1	0.28	276
Cold Brew Latte -Semi - skimmed Milk	Tall	352	83	3.0	1.8	8.0	8.0	0.0	6.1	0.18	139
	Grande	466	110	4.0	2.4	10.6	10.6	0.0	8.1	0.23	186
	Venti	551	130	4.7	2.9	12.5	12.5	0.0	9.6	0.28	276
Cold Brew Latte - Whole Milk	Tall	449	108	6.0	3.8	7.9	7.9	0.0	5.5	0.18	139
	Grande	595	142	8.0	5.1	10.4	10.4	0.0	7.2	0.23	186
	Venti	703	168	9.4	6.0	12.3	12.3	0.0	8.6	0.28	276
Cold Brew Latte - Soya	Tall	288	69	2.9	0.5	5.2	5.2	0.8	5.1	0.19	139
	Grande	381	91	3.8	0.7	6.9	6.9	1.1	6.8	0.26	186
	Venti	450	107	4.5	0.8	8.1	8.1	1.3	8.1	0.31	276
Cold Brew Latte - Coconut	Tall	287	69	4.9	4.5	5.7	5.2	0.3	0.5	0.10	139
	Grande	380	91	6.4	6.0	7.5	6.9	0.4	0.6	0.13	186
	Venti	449	108	7.6	7.0	8.9	8.1	0.5	0.8	0.16	276
Cold Brew Latte - Almond	Tall	169	40	2.0	0.2	4.3	4.2	0.5	1.0	0.11	139
	Grande	224	53	2.7	0.2	5.8	5.5	0.7	1.3	0.15	186
	Venti	265	63	3.2	0.3	6.8	6.5	0.8	1.5	0.18	276
Cold Brew Latte - Oat	Tall	534	127	4.5	2.7	18.2	11.2	3.3	1.8	0.23	139
	Grande	707	169	6.0	3.5	24.1	14.8	4.4	2.4	0.30	186
	Venti	835	199	7.1	4.2	28.4	17.5	5.2	2.8	0.36	276
Iced Cappuccino with Cold Foam - Skimmed Milk	Tall	243	57	0.1	0.0	10.9	8.9	0.0	3.3	0.10	150 - 170
	Grande	295	69	0.1	0.0	13.0	11.0	0.0	4.1	0.10	150 - 170
	Venti	396	93	0.1	0.0	17.5	14.5	0.0	5.5	0.10	225 - 255
Nitro Cold Brew	10 oz	16	4	0.0	0.0	0.0	0.0	0.0	0.1	0.00	166
	Tall	17	4	0.0	0.0	0.0	0.0	0.0	0.2	0.00	244
Nitro Cold Brew with Cold Foam - Skimmed Milk	10 oz	88	21	0.1	0.0	3.0	3.0	0.0	2.0	0.07	140
	Tall	110	26	0.1	0.0	3.8	3.8	0.0	2.6	0.09	164
Nitro Cold Brew with Caramel Cold Foam - Skimmed Milk	10 oz	96	23	0.0	0.0	5.5	5.4	0.0	0.0	0.06	165
	Tall	120	28	0.1	0.0	6.9	6.8	0.0	0.0	0.07	195
Iced Coffee											
Iced Caffè Latte - Skimmed Milk	Tall	313	74	0.2	0.0	11.1	9.1	0.0	6.9	0.18	150 - 170
	Grande	382	90	0.2	0.0	13.5	11.5	0.0	8.5	0.23	150 - 170
	Venti	615	106	0.3	0.0	16.0	13.0	0.0	9.9	0.26	225 - 255
Iced Caffè Latte - Semi - skimmed Milk	Tall	428	102	3.3	2.0	10.7	8.8	0.0	7.3	0.18	150 - 170
	Grande	527	125	4.1	2.5	13.0	11.0	0.0	9.0	0.23	150 - 170
	Venti	766	146	4.7	2.9	15.5	12.5	0.0	10.5	0.26	225 - 255
Iced Caffè Latte - Whole Milk	Tall	534	128	6.6	4.2	10.6	8.6	0.0	6.6	0.18	150 - 170
	Grande	660	158	8.3	5.3	12.8	10.8	0.0	8.1	0.23	150 - 170
	Venti	615	183	9.4	6.0	15.2	12.3	0.0	9.4	0.26	225 - 255
Iced Caffè Latte - Soya	Tall	357	85	3.1	0.6	7.6	5.7	0.9	6.2	0.20	150 - 170
	Grande	438	104	3.9	0.7	9.1	7.1	1.2	7.6	0.25	150 - 170
	Venti	514	122	4.4	0.8	11.1	8.1	1.3	8.9	0.29	225 - 255
Iced Caffè Latte - Coconut	Tall	356	85	5.3	4.9	8.2	5.7	0.4	1.1	0.10	150 - 170
	Grande	437	105	6.7	6.2	9.8	7.1	0.5	1.2	0.13	150 - 170
	Venti	512	123	7.6	7.0	11.8	8.1	0.5	1.6	0.14	225 - 255
Iced Caffè Latte - Almond	Tall	227	54	2.2	0.2	6.7	4.6	0.6	1.6	0.11	150 - 170
	Grande	274	65	2.8	0.2	8.0	5.7	0.7	1.9	0.14	150 - 170
	Venti	328	78	3.1	0.3	9.8	6.5	0.8	2.4	0.16	225 - 255
Iced Caffè Latte - Oat	Tall	626	149	4.9	2.9	21.9	12.2	3.7	2.5	0.24	150 - 170
	Grande	777	185	6.2	3.7	27.0	15.4	4.6	3.0	0.30	150 - 170
	Venti	898	214	7.0	4.2	31.4	17.5	5.2	3.7	0.34	225 - 255

AUTUMN 2019 BEVERAGE NUTRITIONAL INFORMATION

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Cappuccino - Skimmed Milk	Tall	338	80	0.2	0.0	12.0	10.0	0.0	7.5	0.20	150 - 170
	Grande	413	97	0.3	0.0	14.5	12.5	0.0	9.2	0.25	150 - 170
	Venti	482	113	0.3	0.0	17.1	14.1	0.0	10.7	0.28	225 - 255
Iced Cappuccino - Semi - skimmed Milk	Tall	464	110	3.6	2.2	11.6	9.6	0.0	7.9	0.20	150 - 170
	Grande	571	136	4.5	2.8	14.0	12.0	0.0	9.7	0.25	150 - 170
	Venti	659	156	5.1	3.1	16.5	13.5	0.0	11.2	0.28	225 - 255
Iced Cappuccino - Whole Milk	Tall	579	138	7.2	4.6	11.4	9.4	0.0	7.1	0.20	150 - 170
	Grande	716	171	9.0	5.8	13.8	11.8	0.0	8.7	0.25	150 - 170
	Venti	822	196	10.1	6.5	16.2	13.2	0.0	10.1	0.28	225 - 255
Iced Cappuccino - Soya	Tall	386	92	3.4	0.6	8.2	6.2	1.0	6.7	0.22	150 - 170
	Grande	474	113	4.3	0.8	9.8	7.8	1.3	8.2	0.28	150 - 170
	Venti	549	131	4.8	0.9	11.7	8.7	1.4	9.5	0.31	225 - 255
Iced Cappuccino - Coconut	Tall	385	92	5.8	5.4	8.8	6.2	0.4	1.1	0.11	150 - 170
	Grande	472	113	7.3	6.8	10.5	7.8	0.5	1.2	0.14	150 - 170
	Venti	548	131	8.2	7.6	12.6	8.7	0.6	1.6	0.15	225 - 255
Iced Cappuccino - Almond	Tall	244	58	2.4	0.2	7.2	5.0	0.6	1.7	0.12	150 - 170
	Grande	295	70	3.0	0.3	8.5	6.3	0.8	2.0	0.15	150 - 170
	Venti	349	83	3.4	0.3	10.3	7.0	0.9	2.5	0.17	225 - 255
Iced Cappuccino - Oat	Tall	681	162	5.4	3.2	23.7	13.4	4.0	2.7	0.26	150 - 170
	Grande	844	201	6.8	4.0	29.3	16.8	5.0	3.2	0.33	150 - 170
	Venti	956	230	7.6	4.5	33.7	18.9	5.6	3.9	0.37	225 - 255
Iced Caffè Americano	Tall	46	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150 - 170
	Grande	69	16	0.0	0.0	3.0	0.0	0.0	1.1	0.00	225 - 255
	Venti	92	22	0.0	0.0	4.0	0.0	0.0	1.4	0.00	300 - 340
Iced Caffè Mocha - Skimmed Milk	Tall	961	229	10.5	7.3	25.5	22.7	1.6	7.4	0.21	165
	Grande	1264	302	14.6	10.2	32.5	29.4	2.1	9.2	0.27	170
	Venti	1415	338	15.0	10.4	38.8	34.4	2.5	10.6	0.30	249
Iced Caffè Mocha - Semi - Skimmed Milk	Tall	1076	257	13.6	9.3	25.1	22.3	1.6	7.8	0.21	165
	Grande	1409	337	18.5	12.7	32.0	28.9	2.1	9.7	0.27	170
	Venti	1579	378	19.4	13.3	38.3	33.9	2.5	11.2	0.30	249
Iced Caffè Mocha - Whole Milk	Tall	1182	283	16.9	11.5	24.9	22.1	1.6	7.1	0.21	165
	Grande	1542	370	22.6	15.5	31.8	28.7	2.1	8.8	0.27	170
	Venti	1731	415	24.1	16.4	38.0	33.6	2.5	10.1	0.30	249
Iced Caffè Mocha - Soya	Tall	1005	241	13.4	7.9	22.0	19.2	2.5	6.7	0.23	165
	Grande	1319	316	18.2	10.9	28.1	25.0	3.2	8.3	0.29	170
	Venti	1478	354	19.2	11.2	33.8	29.5	3.8	9.6	0.32	249
Iced Caffè Mocha - Coconut	Tall	1004	241	15.6	12.2	22.6	19.2	1.9	1.6	0.13	165
	Grande	1318	317	21.0	16.4	28.8	25.0	2.5	1.9	0.16	170
	Venti	1477	354	22.3	17.5	34.6	29.5	3.1	2.3	0.18	249
Iced Caffè Mocha - Almond	Tall	875	210	12.5	7.5	21.1	18.1	2.1	2.1	0.14	165
	Grande	1156	277	17.1	10.4	27.0	23.6	2.8	2.6	0.17	170
	Venti	1293	310	17.9	10.7	32.5	27.9	3.3	3.1	0.19	249
Iced Caffè Mocha - Oat	Tall	1274	305	15.3	10.2	36.3	25.8	5.2	3.0	0.26	165
	Grande	1659	397	20.5	13.8	46.0	33.3	6.7	3.7	0.33	170
	Venti	1863	446	21.8	14.6	54.2	38.9	7.8	4.4	0.38	249
Iced White Chocolate Mocha - Skimmed Milk	Tall	1280	305	12.9	9.6	38.5	36.5	0.0	8.6	0.33	150
	Grande	1697	405	17.8	13.3	50.2	48.2	0.0	10.8	0.43	150
	Venti	2027	483	19.2	14.3	63.4	60.4	0.0	14.2	0.55	225
Iced White Chocolate Mocha - Semi - skimmed Milk	Tall	1366	326	15.3	11.1	38.3	36.3	0.0	8.9	0.33	150
	Grande	1803	430	20.7	15.1	49.8	47.8	0.0	11.2	0.43	150
	Venti	2170	517	23.0	16.8	62.9	59.9	0.0	14.6	0.55	225
Iced White Chocolate Mocha - Whole Milk	Tall	1445	345	17.7	12.8	38.1	36.1	0.0	8.4	0.33	150
	Grande	1900	454	23.7	17.1	49.7	47.7	0.0	10.5	0.43	150
	Venti	2303	550	27.1	19.5	62.7	59.7	0.0	13.7	0.55	225
Iced White Chocolate Mocha - Soya	Tall	1313	313	15.1	10.0	35.9	33.9	0.7	8.1	0.35	150
	Grande	1737	415	20.5	13.8	47.0	45.0	0.8	10.2	0.45	150
	Venti	2082	497	22.8	15.0	59.0	56.0	1.1	13.3	0.57	225
Iced White Chocolate Mocha - Coconut	Tall	1312	314	16.8	13.3	36.4	33.9	0.3	4.3	0.27	150
	Grande	1737	415	22.5	17.8	47.5	45.0	0.3	5.5	0.35	150
	Venti	2081	497	25.6	20.5	59.7	56.0	0.5	6.9	0.45	225
Iced White Chocolate Mocha - Almond	Tall	1216	290	14.4	9.8	35.3	33.1	0.4	4.7	0.28	150
	Grande	1618	387	19.7	13.4	46.1	44.0	0.5	6.0	0.36	150
	Venti	1920	458	21.7	14.5	57.9	54.7	0.7	7.5	0.46	225
Iced White Chocolate Mocha - Oat	Tall	1514	361	16.5	11.8	46.6	38.8	2.7	5.4	0.37	150
	Grande	1986	474	22.2	15.9	60.1	51.0	3.4	6.8	0.48	150
	Venti	2419	577	25.1	17.9	76.9	64.3	4.6	8.7	0.62	225

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caramel Macchiato - Skimmed Milk	Tall	548	129	0.9	0.5	23.3	20.8	0.0	7.0	0.20	150 - 170
	Grande	697	164	1.0	0.5	30.3	27.8	0.0	8.6	0.25	150 - 170
	Venti	845	199	1.0	0.5	37.5	33.9	0.0	10.0	0.28	225 - 255
Iced Caramel Macchiato - Semi - skimmed Milk	Tall	663	157	4.0	2.5	22.9	20.5	0.0	7.3	0.20	150 - 170
	Grande	841	199	4.9	3.0	29.8	27.3	0.0	9.1	0.25	150 - 170
	Venti	1009	239	5.4	3.3	37.0	33.4	0.0	10.5	0.28	225 - 255
Iced Caramel Macchiato - Whole Milk	Tall	769	183	7.3	4.7	22.7	20.3	0.0	6.6	0.20	150 - 170
	Grande	975	232	9.0	5.7	29.6	27.1	0.0	8.1	0.25	150 - 170
	Venti	1160	276	10.1	6.5	36.7	33.1	0.0	9.5	0.28	225 - 255
Iced Caramel Macchiato - Soya	Tall	592	141	3.8	1.0	19.8	17.4	0.9	6.3	0.22	150 - 170
	Grande	752	178	4.6	1.2	25.9	23.4	1.2	7.7	0.27	150 - 170
	Venti	908	215	5.2	1.2	32.6	28.9	1.3	9.0	0.31	225 - 255
Iced Caramel Macchiato - Coconut	Tall	591	141	6.0	5.4	20.3	17.4	0.4	1.1	0.12	150 - 170
	Grande	751	179	7.4	6.7	26.6	23.4	0.5	1.2	0.15	150 - 170
	Venti	906	216	8.3	7.5	33.4	28.9	0.5	1.7	0.16	225 - 255
Iced Caramel Macchiato - Almond	Tall	462	110	2.9	0.6	18.9	16.3	0.6	1.7	0.13	150 - 170
	Grande	589	140	3.5	0.7	24.8	22.0	0.7	1.9	0.16	150 - 170
	Venti	722	171	3.9	0.7	31.3	27.4	0.8	2.4	0.18	225 - 255
Iced Caramel Macchiato - Oat	Tall	861	205	5.7	3.4	34.0	23.9	3.7	2.6	0.26	150 - 170
	Grande	1091	259	6.9	4.1	43.9	31.7	4.6	3.1	0.32	150 - 170
	Venti	1292	307	7.8	4.6	52.9	38.3	5.2	3.7	0.36	225 - 255
Iced Matcha Tea - Skimmed milk	Tall	306	72	0.3	0.0	10.3	9.2	0.7	6.8	0.18	60
	Grande	394	93	0.4	0.1	13.2	11.6	1.1	8.7	0.23	90
	Venti	459	108	0.4	0.1	15.4	13.2	1.5	10.0	0.26	120
Iced Matcha Tea - Semi -skimmed milk	Tall	421	100	3.4	2.0	9.9	8.8	0.7	7.1	0.18	60
	Grande	539	128	4.3	2.6	12.8	11.1	1.1	9.1	0.23	90
	Venti	623	148	4.9	2.9	14.8	12.7	1.5	10.5	0.26	120
Iced Matcha Tea - Whole milk	Tall	527	126	6.7	4.2	9.7	8.6	0.7	6.4	0.18	60
	Grande	672	161	8.4	5.3	12.5	10.9	1.1	8.2	0.23	90
	Venti	774	185	9.6	6.0	14.6	12.4	1.5	9.5	0.26	120
Iced Matcha Tea - Soya	Tall	350	83	3.2	0.6	6.8	5.7	1.7	6.1	0.20	60
	Grande	450	107	4.0	0.7	8.9	7.2	2.3	7.8	0.25	90
	Venti	522	124	4.6	0.8	10.4	8.2	2.8	9.0	0.29	120
Iced Matcha Tea - Coconut	Tall	381	91	4.7	4.2	7.7	5.9	4.6	2.4	0.09	60
	Grande	488	117	5.9	5.3	10.0	7.5	5.9	3.2	0.11	90
	Venti	566	136	6.7	6.0	11.7	8.5	7.0	3.8	0.13	120
Iced Matcha Tea - Almond	Tall	220	53	2.3	0.2	5.9	4.6	1.3	1.5	0.11	60
	Grande	286	68	2.9	0.3	7.7	5.8	1.8	2.0	0.14	90
	Venti	336	80	3.3	0.3	9.1	6.7	2.3	2.5	0.16	120
Iced Matcha Tea - Oat	Tall	619	148	5.0	2.9	21.0	12.3	4.4	2.4	0.24	60
	Grande	789	188	6.3	3.7	26.8	15.5	5.7	3.2	0.30	90
	Venti	907	216	7.2	4.2	30.7	17.6	6.7	3.8	0.34	120
Iced Rooibos Latte - Skimmed milk	Tall	278	66	0.2	0.0	9.1	9.1	1.2	6.2	0.20	0
	Grande	352	83	0.3	0.0	11.5	11.5	1.8	7.8	0.25	0
	Venti	403	95	0.3	0.0	13.1	13.0	2.4	8.9	0.29	0
Iced Rooibos Latte - Semi-skimmed milk	Tall	393	94	3.3	2.0	8.8	8.8	1.2	6.6	0.20	0
	Grande	497	118	4.2	2.5	11.1	11.0	1.8	8.3	0.25	0
	Venti	567	135	4.7	2.9	12.6	12.5	2.4	9.4	0.29	0
Iced Rooibos Latte - Whole	Tall	499	119	6.6	4.2	8.6	8.6	1.2	5.9	0.20	0
	Grande	630	151	8.3	5.3	10.8	10.8	1.8	7.4	0.25	0
	Venti	719	172	9.4	6.0	12.3	12.3	2.4	8.4	0.29	0
Iced Rooibos Latte - Soya	Tall	322	77	3.1	0.6	5.7	5.7	2.1	5.5	0.21	0
	Grande	408	97	3.9	0.7	7.2	7.1	2.9	6.9	0.27	0
	Venti	466	111	4.5	0.8	8.1	8.1	3.7	7.9	0.31	0
Iced Rooibos Latte - Coconut	Tall	353	85	4.6	4.2	6.6	5.8	5.0	1.8	0.10	0
	Grande	447	108	5.8	5.3	8.3	7.4	6.6	2.3	0.13	0
	Venti	510	123	6.5	6.0	9.4	8.4	7.9	2.6	0.16	0
Iced Rooibos Latte - Almond	Tall	192	46	2.2	0.2	4.8	4.6	1.7	0.9	0.12	0
	Grande	245	59	2.8	0.2	6.0	5.8	2.5	1.2	0.16	0
	Venti	281	67	3.2	0.3	6.8	6.5	3.2	1.3	0.18	0
Iced Rooibos Latte - Oat	Tall	591	141	4.9	2.9	19.9	12.2	4.9	1.8	0.25	0
	Grande	747	178	6.2	3.7	25.1	15.4	6.4	2.3	0.32	0
	Venti	851	203	7.1	4.2	28.5	17.5	7.6	2.6	0.36	0
Iced Teavana™ Tea											
Peach Citrus Tea	Tall	206	48	0.1	0.0	11.9	11.9	0.1	0.1	0.00	20 - 25
	Grande	272	64	0.1	0.0	15.8	15.8	0.1	0.1	0.00	25 - 30
	Venti	341	80	0.1	0.0	19.8	19.7	0.1	0.1	0.00	35 - 40

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Peach Citrus Tea Unsweetened	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	20 - 25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25 - 30
	Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	35 - 40
Strawberry Black Tea	Tall	206	48	0.1	0.0	11.9	11.9	0.1	0.1	0.00	20 - 25
	Grande	272	64	0.1	0.0	15.8	15.8	0.1	0.1	0.00	25 - 30
	Venti	341	80	0.1	0.0	19.8	19.7	0.1	0.1	0.00	35 - 40
Strawberry Black Tea Unsweetened	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	20 - 25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25 - 30
	Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	35 - 40
Pineapple Green Tea	Tall	206	48	0.1	0.0	11.9	11.9	0.1	0.1	0.00	20 - 25
	Grande	272	64	0.1	0.0	15.8	15.8	0.1	0.1	0.00	25 - 30
	Venti	341	80	0.1	0.0	19.8	19.7	0.1	0.1	0.00	35 - 40
Pineapple Green Tea Unsweetened	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	20 - 25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25 - 30
	Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	35 - 40
Iced Shaken Mango Black Tea Lemonade	Tall	352	83	0.1	0.0	20.4	19.8	0.1	0.1	0.0	20 - 25
	Grande	469	110	0.1	0.0	27.1	26.3	0.2	0.1	0.0	25 - 30
	Venti	581	137	0.2	0.0	33.6	32.6	0.2	0.2	0.0	35 - 40
Iced Shaken Black Tea Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	20 - 25
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	25 - 30
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	35 - 40
Iced Shaken Green Tea Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	20 - 25
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	25 - 30
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	35 - 40
Iced Shaken Hibiscus Infusion Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	0.0
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	0.0
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	0.0
Iced Shaken Hibiscus Infusion	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Blackberry Mojito Green Tea Lemonade	Tall	280	67	0.1	0.0	16.3	16.0	0.1	0.1	0.0	20-25
	Grande	372	89	0.1	0.0	21.7	21.3	0.1	0.1	0.0	25-30
	Venti	460	110	0.2	0.0	26.8	26.3	0.2	0.2	0.0	35-40
Frappuccino®											
Coffee Frappuccino® - Skimmed Milk	Mini	403	95	0.1	0.0	21.8	21.7	0.0	1.8	0.26	42
	Tall	623	147	0.1	0.0	33.8	33.5	0.0	2.7	0.40	65
	Grande	858	202	0.1	0.0	47.0	46.6	0.0	3.3	0.55	92
	Venti	1063	250	0.1	0.0	58.7	58.3	0.0	3.6	0.68	116
Coffee Frappuccino® - Semi- skimmed Milk	Mini	435	103	0.9	0.6	21.7	21.6	0.0	1.9	0.26	42
	Tall	673	159	1.4	0.9	33.6	33.4	0.0	2.9	0.40	65
	Grande	919	217	1.8	1.1	46.8	46.4	0.0	3.5	0.55	92
Coffee Frappuccino® - Whole Milk	Venti	1130	267	1.9	1.2	58.5	58.1	0.0	3.8	0.68	116
	Mini	465	110	1.9	1.2	21.7	21.5	0.0	1.7	0.26	42
	Tall	720	170	2.9	1.8	33.5	33.3	0.0	2.6	0.40	65
	Grande	975	231	3.5	2.2	46.7	46.3	0.0	3.1	0.55	92
Coffee Frappuccino® - Soya	Venti	1192	282	3.9	2.5	58.4	57.9	0.0	3.4	0.68	116
	Mini	415	98	0.9	0.2	20.8	20.7	0.3	1.6	0.26	42
	Tall	642	152	1.4	0.2	32.2	32.0	0.4	2.4	0.41	65
	Grande	882	208	1.7	0.3	45.1	44.8	0.5	2.9	0.56	92
Coffee Frappuccino® - Coconut	Venti	1089	257	1.8	0.3	56.7	56.2	0.5	3.2	0.69	116
	Mini	415	98	1.5	1.4	21.0	20.7	0.1	0.1	0.23	42
	Tall	642	152	2.3	2.2	32.5	32.0	0.2	0.2	0.36	65
	Grande	881	208	2.8	2.6	45.4	44.8	0.2	0.2	0.50	92
Coffee Frappuccino® - Almond	Venti	1107	257	3.1	2.9	57.0	56.2	0.2	0.2	0.63	116
	Mini	379	89	0.6	0.1	20.6	20.4	0.2	0.3	0.24	42
	Tall	586	138	1.0	0.1	31.8	31.5	0.2	0.4	0.37	65
	Grande	813	192	1.2	0.1	44.6	44.2	0.3	0.5	0.51	92
Coffee Frappuccino® - Oat	Venti	1013	239	1.3	0.1	56.1	55.6	0.3	0.5	0.63	116
	Mini	491	116	1.4	0.8	24.9	22.5	1.0	0.5	0.27	42
	Tall	760	180	2.2	1.3	38.5	34.9	1.6	0.8	0.42	65
	Grande	1025	242	2.6	1.6	52.7	48.3	1.9	1.0	0.58	92
Caramel Frappuccino® - Skimmed Milk	Venti	1246	294	2.9	1.7	65.0	60.1	2.1	1.1	0.71	116
	Mini	827	197	7.9	5.6	29.2	28.8	0.0	2.2	0.29	42
	Tall	1145	272	9.7	6.9	42.9	42.3	0.0	3.2	0.44	64
	Grande	1570	373	13.4	9.5	59.2	58.4	0.0	4.0	0.60	91
Venti	1803	431	13.4	9.5	73.3	72.3	0.0	4.4	0.73	117	

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® - Semi - skimmed Milk	Mini	860	205	8.8	6.2	29.1	28.7	0.0	2.3	0.29	42
	Tall	1196	284	11.1	7.8	42.8	42.2	0.0	3.4	0.44	64
	Grande	1630	388	15.0	10.6	59.0	58.2	0.0	4.2	0.60	91
	Venti	1803	431	13.4	9.5	73.3	72.3	0.0	4.4	0.73	117
Caramel Frappuccino® - Whole Milk	Mini	890	212	9.7	6.8	29.1	28.6	0.0	2.1	0.29	42
	Tall	1241	296	12.5	8.7	42.7	42.1	0.0	3.1	0.44	64
	Grande	1686	402	16.7	11.7	58.9	58.1	0.0	3.8	0.60	91
	Venti	1938	463	17.1	12.0	73.0	72.0	0.0	4.2	0.73	117
Caramel Frappuccino® - Soya	Mini	840	200	8.7	5.8	28.3	27.8	0.3	2.0	0.30	42
	Tall	1164	277	11.0	7.2	41.4	40.8	0.4	2.9	0.44	64
	Grande	1593	379	14.9	9.8	57.4	56.6	0.5	3.6	0.60	91
Caramel Frappuccino® - Coconut	Mini	839	200	9.4	7.0	28.4	27.8	0.1	0.6	0.27	42
	Tall	1164	277	12.0	9.0	41.7	40.8	0.2	0.7	0.40	64
	Grande	1593	379	16.1	12.1	57.7	56.6	0.2	0.9	0.55	91
Caramel Frappuccino® - Almond	Mini	803	191	8.5	5.7	28.0	27.5	0.2	0.7	0.27	42
	Tall	1108	264	10.6	7.0	41.0	40.3	0.2	0.9	0.40	64
	Grande	1524	363	14.4	9.6	56.9	56.0	0.3	1.2	0.56	91
	Venti	1757	420	14.6	9.6	70.7	69.7	0.3	1.3	0.69	117
Caramel Frappuccino® - Oat	Mini	916	218	9.3	6.4	32.3	29.6	1.0	1.0	0.31	42
	Tall	1281	305	11.8	8.2	47.6	43.7	1.6	1.3	0.46	64
	Grande	1735	413	15.9	11.1	64.9	60.1	1.9	1.7	0.62	91
	Venti	1987	475	16.2	11.2	79.6	74.2	2.1	1.8	0.76	117
Mocha Frappuccino® - Skimmed Milk	Mini	755	180	7.5	5.4	25.8	25.5	0.3	2.2	0.27	45
	Tall	1044	249	9.4	6.7	37.6	37.1	0.4	3.1	0.40	66
	Grande	1425	339	13.2	9.4	51.1	50.4	0.6	3.8	0.54	91
	Venti	1706	405	13.4	9.5	66.6	65.7	0.8	4.2	0.69	121
Mocha Frappuccino® - Semi - skimmed Milk	Mini	788	188	8.4	5.9	25.7	25.4	0.3	2.3	0.27	45
	Tall	1092	260	10.7	7.6	37.4	37.0	0.4	3.2	0.40	66
	Grande	1481	353	14.7	10.4	50.9	50.2	0.6	3.9	0.54	91
	Venti	1771	421	15.2	10.7	66.4	65.5	0.8	4.5	0.69	121
Mocha Frappuccino® - Whole Milk	Mini	818	195	9.3	6.5	25.7	25.3	0.3	2.1	0.27	45
	Tall	1136	271	12.1	8.5	37.4	36.9	0.4	2.9	0.40	66
	Grande	1533	366	16.3	11.5	50.8	50.2	0.6	3.6	0.54	91
	Venti	1832	436	17.0	11.9	66.3	65.4	0.8	4.0	0.69	121
Mocha Frappuccino® - Soya	Mini	768	183	8.3	5.5	24.8	24.5	0.6	2.0	0.28	45
	Tall	1063	253	10.7	7.0	36.1	35.7	0.8	2.8	0.41	66
	Grande	1446	345	14.6	9.7	49.4	48.7	1.0	3.4	0.55	91
	Venti	1731	412	15.1	9.8	64.6	63.8	1.3	3.8	0.70	121
Mocha Frappuccino® - Coconut	Mini	767	183	9.0	6.8	25.0	24.5	0.4	0.5	0.25	45
	Tall	1062	253	11.6	8.8	36.4	35.7	0.6	0.7	0.37	66
	Grande	1446	345	15.7	11.8	49.6	48.7	0.8	0.9	0.50	91
	Venti	1749	412	16.3	12.3	64.9	63.8	1.0	0.9	0.65	121
Mocha Frappuccino® - Almond	Mini	731	174	8.1	5.4	24.6	24.2	0.5	0.7	0.25	45
	Tall	1009	240	10.3	6.8	35.8	35.2	0.7	0.9	0.37	66
	Grande	1383	330	14.2	9.5	48.9	48.2	0.9	1.2	0.50	91
	Venti	1657	394	14.5	9.6	64.1	63.1	1.1	1.2	0.65	121
Mocha Frappuccino® - Oat	Mini	844	201	8.8	6.2	28.9	26.4	1.3	0.9	0.29	45
	Tall	1175	280	11.4	7.9	42.1	38.4	2.0	1.3	0.42	66
	Grande	1579	376	15.5	10.8	56.4	51.9	2.4	1.6	0.56	91
	Venti	1885	449	16.1	11.2	72.7	67.5	2.9	1.7	0.73	121
Espresso Frappuccino® - Skimmed Milk	Mini	417	98	0.1	0.0	22.4	21.7	0.0	2.0	0.26	87 - 93
	Tall	576	135	0.1	0.0	31.0	29.9	0.0	2.7	0.36	121 - 129
	Grande	828	195	0.1	0.0	45.1	43.9	0.0	3.4	0.52	149 - 157
	Venti	1022	241	0.1	0.0	56.2	55.0	0.0	3.7	0.64	169 - 177
Espresso Frappuccino® - Semi - skimmed Milk	Mini	449	106	0.9	0.6	22.3	21.6	0.0	2.1	0.26	87 - 93
	Tall	621	146	1.3	0.8	30.8	29.8	0.0	2.9	0.36	121 - 129
	Grande	885	209	1.7	1.0	44.9	43.8	0.0	3.6	0.52	149 - 157
	Venti	1085	256	1.8	1.1	56.0	54.8	0.0	3.9	0.64	169 - 177
Espresso Frappuccino® - Whole Milk	Mini	479	113	1.9	1.2	22.3	21.5	0.0	1.9	0.26	87 - 93
	Tall	662	157	2.6	1.6	30.8	29.7	0.0	2.6	0.36	121 - 129
	Grande	938	222	3.3	2.1	44.8	43.7	0.0	3.2	0.52	149 - 157
	Venti	1144	270	3.6	2.3	55.9	54.7	0.0	3.5	0.64	169 - 177
Espresso Frappuccino® - Soya	Mini	429	101	0.9	0.2	21.4	20.7	0.3	1.8	0.26	87 - 93
	Tall	593	140	1.2	0.2	29.6	28.6	0.4	2.4	0.36	121 - 129
	Grande	850	200	1.6	0.3	43.3	42.2	0.5	3.0	0.53	149 - 157
	Venti	1046	247	1.7	0.3	54.3	53.1	0.5	3.3	0.65	169 - 177

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso® Frappuccino - Coconut	Mini	429	101	1.5	1.4	21.6	20.7	0.1	0.3	0.23	87 - 93
	Tall	593	140	2.1	1.9	29.8	28.6	0.1	0.4	0.32	121 - 129
	Grande	849	201	2.7	2.5	43.6	42.2	0.2	0.5	0.47	149 - 157
	Venti	1063	247	2.9	2.7	54.6	53.1	0.2	0.5	0.59	169 - 177
Espresso® Frappuccino - Almond	Mini	392	93	0.6	0.1	21.2	20.4	0.2	0.5	0.24	87 - 93
	Tall	542	128	0.9	0.1	29.3	28.2	0.2	0.7	0.33	121 - 129
	Grande	785	185	1.1	0.1	42.9	41.7	0.3	0.8	0.48	149 - 157
	Venti	975	230	1.2	0.1	53.8	52.5	0.3	0.8	0.60	169 - 177
Espresso Frappuccino® - Oat	Mini	505	119	1.4	0.8	25.5	22.5	1.0	0.7	0.27	87 - 93
	Tall	698	165	1.9	1.1	35.2	31.2	1.4	1.0	0.38	121 - 129
	Grande	985	233	2.5	1.5	50.5	45.5	1.8	1.2	0.54	149 - 157
	Venti	1195	282	2.7	1.6	62.1	56.7	2.0	1.3	0.67	169 - 177
Java Chip Frappuccino® - Skimmed Milk	Mini	903	215	9.3	6.5	29.8	29.1	0.9	2.6	0.27	46
	Tall	1263	301	12.1	8.4	43.6	42.5	1.3	3.7	0.41	68
	Grande	1763	420	17.0	11.8	61.1	59.5	1.9	4.8	0.56	96
	Venti	2073	493	18.1	12.5	76.0	74.1	2.3	5.3	0.69	122
Java Chip Frappuccino® - Semi - skimmed Milk	Mini	935	223	10.2	7.0	29.7	29.0	0.9	2.7	0.27	46
	Tall	1311	313	13.4	9.2	43.4	42.3	1.3	3.9	0.41	68
	Grande	1822	435	18.6	12.8	60.9	59.3	1.9	5.0	0.56	96
	Venti	2139	509	19.9	13.6	75.8	73.8	2.3	5.6	0.69	122
Java Chip Frappuccino® - Whole Milk	Mini	965	230	11.1	7.7	29.7	28.9	0.9	2.5	0.27	46
	Tall	1356	324	14.8	10.1	43.4	42.2	1.3	3.6	0.41	68
	Grande	1877	448	20.3	13.9	60.8	59.3	1.9	4.6	0.56	96
	Venti	2200	524	21.8	14.8	75.7	73.7	2.3	5.1	0.69	122
Java Chip Frappuccino® - Soya	Mini	915	218	10.1	6.6	28.9	28.1	1.2	2.4	0.28	46
	Tall	1281	306	13.3	8.6	42.1	41.0	1.7	3.4	0.41	68
	Grande	1786	426	18.5	12.0	59.3	57.7	2.3	4.4	0.57	96
	Venti	2099	500	19.8	12.8	74.1	72.1	2.9	4.9	0.70	122
Java Chip Frappuccino® - Almond	Mini	878	210	9.9	6.5	28.6	27.8	1.1	1.1	0.25	46
	Tall	1227	293	13.0	8.4	41.8	40.6	1.6	1.5	0.37	68
	Grande	1791	410	18.0	11.8	58.9	57.2	2.1	2.0	0.53	96
	Venti	2025	482	19.3	12.6	73.5	71.4	2.7	2.3	0.65	122
Java Chip Frappuccino® - Coconut	Mini	915	219	10.8	7.9	29.0	28.1	1.0	0.9	0.25	46
	Tall	1281	306	14.3	10.4	42.4	41.0	1.5	1.3	0.37	68
	Grande	1785	426	19.6	14.3	59.6	57.7	2.0	1.8	0.52	96
	Venti	2116	500	21.1	15.3	74.4	72.1	2.5	2.0	0.65	122
Java Chip Frappuccino® - Oat	Mini	991	237	10.7	7.3	32.9	29.9	2.0	1.3	0.29	46
	Tall	1395	333	14.1	9.6	48.1	43.8	2.9	1.9	0.43	68
	Grande	1925	459	19.4	13.3	66.7	61.1	3.7	2.5	0.59	96
	Venti	2252	537	20.9	14.1	82.2	75.8	4.4	2.8	0.73	122
White Chocolate Mocha Frappuccino® - Skimmed Milk	Mini	783	187	7.7	5.6	26.8	26.6	0.0	2.5	0.29	42
	Tall	1094	260	9.8	7.1	39.5	39.3	0.0	3.6	0.43	62
	Grande	1547	368	13.9	10.1	56.0	55.7	0.0	4.7	0.60	86
	Venti	1749	418	13.9	10.1	68.1	67.7	0.0	5.1	0.73	112
White Chocolate Mocha Frappuccino® - Semi-Skimmed Milk	Mini	816	194	8.6	6.1	26.7	26.5	0.0	2.6	0.29	42
	Tall	1142	272	11.1	7.9	39.4	39.1	0.0	3.8	0.43	62
	Grande	1604	382	15.5	11.1	55.8	55.5	0.0	4.9	0.60	86
	Venti	1812	433	15.7	11.2	67.9	67.5	0.0	5.3	0.73	112
White Chocolate Mocha Frappuccino® - Whole Milk	Mini	846	202	9.5	6.8	26.7	26.5	0.0	2.4	0.29	42
	Tall	1187	283	12.4	8.8	39.3	39.0	0.0	3.5	0.43	62
	Grande	1657	395	17.1	12.2	55.7	55.4	0.0	4.5	0.60	86
	Venti	1874	448	17.5	12.4	67.8	67.4	0.0	4.9	0.73	112
White Chocolate Mocha Frappuccino® - Soya	Mini	796	190	8.5	5.7	25.8	25.7	0.3	2.3	0.30	42
	Tall	1112	265	11.0	7.3	38.1	37.8	0.4	3.3	0.44	62
	Grande	1569	374	15.4	10.4	54.3	53.9	0.5	4.3	0.61	86
	Venti	1774	424	15.6	10.4	66.2	65.7	0.5	4.6	0.74	112
White Chocolate Mocha Frappuccino® - Coconut	Mini	795	190	9.2	7.0	26.0	25.7	0.1	0.8	0.27	42
	Tall	1112	265	11.9	9.1	38.3	37.8	0.2	1.1	0.40	62
	Grande	1569	374	16.5	12.6	54.6	53.9	0.2	1.8	0.56	86
	Venti	1774	424	16.8	12.9	66.5	65.7	0.2	1.8	0.69	112
White Chocolate Mocha Frappuccino® - Almond	Mini	759	181	8.3	5.6	25.6	25.4	0.2	1.0	0.27	42
	Tall	1058	252	10.6	7.1	37.7	37.4	0.2	1.4	0.40	62
	Grande	1505	358	14.9	10.2	53.8	53.4	0.3	2.1	0.56	86
	Venti	1703	407	15.0	10.2	65.6	65.1	0.3	2.1	0.69	112
White Chocolate Mocha Frappuccino® - Oat	Mini	872	208	9.1	6.4	29.9	27.5	1.0	1.2	0.31	42
	Tall	1226	292	11.8	8.3	44.1	40.6	1.5	1.8	0.46	62
	Grande	1703	406	16.3	11.6	61.4	57.2	1.8	2.5	0.63	86
	Venti	1925	460	16.6	11.7	74.1	69.4	2.1	2.6	0.76	112

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Coffee Light Frappuccino® - Skimmed Milk	Mini	252	59	0.1	0.0	12.9	12.4	0.1	1.8	0.25	42
	Tall	353	83	0.1	0.0	18.1	17.4	0.2	2.5	0.36	59
	Grande	503	118	0.1	0.0	26.1	25.1	0.3	3.1	0.51	87
	Venti	540	129	0.1	0.0	28.8	27.7	0.3	3.1	0.57	99
Mocha Light Frappuccino® - Skimmed Milk	Mini	307	72	0.3	0.2	15.4	14.8	0.4	1.8	0.26	45
	Tall	397	91	0.4	0.2	19.4	18.6	0.5	2.2	0.33	57
	Grande	540	135	0.6	0.3	29.1	27.9	0.8	3.0	0.49	88
	Venti	665	159	0.7	0.4	34.6	33.1	1.0	3.1	0.58	107
Caramel Light Frappuccino® - Skimmed Milk	Mini	306	72	0.1	0.0	16.1	15.5	0.1	1.8	0.26	42
	Tall	397	93	0.1	0.0	20.8	20.1	0.2	2.3	0.33	54
	Grande	540	127	0.1	0.0	28.6	27.6	0.2	2.9	0.47	80
	Venti	652	156	0.1	0.0	35.5	34.2	0.3	3.0	0.56	97
Espresso Light Frappuccino® - Skimmed Milk	Mini	266	63	0.1	0.0	13.5	12.4	0.1	2.0	0.25	87 - 93
	Tall	334	79	0.1	0.0	16.9	15.6	0.2	2.5	0.32	121 - 129
	Grande	475	112	0.1	0.0	24.5	22.9	0.2	3.1	0.47	149 - 157
	Venti	536	128	0.1	0.0	28.4	26.7	0.3	3.2	0.55	169 - 177
White Mocha Light Frappuccino® - Skimmed Milk	Mini	330	78	0.5	0.4	16.2	15.7	0.1	2.1	0.27	42
	Tall	421	99	0.7	0.5	20.6	20.1	0.2	2.7	0.35	54
	Grande	659	155	1.2	1.0	32.2	31.3	0.2	3.7	0.52	80
	Venti	695	166	1.1	0.9	35.2	34.1	0.3	3.7	0.59	97
Java Chip Light Frappuccino® - Skimmed Milk	Mini	430	102	2.0	1.2	18.3	17.3	0.9	2.2	0.25	45
	Tall	568	135	2.7	1.6	24.2	22.8	1.2	2.9	0.34	59
	Grande	799	189	3.8	2.3	34.2	32.3	1.8	3.6	0.47	85
	Venti	1021	224	4.6	2.8	40.7	38.4	2.2	3.9	0.56	103
Vanilla Cream Frappuccino® - Skimmed Milk	Mini	654	156	7.3	5.2	19.9	19.5	0.0	2.7	0.27	0
	Tall	911	217	9.1	6.5	29.7	29.1	0.0	4.0	0.41	0
	Grande	1285	306	12.7	9.1	42.5	41.7	0.0	5.3	0.58	0
	Venti	1485	353	12.8	9.1	53.4	52.3	0.0	6.1	0.73	0
Vanilla Cream Frappuccino® - Semi - skimmed Milk	Mini	697	166	8.4	6.0	19.8	19.4	0.0	2.9	0.27	0
	Tall	976	233	10.9	7.6	29.5	28.9	0.0	4.3	0.41	0
	Grande	1370	327	15.1	10.6	42.3	41.4	0.0	5.6	0.58	0
	Venti	1585	377	15.5	10.9	53.1	52.0	0.0	6.4	0.73	0
Vanilla Cream Frappuccino® - Whole Milk	Mini	737	176	9.7	6.8	19.7	19.3	0.0	2.6	0.27	0
	Tall	1037	248	12.8	8.9	29.4	28.8	0.0	3.8	0.41	0
	Grande	1449	346	17.5	12.2	42.1	41.3	0.0	5.1	0.58	0
	Venti	1677	400	18.3	12.8	53.0	51.8	0.0	5.8	0.73	0
Vanilla Cream Frappuccino® - Soya	Mini	670	160	8.4	5.4	18.6	18.2	0.3	2.5	0.28	0
	Tall	936	223	10.8	6.8	27.8	27.2	0.5	3.6	0.42	0
	Grande	1317	314	14.9	9.5	39.9	39.1	0.7	4.8	0.59	0
	Venti	1523	363	15.3	9.6	50.4	49.3	0.8	5.5	0.74	0
Vanilla Cream Frappuccino® - Coconut	Mini	670	160	9.2	7.1	18.8	18.2	0.1	0.5	0.24	0
	Tall	935	224	12.0	9.3	28.1	27.2	0.2	0.7	0.36	0
	Grande	1317	315	16.5	12.8	40.4	39.1	0.3	1.0	0.52	0
	Venti	1550	363	17.2	13.4	50.9	49.3	0.3	1.0	0.65	0
Vanilla Cream Frappuccino® - Almond	Mini	621	149	8.0	5.3	18.3	17.8	0.2	0.7	0.24	0
	Tall	862	206	10.3	6.6	27.2	26.5	0.3	1.0	0.37	0
	Grande	1221	291	14.2	9.2	39.3	38.3	0.4	1.4	0.52	0
	Venti	1410	336	14.5	9.3	49.6	48.3	0.5	1.5	0.66	0
Vanilla Cream Frappuccino® - Oat	Mini	771	184	9.1	6.3	23.9	20.7	1.4	1.1	0.29	0
	Tall	1089	260	11.8	8.2	35.9	30.9	2.1	1.5	0.44	0
	Grande	1518	362	16.3	11.3	50.5	44.0	2.7	2.1	0.62	0
	Venti	1758	419	16.9	11.7	62.8	55.0	3.2	2.3	0.77	0
Double Chocolatey Chip Cream Frappuccino® - Skimmed Milk	Mini	805	192	9.3	6.5	23.5	22.6	0.9	3.1	0.27	4
	Tall	1141	272	12.2	8.4	35.2	33.8	1.4	4.7	0.42	5
	Grande	1576	376	17.1	11.8	48.5	46.5	1.9	6.1	0.57	7
	Venti	1915	456	18.6	12.7	63.5	60.8	2.5	7.4	0.75	9
Double Chocolatey Chip Cream Frappuccino® - Semi-skimmed Milk	Mini	848	203	10.5	7.2	23.4	22.4	0.9	3.3	0.27	4
	Tall	1207	288	14.0	9.6	35.0	33.5	1.4	4.9	0.42	5
	Grande	1660	396	19.4	13.3	48.3	46.3	1.9	6.4	0.57	7
	Venti	2018	481	21.4	14.5	63.2	60.5	2.5	7.8	0.75	9
Double Chocolatey Chip Cream Frappuccino® - Whole Milk	Mini	888	213	11.7	8.0	23.3	22.4	0.9	3.0	0.27	4
	Tall	1268	303	15.9	10.8	34.9	33.4	1.4	4.5	0.42	5
	Grande	1737	415	21.8	14.8	48.1	46.1	1.9	5.8	0.57	7
	Venti	2112	504	24.3	16.5	63.0	60.3	2.5	7.1	0.75	9
Double Chocolatey Chip Cream Frappuccino® - Soya	Mini	822	197	10.4	6.7	22.2	21.3	1.3	2.9	0.28	4
	Tall	1166	279	13.9	8.7	33.2	31.7	1.9	4.3	0.43	5
	Grande	1608	384	19.2	12.2	46.0	44.0	2.6	5.6	0.58	7
	Venti	1954	466	21.2	13.2	60.4	57.7	3.3	6.8	0.76	9

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Double Chocolatey Chip Cream Frappuccino® - Coconut	Mini	822	197	11.3	8.3	22.4	21.3	1.1	0.9	0.24	4
	Tall	1166	279	15.2	11.3	33.5	31.7	1.6	1.3	0.37	5
	Grande	1607	385	20.8	15.4	46.4	44.0	2.2	1.9	0.51	7
	Venti	1982	467	23.2	17.1	60.9	57.7	2.9	2.2	0.67	9
Double Chocolatey Chip Cream Frappuccino® - Almond	Mini	773	185	10.1	6.5	21.9	20.8	1.1	1.2	0.25	4
	Tall	1091	261	13.4	8.5	32.6	31.1	1.7	1.7	0.37	5
	Grande	1513	362	18.6	11.9	45.3	43.2	2.3	2.3	0.52	7
	Venti	1839	439	20.4	12.9	59.6	56.8	3.0	2.7	0.68	9
Double Chocolatey Chip Cream Frappuccino® - Oat	Mini	923	221	11.1	7.6	27.6	23.7	2.3	1.5	0.29	4
	Tall	1322	316	15.0	10.1	41.4	35.5	3.5	2.2	0.45	5
	Grande	1804	431	20.6	13.9	56.4	48.8	4.6	2.9	0.61	7
	Venti	2195	524	22.9	15.3	73.1	63.6	5.8	3.5	0.79	9
Strawberries & Cream Frappuccino® - Skimmed Milk	Mini	758	181	7.3	5.2	25.7	24.7	0.2	2.8	0.28	0
	Tall	1034	246	9.2	6.5	36.7	35.2	0.3	4.0	0.40	0
	Grande	1415	337	12.8	9.1	50.0	47.9	0.5	5.1	0.53	0
	Venti	1764	393	12.9	9.1	63.2	60.5	0.6	5.9	0.67	0
Strawberries & Cream Frappuccino® - Semi-skimmed Milk	Mini	802	191	8.5	6.0	25.6	24.5	0.2	3.0	0.28	0
	Tall	1096	261	10.9	7.6	36.5	35.0	0.3	4.2	0.40	0
	Grande	1491	355	14.9	10.4	49.8	47.7	0.5	5.3	0.53	0
	Venti	1854	415	15.3	10.7	62.9	60.2	0.6	6.1	0.67	0
Strawberries & Cream Frappuccino® - Whole Milk	Mini	841	201	9.7	6.8	25.5	24.5	0.2	2.7	0.28	0
	Tall	1153	275	12.6	8.8	36.4	34.9	0.3	3.8	0.40	0
	Grande	1562	373	17.1	11.9	49.6	47.6	0.5	4.8	0.53	0
	Venti	1937	435	17.9	12.4	62.8	60.1	0.6	5.6	0.67	0
Strawberries & Cream Frappuccino® - Soya	Mini	775	185	8.4	5.4	24.4	23.4	0.6	2.6	0.29	0
	Tall	1057	252	10.8	6.8	34.8	33.3	0.8	3.6	0.41	0
	Grande	1444	344	14.8	9.5	47.7	45.6	1.1	4.6	0.55	0
	Venti	1799	402	15.2	9.5	60.5	57.8	1.3	5.3	0.68	0
Strawberries & Cream Frappuccino® - Coconut	Mini	775	185	9.3	7.1	24.6	23.4	0.4	0.7	0.25	0
	Tall	1057	252	11.9	9.2	35.1	33.3	0.5	0.9	0.35	0
	Grande	1443	344	16.2	12.4	48.1	45.6	0.7	1.2	0.48	0
	Venti	1823	402	16.9	13.0	60.9	57.8	0.9	1.3	0.61	0
Strawberries & Cream Frappuccino® - Almond	Mini	726	173	8.1	5.3	24.1	23.0	0.4	0.9	0.25	0
	Tall	987	235	10.3	6.6	34.3	32.7	0.6	1.2	0.36	0
	Grande	1357	402	16.9	13.0	60.9	57.8	0.9	1.3	0.61	0
	Venti	1697	378	14.5	9.2	59.8	56.9	1.0	1.7	0.61	0
Strawberries & Cream Frappuccino® - Oat	Mini	876	209	9.1	6.3	29.8	25.8	1.6	1.2	0.30	0
	Tall	1203	287	11.7	8.1	42.5	36.8	2.3	1.7	0.43	0
	Grande	1624	387	16.0	11.1	57.2	50.0	2.9	2.1	0.57	0
	Venti	2010	452	16.6	11.4	71.6	62.9	3.4	2.4	0.71	0
Caramel Cream Frappuccino® - Skimmed Milk	Mini	730	174	7.9	5.6	22.9	22.3	0.0	2.8	0.29	0
	Tall	1002	239	9.8	6.9	33.5	32.6	0.0	4.2	0.44	0
	Grande	1339	319	13.4	9.5	44.5	43.3	0.0	5.2	0.58	0
	Venti	1577	375	13.4	9.5	57.4	55.9	0.0	6.2	0.75	0
Caramel Cream Frappuccino® - Semi-skimmed Milk	Mini	773	185	9.1	6.4	22.8	22.1	0.0	2.9	0.29	0
	Tall	1068	319	13.4	9.5	44.5	43.3	0.0	5.2	0.58	0
	Grande	1421	339	15.6	10.9	44.2	43.1	0.0	5.4	0.58	0
	Venti	1677	399	16.1	11.3	57.1	55.6	0.0	6.5	0.75	0
Caramel Cream Frappuccino® - Whole Milk	Mini	813	194	10.3	7.2	22.7	22.1	0.0	2.6	0.29	0
	Tall	1130	270	13.5	9.3	33.2	32.3	0.0	3.9	0.44	0
	Grande	1497	358	17.9	12.5	44.1	42.9	0.0	4.9	0.58	0
	Venti	1770	422	19.0	13.2	56.9	55.5	0.0	5.9	0.75	0
Caramel Cream Frappuccino® - Soya	Mini	746	178	9.0	5.8	21.6	21.0	0.3	2.5	0.30	0
	Tall	1027	245	11.5	7.2	31.5	30.6	0.5	3.7	0.45	0
	Grande	1371	327	15.5	9.9	42.0	40.9	0.7	4.7	0.59	0
	Venti	1616	385	16.0	10.0	54.4	52.9	0.8	5.5	0.77	0
Caramel Cream Frappuccino® - Coconut	Mini	746	178	9.8	7.5	21.8	21.0	0.1	0.6	0.26	0
	Tall	1027	245	12.7	9.8	31.8	30.6	0.2	0.8	0.39	0
	Grande	1370	327	17.0	13.0	42.4	40.9	0.3	1.0	0.52	0
	Venti	1643	385	17.9	13.8	54.9	52.9	0.3	1.1	0.68	0
Caramel Cream Frappuccino® - Almond	Mini	697	167	8.7	5.7	21.3	20.5	0.2	0.8	0.26	0
	Tall	952	227	109.0	7.0	31.0	30.0	0.3	1.1	0.39	0
	Grande	1278	305	14.8	9.6	41.4	40.1	0.4	1.4	0.53	0
	Venti	1502	358	15.2	9.7	53.6	52.0	0.5	1.6	0.69	0
Caramel Cream Frappuccino® - Oat	Mini	847	202	9.7	6.7	27.0	23.4	1.4	1.1	0.31	0
	Tall	1184	282	12.5	8.6	39.8	34.4	2.1	1.6	0.47	0
	Grande	1563	373	16.8	11.6	52.2	45.6	2.6	2.1	0.62	0
	Venti	1851	441	17.6	12.1	66.8	58.7	3.2	2.3	0.80	0

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Chocolate Cream Frappuccino® - Skimmed Milk	Mini	677	162	7.6	5.4	20.3	19.8	0.4	2.7	0.27	4
	Tall	927	221	9.6	6.8	29.5	28.7	0.6	4.0	0.40	5
	Grande	1288	307	13.4	9.5	41.2	40.1	0.7	5.2	0.56	7
	Venti	1494	357	13.6	9.6	52.2	50.8	0.9	6.0	0.72	9
Chocolate Cream Frappuccino® - Semi- skimmed Milk	Mini	720	172	8.8	6.2	20.2	19.7	0.4	2.9	0.27	4
	Tall	991	237	11.3	7.9	29.3	28.5	0.6	4.2	0.40	5
	Grande	1371	327	15.6	10.9	41.0	39.8	0.7	5.4	0.56	7
	Venti	1594	381	16.2	11.3	51.9	50.5	0.9	6.3	0.72	9
Chocolate Cream Frappuccino® - Whole Milk	Mini	760	182	10.0	7.0	20.1	19.6	0.4	2.6	0.27	4
	Tall	1051	251	13.1	9.1	29.2	28.4	0.6	3.8	0.40	5
	Grande	1448	346	18.0	12.5	40.8	39.7	0.7	4.9	0.56	7
	Venti	1686	403	19.0	13.2	51.7	50.3	0.9	5.7	0.72	9
Chocolate Cream Frappuccino® - Soya	Mini	693	166	8.7	5.6	19.0	18.5	0.8	2.5	0.28	4
	Tall	952	227	11.2	7.1	27.5	26.8	1.1	3.6	0.41	5
	Grande	1320	315	15.5	9.9	38.7	37.6	1.4	4.6	0.58	7
	Venti	1531	366	16.1	10.1	49.2	47.8	1.7	5.4	0.73	9
Chocolate Cream Frappuccino® - Coconut	Mini	693	166	9.5	7.3	19.2	18.5	0.5	0.5	0.24	4
	Tall	951	228	12.4	9.5	27.9	26.8	0.8	0.7	0.36	5
	Grande	1319	316	17.0	13.0	39.1	37.6	1.0	1.0	0.50	7
	Venti	1535	367	17.9	13.8	49.7	47.8	1.3	1.0	0.65	9
Chocolate Cream Frappuccino® - Almond	Mini	645	154	8.4	5.5	18.7	18.1	0.6	0.7	0.25	4
	Tall	879	210	10.7	6.9	27.0	26.1	0.9	1.0	0.36	5
	Grande	1227	293	14.8	9.6	38.1	36.8	1.1	1.4	0.51	7
	Venti	1423	340	15.3	9.7	48.4	46.9	1.4	1.5	0.65	9
Chocolate Cream Frappuccino® - Oat	Mini	795	190	9.4	6.5	24.4	21.0	1.8	1.1	0.29	4
	Tall	1103	263	12.2	8.4	35.5	30.4	2.6	1.5	0.43	5
	Grande	1514	362	16.8	11.6	49.0	42.3	3.4	2.0	0.60	7
	Venti	1761	421	17.6	12.1	61.4	53.4	4.1	2.3	0.76	9
White Chocolate Cream Frappuccino® - Skimmed	Mini	686	164	7.7	5.6	20.5	20.1	0.0	3.1	0.29	0
	Tall	694	230	9.8	7.1	30.8	30.3	0.0	4.6	0.44	0
	Grande	1370	326	14.0	10.2	44.1	43.4	0.0	6.0	0.61	0
	Venti	1547	368	14.0	10.2	53.6	52.7	0.0	6.9	0.76	0
White Chocolate Cream Frappuccino® - Semi-skimmed	Mini	729	174	8.9	6.3	20.3	20.0	0.0	3.2	0.29	0
	Tall	1030	246	11.6	8.2	30.6	30.1	0.0	4.8	0.44	0
	Grande	1451	346	16.2	11.6	43.9	43.2	0.0	6.3	0.61	0
	Venti	1644	392	16.7	11.8	53.3	52.4	0.0	7.2	0.76	0
White Chocolate Cream Frappuccino® - Whole Milk	Mini	769	184	10.1	7.2	20.3	19.9	0.0	2.9	0.29	0
	Tall	1091	261	13.5	9.5	30.5	30.0	0.0	4.4	0.44	0
	Grande	1526	365	18.5	13.1	43.7	43.0	0.0	5.8	0.61	0
	Venti	1734	414	19.4	13.7	53.2	52.2	0.0	6.6	0.76	0
White Chocolate Cream Frappuccino® - Soya	Mini	702	168	8.8	5.8	19.2	18.8	0.3	2.8	0.30	0
	Tall	989	236	11.5	7.4	28.8	28.3	0.5	4.2	0.45	0
	Grande	1401	334	16.1	10.5	41.7	41.0	0.7	5.5	0.62	0
	Venti	1584	378	16.5	10.6	50.7	49.8	0.8	6.3	0.78	0
White Chocolate Cream Frappuccino® - Coconut	Mini	702	168	9.6	7.4	19.4	18.8	0.1	0.9	0.26	0
	Tall	989	236	12.7	9.9	29.2	28.3	0.2	1.2	0.40	0
	Grande	1401	335	17.6	13.6	42.0	41.0	0.3	1.9	0.55	0
	Venti	1611	378	18.4	14.3	51.1	49.8	0.3	1.9	0.69	0
White Chocolate Cream Frappuccino® - Almond	Mini	653	156	8.5	5.6	18.8	18.4	0.2	1.1	0.27	0
	Tall	915	218	11.0	7.2	28.3	27.7	0.3	1.5	0.40	0
	Grande	1309	313	15.4	10.3	41.0	40.2	0.4	2.3	0.56	0
	Venti	1474	352	15.7	10.3	49.9	48.8	0.5	2.4	0.70	0
White Chocolate Cream Frappuccino® - Oat	Mini	803	192	9.5	6.7	24.5	21.3	1.4	1.4	0.31	0
	Tall	1144	273	12.5	8.7	37.0	32.1	2.1	2.1	0.47	0
	Grande	1592	380	17.4	12.2	51.7	45.6	2.6	2.9	0.65	0
	Venti	1813	432	18.0	12.6	62.8	55.3	3.1	3.2	0.81	0
Matcha Tea Cream Frappuccino® - Skimmed Milk	Mini	702	167	7.3	5.2	22.1	21.3	0.5	3.1	0.27	36
	Tall	1007	240	9.2	6.5	34.2	33.0	0.8	4.7	0.41	57
	Grande	1418	338	12.9	9.1	48.7	46.9	1.1	6.3	0.58	83
	Venti	1535	382	12.9	9.2	58.8	56.6	1.4	7.0	0.70	103
Matcha Tea Cream Frappuccino® - Semi- skimmed Milk	Mini	745	178	8.5	6.0	21.9	21.2	0.5	3.2	0.27	36
	Tall	1075	256	11.0	7.7	34.0	32.7	0.8	4.9	0.41	57
	Grande	1506	359	15.2	10.7	48.4	46.6	1.1	6.5	0.58	83
	Venti	1634	406	15.6	10.9	58.5	56.3	1.4	7.3	0.70	103
Matcha Tea Cream Frappuccino® - Whole Milk	Mini	785	188	9.7	6.8	21.9	21.1	0.5	2.9	0.27	36
	Tall	1138	272	13.0	9.0	33.8	32.6	0.8	4.5	0.41	57
	Grande	1588	379	17.8	12.4	48.3	46.5	1.1	6.0	0.58	83
	Venti	1725	428	18.4	12.7	58.3	56.1	1.4	6.7	0.70	103

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Tea Cream Frappuccino® - Soya	Mini	719	172	8.4	5.4	20.8	20.0	0.8	2.8	0.27	36
	Tall	1033	246	10.9	6.8	32.1	30.9	1.3	4.3	0.42	57
	Grande	1452	346	15.1	9.6	46.0	44.3	1.8	5.7	0.60	83
	Venti	1573	392	15.4	9.6	55.8	53.6	2.2	6.4	0.71	103
Matcha Tea Cream Frappuccino - Coconut	Mini	718	172	9.2	7.1	21.0	20.0	0.6	0.9	0.23	36
	Tall	1032	247	12.2	9.4	32.4	30.9	1.0	1.3	0.36	57
	Grande	1451	347	16.8	12.9	46.4	44.3	1.4	1.8	0.52	83
	Venti	1599	392	17.3	13.4	56.3	53.6	1.7	2.0	0.63	103
Matcha Tea Cream Frappuccino® - Almond	Mini	670	160	8.1	5.3	20.4	19.6	0.7	1.1	0.24	36
	Tall	956	228	10.4	6.6	31.6	30.3	1.1	1.6	0.37	57
	Grande	1353	323	14.4	9.3	45.3	43.4	1.5	2.2	0.53	83
	Venti	1461	365	14.6	9.3	55.0	52.7	1.8	2.5	0.63	103
Matcha Tea Cream Frappuccino® - Oat	Mini	820	196	9.1	6.3	26.1	22.5	1.9	1.4	0.29	36
	Tall	1192	284	12.0	8.2	40.5	34.8	2.9	2.1	0.44	57
	Grande	1659	396	16.5	11.4	56.9	49.3	3.9	2.9	0.62	83
	Venti	1804	447	17.0	11.6	68.0	59.3	4.5	3.3	0.74	103
Rooibos Tea Cream Frappuccino® - Skimmed	Mini	669	160	7.3	5.2	20.4	20.1	0.7	2.8	0.09	0
	Tall	954	228	9.1	6.5	31.6	31.1	1.1	4.2	0.14	0
	Grande	1343	320	12.8	9.1	44.9	44.2	1.7	5.6	0.19	0
	Venti	1487	360	12.8	9.1	54.1	53.3	2.1	6.2	0.21	0
Rooibos Tea Cream Frappuccino® - Semi-skimmed	Mini	712	170	8.4	6.0	20.3	20.0	0.7	2.9	0.09	0
	Tall	1021	244	11.0	7.7	31.4	30.9	1.1	4.5	0.14	0
	Grande	1432	341	15.1	10.7	44.7	44.0	1.7	5.8	0.19	0
	Venti	1586	384	15.4	10.8	53.8	53.0	2.1	6.5	0.21	0
Rooibos Tea Cream Frappuccino® - Whole Milk	Mini	752	180	9.7	6.8	20.2	19.9	0.7	2.6	0.09	0
	Tall	981	259	12.9	9.0	31.3	30.8	1.1	4.0	0.14	0
	Grande	1513	361	17.7	12.3	44.5	43.8	1.7	5.3	0.19	0
	Venti	1677	406	18.3	12.7	53.7	52.8	2.1	5.8	0.21	0
Rooibos Tea Cream Frappuccino® - Soya	Mini	686	164	8.4	5.4	19.1	18.8	1.1	2.5	0.10	0
	Tall	979	234	10.9	6.8	29.5	29.1	1.7	3.8	0.15	0
	Grande	1377	329	15.0	9.5	42.3	41.6	2.4	5.0	0.20	0
	Venti	1525	370	15.3	9.6	51.1	50.3	2.8	5.5	0.22	0
Rooibos Tea Cream Frappuccino® - Coconut	Mini	637	164	9.2	7.1	19.3	18.8	0.9	0.6	0.06	0
	Tall	979	235	12.1	9.4	29.9	29.1	1.4	0.8	0.09	0
	Grande	1377	329	16.7	12.9	42.7	41.6	1.9	1.1	0.12	0
	Venti	1552	370	17.2	13.4	51.6	50.3	2.4	1.1	0.14	0
Rooibos Tea Cream Frappuccino® - Almond	Mini	787	152	8.0	5.3	18.8	18.4	0.9	0.8	0.06	0
	Tall	904	216	10.3	6.6	29.0	28.4	1.5	1.1	0.10	0
	Grande	1278	305	14.3	9.3	41.6	40.7	2.1	1.5	0.13	0
	Venti	1414	343	14.5	9.3	50.4	49.4	2.5	1.6	0.14	0
Rooibos Tea Cream Frappuccino® - Oat	Mini	1023	188	9.1	6.3	24.5	21.3	2.1	1.1	0.11	0
	Tall	1141	272	11.9	8.2	38.0	32.9	3.3	1.6	0.17	0
	Grande	1584	378	16.4	11.4	53.2	46.6	4.5	2.2	0.23	0
	Venti	1757	425	16.9	11.6	63.4	55.9	5.2	2.4	0.25	0
Chai Tea Cream Frappuccino® - Skimmed Milk	Mini	697	166	7.3	5.2	22.2	21.8	0.4	2.8	0.28	14
	Tall	948	226	9.1	6.5	31.8	31.3	0.5	3.9	0.39	20
	Grande	1368	326	12.8	9.1	47.2	46.5	1.0	5.0	0.54	38
	Venti	1556	370	12.8	9.1	57.2	56.3	1.0	6.0	0.70	38
Chai Tea Cream Frappuccino® - Semi-skimmed Milk	Mini	740	177	8.5	6.0	22.1	21.7	0.4	2.9	0.28	14
	Tall	1011	241	10.8	7.6	31.6	31.1	0.5	4.1	0.39	20
	Grande	1447	345	14.9	10.5	47.0	46.3	1.0	5.3	0.54	38
	Venti	1651	393	15.4	10.8	56.9	56.0	1.0	6.3	0.70	38
Chai Tea Cream Frappuccino® - Whole Milk	Mini	780	186	9.7	6.8	22.0	21.6	0.4	2.6	0.28	14
	Tall	1068	255	12.6	8.8	31.5	31.0	0.5	3.7	0.39	20
	Grande	1519	363	17.1	12.0	46.9	46.1	1.0	4.8	0.54	38
	Venti	1739	415	18.1	12.6	56.8	55.9	1.0	5.7	0.70	38
Chai Tea Cream Frappuccino® - Soya	Mini	713	170	8.4	5.4	20.9	20.5	0.7	2.5	0.28	14
	Tall	972	232	10.7	6.8	29.9	29.4	1.0	3.5	0.40	20
	Grande	1398	334	14.8	9.5	44.9	44.1	1.6	4.5	0.55	38
	Venti	1592	379	15.2	9.6	54.4	53.4	1.8	5.4	0.72	38
Chai Tea Cream Frappuccino® - Coconut	Mini	713	171	9.2	7.1	21.1	20.5	0.5	0.6	0.24	14
	Tall	972	232	11.9	9.2	30.2	29.4	0.7	0.8	0.35	20
	Grande	1398	334	16.2	12.5	45.2	44.1	1.2	1.1	0.49	38
	Venti	1618	380	17.0	13.2	54.8	53.4	1.3	1.1	0.63	38
Chai Tea Cream Frappuccino® - Almond	Mini	665	159	8.0	5.3	20.6	20.1	0.6	0.8	0.25	14
	Tall	902	215	10.2	6.6	29.4	28.8	0.8	1.1	0.36	20
	Grande	1310	313	14.1	9.2	44.2	43.4	1.4	1.4	0.49	38
	Venti	1484	354	14.5	9.3	53.6	52.5	1.4	1.6	0.64	38

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea Cream Frappuccino® - Oat	Mini	815	195	9.1	6.3	26.2	23.0	1.7	1.1	0.30	14
	Tall	1119	267	11.7	8.1	37.6	32.9	2.5	1.6	0.42	20
	Grande	1582	377	16.0	11.1	54.6	48.6	3.5	2.1	0.58	38
	Venti	1816	433	16.7	11.5	66.2	58.9	4.0	2.3	0.75	38
Autumn Promotion											
Pumpkin Spiced Latte - Skimmed Milk	Short	727	174	7.4	5.2	21.7	20.6	2.3	3.9	0.13	75
	Tall	1094	261	9.4	6.6	34.8	32.8	3.5	7.4	0.23	150
	Grande	1443	344	13.1	9.2	45.1	43.0	4.6	9.1	0.3	150
	Venti	1727	411	13.3	9.2	57.6	54.5	5.8	12.5	0.39	225
Pumpkin Spiced Latte - Semi-skimmed Milk	Short	784	187	9	6.2	21.5	20.4	2.3	4	0.13	75
	Tall	1208	288	12.47	8.54	34.5	32.4	3.5	7.8	0.23	150
	Grande	1584	378	16.92	11.6	44.6	42.5	4.6	9.58	0.3	150
	Venti	1923	459	18.55	12.6	57.0	53.9	5.8	13.08	0.39	225
Pumpkin Spiced Latte -Whole Milk	Short	836	200	10.6	7.3	21.4	20.3	2.3	3.7	0.13	75
	Tall	1313	314	15.7	10.7	34.3	32.2	3.5	7.1	0.23	150
	Grande	1715	410	21.0	14.3	44.4	42.3	4.6	8.7	0.30	150
	Venti	2104	503	24.2	16.3	56.7	53.6	5.8	11.8	0.39	225
Pumpkin Spiced Latte - Soya	Short	749	179	8.9	5.5	20.0	18.9	2.8	3.5	0.14	75
	Tall	1137	272	12.3	7.1	31.4	29.3	4.4	6.7	0.25	150
	Grande	1497	358	16.7	9.8	40.8	38.7	5.7	8.2	0.32	150
	Venti	1802	430	18.2	10.1	51.7	48.6	7.3	11.2	0.42	225
Pumpkin Spiced Latte - Coconut	Short	748	179	10.0	7.7	20.2	18.9	2.5	1.0	0.09	75
	Tall	1137	272	14.5	11.4	31.9	29.3	3.8	1.6	0.15	150
	Grande	1496	358	19.4	15.2	41.5	38.7	5.1	1.9	0.19	150
	Venti	1801	431	22.0	17.6	52.6	48.6	6.4	2.5	0.25	225
Pumpkin Spiced Latte - Almond	Short	685	164	8.4	5.3	19.5	18.3	2.6	1.2	0.09	75
	Tall	1008	241	11.4	6.7	30.5	28.2	4.0	2.2	0.16	150
	Grande	1337	320	15.6	9.4	39.7	37.4	5.3	2.6	0.21	150
	Venti	1580	378	16.7	9.5	50.1	46.7	6.7	3.4	0.27	225
Pumpkin Spiced Latte - Oat	Short	881	211	9.8	6.7	27.0	22.1	4.1	1.7	0.15	75
	Tall	1405	336	14.1	9.5	45.6	35.9	7.1	3.1	0.29	150
	Grande	1829	437	18.9	12.8	58.3	46.8	9.1	3.7	0.36	150
	Venti	2262	540	21.4	14.2	76.0	59.8	12.0	5.0	0.49	225
Iced Pumpkin Spice Latte - Skimmed Milk	Tall	1004	239	7.2	5.0	34.4	32.3	3.5	7.4	0.23	150
	Grande	1260	300	8.4	5.8	44.6	42.5	4.7	9.0	0.29	150
	Venti	1456	346	8.5	5.8	53.9	50.9	5.8	10.5	0.33	225
Iced Pumpkin Spice Latte - Semi-skimmed Milk	Tall	1119	267	10.3	7.0	34.0	31.9	3.5	7.7	0.23	150
	Grande	1404	335	12.3	8.3	44.1	42.0	4.7	9.5	0.29	150
	Venti	1620	386	13.0	8.7	53.4	50.3	5.8	11.0	0.33	225
Iced Pumpkin Spice Latte - Whole Milk	Tall	1225	293	13.6	9.2	33.8	31.8	3.5	7.0	0.23	150
	Grande	1538	367	16.5	11.1	43.9	41.8	4.7	8.6	0.29	150
	Venti	1771	423	17.7	11.8	53.1	50.1	5.8	9.9	0.33	225
Iced Pumpkin Spice Latte - Soya	Tall	1048	250	10.2	5.5	30.9	28.8	4.4	6.6	0.25	150
	Grande	1315	314	12.1	6.5	40.2	38.1	5.8	8.1	0.31	150
	Venti	1519	362	12.7	6.6	49.0	45.9	7.1	9.4	0.36	225
Iced Pumpkin Spice Latte - Coconut	Tall	1048	251	12.3	9.9	31.5	28.8	3.8	1.5	0.15	150
	Grande	1314	314	14.9	12.0	40.9	38.1	5.1	1.7	0.19	150
	Venti	1517	362	15.8	12.8	49.8	45.9	6.3	2.1	0.21	225
Iced Pumpkin Spice Latte - Almond	Tall	919	219	9.2	5.2	30.0	27.7	4.0	2.1	0.16	150
	Grande	1152	275	11.0	6.0	39.0	36.7	5.4	2.4	0.20	150
	Venti	1333	318	11.4	6.1	47.7	44.3	6.6	2.9	0.23	225
Iced Pumpkin Spice Latte - Oat	Tall	1318	314	12.0	7.9	45.1	35.4	7.1	3.0	0.28	150
	Grande	1654	395	14.4	9.5	58.1	46.4	9.3	3.5	0.36	150
	Venti	1904	454	15.3	10.0	69.3	55.3	11.0	4.2	0.41	225
Pumpkin Spiced Crème Frappuccino® - Skimmed Milk	Mini	772	184	7.4	5.2	26.0	25.6	1.4	2.8	0.28	0
	Tall	1103	263	9.2	6.5	39.6	39.1	2.2	4.1	0.44	0
	Grande	1533	365	12.9	9.2	55.3	54.5	3.1	5.3	0.60	0
	Venti	1822	433	13.0	9.2	70.8	69.8	4.0	6.2	0.76	0
Pumpkin Spiced Crème Frappuccino® - Semi-skimmed Milk	Mini	815	194	8.5	6.0	25.8	25.4	1.4	2.9	0.28	0
	Tall	1170	279	11.0	7.7	39.4	38.8	2.2	4.4	0.44	0
	Grande	1618	386	15.2	10.6	51	54.3	3.1	5.6	0.60	0
	Venti	1922	457	15.7	10.9	70.5	69.5	4.0	6.5	0.76	0
Pumpkin Spiced Crème Frappuccino® - Whole Milk	Mini	855	204	9.8	6.8	25.8	25.4	1.4	2.6	0.28	0
	Tall	1232	294	13.0	9.0	39.3	38.7	2.2	3.9	0.44	0
	Grande	1696	405	17.6	12.2	54.9	54.1	3.1	5.0	0.60	0
	Venti	2015	480	18.6	12.8	70.3	69.3	4.0	5.9	0.76	0

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	
Pumpkin Spiced Crème Frappuccino® - Soya	Mini	788	188	8.5	5.4	24.7	24.3	1.8	2.5	0.29	0	
	Tall	1129	269	10.9	6.9	37.6	37.0	2.7	3.7	0.45	0	
	Grande	1566	373	15.1	9.5	52.8	52.0	3.8	4.8	0.61	0	
	Venti	1860	443	15.6	9.6	67.8	66.8	4.8	5.5	0.78	0	
Pumpkin Spiced Crème Frappuccino® - Coconut	Mini	788	188	9.3	7.1	24.9	24.3	1.6	0.6	0.25	0	
	Tall	1128	269	12.2	9.4	37.9	37.0	2.4	0.7	0.39	0	
	Grande	1565	374	16.7	12.8	53.2	52.0	3.4	1.0	0.54	0	
	Venti	1859	443	17.5	13.5	68.3	66.8	4.4	1.1	0.69	0	
Pumpkin Spiced Crème Frappuccino® - Almond	Mini	740	177	8.1	5.3	24.3	23.9	1.6	0.8	0.26	0	
	Tall	1053	251	10.4	6.6	37.1	36.4	2.5	1.1	0.39	0	
	Grande	1470	351	14.4	9.3	52.1	51.2	3.5	1.4	0.55	0	
	Venti	1747	416	14.8	9.3	67.0	65.8	4.5	1.6	0.70	0	
	Pumpkin Spiced Crème Frappuccino® - Oat	Mini	890	212	9.1	6.3	30.0	26.7	2.8	1.1	0.31	0
		Tall	1285	306	120.0	8.2	45.9	40.9	4.3	1.6	0.47	0
Grande		1764	421	16.4	11.3	63.3	56.8	5.8	2.1	0.64	0	
Venti		2095	499	17.1	11.7	80.2	72.5	7.2	2.4	0.81	0	
Pumpkin Spiced Coffee Frappuccino® - Skimmed Milk	Mini	897	213	7.3	5.2	34.0	33.6	1.5	2.2	0.28	42	
	Tall	1317	313	9.2	6.5	53.0	52.5	2.3	3.3	0.44	66	
	Grande	1721	409	12.9	9.2	68.0	67.3	2.9	3.8	0.55	86	
	Venti	2124	504	13.0	9.2	90.5	89.6	4.0	4.4	0.72	116	
Pumpkin Spiced Coffee Frappuccino® - Semi-skimmed Milk	Mini	930	221	8.2	5.8	33.8	33.4	1.5	2.3	0.28	42	
	Tall	1368	325	10.6	7.4	52.9	52.3	2.3	3.5	0.44	66	
	Grande	1776	423	14.4	10.1	67.8	67.1	2.9	4.0	0.55	86	
	Venti	2191	520	14.8	10.3	90.3	89.4	4.0	4.6	0.72	116	
Pumpkin Spiced Coffee Frappuccino® - Whole Milk	Mini	960	229	9.2	6.4	33.8	33.4	1.5	2.1	0.28	42	
	Tall	1416	337	12.1	8.4	52.8	52.2	2.3	3.2	0.44	66	
	Grande	1830	436	16.0	11.2	67.8	67.0	2.9	3.6	0.55	86	
	Venti	2253	536	16.7	11.6	90.2	89.3	4.0	4.2	0.72	116	
Pumpkin Spiced Coffee Frappuccino® - Soya	Mini	910	217	8.2	5.4	33.0	32.6	1.7	2.0	0.28	42	
	Tall	1337	318	10.5	6.8	51.5	50.9	2.7	3.0	0.44	66	
	Grande	1743	415	14.3	9.4	66.3	65.6	3.4	3.5	0.56	86	
	Venti	2150	511	14.7	9.5	88.5	87.5	4.5	4.0	0.73	116	
Pumpkin Spiced Coffee Frappuccino® - Coconut	Mini	910	317	8.8	6.6	33.1	32.6	1.6	0.5	0.26	42	
	Tall	1336	318	11.5	8.7	51.7	50.9	2.4	0.7	0.40	66	
	Grande	1742	415	15.4	11.6	66.6	65.6	3.1	0.9	0.51	86	
	Venti	2149	511	15.9	12.0	88.8	87.5	4.2	1.0	0.68	116	
Pumpkin Spiced Coffee Frappuccino® - Almond	Mini	873	208	7.9	5.3	32.7	32.3	1.6	0.7	0.26	42	
	Tall	1279	304	10.1	6.6	51.1	50.4	2.5	0.9	0.40	66	
	Grande	1678	399	13.9	9.2	65.9	65.0	3.2	1.2	0.52	86	
	Venti	2074	493	14.1	9.3	88.0	86.9	4.3	1.3	0.68	116	
Pumpkin Spiced Coffee Frappuccino® - Oat	Mini	986	235	8.7	6.1	37.0	34.4	2.5	0.9	0.30	42	
	Tall	1457	347	11.3	7.8	57.8	53.8	3.9	1.4	0.46	66	
	Grande	1876	446	15.2	10.6	73.4	68.8	4.7	1.7	0.58	86	
	Venti	2307	548	15.7	10.9	96.8	91.4	6.1	1.8	0.76	116	
Mocha Praline Macchiato - Skimmed Milk	Short	397	94	0.7	0.3	16.8	15.7	0.6	4.8	0.14	51	
	Tall	718	169	1.2	0.6	30.8	28.6	1.1	8.4	0.24	107	
	Grande	972	229	1.6	0.8	42.4	39.8	1.6	10.5	0.30	111	
	Venti	1231	291	2.1	1.1	54.3	50.7	2.1	12.6	0.36	152	
Mocha Praline Macchiato - Semi-skimmed Milk	Short	482	114	3.0	1.8	16.6	15.5	0.6	5.1	0.14	51	
	Tall	864	205	5.1	3.1	30.4	28.1	1.1	8.8	0.24	107	
	Grande	1157	274	6.6	4.1	41.8	39.2	1.6	11.1	0.30	111	
	Venti	1453	345	8.1	4.9	53.6	50.0	2.1	13.3	0.36	152	
Mocha Praline Macchiato - Whole Milk	Short	561	134	5.4	3.4	16.4	15.3	0.6	4.6	0.14	51	
	Tall	998	238	9.3	5.9	30.1	27.9	1.1	7.9	0.24	107	
	Grande	1328	316	11.9	7.6	41.5	38.9	1.6	9.9	0.30	111	
	Venti	1658	395	14.4	9.2	53.2	49.7	2.1	11.9	0.36	152	
Mocha Praline Macchiato - Soya	Short	430	102	2.8	0.7	14.3	13.2	1.3	4.3	0.15	51	
	Tall	773	184	4.9	1.3	26.4	24.2	2.3	7.4	0.26	107	
	Grande	1043	248	6.3	1.7	36.8	34.2	3.1	9.3	0.33	111	
	Venti	1316	312	7.7	2.1	47.6	44.0	3.8	11.2	0.40	152	
Mocha Praline Macchiato - Coconut	Short	453	108	3.9	3.4	14.9	13.3	3.5	1.6	0.07	51	
	Tall	813	194	6.7	5.9	27.6	24.4	6.0	2.8	0.12	107	
	Grande	1093	261	8.7	7.6	38.3	34.5	7.8	3.4	0.15	111	
	Venti	1376	328	10.6	9.2	49.4	44.4	9.5	4.2	0.18	152	
Mocha Praline Macchiato - Almond	Short	333	79	2.1	0.5	13.6	12.3	1.0	0.9	0.08	51	
	Tall	608	144	3.7	0.8	25.3	22.8	1.8	1.6	0.14	107	
	Grande	833	198	4.9	1.1	35.4	32.4	2.5	1.9	0.18	111	
	Venti	1066	253	6.0	1.4	45.8	41.9	3.1	2.4	0.22	152	

AUTUMN 2019 BEVERAGE NUTRITIONAL INFORMATION

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha Praline Macchiato - Oat	Mini	630	150	4.2	2.5	24.8	18.0	3.3	1.6	0.18	51
	Tall	1116	265	7.2	4.3	44.5	32.6	5.7	2.8	0.31	107
	Grande	1477	351	9.3	5.5	59.8	44.8	7.5	3.4	0.39	111
	Venti	1376	328	10.6	9.2	49.4	44.4	9.5	4.2	0.18	152
Iced Mocha Praline Macchiato - Skimmed Milk	Tall	649	153	1.1	0.6	28.6	26.1	1.1	6.7	0.19	123
	Grande	882	208	1.6	0.8	39.4	36.5	1.6	8.4	0.24	128
	Venti	1108	262	2.0	1.1	50.2	46.1	2.1	9.7	0.27	189
Iced Mocha Praline Macchiato - Semi-skimmed Milk	Tall	764	181	4.2	2.6	28.2	25.8	1.1	7.1	0.19	123
	Grande	1027	243	5.5	3.3	39.0	36.1	1.6	8.8	0.24	128
	Venti	1272	301	6.4	3.9	49.7	45.6	2.1	10.2	0.27	189
Iced Mocha Praline Macchiato - Whole Milk	Tall	870	207	7.5	4.8	28.0	25.6	1.1	6.4	0.19	123
	Grande	1161	276	9.6	6.1	38.7	35.8	1.6	7.9	0.24	128
	Venti	1424	339	11.1	7.1	49.4	45.3	2.1	9.2	0.27	189
Iced Mocha Praline Macchiato - Soya	Tall	693	165	4.0	1.1	25.1	22.7	2.0	6.0	0.20	123
	Grande	938	223	5.2	1.5	35.0	32.2	2.7	7.4	0.26	128
	Venti	1171	278	6.2	1.9	45.2	41.2	3.4	8.6	0.29	189
Iced Mocha Praline Macchiato - Coconut	Tall	724	173	5.5	4.8	26.0	22.8	4.9	2.4	0.10	123
	Grande	977	233	7.1	6.1	36.2	32.4	6.4	2.8	0.12	128
	Venti	1215	289	8.3	7.1	46.5	41.4	7.5	3.4	0.14	189
Iced Mocha Praline Macchiato - Almond	Tall	564	134	3.1	0.8	24.2	21.6	1.6	1.5	0.11	123
	Grande	774	184	4.1	1.0	33.9	30.8	2.3	1.7	0.14	128
	Venti	985	234	4.9	1.3	43.9	39.6	2.8	2.1	0.16	189
Iced Mocha Praline Macchiato - Oat	Tall	963	229	5.8	3.5	39.3	29.2	4.7	2.4	0.24	123
	Grande	1277	303	7.5	4.5	53.0	40.4	6.2	2.8	0.30	128
	Venti	1556	370	8.8	5.2	65.6	50.6	7.3	3.4	0.35	189
Nitro with Hazelnut Mocha Cold Foam	10oz	94	22	0.2	0.1	5.1	4.9	0.1	0.1	0.06	141
	Tall	131	31	0.2	0.1	7.1	6.9	0.2	0.1	0.08	166
Phantom Frappuccino®	Mini	817	193	3.3	3.0	38.9	33.1	2.3	0.8	0.37	0
	Tall	976	231	4.2	3.9	45.9	39.1	2.9	1.0	0.46	0
	Grande	1377	326	5.6	5.1	65.9	56.0	3.7	1.2	0.64	0
	Venti	1526	361	5.6	5.1	74.3	63.6	3.8	1.4	0.74	0